# Strolling Through the Fellowship Match: Review of MyERAS Updates

Presented by Dr. Zuri Hudson, Dr. Rebecca Wallihan, Dr. Alan Chin, Dr. Hayely Gans, Melissa Bales C-TAGME, and Dr. Megan Aylor on behalf of the APPD Fellowship Recruitment Action Team

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- We have no conflicts of interest to disclose

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# Session Objectives

- Understand the upcoming MyERAS application updates for fellowship applicants
- Review lessons learned from categorical residency program leaders during the 2023 cycle
- Develop a plan for completing your MyERAS application

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# Goals for Updating the MyERAS Application



**Update questions on the ERAS application to reflect current context**



**Help applicants share more information about themselves and their medical education journey**



***Drive holistic review in a high-volume application context* by providing better information about applicants':**

- Experiences
- Geographic information
- Interest via program signals

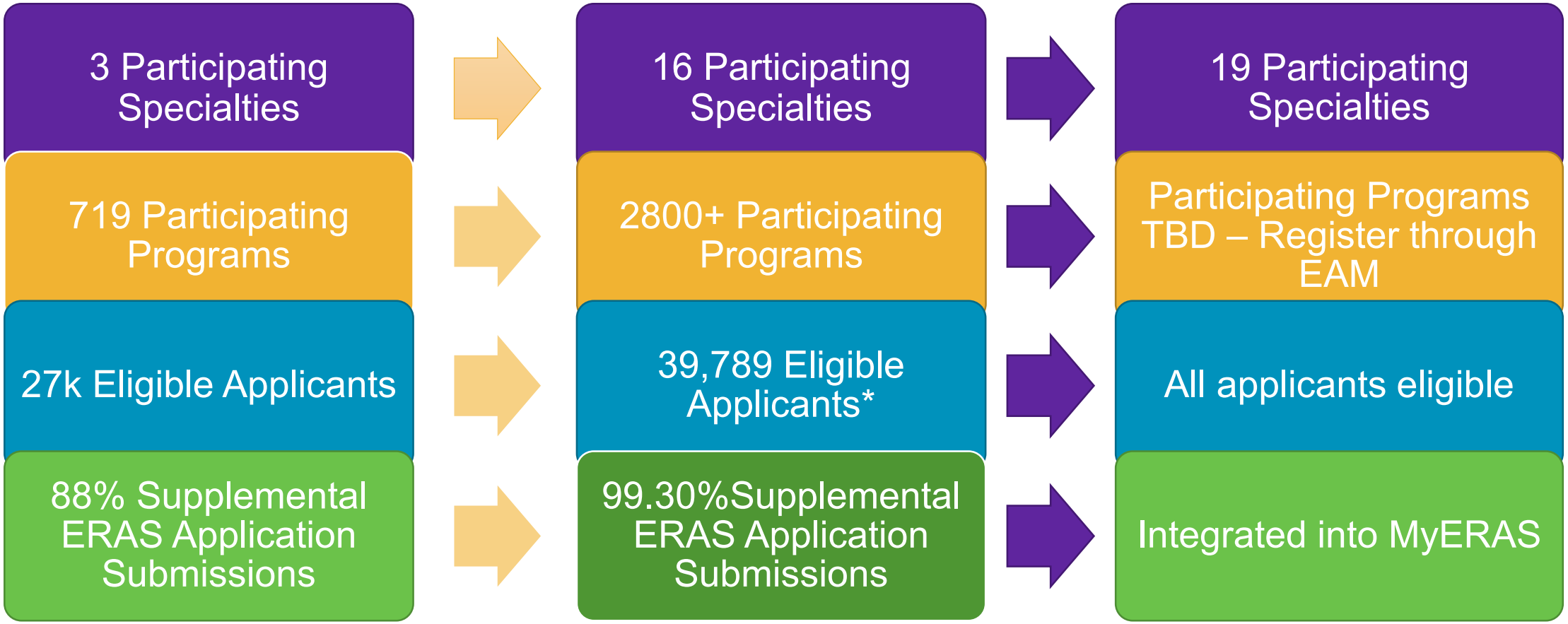
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# Supplemental ERAS Application

## 2022 Cycle vs 2023 Cycle

# MyERAS

## 2024 Cycle




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# Changes in MyERAS for the 2024 Cycle

## Residency Applicants

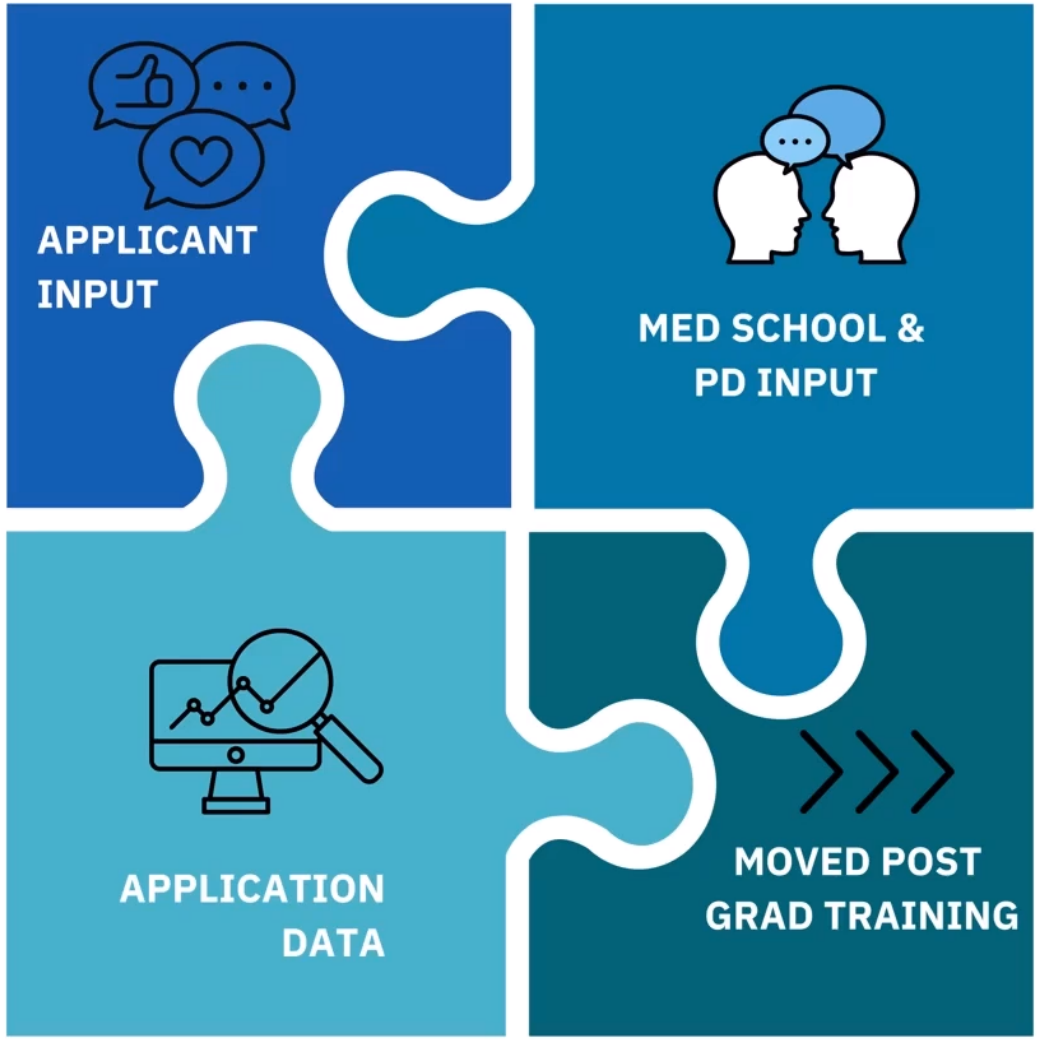
- Updated Experiences
- New Geographic Info
- Adding Program Signals*

## Fellowship Applicants

- Updated Experiences
- New Geographic Info

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## FOCUS GROUPS

Medical school advisors and program directors discussed how applicants feel pressure to focus on the quantity over quality of experiences.

Agreed that limiting number of experiences helps focus an applicant's time & energy, allowing them to clearly and concisely communicate to programs who they are, what they are passionate about, and what is most important to them.

## ERAS APPLICATION DATA

ERAS application data from prior application cycles showed that applicants entered on average 15 experiences into their MyERAS application.

## POST GRAD TRAINING MOVED

Postgraduate training is now included in the Education section of the updated ERAS application, so those experiences should no longer be listed in the Experiences section.

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# Updated Experiences in MyERAS for 2024

- Applicant can enter up to 10 experiences
- Identify 3 most meaningful experiences
- More experience types
- Improved collection of experience fields

- New mission-focused characteristics
  - Setting, Focus Area, Key Characteristics

- New Short Descriptions
  - Context, role, and responsibilities (750 char)
  - Meaningful experiences (300 char)
  - Impactful experiences (750 char)

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# New Experiences – 2024 MyERAS Application

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Electronic Residency Application Service®

## All Applicants



### Selected Experiences (up to 10)

- Provide descriptive information.
- As applicable, select experience type, primary focus area, and key characteristic.
- Briefly describe activities, responsibilities, and context.



### Meaningful Experiences (up to 3)

- From selected experiences, identify up to 3 meaningful.
- Write short essay reflecting on experience and explain *why* it was meaningful and *how* it influenced you.

## If Applicable



### Impactful Experience

This question is intended for applicants who have overcome major challenges or obstacles.

- Family background
- Financial background
- Community setting
- Educational experiences
- Other general life circumstances

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## Experiences

Please identify and describe up to 10 experiences that communicate who you are, what you are passionate about, and what is most important to you.

**Entry 1**

Organization*

Experience Type*

Position Title*

I am currently working in this role

Start Date*

End Date*

Country*

State/Prvince*

City*

Postal Code*

Participation Frequency

Setting

Primary Focus Area

Key Characteristics

Context, Roles and Responsibilities:
*750-character limit*

- Education/training
- Military service
- Professional organization
- Extracurricular activity, club, hobby
- Research
- Teaching/mentoring
- Volunteer/service/advocacy
- Work

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# Mission-Focused Drop-Down Selections

| Experience Type | Primary Focus Area | Key Characteristics |
|---|---|---|
| • Work<br>• Research<br>• Volunteer/Service/Advocacy<br>• **Education/Training**<br>• **Military Service**<br>• **Other Extracurricular Activity, Club, or Hobby**<br>• **Professional Organization**<br>• **Teaching/Mentoring** | • Basic science<br>• Clinical/translational science<br>• Community involvement/outreach<br>• Customer service<br>• Healthcare administration<br>• Improving access to healthcare<br>• Medical education<br>• Music/Athletics/Arts<br>• Promoting wellness<br>• Public health<br>• Quality improvement<br>• Social justice/advocacy<br>• Technology | • Communication<br>• Critical thinking and problem solving<br>• Cultural humility and awareness<br>• Empathy and compassion<br>• Ethical responsibility<br>• Ingenuity and innovation<br>• Reliability and dependability<br>• Resilience and adaptability<br>• Self reflection and improvement<br>• Teamwork and Leadership |

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# 3 Meaningful experiences

- 300 additional characters
- Opportunity to expand on why an experience was meaningful
  - Highlight values/passions
  - Resilience
  - Longitudinal commitments

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# Impactful experience

- 750 characters
- **Optional** opportunity to describe hardships or challenges
    - Family
    - Financial background
    - Community setting
    - Educational experiences
    - Life experiences

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# Geographic Preferences: Overview




## Goals for Geographic Preferences Section:

Provide a process for sharing geographic preferences that enhances accuracy and fairness.

Communicate the importance of geography for an applicant.

Provide an opportunity to share preferences for regions and location setting.

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# Geographic Preferences & Updates to 2024 MyERAS Application

All Applicants



**Geographic Preference Divisions (up to 3)**

- Select up to three geographic divisions; using US census divisions OR indicate no preference.
- Short description to provide explanation for each.



**Setting Preference**

- Indicate a degree of preference from urban to rural setting OR indicate no preference.
- Short description to provide explanation.
- Urban, urban/suburban, suburban, suburban/rural, rural.



**Location Standardization**

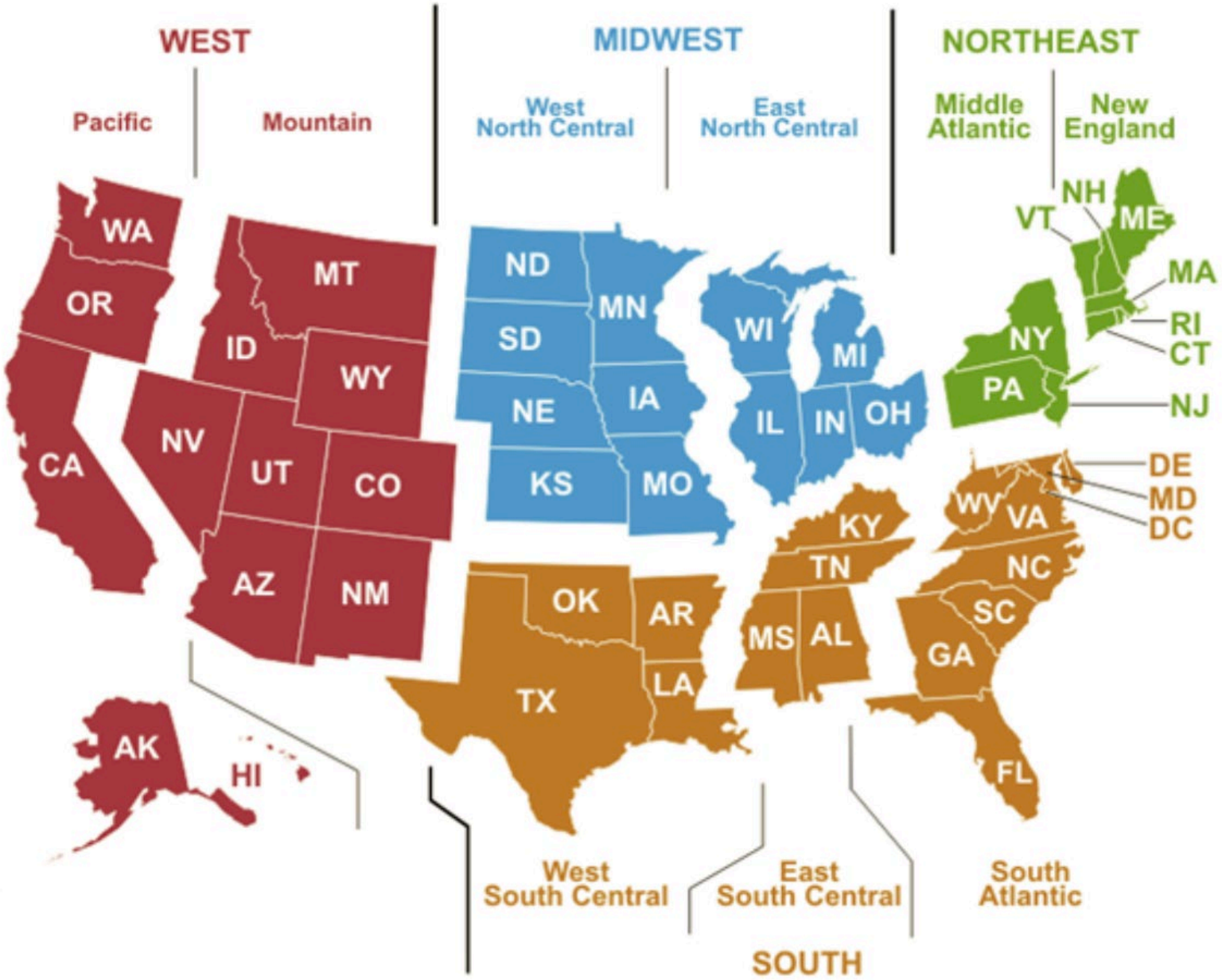
Standard Collection of all location information:

- Country
- State
- City
- Postal Code
- Setting

Applies to:

- Addresses
- Hometown(s)
- Experiences
- Education
- Training

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# Timeline

- June 7-ERAS opens
- July 5-July cycle fellowship applicants may begin submitting applications to programs
- July 19-programs may begin reviewing applications

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# For more information:

**Supplemental ERAS Application Data and Reports:**

SCAN ME

**What's New in the 2024 MyERAS Application**

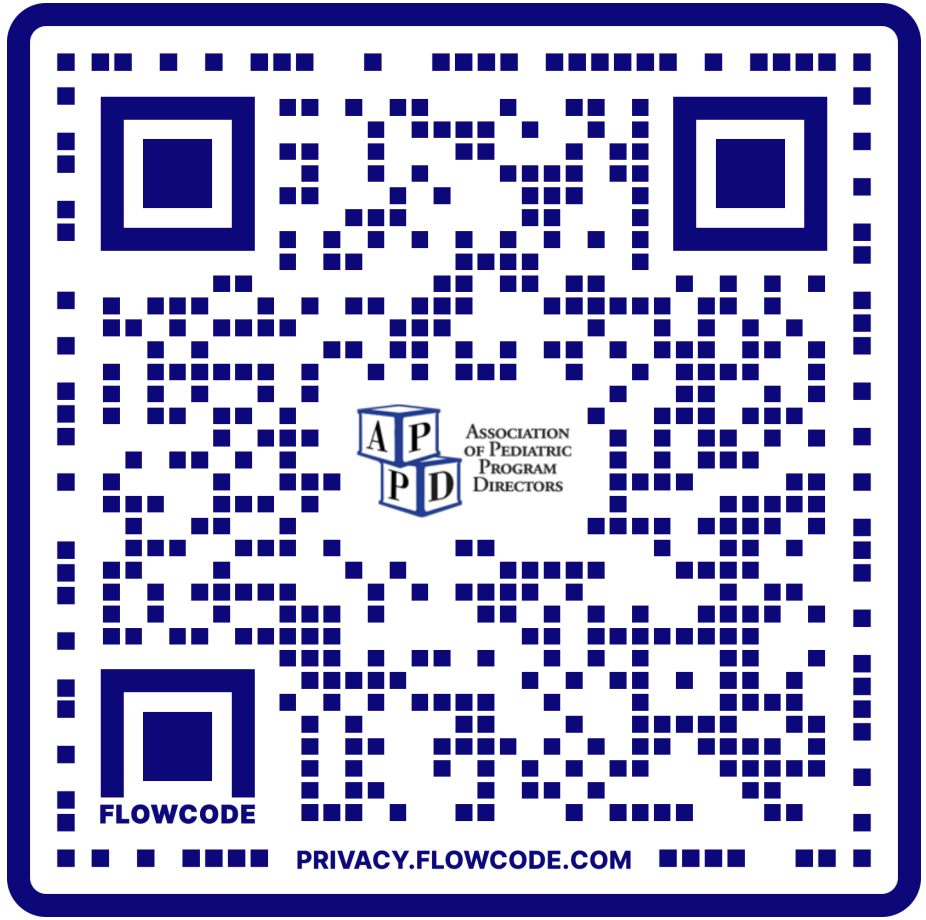
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**The MyERAS Application and Program Signaling for ERAS 2024**

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# APPD Recruitment Action Team Recommendations




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# Questions/Discussion

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