

APPD SEEK One-Year Survey Summary Report : Entry # 9552

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Survey Title

Program Assessment of the Well-Being Milestone

Date survey distributed to APPD membership (Month/Year)

May/2024

Portion of APPD membership surveyed (i.e. Program Directors, Associate Program Directors, Program Coordinators)

Program Directors

Response rate (i.e. percentage; xxx/xxx)

36

Summary of main findings (1-3 paragraphs)

Seventy-six Program Directors from across the country responded to the SEEK Program Assessment of the Well-being Milestone survey (76/209). The results revealed that Program Directors had limited confidence in the Well-being milestone scores reported to the ACGME; 77% reported feeling moderately, slightly, or not at all confident in the accuracy of these scores. A majority (86%) reported receiving more evaluations related to patient care milestones, while 45% said they received a similar number of evaluations for Well-being as they did for the quality improvement milestone. Programs most commonly received Well-being milestone evaluations from Program Directors (82%), Associate Program Directors (78%), resident self-assessments (63%), and Chief Residents (62%).

Most programs (63%) do not expect residents to meet a minimum score on the Well-being milestone. Among those that do, the most common minimum expectations were a score of 2 for PGY1 residents, 3 for PGY2 residents, and 4 for PGY3 residents. Program Directors identified several wellness initiatives as particularly helpful, including resident check-ins (96%), retreats or team-building events (95%), mentorship infrastructure (92%), social events (92%), and mechanisms for accessing personal health care (88%).

Qualitative feedback from Program Directors emphasized ongoing challenges in assessing the Well-being milestone. Many described it as “very difficult to assess,” noted that faculty often feel uncomfortable evaluating it, and reported that it generally does not feel like a priority within their programs.

Presentations

Findings of a preliminary study with a smaller sample of program director responses was presented at PAS and APPD in 2024. We plan on submitting the findings from this SEEK survey for possible presentation at the 2026 APPD annual meeting.

Publications

None