



Cohen Children's Medical Center

Northwell HealthSM

Adolescent Medicine Fellowship Program

Program Director: Nadia Saldanha, MD

Associate Program Director: Ariel Nunez, MD

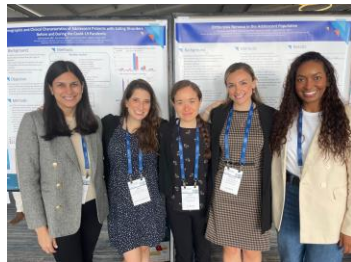
Division Chief: Martin Fisher, MD/Nadia Saldanha, MD

Current Fellows:

3rd year- Caroline Shank, MD

2nd year- Emily Moore, MD

1st year- Arnikka Rubia, MD



- **Fellows per year: 1 (3 total)**
- **Structure**
 - 1/3 research time spread over the three-year fellowship with time increasing each year
 - Clinical time spread over three years
- **Rotation Sites**
 - *Main Site:* Cohen Children's Medical Center
 - *Continuity Clinic:* Primary Care, Gynecology, Eating Disorder, Weight Management
 - *Community Sites:* School Based Health Centers, Local School District, Psychiatric Group Home, Merchant Marine Academy (College Health)
 - *Electives:* Dermatology, Sports Medicine, Transgender Care, HIV Clinic, Behavioral and Developmental Pediatrics, Women's Bleeding Disorder Clinic



Collaborative, Inclusive, and Collegial
Work Environment

Professional and Personal
Life Balance

Patient-Centered Multidisciplinary
Team Approach

Located on the border of Nassau County and Queens

- **Diverse patient population**
- **Easy access to all boroughs of NYC**





Adolescent Medicine Fellowship Program

Program Director: Rebecca Beyda, MD, MS Associate Program Director: Asha Davidson, MD, MPH

Program Overview

- Two fellows- For 2025 recruitment 2 available spots
- ACGME accredited 3-year program
- Fellowship program is set within one of the largest medical centers in the world.
- Our program has a very strong primary care focus, but also the flexibility to allow fellows to find their niche within the field.
- Our faculty staffs four detention facilities where fellows see a large volume of patients; fellows also have a dedicated continuity clinic within the medical center in addition to an adolescent clinic at one of the county hospitals.
- Fellows have an opportunity to obtain either a master's in public health or clinical science and have protected time during the fellowship to accomplish this.
- Our faculty and former fellows have been very successful in conducting research, publishing manuscripts, and obtaining grant funding.

Clinics & Programs

- UT Physicians Adolescent Medicine Clinic
- Cleveland E. Odom (CEO) Pediatric and Adolescent Health Care Center
- UT Physicians Heights Adolescent Medicine
- UT Physicians Jensen
- Young Women with Bleeding Disorders Clinics
- Ut Physicians Pediatric Center – The Woodlands
- Programs:
 - Weight Management Clinics
 - Juvenile Detention Centers

UT Physician Group



Sub-specialty Rotations

- Sports Medicine
- Addiction Medicine
- Endocrinology
- OB/GYN
- Dermatology
- Inpatient/Outpatient Psychiatry
- Inpatient Texas Children's Hospital

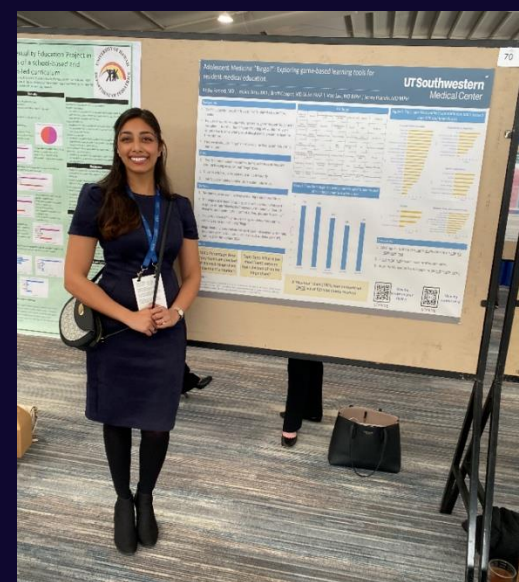
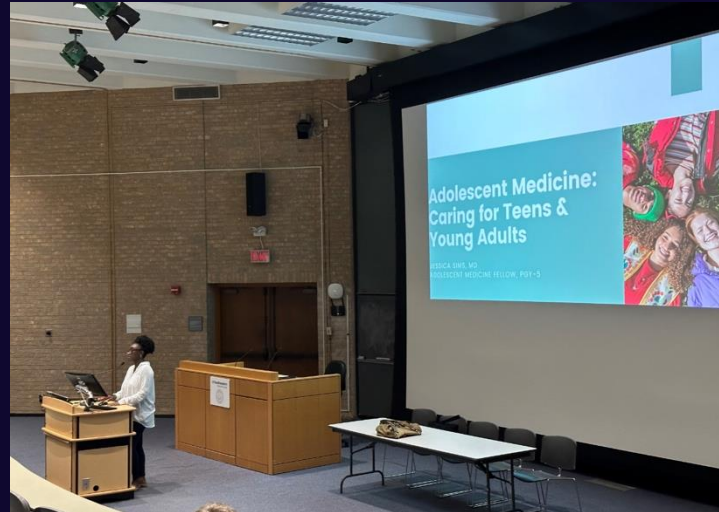
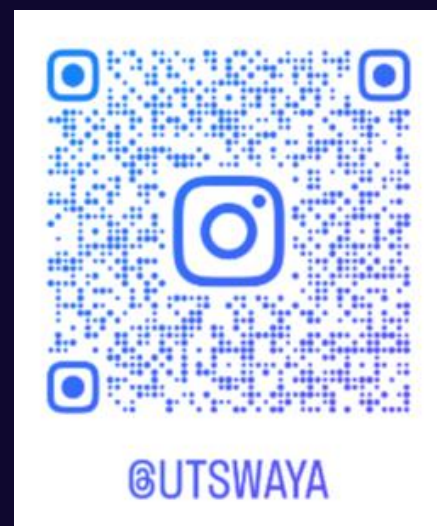


THE NEW YORK - PRESBYTERIAN HOSPITAL COLUMBIA UNIVERSITY MEDICAL CENTER

ADOLESCENT MEDICINE FELLOWSHIP PROGRAM

Adolescent Medicine Fellowship at UT Southwestern Dallas, TX

Program Director: Jenny Francis, MD, MPH
Jenny.Francis@UTSouthwestern.edu



CLINICAL STRENGTHS

- Abundant procedural training
- Inclusive clinical experiences
 - Diverse patients, juvenile justice, eating disorders, college health, teen pregnancy, substance use, and more!
- Flexible, customizable scheduling
- 18 weeks of phone call per year
- One main physical location
- Faculty with wide breadth of experiences
- Ample teaching and advocacy opportunities



ACADEMIC OPPORTUNITY

- Research options
 - Program Director is a researcher
- Mentorship & enrichment guidance
- Potential for advanced degrees
- Teaching & advocacy training

1) The Program:

<https://www.utsouthwestern.edu/departments/pediatrics/divisions/developmental-behavioral/fellowship/adolescent-medicine/>

2) Dallas Life:

<https://www.utsouthwestern.edu/education/students/dallas/>

3) Salaries and Benefits (see UT Southwestern Sample Contract):

<https://www.utsouthwestern.edu/education/graduate-medical-education/fellowships/>

Indiana University Adolescent Medicine Fellowship

- Large, vibrant, multidisciplinary division
- 1-2 fellows per year
- Pediatrics, family medicine, internal medicine, med-peds

Program Highlights:

- Children's hospital consult service & subspecialty clinics
- General adolescent clinic in FQHC & community sites
- Opportunity for a master's degree (MS, MPH, MEd) and research support!
- LEAH Program
- Individualized career goals (multiple pathways)
- Gender health, LARCs, and all options pregnancy counseling



Scan QR Code for
FAQs on Gender
Health and
Reproductive
Health and more!



Rachel Katzenellenbogen, MD
Program Director
rkatzene@iu.edu



Nomi Sherwin, MD, MS
Associate Program Director
nsherwin@iu.edu



Erika Naylor
Program Coordinator
ernaylor@iu.edu





Baylor College of Medicine Adolescent Medicine Fellowship

1 - 2 fellows per year
(peds, med/peds, fam med trained)

LEAH program with interdisciplinary faculty and fellows (medicine, psychology, nursing, social work, nutrition, and public health)

Curriculum Overview

Over the three years, nearly 50% of the curriculum is dedicated to research/scholarly activity, the remainder is split between clinical, teaching, administration, and leadership development.



Program Director
Albert Hergenroeder, MD
alberth@bcm.edu



Associate Program Director
Meghna Raphael, MD
msebasti@bcm.edu



- Clinical training includes:
 - Inpatient and outpatient eating disorders
 - Obesity management
 - Care of unhoused youth
 - School based clinical care
 - Reproductive health
 - Opportunities for individualized electives – sport medicine, transition medicine, juvenile detention, gyn, and HIV care
- Research training opportunities include:
 - Optional: Advanced degree training i.e. masters
 - Chronic illness and transition
 - Eating disorders
 - HIV prevention & PrEP
 - Sexual health and risk prevention

Meet the SAHM Student-Trainee Council

Come join our break-out room for a general fellowship Q&A session and to learn about the application process! ALL subspecialties are welcome!

Our team

Janis Sethness, MD, MPH



Windy Grant, MD



Colbey Ricklefs, MD



Jenny Schanzle, DO



Marian Catalan, DO



Alexandra Burnett, MD



Courtney Franceschi, MD



Seattle Children's Hospital University of Washington Adolescent Medicine Fellowship

Structure

- First year is clinically focused
- Years 2-3 individualized, with option for more research/coursework

Rotation sites/types

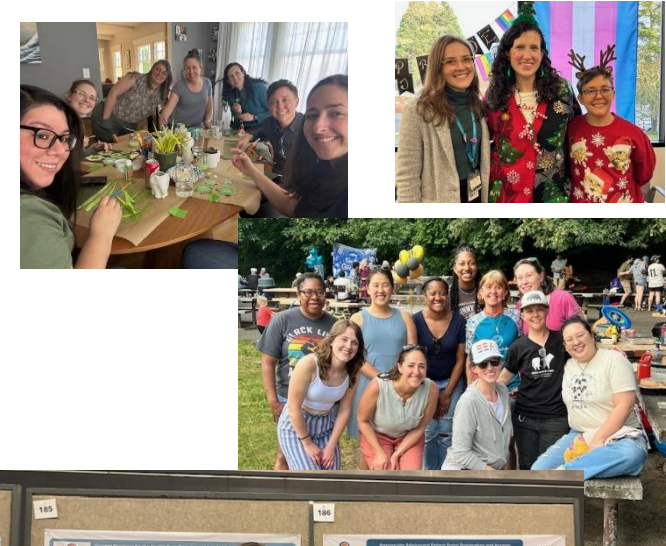
- Seattle Children's Hospital: Adolescent Clinic (Reproductive health, LARC clinic, Gender-affirming care, Eating Disorders), Gynecology, Sports Medicine, Inpatient Consults
- Community Rotations: School-Based Health, Community Primary Care (OBCC), Kaiser Permanente HMO Clinic, Juvenile Detention, Eating Recovery Center (ERC), Harborview STD clinic, Substance Use clinic.

Other information

- LEAH Program
- Serves a 4-state region (Washington, Alaska, Montana, Idaho)
- Diverse population economically, in terms of race/ethnicity, and rural/urbanicity
- Opportunity to obtain MPH or MS, gain excellent research and teaching skills
- Partnerships with multiple T32 fellowships for research-bound fellows
- See each fellow as an individual, tailor second and third year to specific goals
- Absolutely beautiful Pacific Northwest! Ample opportunities for outdoor adventures of all types: hiking, kayaking, camping, snowshoe/cross-country skiing and more... !

Program Leadership

- Program Director – Sarah Golub, MD MPH sarah.golub@seattlechildrens.org
- Associate Program Director – Kym Ahrens, MD MPH – kym.ahrens@seattlechildrens.org
- Program Coordinator – Diana Wells – diana.wells@seattlechildrens.org



Seattle Children's®
HOSPITAL • RESEARCH • FOUNDATION

University of Rochester Adolescent Medicine Fellowship

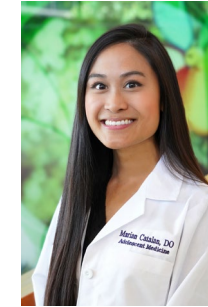
- Nurturing environment that highly values our fellows and their feedback, **emphasizes personal and team wellness**, embraces diversity, and participates in antiracism initiatives
- One of the **first adolescent medicine fellowship programs**; UR is the home of the biopsychosocial model of health care
- Location: urban, suburban and rural settings; culturally and geographically diverse patient population
- We provide **strong interprofessional clinical training** in our hospital-based subspecialty clinic on gender health, eating disorders, and reproductive health.
- **Close relationships with community partners** including Planned Parenthood, school-based health centers, university health services, the county STD clinic, substance use disorder treatment programs, & the juvenile justice system providing unique training opportunities.
- **Flexible, individualized curriculum** allowing fellows to choose and create their own electives and participate in individualized pathways in QI, advocacy, ethics, or health policy.
- **Scholarly Activity & QI Projects:** Option to pursue your own interests or work with a faculty member on an ongoing project
- **95% Tuition Waiver** for advanced degree programs such as MPH, Masters in Health Professions Education, Executive MBA



Alexandra Fayne, MD
3rd Year Fellow



Amy Wright, DO
2nd Year Fellow



Marian Catalan, DO
1st Year Fellow



Susan "Shellie" Yussman, MD, MPH
Program Director

"Our program places great emphasis on educating fellows who are not only good clinicians, but also good teachers, good communicators, engaged members of society, advocates, and well-balanced humans."
- Former Fellow

Learn more about our [Program](#) Learn more about [Rochester, NY](#)



FACULTY, FELLOWS AND STAFF

- 4 current fellows; 1-2 fellows per year
- Interdisciplinary care model
 - Medical providers (9 physicians, 5 APPs)
 - Nurses and medical assistants
 - Behavioral health professionals
 - Dietitians

PROGRAM HIGHLIGHTS

- Supportive large hospital system
 - Largest pediatric gender-care clinic in the US
 - Confidential, grant-funded sexual healthcare
- Wide range of electives to fit your interests!
 - Ped/Adolescent Gyn, Child Psychiatry, Sports Medicine, ACUTE (Adult Eating Disorder ICU), STEP (Adolescent Substance Use), Lifestyle Medicine, etc.
- Rocky Mountain SAHM Leadership and Advocacy opportunities
- Working with residents as both colleagues and learners
- Multi-level mentorship opportunities

PROGRAM STRUCTURE

- Year 1: 60-70% clinical, 30-40% research/admin
- Year 2: 50% clinical, 50% research/admin
- Year 3: 30-40% clinical, 60-70% research/admin
- Hospital Call: one week per month
- Research project/Quality Improvement project
- Protected weekly Academic Half-Day

CLINICAL SPACES

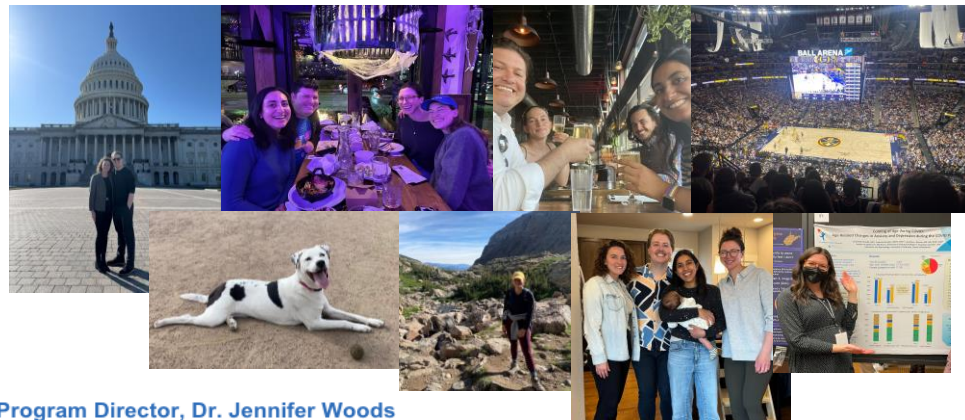
- Adolescent Medicine Clinic (Primary Care/Consults)
- BC4U (Title-X funded Family Planning)
- TRUE Center for Gender Diversity
- Complex Diagnosis Clinic (Chronic fatigue, PoTs)
- Inpatient Consult Service
- Eating Disorder Program (PHP)

JOIN US



AURORA, DENVER AND BEYOND

- Everchanging food and drink scene (multicultural grocery stores, food trucks, James Beard and Michelin Star nominees, breweries)
- Arts & Culture (Denver Art Museum, Colorado History Center, Children's Museum, Nature and Science, Molly Brown House)
- Sports (Nuggets, Avalanche, Broncos, Rockies, Rapids, Mammoth)
- Music (Red Rocks Amphitheater, Ball Arena, Ogden Theater, Colorado Symphony Orchestra, Mission Ballroom)
- Hiking, biking, rafting, camping, climbing, skating, you name it!



Program Director, Dr. Jennifer Woods
Program Coordinator, Margaret Swift