

Indiana University Adolescent Medicine Fellowship

- Large, vibrant, multidisciplinary division
- 1-2 fellows per year; 2-3 year program
- Pediatrics, family medicine, internal medicine, med-peds

Program Highlights:

- Children's hospital consult service & subspecialty clinics
- General adolescent clinic in FQHC & community sites
- Opportunity for MS, MPH, or MEd
- LEAH Program
- Individualized career goals
- Program will continue to include gender health and all options pregnancy counseling



Scan QR Code for
FAQs on Gender
Health and
Reproductive
Health and more!



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- ACGME accreditation 2022
- 1 fellow/year
- Multidisciplinary program with **5 full-time** adolescent medicine faculty members
- 2 or 3-year program: 70% clinical year 1, with increased focus on scholarly activity, teaching and **academic professional development** in years 2&3
- Primary and Subspecialty Adolescent Care
 - Adolescent and Young Adult Health Clinic at One Hundred Oaks
 - Adolescent medicine subspecialty/referral clinic sessions
 - Practical experience in placing and managing LARC
 - Eating disorder outpatient and inpatient **interdisciplinary** team
 - College-based student health service
 - Care of adolescents and young adults affected by and at-risk for HIV
 - Sports Medicine
 - Child and Adolescent Psychiatry
 - Additional electives based on fellow interest
- **Scholarly activity:** advocacy, clinical research, ethics, quality improvement, formal training in medical education and research
- Nashville is a vibrant, growing, friendly city – and the songwriting capital of the world!



Adolescent Medicine Fellowship LEAH Program

Leadership Education Adolescent Health

Program Overview

The **LEAH Program** at Baylor College of Medicine offers a comprehensive, interdisciplinary **three-year Adolescent Medicine Fellowship** designed to develop future leaders in adolescent and young adult health. Fellows train alongside expert interdisciplinary **faculty** and **peer fellows**, gaining skills in research, clinical care, education, administration, and leadership development.

Curriculum Structure

Balanced, intentional, and career-focused



–50% Research & Scholarly Activity

- Longitudinal mentorship
- Protected research time
- Institutional research support



–50% Integrated Professional Training

- Clinical care
- Teaching & medical education
- Administrative experience
- Leadership development



Why Choose LEAH at Baylor?

- ✓ Interdisciplinary mentorship
- ✓ Strong research infrastructure
- ✓ Broad, mission-driven clinical exposure
- ✓ Leadership-centered team training
- ✓ Individualized career development

Advanced & Specialized Training Opportunities

- Advanced Degree Training (e.g. Masters programs)
- Chronic Illness & Transition Care
- Eating Disorders Specialization
- Obesity Management
- Reproductive Health



Texas Children's
Hospital®

- **Albert Hergenroeder, MD**, Program Director
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- **Meghna Raphael, MD**, Associate Program Director
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Learn More



Train with purpose. Lead with impact. Advance adolescent health.

Boston Children's Hospital Adolescent Medicine Fellowship Program

<https://dme.childrenshospital.org/graduate-medical-education/trainings-programs/division-of-adolescent-young-adult-medicine-fellowship-training/>

- 2-3 medical fellows per year
- Years 1 & 2
 - Outpatient: 3-5 sessions per week when not on call; primary and specialty care, virtual & in-person care
 - Inpatient: on call for 1wk at a time, weeks split between fellows, nurse answering service overnight & weekends, work with hospital clinicians, at-home call, primary service & consultative care
 - Specialty care: eating disorder, repro endo, bone health, LARC, HIV, problematic media use, chronic fatigue, substance use, sports med, gyn, gender affirming care
 - Academics: LEAH in Year 1, Current Opinions review, summer research experience resulting in abstract & manuscript in Year 2, lots and lots of amazing conferences
- Year 3 (“the icing on the cake year”)
 - Outpatient Clinic: continuity care (1.5 clinics per week, on average)
 - Inpatient: 1-3 call weeks per year with graduated independence
 - Academics: determined by fellow choice of track (MPH/MS, med ed, policy, QI, research, global health)



Coordinator: March Penn, march.penn@childrens.harvard.edu

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PD: Jessica Addison, MD, MS, jessica.addison@childrens.harvard.edu

Adolescent Medicine Fellowship Program

Children's Hospital at Montefiore/Albert Einstein

- 2 Fellows per year/cycle
- **Structure:**
 - 1st year: 5 - 6 weeks of inpatient service, 4-5 clinic sessions at CHAM PASS/week, school health, elective
 - 2nd & 3rd year: 6-8 weeks of inpatient service, 2-3 clinic sessions/week at CHAM PASS, college health, electives
 - Dedicated research and academic studies scheduled, including protected research time
 - Numerous teaching opportunities (clinical, didactic, case based)
 - ~weekly fellowship, division, and departmental-specific didactics
- **Rotation Sites/Types:**
 - **Main Hospital/Site:** Children's Hospital at Montefiore, Bronx, NY (Inpatient & Consults)
 - Gynecology & Reproductive Care (including Medically Complex Youth)
 - Long-Acting Reversible Contraception Clinic
 - Young Men's Health
 - Eating Disorders
 - Substance Use
 - **Community Sites:** school-based health (high school & college campuses), non-domiciled youth, youth in foster care
- **Other Fellowship Information:**
 - Mainly urban, underserved population in NYC area (Bronx, Brooklyn, Manhattan, Queens), Westchester, Rockland, Dutchess Counties, Northern NJ
 - Other opportunities include: Addiction Medicine Mentored Training Program, Advocacy Track, MS (Clinical Research Training Program through Albert Einstein), MPH (through Albert Einstein/CUNY), Innovation Biodesign Training Program (through Montefiore/Einstein)
- **Contact:** Program Coordinator: Melissa Diaz, 718-920-6781, meldiaz@montefiore.org
 - Program Director: Melissa Menezes, MD, mmenezes@montefiore.org
 - Associate Program Director: Alexis Richards, MD, MSc, alexrichar@montefiore.org



**Check out our
virtual tour!**

Seattle Children's Hospital University of Washington Adolescent Medicine Fellowship

Structure

- First year is clinically focused
- Years 2-3 individualized, with option for more research/coursework

Rotation sites/types

- Seattle Children's Hospital: Adolescent Clinic (Reproductive health, LARC clinic, Gender-affirming care, Eating Disorders), Gynecology, Sports Medicine, Inpatient Consults
- Community Rotations: School-Based Health, Community Primary Care (OBCC), Kaiser Permanente HMO Clinic, Juvenile Detention, Eating Recovery Center (ERC), Harborview STD clinic, Substance Use clinic.

Other information

- LEAH Program
- Serves a 4-state region (Washington, Alaska, Montana, Idaho)
- Diverse population economically, in terms of race/ethnicity, and rural/urbanicity
- Opportunity to obtain MPH or MS, gain excellent research and teaching skills
- Partnerships with multiple T32 fellowships for research-bound fellows
- See each fellow as an individual, tailor second and third year to specific goals
- Absolutely beautiful Pacific Northwest! Ample opportunities for outdoor adventures of all types: hiking, kayaking, camping, snowshoe/cross-country skiing and more... !

Program Leadership

- Program Director – Sarah Golub, MD MPH – sarah.golub@seattlechildrens.org
- Associate Program Director – Kym Ahrens, MD MPH – kym.ahrens@seattlechildrens.org
- Program Coordinator – Diana Wells – diana.wells@seattlechildrens.org





University of California
San Francisco

Adolescent Medicine Fellowship Program



Fellowship Structure:

- 1 to 3 Fellows per year
- Robust Clinical Electives
- Dedicated research time per year,

Core Rotation Sites/Types:

- Benioff Children's Hospital/Clinics
- Teen Clinic: Combined Primary, Acute and Subspecialty care
- Inpatient Eating Disorder Primary Service / General Adolescent Medicine Consult Service

Clinical Electives:

- Addiction Medicine
- Gender Affirming Care
- Full spectrum Sexual / Reproductive Health Care
- Psychiatry (Langley Porter)
- Sports Medicine
- FQHC Satellite Site
- School Based Health Center
- Community Sites: SFGH, UC Berkeley Student Health, Juvenile Justice

Scholarly Opportunities:

- Extensive research opportunities
- Formal training/course work in medical education and research

Other Fellowship Information:

- Diverse urban population
- Fellows College
- Great weather, 60-70s year round
- Access to outdoors / vibrant city
- Housing stipend

Program Director: Matthew Meyers, MD, MPH, Matthew.Meyers@ucsf.edu

University of Rochester Adolescent Medicine Fellowship

- Nurturing environment that highly values our fellows and their feedback, **emphasizes personal and team wellness**, embraces diversity, and participates in antiracism initiatives
- One of the **first adolescent medicine fellowship programs**; UR is the home of the biopsychosocial model of health care
- Location: urban, suburban and rural settings; culturally and geographically diverse patient population
- We provide **strong interprofessional clinical training** in our hospital-based subspecialty clinic on gender health, eating disorders, and reproductive health.
- **Close relationships with community partners** including Planned Parenthood, school-based health centers, university health services, the county STD clinic, substance use disorder treatment programs, & the juvenile justice system providing unique training opportunities.
- **Flexible, individualized curriculum** allowing fellows to choose and create their own electives and participate in individualized pathways in QI, advocacy, ethics, or health policy.
- **Scholarly Activity & QI Projects:** Option to pursue your own interests or work with a faculty member on an ongoing project
- **95% Tuition Waiver** for advanced degree programs such as MPH, Masters in Health Professions Education, Executive MBA



Marian Catalan, DO
2nd Year Fellow



Jamie Emanuel, MD
1st Year Fellow



Jessica Iyer, MBBCh, MHS
1st Year Fellow



Susan "Shellie" Yussman, MD, MPH
Program Director

"Our program places great emphasis on educating fellows who are not only good clinicians, but also good teachers, good communicators, engaged members of society, advocates, and well-balanced humans."
- Former Fellow

Learn more about our [Program](#) Learn more about [Rochester, NY](#)



FACULTY, FELLOWS AND STAFF

- 4 current fellows; 1-2 fellows per year
- Interdisciplinary care model
 - Medical providers (9 physicians, 5 APPs)
 - Nurses and medical assistants
 - Behavioral health professionals
 - Dietitians

PROGRAM HIGHLIGHTS

- Supportive large hospital system
 - Large gender-care clinic
 - Confidential, grant-funded sexual healthcare
- Wide range of electives to fit your interests!
 - Ped/Adolescent Gyn, Child Psychiatry, Sports Medicine, ACUTE (Adult Eating Disorder ICU), STEP (Adolescent Substance Use), Lifestyle Medicine, etc.
- Rocky Mountain SAHM Leadership and Advocacy opportunities
- Working with residents as team member and preceptor
- Multi-level mentorship opportunities

PROGRAM STRUCTURE

- Year 1: 60% clinical, 40% research/admin
- Year 2: 50% clinical, 50% research/admin
- Year 3: 40% clinical, 60% research/admin
- Hospital Call: one week per month
- Research project/Quality Improvement project
- Protected weekly Academic Half-Day

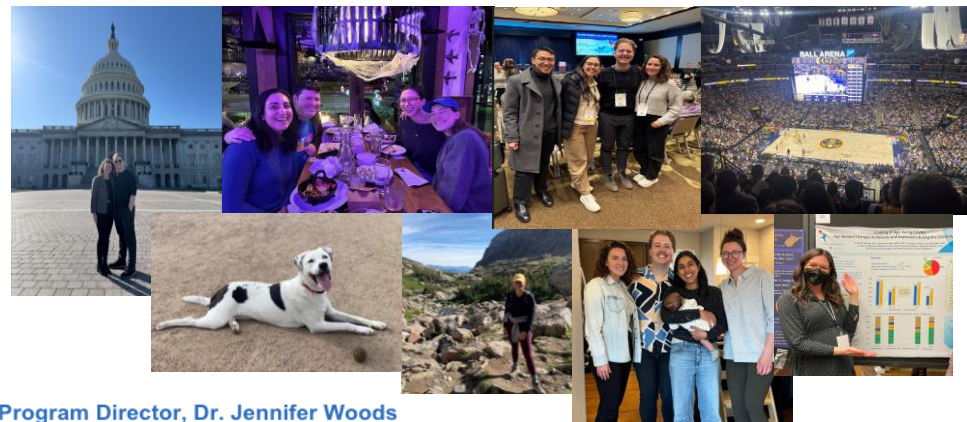
CLINICAL SPACES

- Adolescent Medicine Clinic (Primary Care/Consults)
- BC4U (Title-X funded Family Planning)
- TRUE Center for Gender Diversity
- Dysautonomia/Complex Diagnosis
- Inpatient Consult Service
- Eating Disorder Program (PHP)

AURORA, DENVER AND BEYOND

- Everchanging food and drink scene (multicultural grocery stores, food trucks, James Beard and Michelin Star nominees, breweries)
- Arts & Culture (Denver Art Museum, Colorado History Center, Children's Museum, Nature and Science, Denver Botanic Gardens)
- Sports (Nuggets, Avalanche, Broncos, Rockies, Rapids, Mammoth)
- Music (Red Rocks Amphitheater, Ball Arena, Ogden Theater, Colorado Symphony Orchestra, Mission Ballroom)
- Hiking, biking, rafting, camping, climbing, skating--you name it!

JOIN US



Program Director, Dr. Jennifer Woods
Program Coordinator, Margaret Swift