

Children's Mercy Kansas City Adolescent Medicine Fellowship

<https://www.childrensmercy.org/professional-education/training-programs/fellowship/adolescent-medicine/>

Program Highlights:

- Small individualized program.
- Subspecialty training with continuity clinics in Adolescent Specialty Clinic and Eating Disorder Center.
- Diverse faculty with varied interests and expertise.
- High volume of LARC procedures.
- Title X grant funding
- Participation in multidisciplinary gender affirming care clinic.



CMKC Fellowship Highlights:

- Funding for certificate or master's in pediatric bioethics, health professions education, public health, or bioinformatics and clinical research.
- Internal grant funding and grant writing support for fellow research.
- Excellent work-life balance and hospital-sponsored wellness support.

Program Director: Andrea Nos, MD, MHPE

Email: alnos@cmh.edu



Program Coordinator: Sarah King, MS, C-TAGME

Email: srking@cmh.edu



The **Division of Adolescent and Young Adult Medicine at Children's Hospital Los Angeles** was established in 1963, training adolescent medicine fellows and producing experts in the field since 1967.

Our fellowship program features an interdisciplinary, bio-psychosocial model of care, and offers fellows a unique, rich cultural experience featuring gender care, specialty training, eating disorders, inpatient care, etc. via numerous community based programs and outpatient care training sites, such as LA Job Corp, My Voice, Covenant House, Planned Parenthood LA, and more. Our Division has also been awarded a renewed Leadership Education in Adolescent Health (LEAH) grant from the Maternal and Child Health Bureau, making it one of only seven LEAH programs nationwide. Our LEAH curriculum provides interdisciplinary leadership training in adolescent health and offers didactic and project-based modules on structural racism and its impact on the 5 LEAH disciplines: medicine, nursing, nutrition, psychology, and social work.

We focus on comprehensive health care and programming that is client-directed, sex-positive, and celebrates that young people have the agency to make health decisions for themselves and their children.

We *believe* in the importance of working toward sustainable improvements and growth that support equity and anti-oppression; address health disparities caused by systems informed by white supremacy; and support the overall health and well-being of young people, specifically Black, Indigenous and Youth of Color (BIYOC).

To learn more, please visit our webpage: [Adolescent Medicine Fellowship | Children's Hospital Los Angeles \(chla.org\)](https://www.chla.org/adolescent-medicine-fellowship)

For any specific and further questions, please contact Dr. Jonathan Warus (jwarus@chla.usc.edu) or Dr. Michele Roland (mroland@chla.usc.edu)



LEAH Fellowship Program

- Mission: to train leaders in Adolescent Health including in research, medical education, and health policy
- Clinical Experiences
 - Adolescent and Young Adult Clinic: primary and subspecialty care (eating disorders, menstrual issues, contraception, etc.)
 - Inpatient Eating Disorder Service & General Adolescent Consults
 - Electives: Addiction Medicine, Gender Medicine, Family Planning, Psychiatry, Adolescent Gynecology, Sports Medicine, College Health
- Research
 - 35% to 55% research time per year, increasing annually
 - More NIH funding than any other public institution
 - Formal training/course work for those interested in being leaders in medical education and research.
- Other Fellowship Information
 - LEAH program
 - 1 to 3 Fellows per year
 - Diverse urban population
 - Focus on fellows' wellness with regular formal support groups
 - San Francisco is in the 60s to 70sF year-round with great access to national parks and urban cultural centers
 - Program Director: Marissa Raymond-Flesch, MD, MPH, Marissa.Raymond-flesch@UCSF.edu

Adolescent Medicine Fellowship Program

Children's Hospital at Montefiore/Albert Einstein

- **2 Fellows per year/cycle**
- **Structure:**
 - 1st year: 5 - 6 weeks of inpatient service, 5 clinic sessions at CHAM PASS/week, school health
 - 2nd & 3rd year: 6-8 weeks of inpatient service, 2-3 clinic sessions/week at CHAM PASS, college health, electives
 - Dedicated research and academic studies scheduled, including protected research time
 - Numerous teaching opportunities (clinical, didactic, case based)
- **Rotation Sites/Types:**
 - **Main Hospital/Site:** Children's Hospital at Montefiore, Bronx, NY (Inpatient & Consults)
 - Gynecology & Reproductive Care (including Medically Complex Youth)
 - Long-Acting Reversible Contraception Clinic
 - Young Men's Health
 - Gender-Affirming Care
 - Eating Disorders
 - Healthy Lifestyle
 - **Community Sites:** school-based health (high school & college campuses), non-domiciled youth, youth in foster care
- **Other Fellowship Information:**
 - Mainly urban, minoritized, underserved population in NYC area (Bronx, Brooklyn, Manhattan, Queens), Westchester, Rockland, Dutchess Counties, Northern NJ
 - Other opportunities include: Addiction Medicine Mentored Training Program, Advocacy Track, MS (Clinical Research Training Program through Albert Einstein), MPH (through Albert Einstein), Innovation Biodesign Training Program (through Montefiore/Einstein)
- **Contact:** Program Coordinator: Melissa Diaz, 718-920-6781, meldiaz@montefiore.org
 - Program Director: Elizabeth Alderman, MD ealderma@montefiore.org
 - Associate Program Director: Melissa Menezes, MD mmenezes@montefiore.org



**Check out our
virtual tour!**



Children's National Hospital

Adolescent Medicine Fellowship

- Located in beautiful, vibrant Washington, DC!
- Our Medical Team: Up to 5 fellows, 5 Adol Med core faculty, 2 affiliate Adol Med faculty, 2 Gen Peds faculty, a wonderful team of 6 APP's and growing!
- We offer multidisciplinary team-based care throughout the DMV area delivered in newly designed and updated clinical spaces offering robust primary and subspecialty care services.
 - Specialty outpatient clinical opportunities in eating disorder care, LARC clinic, sexual health services including PrEP, sports medicine, gender-affirming care (Youth Pride Clinic), school based health (2 SBHC's), college health, substance use disorder and more.
- Inpatient academic team and consultation service offers subspecialty management of substance use issues (e.g. withdrawal or CHS), eating disorders, sexual health needs (e.g. PID), non-surgical gyn (e.g. AUB, dysmenorrhea), and contraceptive management.
- Advanced educational opportunities through George Washington University (MPH, M.Ed.), currently with FULL tuition benefits.
- Research Instructor appointment at George Washington University, Department of Pediatrics.

Program Director: Martha Perry, MD mfperry@childrensnational.org

Program coordinator: Angela Ellis- aellis@childrensnational.org



Current fellows: Dara Jackson & Ana Patricia Torga (PGY-4); Incoming Fellow: Yash Shaw



Adolescent Medicine Fellowship Program

Program Director: Rebecca Beyda, MD, MS Associate Program Director: Asha Davidson, MD, MPH

Program Overview

- Two fellows- One available spot
- ACGME accredited 3-year program
- Fellowship program is set within one of the largest medical centers in the world.
- Our program has a very strong primary care focus, but also the flexibility to allow fellows to find their niche within the field.
- Our faculty staffs four detention facilities where fellows see a large volume of patients; fellows also have a dedicated continuity clinic within the medical center in addition to an adolescent clinic at one of the county hospitals.
- Fellows have an opportunity to obtain either a master's in public health or clinical science and have protected time during the fellowship to accomplish this.
- Our faculty and former fellows have been very successful in conducting research, publishing manuscripts, and obtaining grant funding.

Clinics & Programs

- UT Physicians Adolescent Medicine Clinic
- Cleveland E. Odom (CEO) Pediatric and Adolescent Health Care Center
- UT Physicians Heights Adolescent Medicine
- UT Physicians Jensen
- Young Women with Bleeding Disorders Clinics
- UT Physicians Pediatric Center – The Woodlands
- UTHealth Houston Center for Eating Disorders
- Programs:
 - Weight Management Clinics
 - Juvenile Detention Centers

UT Physician Group



Sub-specialty Rotations

- Sports Medicine
- Addiction Medicine
- Endocrinology
- OB/GYN
- Dermatology
- Inpatient/Outpatient Psychiatry
- Inpatient Texas Children's Hospital



Adolescent Medicine Fellowship



• Structure:

- 1 Fellow/year
- 50% clinical overall with decreasing clinical time/increasing research time over course of training
- Longitudinal clinical experiences to enhance continuity and learning

• Clinical Experiences:

- Adolescent Medicine inpatient and consultative service (average census 3-5 patients)
- Adolescent Primary Care clinic
- Dedicated outpatient subspecialty clinics: GYN, BC4Teens, Gender Care, Substance/STAR, Eating Disorders
- Community Sites: Juvenile Intervention Center, STAR House (homeless youth)
- Popular Electives: Sports Medicine, Psychiatry, HIV clinic, Endocrinology, Healthy Weight/Bariatric program

• Additional Information:

- Division of Adolescent Medicine with 10 faculty, 3 APNs and multidisciplinary clinical staff
- 1:1 or 1:2 attending-to-fellow ratio in subspecialty clinics
- Opportunity to obtain masters degree in medical science, public health, or biomedical education
- Paid membership to SAHM, AAP/Section of Adolescent Health, NASPAG



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Adolescent Medicine Fellowship



- Located in Columbus, Ohio
- 15th largest city in the United States with the largest young professional networks in the country
- Columbus is recognized for its neighborhoods ranging from historic to hopping, for its fabulous casual and fine dining venues, shopping experiences, museums, zoo, and more
- If you are a sports enthusiast, there is no offseason in the Columbus area with a wide variety of events and venues. Columbus is home to the NHL Columbus Blue Jackets, MLS Columbus Crew, MiLB Columbus Clippers, and The Ohio State University Buckeyes



Contact Information

Cynthia Holland-Hall, MD, MPH
Fellowship Director

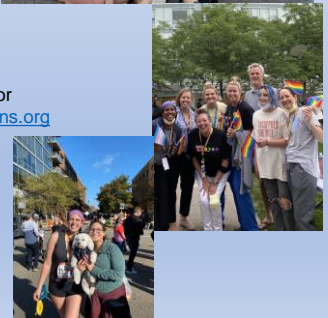
Cynthia.Holland-Hall@NationwideChildrens.org

Maria Ash, MD, MA(Ed)
Associate Program Director

Maria.Ash@NationwideChildrens.org

Current Fellows

Kristin Reilly, MD – PGY-6 (Kristin.Reilly@nationwidechildrens.org)
Amy Zawacki, MD – PGY-5 (Amy.Zawacki@nationwidechildrens.org)
Anna Carleen, MD – PGY-5 (Anny.Carleen@nationwidechildrens.org)
Jordi Friese, MD – PGY-4 (Jordi.Friese@nationwidechildrens.org)



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UIC/Cook County Adolescent Medicine Fellowship Program



Felicia Scott-Wellington, MD
Interim Program Director



Karen Simpson, MD
Associate Program Director



Program Highlights

- 3-year ACGME fellowship that includes robust clinical curriculum and opportunities for scholarship and advocacy

Program Culture

- Intimate program setting which allows for strong collaborative relationships between faculty and fellows and flexibility in tailoring curriculum to meet educational goals

Institution Culture

- Minority serving institution with a focus on diversity in an urban setting
- Mission-driven program caring for a largely vulnerable patient population
- Funding support to present research at national meetings

Geographic Culture

- Both UIC and Stroger are located in the heart of Chicago with a thriving cultural scene, vibrant street art and an amazing selection of restaurants
- Chicago provides outdoor activities, sports entertainment, parks, festivals and restaurants in all 4 seasons

Curricular Highlights

- Clinical experiences: school-based health centers, adolescent psychiatry inpatient, joint med-psych outpatient, eating disorders, juvenile detention clinics, family planning, sports medicine, obesity treatment, trauma, and violence prevention.
- Continuity Clinics: CCHHS Adolescent and Young Adults Clinic, UIC Adolescent Clinic, and opportunities for additional longitudinal experiences in 2nd and 3rd year
- Weekly Collaborative Didactic Lectures twice a week
- Scholarly Research Mentorship
- Board Preparation

Career Preparation:

- 14% Non-Academic Positions
- 86% Academic Positions

Faculty:

- Felicia Scott-Wellington, MD
- Sadhana Dharmapuri, MD
- Maureen McLachlan, APRN
- Tatia Hardy, MD

Program Coordinator:

Adriana Gasca

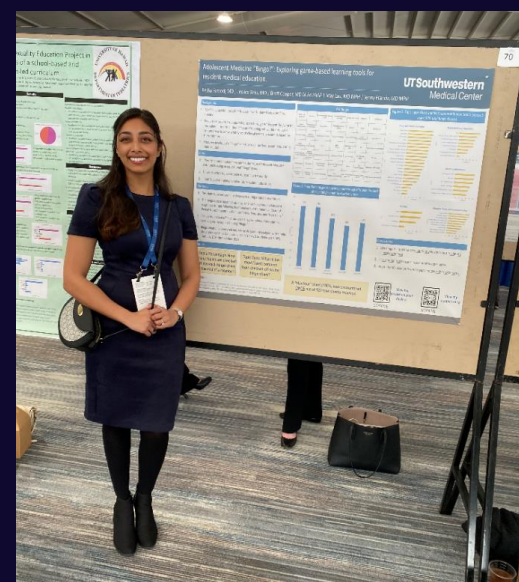
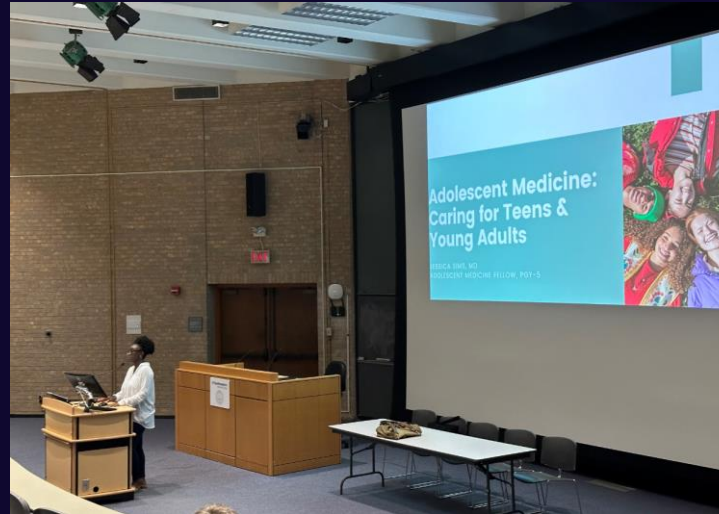
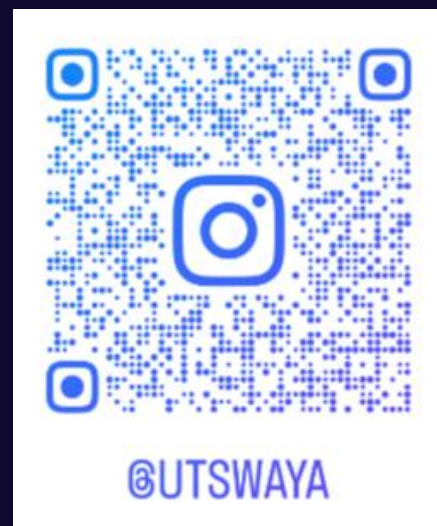
More Information:

Email: agasca2@uic.edu

[Adolescent Medicine Fellowship](#) | [Chicago Medicine \(uic.edu\)](#)

Adolescent Medicine Fellowship at UT Southwestern Dallas, TX

Program Director: Jenny Francis, MD, MPH
Jenny.Francis@UTSouthwestern.edu



CLINICAL STRENGTHS

- Abundant procedural training
- Diverse clinical experiences
 - Diverse patients, juvenile justice, eating disorders, college health, teen pregnancy, substance use, and more!
- Flexible, customizable scheduling
- 18 weeks of phone call per year
- One main physical location
- Faculty with wide breadth of experiences
- Ample teaching and advocacy opportunities



SCHOLARSHIP OPPORTUNITY

- Research opportunities
 - Program Director is a researcher
- Mentorship opportunities
- Potential for advanced degrees
- Diversity opportunities

1) The Program:

<https://www.utsouthwestern.edu/departments/pediatrics/divisions/developmental-behavioral/fellowship/adolescent-medicine/>

2) Dallas Life:

<https://www.utsouthwestern.edu/education/students/dallas/>

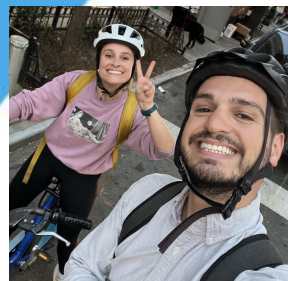
3) Salaries and Benefits (see UT Southwestern Sample Contract):

<https://www.utsouthwestern.edu/education/graduate-medical-education/fellowships/>

Adolescent Medicine Fellowship at Mount Sinai

Come train with us in New York City caring for the underserved!!

- The **Adolescent Health Center (AHC)** is a large stand alone Adolescent Clinic providing for adolescents and young adults (10-26 yo)
- Committed to **health equity** and **social justice** providing free and confidential care to our NYC Community through a unique healthcare model with **philanthropic** and **grant** based funding with the support of a major academic health system
- 3 Adolescent Fellows (1 per year), with energetic faculty and staff
- Excellent training and **continuity** in both **primary** and **subspecialty** adolescent care
- Gender Affirming / LGBTQ+ Care, LARC, STIs, Teen Parent Program, Eating Disorder, Mental Health, College and School-Based Health, Walk-In Clinic
- Onsite Psychologists, Psychiatrists, Health Educators, Same Day Social Work
- Weekly Didactics and Educational Opportunities
- Located on 94th and 2nd Ave - **Right off Q-Train**
- Follow us on Instagram: [@adhealthcenter](#)
- Program Contacts:
 - PD - Sharon.Edwards@mountsinai.org
 - PC - Ivette.Mendez@mssm.edu



**Mount
Sinai**

Kravis Children's Hospital

University of Alabama at Birmingham (UAB) Heersink School of Medicine Adolescent Medicine Fellowship Program



Children's
of Alabama



Primary and Subspecialty Care

- Adolescent primary care
- Eating disorders
- Substance abuse
- Gender health
- Adolescent gynecology
- Menstrual disorders
- HIV management
- Healthcare for legally involved youth
- College health
- Sports medicine
- Psychiatry
- Endocrinology
- Weight management

Leadership Education in Adolescent Health (LEAH)

- one of eight programs nationally

Advocacy Training

Core Fellowship Curriculum

Fellows Research Roundtable

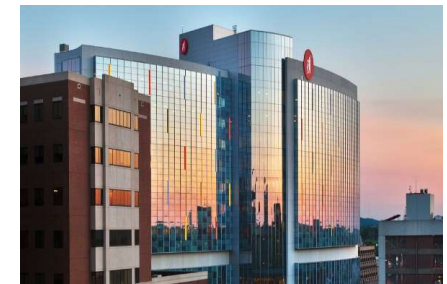
Mini Quality Academy

Mini Health Disparities Academy

Health Equity Scholars Program

Obtain a Graduate Degree or Certificate Programs

- Public Health
- Healthcare Quality and Safety
- Healthcare Simulation
- Business Administration
- Mentoring and Leadership
- Applications of Mixed Methods Research
- Research Communication



Children's of Alabama, the only
free-standing children's hospital
in the state

**UAB named
one of
AMERICA'S BEST
In-State
Large Employers**

—Forbes

For more information, email bembry@uabmc.edu

Meet the SAHM Student-Trainee Council

Come join our break-out room for a general fellowship Q&A session and to learn about the application process! ALL subspecialties are welcome!



Scan the QR code to learn about the roles of the SAHM Student-Trainee Council

Our team

Janis Sethness, MD, MPH



Windy Grant, MD



Colbey Ricklefs, MD



Marian Catalan, DO



Jenny Schanzle, DO



Claire Kim, MD



Indiana University Adolescent Medicine Fellowship

- Large, vibrant, multidisciplinary division
- 1-2 fellows per year
- Pediatrics, family medicine, internal medicine, med-peds

Program Highlights:

- Children's hospital consult service & subspecialty clinics
- General adolescent clinic in FQHC & community sites
- Opportunity for MS or MPH
- LEAH Program
- Individualized career goals
- Program will continue to include gender health and all options pregnancy counseling



Scan QR Code for
FAQs on Gender
Health and
Reproductive
Health and more!



Rachel Katzenellenbogen, MD
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Nomi Sherwin, MD, MS
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Erika Naylor
Program Coordinator
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Medical College of Wisconsin Children's Wisconsin Adolescent Medicine Fellowship



Kids deserve the best.

THE DIVISION OF ADOLESCENT MEDICINE OFFERS A
3-YEAR, ACGME-ACCREDITED FELLOWSHIP PROGRAM
FOR SUBSPECIALTY RESIDENTS

About our Fellowship: <https://www.mcw.edu/admedfellow>

About Milwaukee: <https://www.visitmilwaukee.org>



CONTACT US

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Photo by Visit Milwaukee

