

Indiana University Adolescent Medicine Fellowship

- Large, vibrant, multidisciplinary division
- 1-2 fellows per year; 2-3 year program
- Pediatrics, family medicine, internal medicine, med-peds

Program Highlights:

- Children's hospital consult service & subspecialty clinics
- General adolescent clinic in FQHC & community sites
- Opportunity for MS, MPH, or MEd
- LEAH Program
- Individualized career goals
- Program will continue to include gender health and all options pregnancy counseling



Scan QR Code for
FAQs on Gender
Health and
Reproductive
Health and more!



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Program Director
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Erika Naylor
Program Coordinator
ernaylor@iu.edu



- ACGME accreditation 2022
- 1 fellow/year
- Multidisciplinary program with **5 full-time** adolescent medicine faculty members
- 2 or 3-year program: 70% clinical year 1, with increased focus on scholarly activity, teaching and **academic professional development** in years 2&3
- Primary and Subspecialty Adolescent Care
 - Adolescent and Young Adult Health Clinic at One Hundred Oaks
 - Adolescent medicine subspecialty/referral clinic sessions
 - Practical experience in placing and managing LARC
 - Eating disorder outpatient and inpatient **interdisciplinary** team
 - College-based student health service
 - Care of adolescents and young adults affected by and at-risk for HIV
 - Sports Medicine
 - Child and Adolescent Psychiatry
 - Additional electives based on fellow interest
- **Scholarly activity:** advocacy, clinical research, ethics, quality improvement, formal training in medical education and research
- Nashville is a vibrant, growing, friendly city – and the songwriting capital of the world!



Boston Children's Hospital Adolescent Medicine Fellowship Program

<https://dme.childrenshospital.org/graduate-medical-education/trainings-programs/division-of-adolescent-young-adult-medicine-fellowship-training/>

- 2-3 medical fellows per year
- Years 1 & 2
 - Outpatient: 3-5 sessions per week when not on call; primary and specialty care, virtual & in-person care
 - Inpatient: on call for 1wk at a time, weeks split between fellows, nurse answering service overnight & weekends, work with hospital clinicians, at-home call, primary service & consultative care
 - Specialty care: eating disorder, repro endo, bone health, LARC, HIV, problematic media use, chronic fatigue, substance use, sports med, gyn, gender affirming care
 - Academics: LEAH in Year 1, Current Opinions review, summer research experience resulting in abstract & manuscript in Year 2, lots and lots of amazing conferences
- Year 3 (“the icing on the cake year”)
 - Outpatient Clinic: continuity care (1.5 clinics per week, on average)
 - Inpatient: 1-3 call weeks per year with graduated independence
 - Academics: determined by fellow choice of track (MPH/MS, med ed, policy, QI, research, global health)



Coordinator: March Penn, march.penn@childrens.harvard.edu

APD: Sarah Pitts, MD, sarah.pitts@childrens.harvard.edu

PD: Jessica Addison, MD, MS, jessica.addison@childrens.harvard.edu

Adolescent Medicine Fellowship Program

Children's Hospital at Montefiore/Albert Einstein

- 2 Fellows per year/cycle
- **Structure:**
 - 1st year: 5 - 6 weeks of inpatient service, 4-5 clinic sessions at CHAM PASS/week, school health, elective
 - 2nd & 3rd year: 6-8 weeks of inpatient service, 2-3 clinic sessions/week at CHAM PASS, college health, electives
 - Dedicated research and academic studies scheduled, including protected research time
 - Numerous teaching opportunities (clinical, didactic, case based)
 - ~weekly fellowship, division, and departmental-specific didactics
- **Rotation Sites/Types:**
 - **Main Hospital/Site:** Children's Hospital at Montefiore, Bronx, NY (Inpatient & Consults)
 - Gynecology & Reproductive Care (including Medically Complex Youth)
 - Long-Acting Reversible Contraception Clinic
 - Young Men's Health
 - Eating Disorders
 - Substance Use
 - **Community Sites:** school-based health (high school & college campuses), non-domiciled youth, youth in foster care
- **Other Fellowship Information:**
 - Mainly urban, underserved population in NYC area (Bronx, Brooklyn, Manhattan, Queens), Westchester, Rockland, Dutchess Counties, Northern NJ
 - Other opportunities include: Addiction Medicine Mentored Training Program, Advocacy Track, MS (Clinical Research Training Program through Albert Einstein), MPH (through Albert Einstein/CUNY), Innovation Biodesign Training Program (through Montefiore/Einstein)
- **Contact:** Program Coordinator: Melissa Diaz, 718-920-6781, meldiaz@montefiore.org
 - Program Director: Melissa Menezes, MD, mmenezes@montefiore.org
 - Associate Program Director: Alexis Richards, MD, MSc, alexrichar@montefiore.org



**Check out our
virtual tour!**

Seattle Children's Hospital University of Washington Adolescent Medicine Fellowship

Structure

- First year is clinically focused
- Years 2-3 individualized, with option for more research/coursework

Rotation sites/types

- Seattle Children's Hospital: Adolescent Clinic (Reproductive health, LARC clinic, Gender-affirming care, Eating Disorders), Gynecology, Sports Medicine, Inpatient Consults
- Community Rotations: School-Based Health, Community Primary Care (OBCC), Kaiser Permanente HMO Clinic, Juvenile Detention, Eating Recovery Center (ERC), Harborview STD clinic, Substance Use clinic.

Other information

- LEAH Program
- Serves a 4-state region (Washington, Alaska, Montana, Idaho)
- Diverse population economically, in terms of race/ethnicity, and rural/urbanicity
- Opportunity to obtain MPH or MS, gain excellent research and teaching skills
- Partnerships with multiple T32 fellowships for research-bound fellows
- See each fellow as an individual, tailor second and third year to specific goals
- Absolutely beautiful Pacific Northwest! Ample opportunities for outdoor adventures of all types: hiking, kayaking, camping, snowshoe/cross-country skiing and more... !

Program Leadership

- Program Director – Sarah Golub, MD MPH – sarah.golub@seattlechildrens.org
- Associate Program Director – Kym Ahrens, MD MPH – kym.ahrens@seattlechildrens.org
- Program Coordinator – Diana Wells – diana.wells@seattlechildrens.org



Seattle Children's[®]
HOSPITAL • RESEARCH • FOUNDATION



University of California
San Francisco

Adolescent Medicine Fellowship Program



Fellowship Structure:

- 1 to 3 Fellows per year
- Robust Clinical Electives
- Dedicated research time per year,

Core Rotation Sites/Types:

- Benioff Children's Hospital/Clinics
- Teen Clinic: Combined Primary, Acute and Subspecialty care
- Inpatient Eating Disorder Primary Service / General Adolescent Medicine Consult Service

Clinical Electives:

- Addiction Medicine
- Gender Affirming Care
- Full spectrum Sexual / Reproductive Health Care
- Psychiatry (Langley Porter)
- Sports Medicine
- FQHC Satellite Site
- School Based Health Center
- Community Sites: SFGH, UC Berkeley Student Health, Juvenile Justice

Scholarly Opportunities:

- Extensive research opportunities
- Formal training/course work in medical education and research

Other Fellowship Information:

- Diverse urban population
- Fellows College
- Great weather, 60-70s year round
- Access to outdoors / vibrant city
- Housing stipend

Program Director: Matthew Meyers, MD, MPH, Matthew.Meyers@ucsf.edu

University of Rochester Adolescent Medicine Fellowship

- Nurturing environment that highly values our fellows and their feedback, **emphasizes personal and team wellness**, embraces diversity, and participates in antiracism initiatives
- One of the **first adolescent medicine fellowship programs**; UR is the home of the biopsychosocial model of health care
- Location: urban, suburban and rural settings; culturally and geographically diverse patient population
- We provide **strong interprofessional clinical training** in our hospital-based subspecialty clinic on gender health, eating disorders, and reproductive health.
- **Close relationships with community partners** including Planned Parenthood, school-based health centers, university health services, the county STD clinic, substance use disorder treatment programs, & the juvenile justice system providing unique training opportunities.
- **Flexible, individualized curriculum** allowing fellows to choose and create their own electives and participate in individualized pathways in QI, advocacy, ethics, or health policy.
- **Scholarly Activity & QI Projects:** Option to pursue your own interests or work with a faculty member on an ongoing project
- **95% Tuition Waiver** for advanced degree programs such as MPH, Masters in Health Professions Education, Executive MBA



Marian Catalan, DO
2nd Year Fellow



Jamie Emanuel, MD
1st Year Fellow



Jessica Iyer, MBBCh, MHS
1st Year Fellow



Susan "Shellie" Yussman, MD, MPH
Program Director

"Our program places great emphasis on educating fellows who are not only good clinicians, but also good teachers, good communicators, engaged members of society, advocates, and well-balanced humans."
- Former Fellow

Learn more about our [Program](#) Learn more about [Rochester, NY](#)



FACULTY, FELLOWS AND STAFF

- 4 current fellows; 1-2 fellows per year
- Interdisciplinary care model
 - Medical providers (9 physicians, 5 APPs)
 - Nurses and medical assistants
 - Behavioral health professionals
 - Dieticians

PROGRAM HIGHLIGHTS

- Supportive large hospital system
 - Large gender-care clinic
 - Confidential, grant-funded sexual healthcare
- Wide range of electives to fit your interests!
 - Ped/Adolescent Gyn, Child Psychiatry, Sports Medicine, ACUTE (Adult Eating Disorder ICU), STEP (Adolescent Substance Use), Lifestyle Medicine, etc.
- Rocky Mountain SAHM Leadership and Advocacy opportunities
- Working with residents as team member and preceptor
- Multi-level mentorship opportunities

PROGRAM STRUCTURE

- Year 1: 60% clinical, 40% research/admin
- Year 2: 50% clinical, 50% research/admin
- Year 3: 40% clinical, 60% research/admin
- Hospital Call: one week per month
- Research project/Quality Improvement project
- Protected weekly Academic Half-Day

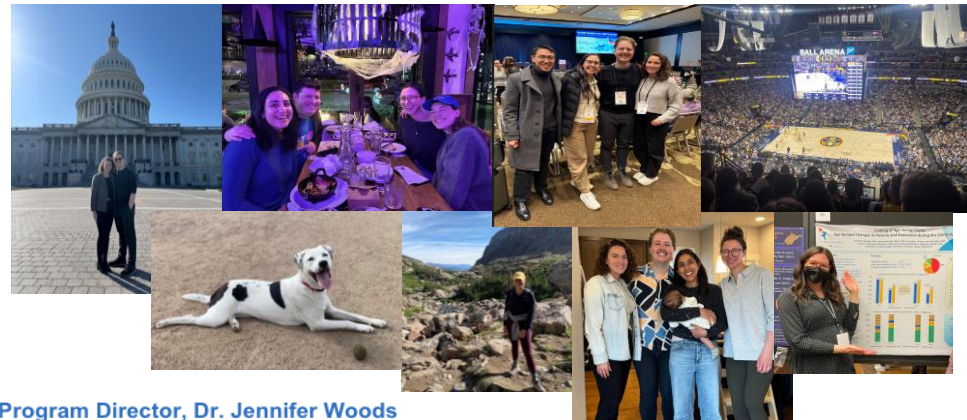
CLINICAL SPACES

- Adolescent Medicine Clinic (Primary Care/Consults)
- BC4U (Title-X funded Family Planning)
- TRUE Center for Gender Diversity
- Dysautonomia/Complex Diagnosis
- Inpatient Consult Service
- Eating Disorder Program (PHP)

AURORA, DENVER AND BEYOND

- Everchanging food and drink scene (multicultural grocery stores, food trucks, James Beard and Michelin Star nominees, breweries)
- Arts & Culture (Denver Art Museum, Colorado History Center, Children's Museum, Nature and Science, Denver Botanic Gardens)
- Sports (Nuggets, Avalanche, Broncos, Rockies, Rapids, Mammoth)
- Music (Red Rocks Amphitheater, Ball Arena, Ogden Theater, Colorado Symphony Orchestra, Mission Ballroom)
- Hiking, biking, rafting, camping, climbing, skating--you name it!

JOIN US



Program Director, Dr. Jennifer Woods
Program Coordinator, Margaret Swift

Adolescent Medicine Fellowship

AT NYP-COLUMBIA



About the Program

The Adolescent Medicine fellowship is primarily based at the **New York Presbyterian Morgan Stanley Children's Hospital**, one of the top-ranked children's hospitals in the nation. Fellows also participate in clinical and academic activities at our affiliated institutions: Weill Cornell Medicine, NY State Psychiatric Institute, and Columbia University Mailman School of Public Health. The fellowship accepts one new fellow each year; candidates must have completed a residency in Pediatrics, Medicine/Pediatrics, Internal Medicine, or Family Medicine.

Fellowship Training by Year

Year 1 is focused on **clinical training**; fellows spend three sessions weekly providing ambulatory care. Elective clinical time includes inpatient psychiatry, school-based, Weill Cornell adolescent practice, outpatient subspecialties, and more.

Year 2 is devoted to building and **advancing research skills while strengthening teaching and clinical skills**. 50% of fellows' time is protected for research and elective clinical time is based on propelling fellows' career interests.

Year 3 centers on advancing research, scholarship and teaching for **launching a career in adolescent medicine**. 50-70% of time is dedicated to research and scholarship endeavors.

*Each year for 17-18 weeks, fellows provide **consultative care for adolescent patients admitted to the hospital** for conditions such as eating disorders, abnormal uterine bleeding, and cannabis hyperemesis syndrome.*

Current Fellows



Mount Sinai Hospital
Internal Medicine
Residency Program, 2025

Hofstra/Northwell Donald
& Barbara Zucker School
of Medicine, M.D., 2022

Johns Hopkins University,
B.A., 2015

VICTORIA ZHAO, MD



NYU Primary Care
Residency Program, 2024

NYU Grossman School of
Medicine, M.D., 2021

College of William & Mary,
B.S., 2016

OLIVIA JEBB, MD



NYP-Morgan Stanley
Children's Hospital Pediatric
Residency Program, 2023

University of Texas Health
Sciences – McGovern
Medical School, M.D., 2020

Duke University, B.S., 2015

ANITA HOANG, MD

Recent fellows have gone on to become Fulbright scholars, Attending Physicians and Assistant Professors at academic medical institutions, Medical Directors for school and college health programs, academic researchers, and more. We love our tight-knit alumni community!

Contact Us

Program Director: Karen Soren, MD ks23@cumc.columbia.edu

Program Administrator: Martha Bolivar mb1451@cumc.columbia.edu

Website: <https://www.pediatrics.columbia.edu/education/fellowship-training/adolescent-medicine>

University of Michigan/Mott Children's Hospital Adolescent Medicine Fellowship Program

- 1 fellow/year, funding for a total of 3 fellows
- Structure:
 - Clinical time vs. Research Time: allotted clinical and research time each year with increasing research time year by year
- Rotation Sites/Types:
 - Main Hospital/Site: C.S. Mott Children's Hospital/University of Michigan
 - Inpatient care: Adolescent Medicine Consult Service
 - Outpatient Clinics at Mott Hospital: Adolescent/Young Adult Clinic, Pediatric/Adolescent Gynecology Clinic, U-M Addiction Treatment Services Program, Ypsilanti Adolescent Medicine Clinic, Pediatric Sports Medicine Clinics (including NeuroSport), Comprehensive Eating Disorders Program, Pediatric/Adolescent Gender Services Clinic, U-M Family Planning Clinic, Mott Dysautonomia Clinic (Cardiology and Adolescent Medicine), Adolescent Medicine/Peds Oncology Clinic
 - Community Sites: The Corner Health Center in Ypsilanti (serving youth 12-25 and their children) for Adolescent Medicine Clinic and Adolescent Gynecology Clinic, School Based Health Clinics (Regional Alliance for Healthy Schools—Ann Arbor, Ypsilanti), and college health at University Health & Counseling
- Other Fellowship Information:
 - Serves patients from Ann Arbor, Ypsilanti, Toledo & Detroit areas, and more rural areas surrounding Ann Arbor
 - Other opportunities for fellows: Scholars program participation which range from 9 months to 2 years in Med Ed, Healthcare Equity, Patient Safety and Quality, and Healthcare Administration
 - Friendly, collegial, small division, flexibility in tailoring your training to your career goals, and a wealth of research collaboration opportunities within the institution
 - Cool things about Ann Arbor: all the college sports you could dream off, great music/arts/dining, has been rated Fortune Magazine rated #1 "best place to live for families" in the US, 25 minutes to the Detroit airport and 45 minutes to Detroit arts/sports/dining
- Contacts:
 - Program website: medicine.umich.edu/dept/pediatrics/divisions/adolescent-medicine/adolescent-medicine-fellowship-program
 - Program Director/Associate Program Director: Katie Miller and Alana Otto, ktmil@med.umich.edu and alanako@med.umich.edu
 - Fellows: Taylor Argo, taargo@med.umich.edu, Alexandra Burnett alebur@med.umich.edu, Alta Sharp gillhaal@med.umich.edu



Adolescent Medicine Fellowship LEAH Program

Leadership Education Adolescent Health

Program Overview

The **LEAH Program** at Baylor College of Medicine offers a comprehensive, interdisciplinary **three-year Adolescent Medicine Fellowship** designed to develop future leaders in adolescent and young adult health. Fellows train alongside expert interdisciplinary **faculty** and **peer fellows**, gaining skills in research, clinical care, education, administration, and leadership development.

Curriculum Structure

Balanced, intentional, and career-focused



–50% Research & Scholarly Activity

- Longitudinal mentorship
- Protected research time
- Institutional research support



–50% Integrated Professional Training

- Clinical care
- Teaching & medical education
- Administrative experience
- Leadership development



Advanced & Specialized Training Opportunities

- Advanced Degree Training (e.g. Masters programs)
- Chronic Illness & Transition Care
- Eating Disorders Specialization
- Obesity Management
- Reproductive Health

Why Choose LEAH at Baylor?

- ✓ Interdisciplinary mentorship
- ✓ Strong research infrastructure
- ✓ Broad, mission-driven clinical exposure
- ✓ Leadership-centered team training
- ✓ Individualized career development

- **Albert Hergenroeder, MD**, Program Director
alberth@bcm.edu
- **Meghna Raphael, MD**, Associate Program Director
msebasti@bcm.edu



Texas Children's
Hospital®

Learn More



Train with purpose. Lead with impact. Advance adolescent health.



Cohen Children's Medical Center

Northwell HealthSM

Adolescent Medicine Fellowship Program

Program Director: Nadia Saldanha, MD

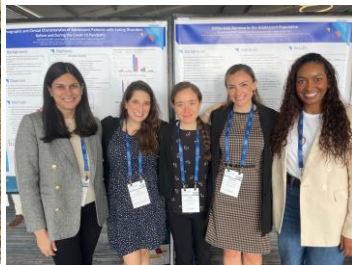
Associate Program Director: Ariel Nunez, MD

Division Chief: Nadia Saldanha, MD

Current Fellows:

3rd year- Emily Moore, MD

1st year- Sara Haque, MD



- **Fellows per year: 1 (3 total)**
- **Structure**
 - 1/3 research time spread over the three-year fellowship with time increasing each year
 - Clinical time spread over three years
- **Rotation Sites**
 - *Main Site:* Cohen Children's Medical Center
 - *Continuity Clinic:* Primary Care, Gynecology, Eating Disorder, Weight Management
 - *Community Sites:* School Based Health Centers, Local School District, Psychiatric Group Home, Merchant Marine Academy (College Health)
 - *Electives:* Dermatology, Sports Medicine, Transgender Care, HIV Clinic, Behavioral and Developmental Pediatrics, Women's Bleeding Disorder Clinic



Collaborative, Inclusive, and Collegial
Work Environment

Professional and Personal
Life Balance

Patient-Centered Multidisciplinary
Team Approach

Located on the border of Nassau County and Queens

- **Diverse patient population**
- **Easy access to all boroughs of NYC**



Stanford Medicine Adolescent Medicine Fellowship Program

Structure:

- 1-2 fellowship slots offered per year (total program of 3-4 fellows)
- Training is 60% clinical activities, 40% research
- Modified 2-year fellowship option for applicants with a Family Medicine, Internal Medicine, or Med-Peds background

Rotation types:

- Teaching and Consultation Service
- Teen and Young Adult Clinic, Eating Disorders Clinic, Gender Clinic, Adolescent Gynecology Clinic, Psychiatry Clinic, Mobile Teen Health Van, Sequoia Teen Wellness Center (Community Health Center), and additional subspecialty clinic and community opportunities
- Comprehensive Care Program (inpatient Eating Disorder Unit)

Other fellowship information:

- Serves the San Francisco Bay Area with an extensive referral base throughout California
- Population served is diverse, suburban, and includes medically underserved teens and young adults
- Other opportunities for fellows:
 - Fellows can apply for the Master's Tuition Program (MTP) to support the cost of an approved Master's program
 - Comprehensive Fellows' College program based in the Pediatric department
- Though grant application is encouraged, fellowship funding is guaranteed for the 3-year program

Contact information:

- Website: <https://med.stanford.edu/adolescent/education/fellowship.html>
- Program Contacts:
 - Rachel Goldstein, MD, Program Director – rachelg2@stanford.edu
 - Brandii Criss, MD, Associate Program Director - brandii@stanford.edu
 - Lauren Goddi, Program Coordinator - lgoddi@stanford.edu



Adolescent Medicine Fellowship Program

UAB THE UNIVERSITY OF ALABAMA AT BIRMINGHAM.
Heersink School of Medicine



UAB named one of Forbes' Best-In-State Large Employers

LEADERSHIP EDUCATION IN ADOLESCENT HEALTH

- One of 8 programs nationally that provides unique interdisciplinary leadership education and training, research and service that is adolescent-centered/family-involved, culturally aware and community-based.

NATIONALLY RECOGNIZED TEACHING CENTERS

- Our training sites, Children's of Alabama and University of Alabama at Birmingham hospitals have been nationally recognized for the excellent care provided to patients.
- Both institution provide engaging clinical opportunities in both inpatient and outpatient settings with large clinical volume.

THE MAGIC CITY

- Birmingham is the largest city in the state, known for it's culture, cuisine, and outdoor lifestyle.
- Convenient to Nashville, Atlanta and wonderful Gulf Cost Beaches
- Short, easy commutes



PROGRAM

- 3-year program for Pediatric candidates, (2 years for Family or Internal medicine)
- providing training based upon ACGME competencies for adolescent medicine subspecialty training.
- The interests of the trainee is valued encouraging clinical and research scholarly activities
- Opportunities for obtaining master's degrees in public health, maternal and child health, health administration and other health-related fields for qualifying applicants.
- UAB Adolescent Medicine has faculty members known nationally as leaders in adolescent medicine, psychology and nutrition.

Explore more about our program at:

<https://www.uab.edu/medicine/peds/adolescent-medicine>



Stephenie Wallace, MD MSPH :
Program Director
sbwallace@uabmc.edu

Join Us



Adolescent Medicine Fellowship at Cincinnati Children's

Cincinnati Children's Adolescent Medicine Fellowship trains future leaders in adolescent and young adult health in a supportive learning environment.

Clinical Training:

Our clinical curriculum encompasses outpatient and inpatient experiences in each year of fellowship to ensure a rigorous foundation in the clinical care of adolescents.

Scholarly Work:

Our research mission is to be the leader in innovation and discovery in transforming the lives of youth and their families. Areas of research strength include sexual and reproductive health, HIV prevention, adolescent vaccines, transgender health, and eating disorders. Fellows can gain additional training through master's programs with tuition reimbursement available.

Questions? Contact: nicole.hollon@cchmc.org

**One team, one vision: every
adolescent and young adult
healthy and thriving**

Fellows gain hands-on experience across diverse clinical settings, including:

- Primary care in a high-volume, multidisciplinary clinic
- Juvenile justice care at a NCCHC certified youth center
- Psychiatry
- Eating disorder consults
- LARC consults and procedures
- Transgender medicine consult clinic
- General consults

Elective rotations include HIV, Substance Use Recovery Program, college health, and more

Cincinnati Children's is proud to be an Equal Opportunity Employer committed to creating an environment of dignity and respect for all our employees, patients, and families. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, age, genetic information, national origin, sexual orientation, gender identity, disability or protected veteran status. EEO/Veteran/Disability



Children's National Hospital Adolescent Medicine Fellowship

Join our program rooted in family- and community-centered adolescent care – inclusive at its core, and built around your growth as a clinician, educator, researcher and advocate.



Program Director:
Martha Perry, MD

Associate Program Director:
Michael Dobbs, MD

Program Lead:
Katie Aquilina

Current fellows:
Dara Jackson & Ana Patricia Torga (PGY-6)
Yash Shah (PGY-5)
Marisa Boch (PGY-4)

Contact info:
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Tel: 202-476-5464

Our website:
[Adolescent Medicine Fellowship | Children's National Hospital](#)



A team that feels like family
Multidisciplinary, collaborative, & fun.



Mentors who invest in you
Tailored experiences – fellows shape the program.



Built for scholarly inquiry
Mentored projects, GW teaching, and coursework.



Capitol Hill is your backyard
Advocacy & policy on the national stage.



Diverse, complex case mix
Inpatient to community-based primary and specialty care.



Big city, small-town feel
Walkable neighborhoods, world cuisine, free museums.