

**APPD RSLC One-Year Survey Summary Report :
Entry # 6417**



Principal Investigator (first/last, credentials)

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Survey Title

The National Landscape of Pediatric Residency Coaching Programs

Date survey distributed to APPD membership (Month/Year)

September 2022

Portion of APPD membership surveyed (i.e. Program Directors, Associate Program Directors, Program Coordinators)

Program Directors

Response rate (i.e. percentage; xxx/xxx)

45.9

Summary of main findings (1-3 paragraphs)

46% (84/183) Association of Pediatric Program Directors (APPD)-member programs responded. 40.5% (34/84) reported having a program currently, and 27.4% (23/84) reported considering program development. First-year residents are most commonly coached; however, most programs coach residents at multiple training levels. In most programs (79%, 27/34), attending physicians serve as coaches, while 41% (14/34) utilize residents, fellows, or non-physicians as coaches. Top goals of coaching programs include skill development in professionalism (73.5%, 25/34), communication (67.6%, 23/34), and clinical care (64.7%, 22/34). Wellbeing promotion and remediation were goals in 58.8% (20/34) and 50% (17/34) of programs, respectively. Programs perceive benefit from enhancement of resident performance, early support for resident who may be struggling, community-building and increased engagement between faculty and residents, and growth mindset promotion. Primary challenges facing both established and developing coaching programs included availability of time, funding, faculty, professional development activities, and faculty burnout.

Presentations

Poster presented at:

2023 Mar 30; Association of Pediatric Program Directors (APPD) 2023 Annual Spring Meeting, Atlanta, GA.

2023 Apr 28; Pediatric Academic Societies (PAS) 2023, Washington, DC.

Upcoming poster presentation:

2023 Oct 20 – 21; Royal College's International Conference on Residency Education (ICRE), Halifax, Nova Scotia, Canada.

Publications

Manuscript in progress.