



Cohen Children's Medical Center

Northwell HealthSM

Adolescent Medicine Fellowship Program

Program Director: Nadia Saldanha, MD

Associate Program Director: Ariel Nunez, MD

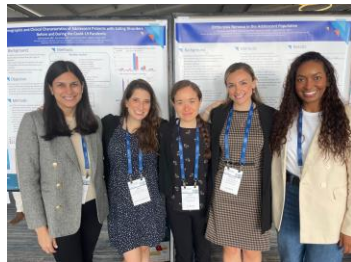
Division Chief: Martin Fisher, MD/Nadia Saldanha, MD

Current Fellows:

3rd year- Caroline Shank, MD

2nd year- Emily Moore, MD

1st year- Arnikka Rubia, MD



- **Fellows per year: 1 (3 total)**
- **Structure**
 - 1/3 research time spread over the three-year fellowship with time increasing each year
 - Clinical time spread over three years
- **Rotation Sites**
 - *Main Site:* Cohen Children's Medical Center
 - *Continuity Clinic:* Primary Care, Gynecology, Eating Disorder, Weight Management
 - *Community Sites:* School Based Health Centers, Local School District, Psychiatric Group Home, Merchant Marine Academy (College Health)
 - *Electives:* Dermatology, Sports Medicine, Transgender Care, HIV Clinic, Behavioral and Developmental Pediatrics, Women's Bleeding Disorder Clinic



Collaborative, Inclusive, and Collegial
Work Environment

Professional and Personal
Life Balance

Patient-Centered Multidisciplinary
Team Approach

Located on the border of Nassau County and Queens

- **Diverse patient population**
- **Easy access to all boroughs of NYC**





Adolescent Medicine Fellowship Program

Program Director: Rebecca Beyda, MD, MS Associate Program Director: Asha Davidson, MD, MPH

Program Overview

- Two fellows- For 2025 recruitment 2 available spots
- ACGME accredited 3-year program
- Fellowship program is set within one of the largest medical centers in the world.
- Our program has a very strong primary care focus, but also the flexibility to allow fellows to find their niche within the field.
- Our faculty staffs four detention facilities where fellows see a large volume of patients; fellows also have a dedicated continuity clinic within the medical center in addition to an adolescent clinic at one of the county hospitals.
- Fellows have an opportunity to obtain either a master's in public health or clinical science and have protected time during the fellowship to accomplish this.
- Our faculty and former fellows have been very successful in conducting research, publishing manuscripts, and obtaining grant funding.

Clinics & Programs

- UT Physicians Adolescent Medicine Clinic
- Cleveland E. Odom (CEO) Pediatric and Adolescent Health Care Center
- UT Physicians Heights Adolescent Medicine
- UT Physicians Jensen
- Young Women with Bleeding Disorders Clinics
- Ut Physicians Pediatric Center – The Woodlands
- Programs:
 - Weight Management Clinics
 - Juvenile Detention Centers

UT Physician Group



Sub-specialty Rotations

- Sports Medicine
- Addiction Medicine
- Endocrinology
- OB/GYN
- Dermatology
- Inpatient/Outpatient Psychiatry
- Inpatient Texas Children's Hospital

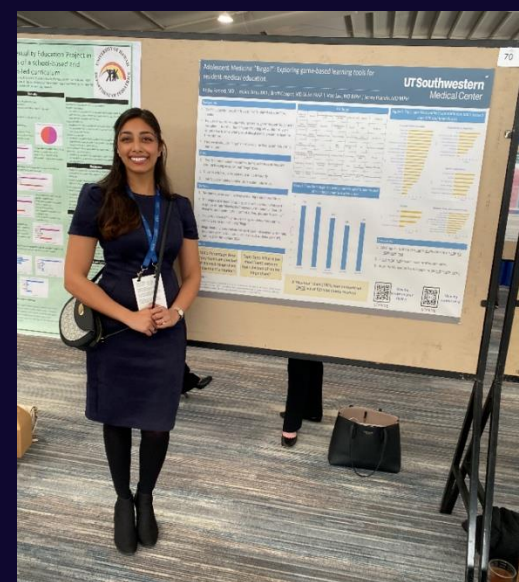
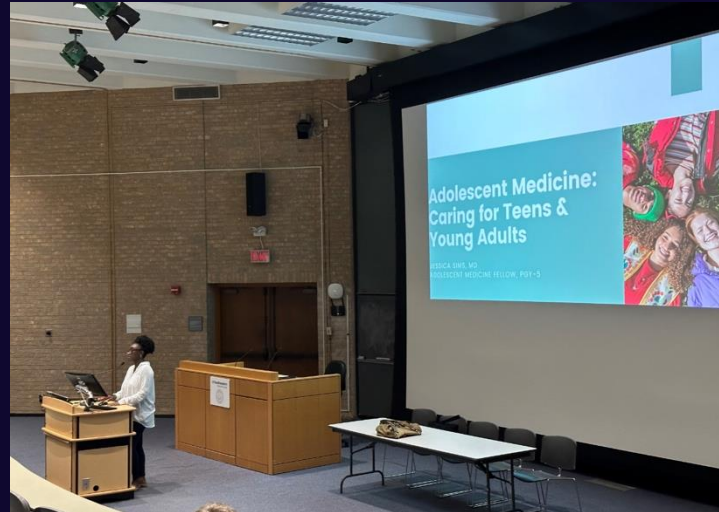
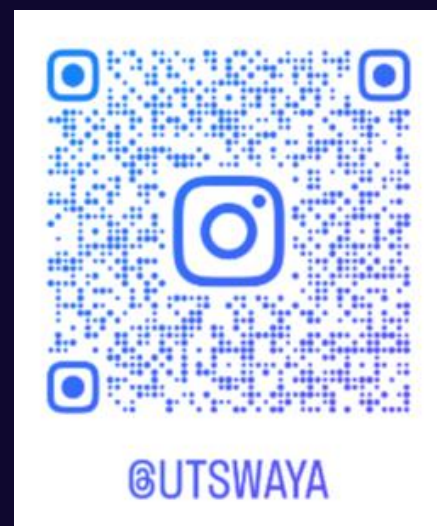


THE NEW YORK - PRESBYTERIAN HOSPITAL COLUMBIA UNIVERSITY MEDICAL CENTER

ADOLESCENT MEDICINE FELLOWSHIP PROGRAM

Adolescent Medicine Fellowship at UT Southwestern Dallas, TX

Program Director: Jenny Francis, MD, MPH
Jenny.Francis@UTSouthwestern.edu



CLINICAL STRENGTHS

- Abundant procedural training
- Inclusive clinical experiences
 - Diverse patients, juvenile justice, eating disorders, college health, teen pregnancy, substance use, and more!
- Flexible, customizable scheduling
- 18 weeks of phone call per year
- One main physical location
- Faculty with wide breadth of experiences
- Ample teaching and advocacy opportunities



ACADEMIC OPPORTUNITY

- Research options
 - Program Director is a researcher
- Mentorship & enrichment guidance
- Potential for advanced degrees
- Teaching & advocacy training

1) The Program:

<https://www.utsouthwestern.edu/departments/pediatrics/divisions/developmental-behavioral/fellowship/adolescent-medicine/>

2) Dallas Life:

<https://www.utsouthwestern.edu/education/students/dallas/>

3) Salaries and Benefits (see UT Southwestern Sample Contract):

<https://www.utsouthwestern.edu/education/graduate-medical-education/fellowships/>

Indiana University Adolescent Medicine Fellowship

- Large, vibrant, multidisciplinary division
- 1-2 fellows per year
- Pediatrics, family medicine, internal medicine, med-peds

Program Highlights:

- Children's hospital consult service & subspecialty clinics
- General adolescent clinic in FQHC & community sites
- Opportunity for a master's degree (MS, MPH, MEd) and research support!
- LEAH Program
- Individualized career goals (multiple pathways)
- Gender health, LARCs, and all options pregnancy counseling



Scan QR Code for
FAQs on Gender
Health and
Reproductive
Health and more!



Rachel Katzenellenbogen, MD
Program Director
rkatzene@iu.edu



Nomi Sherwin, MD, MS
Associate Program Director
nsherwin@iu.edu



Erika Naylor
Program Coordinator
ernaylor@iu.edu



Baylor College of Medicine Adolescent Medicine Fellowship

1 - 2 fellows per year
(peds, med/peds, fam med trained)

LEAH program with interdisciplinary faculty and fellows (medicine, psychology, nursing, social work, nutrition, and public health)

Curriculum Overview

Over the three years, nearly 50% of the curriculum is dedicated to research/scholarly activity, the remainder is split between clinical, teaching, administration, and leadership development.



Program Director
Albert Hergenroeder, MD
alberth@bcm.edu



Associate Program Director
Meghna Raphael, MD
msebasti@bcm.edu



- Clinical training includes:
 - Inpatient and outpatient eating disorders
 - Obesity management
 - Care of unhoused youth
 - School based clinical care
 - Reproductive health
 - Opportunities for individualized electives – sport medicine, transition medicine, juvenile detention, gyn, and HIV care
- Research training opportunities include:
 - Optional: Advanced degree training i.e. masters
 - Chronic illness and transition
 - Eating disorders
 - HIV prevention & PrEP
 - Sexual health and risk prevention

Meet the SAHM Student-Trainee Council

Come join our break-out room for a general fellowship Q&A session and to learn about the application process! ALL subspecialties are welcome!

Our team

Janis Sethness, MD, MPH



Windy Grant, MD



Colbey Ricklefs, MD



Jenny Schanzle, DO



Marian Catalan, DO



Alexandra Burnett, MD



Courtney Franceschi, MD



Seattle Children's Hospital University of Washington Adolescent Medicine Fellowship

Structure

- First year is clinically focused
- Years 2-3 individualized, with option for more research/coursework

Rotation sites/types

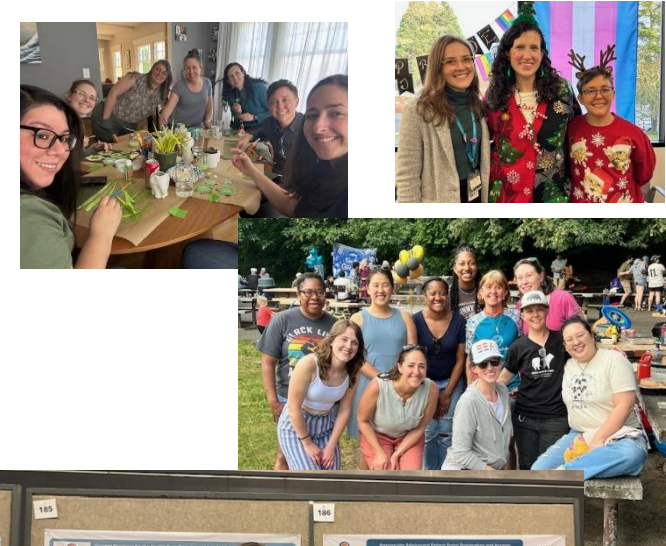
- Seattle Children's Hospital: Adolescent Clinic (Reproductive health, LARC clinic, Gender-affirming care, Eating Disorders), Gynecology, Sports Medicine, Inpatient Consults
- Community Rotations: School-Based Health, Community Primary Care (OBCC), Kaiser Permanente HMO Clinic, Juvenile Detention, Eating Recovery Center (ERC), Harborview STD clinic, Substance Use clinic.

Other information

- LEAH Program
- Serves a 4-state region (Washington, Alaska, Montana, Idaho)
- Diverse population economically, in terms of race/ethnicity, and rural/urbanicity
- Opportunity to obtain MPH or MS, gain excellent research and teaching skills
- Partnerships with multiple T32 fellowships for research-bound fellows
- See each fellow as an individual, tailor second and third year to specific goals
- Absolutely beautiful Pacific Northwest! Ample opportunities for outdoor adventures of all types: hiking, kayaking, camping, snowshoe/cross-country skiing and more... !

Program Leadership

- Program Director – Sarah Golub, MD MPH sarah.golub@seattlechildrens.org
- Associate Program Director – Kym Ahrens, MD MPH – kym.ahrens@seattlechildrens.org
- Program Coordinator – Diana Wells – diana.wells@seattlechildrens.org



Seattle Children's®
HOSPITAL • RESEARCH • FOUNDATION

University of Rochester Adolescent Medicine Fellowship

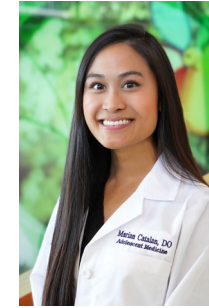
- Nurturing environment that highly values our fellows and their feedback, **emphasizes personal and team wellness**, embraces diversity, and participates in antiracism initiatives
- One of the **first adolescent medicine fellowship programs**; UR is the home of the biopsychosocial model of health care
- Location: urban, suburban and rural settings; culturally and geographically diverse patient population
- We provide **strong interprofessional clinical training** in our hospital-based subspecialty clinic on gender health, eating disorders, and reproductive health.
- **Close relationships with community partners** including Planned Parenthood, school-based health centers, university health services, the county STD clinic, substance use disorder treatment programs, & the juvenile justice system providing unique training opportunities.
- **Flexible, individualized curriculum** allowing fellows to choose and create their own electives and participate in individualized pathways in QI, advocacy, ethics, or health policy.
- **Scholarly Activity & QI Projects:** Option to pursue your own interests or work with a faculty member on an ongoing project
- **95% Tuition Waiver** for advanced degree programs such as MPH, Masters in Health Professions Education, Executive MBA



Alexandra Fayne, MD
3rd Year Fellow



Amy Wright, DO
2nd Year Fellow



Marian Catalan, DO
1st Year Fellow



Susan "Shellie" Yussman, MD, MPH
Program Director

"Our program places great emphasis on educating fellows who are not only good clinicians, but also good teachers, good communicators, engaged members of society, advocates, and well-balanced humans."
- Former Fellow

Learn more about our [Program](#) Learn more about [Rochester, NY](#)



FACULTY, FELLOWS AND STAFF

- 4 current fellows; 1-2 fellows per year
- Interdisciplinary care model
 - Medical providers (9 physicians, 5 APPs)
 - Nurses and medical assistants
 - Behavioral health professionals
 - Dietitians

PROGRAM HIGHLIGHTS

- Supportive large hospital system
 - Largest pediatric gender-care clinic in the US
 - Confidential, grant-funded sexual healthcare
- Wide range of electives to fit your interests!
 - Ped/Adolescent Gyn, Child Psychiatry, Sports Medicine, ACUTE (Adult Eating Disorder ICU), STEP (Adolescent Substance Use), Lifestyle Medicine, etc.
- Rocky Mountain SAHM Leadership and Advocacy opportunities
- Working with residents as both colleagues and learners
- Multi-level mentorship opportunities

PROGRAM STRUCTURE

- Year 1: 60-70% clinical, 30-40% research/admin
- Year 2: 50% clinical, 50% research/admin
- Year 3: 30-40% clinical, 60-70% research/admin
- Hospital Call: one week per month
- Research project/Quality Improvement project
- Protected weekly Academic Half-Day

CLINICAL SPACES

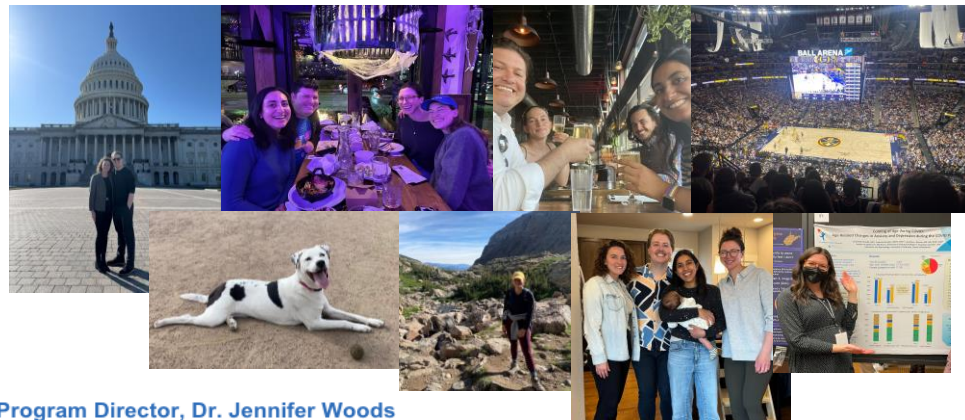
- Adolescent Medicine Clinic (Primary Care/Consults)
- BC4U (Title-X funded Family Planning)
- TRUE Center for Gender Diversity
- Complex Diagnosis Clinic (Chronic fatigue, PoTs)
- Inpatient Consult Service
- Eating Disorder Program (PHP)

JOIN US



AURORA, DENVER AND BEYOND

- Everchanging food and drink scene (multicultural grocery stores, food trucks, James Beard and Michelin Star nominees, breweries)
- Arts & Culture (Denver Art Museum, Colorado History Center, Children's Museum, Nature and Science, Molly Brown House)
- Sports (Nuggets, Avalanche, Broncos, Rockies, Rapids, Mammoth)
- Music (Red Rocks Amphitheater, Ball Arena, Ogden Theater, Colorado Symphony Orchestra, Mission Ballroom)
- Hiking, biking, rafting, camping, climbing, skating, you name it!



Program Director, Dr. Jennifer Woods
Program Coordinator, Margaret Swift

Stanford Medicine Adolescent Medicine Fellowship Program

Structure:

- 1-2 fellowship slots offered per year (total program of 4 fellows)
- Training is 60% clinical activities, 40% research
- Modified 2-year fellowship option for applicants with a Family Medicine, Internal Medicine, or Med-Peds background

Rotation types:

- Teaching and Consultation Service
- Teen and Young Adult Clinic, Eating Disorders Clinic, Gender Clinic, Adolescent Gynecology Clinic, Psychiatry Clinic, Mobile Teen Health Van, and additional subspecialty clinic and community opportunities
- Comprehensive Care Program (inpatient Eating Disorder Unit)

Other fellowship information:

- Serves the San Francisco Bay Area with an extensive referral base throughout California
- Population served is diverse, suburban, and includes medically underserved teens and young adults
- Other opportunities for fellows:
 - Fellows can apply for the Master's Tuition Program (MTP) to support the cost of an approved Master's program
 - Comprehensive Fellows' College program based in the Pediatric department
- Though grant application is encouraged, fellowship funding is guaranteed for the 3-year program

Contact information:

- Website: <https://med.stanford.edu/adolescent/education/fellowship.html>
- Program Contacts:
 - Rachel Goldstein, MD, Program Director – rachelg2@stanford.edu
 - Brandii Criss, MD, Associate Program Director - brandii@stanford.edu
 - Lauren Goddi, Program Coordinator - lgoddi@stanford.edu



Adolescent Medicine Fellowship Program

UAB THE UNIVERSITY OF
ALABAMA AT BIRMINGHAM.

Heersink School of Medicine

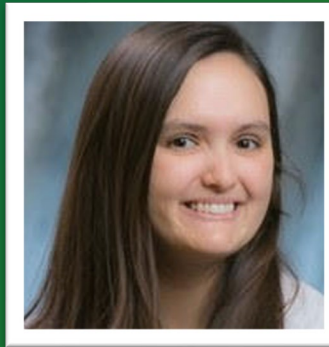


UAB named one of Forbes' Best-In-State Large Employers

The UAB LEAH Program is housed in the Division of Adolescent Medicine.

Our program is one of eight programs in the country.

LEAH is committed to improving the health status of adolescents, particularly those in the southeastern region of the U.S through its interdisciplinary leadership education of adolescent health professionals in a model center of excellence in training, research and service that is adolescent-centered/family-involved, culturally competent and community-based.



Jennifer Schanzle, D.O.
Graduating fellow



Children's of Alabama is located in Birmingham's Medical District and is the only free-standing pediatric hospital in the state of Alabama!

Children's of Alabama provides a diverse and extensive spectrum of medical expertise and services.

- Our three-year fellowship program includes comprehensive interdisciplinary training based upon ACGME core competencies.
- The core faculty members of the program are physicians, nurse practitioners, psychologists, social workers, dietitians and other health professionals with special training and expertise in adolescent health issues.
- Fellows can participate in master's level training in public health, maternal and child health, health administration and other health-related fields.

Explore more about our program at

<https://www.uab.edu/medicine/peds/adolescent-medicine>

Children's Mercy Kansas City Adolescent Medicine Fellowship

<https://www.childrensmercy.org/professional-education/training-programs/fellowship/adolescent-medicine/>

Program Highlights:

- Small, individualized program.
- Subspecialty training with continuity clinics in Adolescent and Young Adult Specialty Clinic and outpatient Eating Disorder Center.
- Diverse faculty with varied interests and expertise.
- High volume of LARC procedures.
- Title X grant funding.



CMKC Fellowship Highlights:

- Funding for certificate or master's in pediatric bioethics, health professions education, public health, or bioinformatics and clinical research.
- Internal grant funding and grant writing support for fellow research.
- Excellent work-life balance and hospital-sponsored wellness support (wellness day, retreat, wellness \$).

Program Director: Andrea Nos, MD, MHPE
Email: alnos@cmh.edu

Program Coordinator: Sarah King, MS, C-TAGME
Email: srking@cmh.edu



Well-developed clinical programs in:

- Gynecology
- Contraception/LARC
- Substance Use
- Gender Diversity
- Eating Disorders
- Adolescent Primary Care
- Inpatient/Consultative Care

Clinics structured to ensure an even balance of subspecialty experiences.



- Predominantly clinical first year
- Increased focus on research and professional development in years 2 & 3
- Flexible training in years 2 and 3, tailored to meet each fellow's individual learning objectives
- Opportunity to obtain a funded master's degree in medical science, medical education, or public health
- Ample opportunities to engage in teaching residents and medical students
- Paid membership in SAHM, AAP, NASPAG



Cynthia.Holland-Hall@NationwideChildrens.org (Program Director)
Maria.Ash@NationwideChildrens.org (Associate Program Director)
Ashley.Humphrey2@NationwideChildrens.org (Program Coordinator)



Adolescent Medicine Fellowship Program

Children's Hospital at Montefiore/Albert Einstein

- **2 Fellows per year/cycle**
- **Structure:**
 - 1st year: 5 - 6 weeks of inpatient service, 5 clinic sessions at CHAM PASS/week, school health
 - 2nd & 3rd year: 6-8 weeks of inpatient service, 2-3 clinic sessions/week at CHAM PASS, college health, electives
 - Dedicated research and academic studies scheduled, including protected research time
 - Numerous teaching opportunities (clinical, didactic, case based)
- **Rotation Sites/Types:**
 - **Main Hospital/Site:** Children's Hospital at Montefiore, Bronx, NY (Inpatient & Consults)
 - Gynecology & Reproductive Care (including Medically Complex Youth)
 - Long-Acting Reversible Contraception Clinic
 - Young Men's Health
 - Gender-Affirming Care
 - Eating Disorders
 - Healthy Lifestyle
 - **Community Sites:** school-based health (high school & college campuses), non-domiciled youth, youth in foster care
- **Other Fellowship Information:**
 - Mainly urban, minoritized, underserved population in NYC area (Bronx, Brooklyn, Manhattan, Queens), Westchester, Rockland, Dutchess Counties, Northern NJ
 - Other opportunities include: Addiction Medicine Mentored Training Program, Advocacy Track, T32 Grant, MS (Clinical Research Training Program through Albert Einstein), MPH (through Albert Einstein), Innovation Biodesign Training Program (through Montefiore/Einstein)
- **Contact:** Program Coordinator: Melissa Diaz, 718-920-6781, meldiaz@montefiore.org
 - Program Director: Melissa Menezes, MD mmenezes@montefiore.org
 - Associate Program Director: Alexis Richards, MD, MSc alexrichar@montefiore.org
 - Division Chief and Program Director, Emeritus: Elizabeth Alderman, MD ealderma@montefiore.org



**Check out our
virtual tour!**

Adolescent Medicine Fellowship

- Since **1967**: one of the most established adolescent medicine divisions in the US and the first one on the West Coast.
- The **Society for Adolescent Health and Medicine** was formed at CHLA in 1968.
- CHLA faculty co-created the **HEADSS exam** in 1991.
- Dr. Lawrence **Neinstein** and CHLA faculty wrote the seminal textbook (Adolescent Health Care: A Practical Guide).
- CHLA was the first in the US to take clinical service and training both for fellows and residents to **sites in the community**, first to Job Corps and then to free clinics.
- Our **trans youth program** is the largest in the world.



University of Michigan/Mott Children's Hospital Adolescent Medicine Fellowship Program

- 1 fellow/year, funding for a total of 3 fellows
- Structure:
 - Clinical time vs. Research Time: allotted clinical and research time each year with increasing research time year by year
- Rotation Sites/Types:
 - Main Hospital/Site: C.S. Mott Children's Hospital/University of Michigan
 - Inpatient care: Adolescent Medicine Consult Service
 - Outpatient Clinics at Mott Hospital: Adolescent/Young Adult Clinic, Pediatric/Adolescent Gender Services Clinic, Pediatric/Adolescent Gynecology Clinic, U-M Addiction Treatment Services Program, Ypsilanti Pediatric Clinic for Adolescent Primary Care experience, Pediatric Sports Medicine Clinics (including NeuroSport Clinic for concussion care), Comprehensive Eating Disorders Program
 - Community Sites: The Corner Health Center in Ypsilanti (serving youth 12-25 and their children) both for Adolescent Medicine Clinic and Adolescent Gynecology Clinic, School Based Health Clinics (Regional Alliance for Healthy Schools—Ann Arbor, Ypsilanti and Flint), and college health at University Health Service
- Other Fellowship Information:
 - Serves patients from Ann Arbor, Ypsilanti, Toledo & Detroit areas, and more rural areas surrounding Ann Arbor
 - Other opportunities for fellows: Scholars program participation which range from 9 months to 2 years in Med Ed, Healthcare Equity, Patient Safety and Quality, and Healthcare Administration
 - Friendly, collegial small division, flexibility in tailoring your training to your career goals, and a wealth of research collaboration opportunities within the institution
 - Cool things about Ann Arbor: all the college sports you could dream off, great music/arts/dining, Fortune Magazine rated #1 "best place to live for families" in the US in 2022, 25 minutes to the Detroit airport and 45 minutes to Detroit arts/sports/dining
- Contacts:
 - Program website: <https://medicine.umich.edu/dept/pediatrics/divisions/adolescent-medicine/adolescent-medicine-fellowship-program>
 - Program Director/Associate Program Director: Katie Miller and Alana Otto, ktmil@med.umich.edu and alanako@med.umich.edu
 - Fellows: Natasha Nguyen natashng@med.umich.edu, Taylor Argo, taargo@med.umich.edu, Alexandra Burnett alebur@med.umich.edu



C.S. MOTT CHILDREN'S HOSPITAL
MICHIGAN MEDICINE