APPD SEEK One-Year Survey Summary Report : Entry # 8031

Principal Investigator (first/last, credentials)

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Survey Title

Conscientious Objection to Gender-Affirming Care in U.S. Pediatric Residencies

Date survey distributed to APPD membership (Month/Year)

September-October 2023

Portion of APPD membership surveyed (i.e. Program Directors, Associate Program Directors, Program Coordinators)

Associate Program Directors

Response rate (i.e. percentage; xxx/xxx)

46

Summary of main findings (1-3 paragraphs)

The survey was completed by 84 of 182 (46%) eligible pediatric residency programs. Survey participants comprised all geographic regions (West 14.3% (n=12), Midwest 29.8% (n=25), Northeast 26.2% (n=22), and South 29.8% (n=25)). No geographic differences were identified between responders and non-responders.

Most programs engaged in formal didactic training (n=66, 79%) and direct clinical exposure (n=57, 68%) to gender-affirming care, yet few programs (n=7, 8%) endorsed institutional objection policies at the time of our survey. Four programs (5%) encountered trainee (n=3, 75%) or faculty (n=1, 25%) objections to gender-affirming care, none of which had an objection policy in place. Leadership at programs with objection policies reported significantly increased confidence in addressing future incidents of objection, compared to those without a policy (p<0.01). Programs who were uncertain of institutional policy status were excluded from this analysis due to ambiguity of response.

More than two-thirds of participating programs had didactic or clinical exposure to gender-affirming care and objection events occurred at comparatively higher rates than suggested by the current literature, which comprises a singular report of pediatric resident objection to gender-affirming care. These data suggest that pediatric residencies should consider conscientious objections to gender-affirming care as a rare, but plausible event, and prepare to contend with these ethically complex scenarios. Ethicists also postulate that objection policies may protect patients from discrimination, ensure patient access to timely and culturally competent care, and reinforce physician autonomy.

Presentations

Eble DJ, Arteaga R, Roblee CV, et al. Qualitative Analysis of Program Director Perspectives on Conscientious Objection to Gender-Affirming Care in the United States. World Professional Association for Transgender Health Scientific Symposium. Lisbon, Portugal. September 25-30, 2024. [Podium Presentation]

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Publications

Eble DJ, Nguyen AL, Roblee CV, et al. Conscientious Objection to Gender-Affirming Care in U.S. Pediatric Residencies. Journal of Adolescent Health. October, 2024. [In Submission]