

**APPD SEEK One-Year Survey Summary Report :  
Entry # 10555**

**Principal Investigator (first/last, credentials)**

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**Survey Title**

Changes in Inpatient Time in Response to New ACGME Requirements

**Date survey distributed to APPD membership (Month/Year)**

03/2025

**Portion of APPD membership surveyed (i.e. Program Directors, Associate Program Directors, Program Coordinators)**

Program Directors

**Response rate (i.e. percentage; xxx/xxx)**

45.1

**Summary of main findings (1-3 paragraphs)**

45.1% (97/219) of PDs responded. Programs decreased their total required inpatient time by 8.2 weeks (SD 6.6), with the largest decreases in NICU (-2.3 weeks), single inpatient subspecialty (-2.1 weeks), general inpatient wards (-1.8 weeks), and PICU (-1 week). For outpatient general pediatrics, while there was not a statistically significant difference between current and future graduates in being ready for unsupervised for all patients ( $p=0.055$ ; Table), when directly comparing current and future graduates, half (48.5%) of PDs felt that future graduates would be more well prepared to practice outpatient general pediatrics without supervision. In contrast, for inpatient general pediatrics, almost a quarter of PDs (23.7%; 23/97) felt that future graduates would not be ready for unsupervised practice for all patients ( $p<0.001$ ) and 40.2% felt that future graduates would be less well prepared to practice inpatient general pediatrics without supervision. For subspecialty fellowships, fewer PDs felt that future graduates would be quite/very well prepared ( $p<0.001$ ), though when compared directly, the vast majority (71.1%) felt that the changes would make no difference for preparation for subspecialty fellowship, with 19.6% feeling future graduates will be less well prepared and 9% feeling future graduates will be more well prepared for their subspecialty fellowship.

Prior to the 2025 ACGME 4 week mental health requirement, a third (36.1%; 35/97) of programs had mental health as a required part of their curriculum, with 12.3% requiring 4 weeks or more of mental health, 15.5% requiring 2 weeks of mental health, 6.2% integrating mental health in other rotations, and 2.1% providing longitudinal mental health education outside of rotations. Programs had varying plans on mental health implementation. While some PDs planned on implementing all 4 weeks of mental health in a single post-graduate year (PGY), most PDs planned on implementing mental health weeks longitudinally across residency. mean of 1.2 weeks (standard deviation 1.35, median 1 week) in PGY1, 1.7 weeks (standard deviation 1.50, median 2 weeks) in PGY2, and 1.1 weeks (standard deviation 1.47, median 0 weeks) in PGY3. The vast majority of PDs (79.4%; 77/97) felt that future graduates would be more well prepared to diagnose and manage a patient with mental health concerns than the Class of 2024 graduates. PDs who already incorporated some required mental health time in their curriculum were more likely to think that there would be no difference in how well prepared their current and future graduates would be to manage patients with mental health concerns (40.7% vs 12.9%;  $p=0.002$ ); this was particularly pronounced for PDs who already required at least 4 weeks of mental health (70% vs 14.9%;  $p<0.0001$ ). For outpatient general pediatrics, while there was not a statistically significant difference

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between current and future graduates in being ready for unsupervised for all patients ( $p=0.055$ ), when directly comparing current and future graduates, half (48.5%) of PDs felt that future graduates would be more well prepared to practice outpatient general pediatrics without supervision.

**Presentations**

Will present at APPD and PAS:

Li ST, Burke A, Tancredi D. Decreases in Pediatric Inpatient Time May Decrease Readiness for Inpatient Practice at Graduation. Platform presentation at APPD. 2026; Denver, CO.

Li ST, Burke A, Tancredi D. Program Directors Agree New Mental Health Requirement Will Improve Pediatric Resident Graduate's Preparation to Diagnose and Manage Patients with Mental Health Concerns. Poster presentation at APPD. 2026; Denver, CO.

Li ST, Burke A, Tancredi D. Decreases in Pediatric Inpatient Time May Decrease Readiness for Inpatient Practice at Graduation. Poster presentation at PAS. 2026; Boston, MA.

**Publications**

Working on writing manuscript.