Children’s Hospital at Montefiore/Albert Einstein Adolescent Medicine Fellowship Program

- 2 Fellows per year/cycle
- Structure:
  - 1st year: 5 - 6 weeks of inpatient service, 5 clinic sessions at CHAM PASS/week, school health
  - 2nd & 3rd year: 6-8 weeks of inpatient service, 2-3 clinic sessions/week at CHAM PASS, college health, electives
- Rotation Sites/Types:
  - Main Hospital/Site: Children’s Hospital at Montefiore, Bronx, NY (Inpatient & Consults)
    - Gynecology & Reproductive Care (including Medically Complex Youth)
    - Long-Acting Reversible Contraception Clinic
    - Young Men’s Health
    - Gender-Affirming Care
    - Eating Disorders
    - Obesity Management
  - Community Sites: school-based health (middle/high school and college campuses), youth in foster care
- Other Fellowship Information:
  - Mainly urban, minority, underserved population in NYC area (Bronx, Brooklyn, Manhattan, Queens), Westchester and Yonkers, Rockland County, Dutchess County, Northern NJ
  - Other opportunities include MS (Clinical Research Training Program through Albert Einstein), MPH (through Albert Einstein), Innovation Biodesign Training Program (through Montefiore/Einstein)
- Contact: Program Coordinator: Nicoln Ortiz, 718-920-6781, niortiz@montefiore.org
  - Program Director: Elizabeth Alderman, MD ealderma@montefiore.org
  - Associate Program Director: Leslie Rosenthal, MD, MS lrosenthal@montefiore.org

Check out our virtual tour!
THE DIVISION OF ADOLESCENT MEDICINE OFFERS A 3 YEAR, ACGME-ACCREDITED FELLOWSHIP PROGRAM FOR SUBSPECIALTY RESIDENTS.

About the Fellowship:
https://www.mcw.edu/departments/pediatrics/divisions/adolescent-medicine/fellowship-program

About Milwaukee:
https://www.visitmilwaukee.org/events/

Contact us:
Program Director: M. Susan Jay, MD (sjay@mcw.edu)
Assoc. Director: Jen Makrides, MD, MA, MHS (jmakrides@mcw.edu)
Fellowship Coordinator: Orlando Diaz (odiaz@mcw.edu)
University of Minnesota
Adolescent Medicine Fellowship

Nimi Singh, MA, MD, MPH
Program Director
singh031@umn.edu

➢ Our Federally-funded Leadership Education in Adolescent Health Program provides interdisciplinary leadership training, faculty development, continuing education, scholarship, technical assistance and collaboration with MCH programs, Title V Programs in state departments of public health, State Adolescent Health Coordinators, policymakers, and professional organizations concerned with the health of adolescents.

➢ Key components of our training program include seminars on a wide range of child/adolescent health topics, and build skills in leadership, research, public speaking, legislative advocacy, working with communities, and translating research into practice, with a strong focus on community engagement and advancing the health of youth and young adults through a lens of equity, diversity and social justice.
University of Alabama at Birmingham (UAB) Adolescent Medicine Fellowship Program

Primary and Subspecialty Care
- Adolescent primary care
- Eating disorders
- Substance abuse
- Gender health
- Adolescent gynecology
- Menstrual disorders
- HIV management
- Juvenile justice
- College health
- Sports medicine
- Psychiatry
- Endocrinology
- Weight management

Leadership Education in Adolescent Health (LEAH)
- Advocacy Training
- Community Engagement
- Core Fellowship Curriculum
- Fellows Research Roundtable
- Mini Quality Academy
- Mini Health Disparities Academy
- Health Equity Scholars Program

Graduate Degree and Certificate Programs
- Public Health
- Healthcare Quality and Safety
- Healthcare Simulation
- Business Administration
- Mentoring and Leadership
- Applications of Mixed Methods Research
- Research Communication

Primary training site: Children’s of Alabama, the only free-standing children’s hospital in the state

Program Director: Dr. Stephenie Wallace, sbwallace@uabmc.edu | Program Coordinator: Brandy Embry, bembry@uabmc.edu
FELLOWSHIP YEAR 1
This year is focused on clinical training where fellows spend three sessions weekly providing ambulatory care. Over the year, time is spent in the Young Men's Clinic, Weill Cornell adolescent practice, and psychiatry inpatient and outpatient practices.

FELLOWSHIP YEAR 2
This year is devoted to building and advancing research skills while strengthening teaching and clinical skills. 50% of fellows' time is protected for research.

FELLOWSHIP YEAR 3
The third year is devoted to advancing, research, scholarship, teaching, and development for launching a career in adolescent medicine. 50-70% time is dedicated to research and scholarship endeavors.
Faculty, Fellows and Staff
- 10 physicians, 3 advanced practice providers
- 5 current fellows; 1-2 fellows per year
- Integrated behavioral health teams
- Dietitians
- Dedicated medical assistants, nurses

Program Highlights
- Devoted to patient-centered care
- Supportive hospital and government systems
- Telehealth options when appropriate
- Fellows are PCP, precepting with residents
- Advocacy opportunities
- Fun electives: sports med, gyn, psychiatry

Program Structure
- 70% clinical; 30% research/admin Year 1
- 50% clinical; 50% research/admin Year 2
- 30-40% clinical; 60-70% research/admin Year 3
- Inpatient call once a month
- Research project/Quality Improvement project
- Weekly Academic Half Day

Clinical Spaces
- Adolescent Medicine primary care/consult clinic
- BC4U, Title X funded family planning
- TRUE clinic for gender diversity
- Complex diagnosis clinic (fatigue, POTs)
- Inpatient service, primarily eating disorders
- Eating Disorder Program

Geographic Area
- Denver & Aurora: restaurants, sports, arts & culture, new housing, nature
- Colorado: hiking, biking, rafting, camping, nature, MOUNTAINS!

Program Director, Dr. Jennifer Woods  Jennifer.woods@childrenscolorado.org
Program Coordinator, Margaret Swift  Margaret.swift@childrenscolorado.org
- ACGME accreditation 2022
- 1 fellow/year
- Multidisciplinary program with 5 full-time adolescent medicine faculty members
- 3-year program: 70% clinical year 1, with increased focus on scholarly activity, teaching and academic professional development in years 2&3
- Primary and Subspecialty Care
  - Adolescent and Young Adult Health Clinic at One Hundred Oaks
  - Adolescent medicine subspecialty/referral practice sessions
  - Practical experience in placing and managing LARC
  - Eating disorder outpatient and inpatient interdisciplinary team
  - LGBTQ+ wellness program
  - College-based student health service
  - Care of adolescents and young adults affected by and at-risk for HIV
  - Sports Medicine
  - Child and Adolescent Psychiatry
- Scholarly activity: advocacy, clinical research, ethics, quality improvement, formal training in medical education and research
- Nashville is a vibrant, growing, friendly city – and the songwriting capital of the world!

https://pediatrics.vumc.org/adolescent-medicine-fellowship

Vanderbilt University Medical Center – Adolescent Medicine Fellowship Program
Program Director: Debra Braun-Courville, MD     debra.k.braun-courville@vumc.org
UIC/Cook County Adolescent Medicine Fellowship Program

Faculty:
- Felicia Scott-Wellington, MD
- Sadhana Dharmapuri, MD
- Jonathan Klein, MD, MPH
- Tatia Hardy, MD

Program Coordinator:
Adriana Gasca

Curricular Highlights
- Clinical experiences: school-based health centers, adolescent psychiatry inpatient, joint med-psych outpatient, eating disorders, juvenile detention clinics, adolescent gynecology, family planning, sports medicine, obesity treatment, trauma, violence prevention and gender affirming care.
- Continuity Clinics: CCHHS Adolescent and Young Adults Clinic, UIC Adolescent Clinic, and opportunities for additional longitudinal experiences in 2nd and 3rd year
- Weekly Collaborative Didactic Lectures twice a week
- Scholarly Research Mentorship
- Board Preparation

Career Preparation:
- 14% Non-Academic Positions
- 86% Academic Positions

Program Highlights
- 3 year ACGME fellowship that includes robust clinical curriculum and opportunities for scholarship and advocacy

Program Culture
- Intimate program setting which allows for strong collaborative relationships between faculty and fellows and flexibility in tailoring curriculum to meet educational goals

Institution Culture
- Minority serving institution with a focus on diversity in an urban setting
- Mission-driven program caring for a largely vulnerable patient population
- Funding support to present research at national meetings

Geographic Culture
- Both UIC and Stroger are located in the heart of Chicago with a thriving cultural scene, vibrant street art and an amazing selection of restaurants
- Chicago provides outdoor activities, sports entertainment, parks, festivals and restaurants in all 4 seasons

More Information:
Email: agasca2@uic.edu
Adolescent Medicine Fellowship | Chicago Medicine (uic.edu)
Boston Children’s Hospital Adolescent Medicine Fellowship Program


• 2-3 medical fellows per year

• Years 1 & 2
  • Outpatient: 4.5 sessions per week when not on call; primary and specialty care, community health, virtual and in-person visits
  • Inpatient: on call for 1wk at a time, weeks split between 1st and 2nd year fellows, nurse answering service overnight and on weekends, NP, at-home call, resident teaching, primary service and consultative care
  • Specialty care: eating disorder, repro endo, bone health, LARC, HIV, media overuse, chronic fatigue, substance use, sports med, gyn, gender affirming care
  • Academics: LEAH in Year 1, Current Opinions review, summer research experience resulting in abstract & manuscript in Year 2, lots and lots of amazing conferences

• Year 3 (“the icing on the cake year”)
  • Outpatient Clinic: continuity care (1.5 clinics per week, on average)
  • Inpatient: 1-3 call weeks per year with graduated independence
  • Academics: determined by fellow choice of track (MPH/MS, med ed, policy, QI, research, global health)

Coordinator: Jennifer Liu Goluszka, jennifer.liugoluszka@childrens.harvard.edu
APD: Jessica Addison, MD, MS, jessica.addison@childrens.harvard.edu
PD: Sarah Pitts, MD, sarah.pitts@childrens.harvard.edu
Adolescent Medicine Fellowship at UT Southwestern Dallas, TX

Program Director: Dr. Jenny Francis
Jenny.Francis@UTSouthwestern.edu

CLINICAL STRENGTHS
- Abundant procedural training
- Diverse clinical experiences
  - Gender clinic, juvenile justice, eating disorders, college health, and more!
- Flexible, customizable scheduling
- 18 weeks of phone call per year
- One main physical location
- Faculty with wide breath of experience and expertise

SCHOLARSHIP OPPORTUNITY
- Research opportunities
  - Program Director is a researcher
- Mentorship opportunities
- Potential for advanced training degrees
- DEI opportunities
Important Links

- Adolescent Medicine Fellowship: UT Southwestern, Dallas, TX
- Fellowships - Graduate Medical Education - UT Southwestern - Dallas, Texas
- Division: Fellow Education: Division of Developmental - Behavioral Pediatrics - UT Southwestern, Dallas, TX
- Pediatrics: Pediatric Department - UT Southwestern, Dallas, TX
- Dallas Life: Student Support - UT Southwestern, Dallas, TX

Contact Information

- Program Director: Jenny.francis@utsouthwestern.edu
- Program Coordinator: Jessica.bluitt@utsouthwestern.edu
- Fellows:
  - Julia.durante@utsouthwestern.edu
  - Jessica.sims@utsouthwestern.edu
UPMC Children’s Hospital of Pittsburgh Adolescent Medicine Fellowship

• 1-2 fellows per year
  • Flexible & individualized schedule
• Diverse clinical focus at a top Children’s Hospital
  • Comprehensive sexual and reproductive health
  • Gender affirming care
  • Complex mental health (integrated behavioral health team)
  • Eating disorders
  • Addiction medicine
  • Primary care
  • Special populations (youth experiencing homelessness, justice-involved youth)
  • Inpatient consults
  • Care for a diverse population from a 300-mile radius
• Funding for advanced degrees and training
  • Certificate or Masters in Medical Education or Clinical Research
  • PhD in Clinical and Translational Science
  • Physicians for Reproductive Health Leadership Training Academy (optional)

Program Culture
• We are a program for independent learners interested in research, medical education, advocacy, and leadership

Institution Culture
• UPMC is committed to serving the community and shaping the health system through clinical and technological innovation, research, and education

Geographic area/Culture
• We are in Pittsburgh, Pennsylvania, a city with small town charm and one of America’s “most livable” cities.

Baylor College of Medicine Adolescent Medicine Fellowship

• 1 – 2 fellows per year (peds, med/peds, fam med trained)
• LEAH program with interdisciplinary faculty and fellows (medicine, psychology, nursing, social work, nutrition and public health)
• Clinical training include:
  o Inpatient and outpatient eating disorders
  o Obesity management
  o School Based Clinical Care
  o Reproductive health
  o Gender care
  o Homeless youth care
  o Opportunities for individualized electives – sport medicine, transition medicine, juvenile detention, gyn, hiv care

• Curriculum Overview:
  o Over the three years, nearly 50% of the curriculum is dedicated to research/scholarly activity, the remainder split between clinical, teaching, administration and leadership development.

Program Director
Albert Hergenroeder, MD
alberth@bcm.edu

Associate Program Director
Meghna Raphael, MD
msebasti@bcm.edu
Indiana University Adolescent Medicine Fellowship

- Large, vibrant, multidisciplinary division
- 1-2 fellows per year
- Pediatrics, family medicine, internal medicine, med-peds

Program Highlights:

- Children’s hospital consult service & subspecialty clinics
- General adolescent clinic in FQHC & community sites
- Opportunity for MS or MPH
- LEAH Program
- Individualized career goals
- Program will continue to include gender health and all options pregnancy counseling

Program Director
Mary Ott, MD, MA
maott@iu.edu

Program Coordinator
Lyn Terrell, C-TAGME
lynterre@iu.edu
Come and train with us in New York City caring for the underserved!

- The Adolescent Health Center is a large, multidisciplinary Center focused on adolescents and young adults age 10-26 years
- One fellow/year for our 3 year fellowship
- Energetic faculty and staff
- Committed to health equity and social justice
- Primary and specialty care (Eating Disorders, Gender Affirming Care, HIV LARC, Teen Parent Program)
- Weekly didactics and rich educational opportunities

Program Contacts
Director: Sharon.Edwards@mountsinai.org
Coordinator: Ivette.mendez@mssm.edu
Well-developed clinical programs in:
• Adolescent Primary Care
• Gynecology & Contraception/LARC
• Substance Use
• Gender Diversity
• Eating Disorders
• Inpatient/Consultative Care

• Predominantly clinical first year followed by increased focus on research and professional development in years 2 & 3
• Flexible training in Years 2 and 3, tailored to meet each fellow’s individual learning objectives
• Opportunity to obtain a funded master’s degree in medical science, medical education, or public health
• Ample opportunities to engage in teaching residents and medical students
• Paid membership in SAHM, AAP, NASPAG

Cynthia.Holland-Hall@NationwideChildrens.org (Program Director)
Ashley.Humphrey2@NationwideChildrens.org (Coordinator)
Cohen Children’s Medical Center
Northwell Health™

Adolescent Medicine Fellowship Program

Program Director: Nadia Saldanha, MD
Associate Program Director: Ariel Nunez, MD
Division Chief: Martin Fisher, MD

Current Fellows:
3rd year- Rashi Kabra, MD
2nd year- Gail Gutman, MD
1st year- Caroline Shank, MD

- Fellows per year: 1 (3 total)
- Structure
  - 1/3 research time spread over the three-year fellowship with time increasing each year
  - Clinical time spread over three years
- Rotation Sites
  - **Main Site:** Cohen Children’s Medical Center
  - **Continuity Clinic:** Primary Care, Gynecology, Eating Disorder, Weight Management
  - **Community Sites:** School Based Health Centers, Local School District, Psychiatric Group Home, Merchant Marine Academy (College Health)
  - **Electives:** Dermatology, Sports Medicine, Transgender Care, HIV Clinic, Behavioral and Developmental Pediatrics, Women’s Bleeding Disorder Clinic

Located on the border of Nassau County and Queens
- Diverse patient population
- Easy access to all boroughs of NYC

Collaborative, Inclusive, and Collegial Work Environment
Professional and Personal Life Balance
Patient-Centered Multidisciplinary Team Approach
Seattle Children’s / UW Adolescent Fellowship

• **Structure:**
  
  - First year is clinically focused, years 2-3 more research oriented

• **Rotation sites/types:**
  
  - **Seattle Children’s Hospital:** Adolescent Clinic (Gender-affirming care, Eating Disorders), LARC clinic, Gynecology, Sports Medicine, Inpatient Consults
  
  - **Community Rotations:** School-Based Health, Community Primary Care (OBCC), Kaiser Permanente HMO Clinic, Juvenile Detention, Echo Glen (includes Behavioral/Substance), Homeless Youth Clinic, STD clinic, Substance Use clinic.

• **Other information:**
  
  - LEAH Program
  - Serves a 4-state region (Washington, Alaska, Montana, Idaho)
  - Diverse population economically, in terms of race/ethnicity, and rural/urbanicity
  - Opportunity to obtain MPH or MS, gain excellent research and teaching skills
  - Partnerships with multiple T32 fellowships for research-bound fellows
  - See each fellow as an individual, tailor second and third year to specific goals
  - Absolutely beautiful PNW!
Stanford Medicine
Adolescent Medicine Fellowship Program

Structure:
- 1-2 fellowship slots offered per year (total program of 4 fellows)
- Training is 60% clinical activities, 40% research

Rotation types:
- Teaching and Consultation Service
- Teen and Young Adult Clinic, Eating Disorders Clinic, Gender Clinic, Adolescent Gynecology Clinic, Healthy Weight Clinic, Psychiatry Clinic, and additional subspecialty clinic and community opportunities
- Comprehensive Care Program (inpatient Eating Disorder Unit)

Other fellowship information:
- Serves the San Francisco Bay Area with an extensive referral base throughout California
- Population served is diverse, suburban, and includes medically underserved teens
- Other opportunities for fellows:
  - Fellows can apply for the Master’s Tuition Program (MTP) to support the cost of an approved MS program
  - Comprehensive Fellows’ College program based in the Pediatric department
- Though grant application is encouraged, fellowship funding is guaranteed for the 3-year program

Contact information:
- Website: https://med.stanford.edu/adolescent.html
- Program Contacts:
  Rachel Goldstein, MD, Program Director – rachelg2@stanford.edu
  Brandii Criss, MD, Associate Program Director - brandii@stanford.edu
  Lauren Goddi, Program Coordinator - lgodzi@stanford.edu
This mission of our Adolescent Medicine Program is to provide trainees with opportunities to become:
Expert clinicians with skills in primary care, inpatient and outpatient consultative care, care for marginalized populations, reproductive and gynecologic care, gender and sexual development, management of substance use disorders, treatment of common mental health concerns, and care for youth infected with HIV.
Expert leaders of multidisciplinary teams.
Leaders in clinical & translational research with a specific focus on health disparities affecting marginalized youth.
Effective advocates for adolescents at local, regional, national and international levels.

Our program has a focus on public health issues that affect marginalized populations and we promote and encourage interdisciplinary care models that include and elevate the voices of the youth we provide care for.

3 YEAR ACGME FELLOWSHIP PROGRAM

PRIMARY AND SUBSPECIALTY CARE
- Adolescent Primary Care
- Eating Disorders
- Substance Use and Prevention
- Gender-Affirming Care
- Gynecology
- Menstrual Disorders
- HIV Management
- Juvenile Justice
- College Health
- Sports medicine
- Psychiatry
- Endocrinology
- Weight Management

RESEARCH AND SCHOLARLY ACTIVITY
- Extensive research opportunities
- Formal training/course work in medical education and research

COMMUNITY PROGRAMS
- TransMentor
- Health Education Program
- Trainings & Education
- Naloxone/Narcan Training & Distribution
- Youth Substance Use Prevention Coalition (SUPC)
- Connect for Youth (C4Y) - Integrated Substance Use Screening/HIV Testing

FOR MORE INFORMATION PLEASE VISIT US AT
WWW.PEDIATRICS.NORTHWESTERN.EDU/EDUCATION/FELLOWS/adolescent/
Adolescent Medicine Fellowship Program

Fellowship Structure:
• 1 to 3 Fellows per year
• 35% and 55% dedicated research time per year, increasing annually

Core Rotation Sites/Types:
• Benioff Children’s Hospital/Clinics
• Teen Clinic: Combined Primary, Acute and Subspecialty care
• Inpatient Eating Disorder Primary Service / General Adolescent Medicine Consult Service

Clinical Electives:
• Addiction Medicine
• Gender Affirming Care
• Family Planning (NewGen and UCSF Adolescent Gyn)
• Psychiatry (Langley Porter)
• Sports Med
• FQHC Satellite Site(s): Benioff Children’s Hospital Oakland School Based Health Center
• Community: SFGH, UC Berkeley Student Health

Scholarly Opportunities:
• Extensive research opportunities
• Formal training/course work in medical education and research

Other Fellowship Information:
• Diverse urban population
• Regular formal support groups to promote wellness
• Great weather, 60-70s year round
• Access to outdoors / vibrant city
• Housing stipend

Program Director: Marissa Raymond-Flesch, MD, MPH, Marissa.Raymond-Flesch@ucsf.edu
Assistant Program Director: Matthew Meyers, MD, MPH, Matthew.Meyers@ucsf.edu
University of Michigan/Mott Children’s Hospital
Adolescent Medicine Fellowship Program

• 1 fellow/year, funding for a total of 3 fellows

• Structure:
  • Clinical time vs. Research Time: allotted clinical and research time each year with increasing research time year by year

• Rotation Sites/Types:
  • Main Hospital/Site: C.S. Mott Children’s Hospital/University of Michigan
  • Inpatient care: Adolescent Medicine Consult Service
  • Outpatient Clinics at Mott Hospital: Adolescent/Young Adult Clinic, Pediatric/Adolescent Gynecology Clinic, Ypsilanti Pediatric Clinic for Adolescent Primary Care experience, Pediatric Sports Medicine Clinics (including NeuroSport Clinic for concussion care), Pediatric/Adolescent Gender Services Clinic, U-M Addiction Treatment Services Program, Comprehensive Eating Disorders Program
  • Community Sites: The Corner Health Center in Ypsilanti (serving youth 12-25 and their children) both for Adolescent Medicine Clinic and Adolescent Gynecology Clinic, and School Based Health Clinics (Regional Alliance for Healthy Schools—Ann Arbor, Ypsilanti and Flint)

• Other Fellowship Information:
  • Serves patients from Ann Arbor, Ypsilanti, Toledo & Detroit areas, and more rural areas surrounding Ann Arbor
  • Other opportunities for fellows: Scholars program participation which range from 9 months to 2 years in Med Ed, Healthcare Equity, Patient Safety and Quality, and Healthcare Administration
  • Friendly, collegial small division, flexibility in tailoring your training to your career goals, and a wealth of research collaboration opportunities within the institution
  • Cool things about Ann Arbor: all the college sports you could dream off, great music/arts/dining, Fortune Magazine rated #1 “best place to live for families” in the US in 2022, 25 minutes to the Detroit airport and 45 minutes to Detroit arts/sports/dining

• Contacts:
  • Program website: https://medicine.umich.edu/dept/pediatrics/divisions/adolescent-medicine/adolescent-medicine-fellowship-program and https://medicine.umich.edu/dept/pediatrics/education/fellowships
  • Program Director/Associate Program Director: Katie Miller and Alana Otto, ktmil@med.umich.edu and alanako@med.umich.edu
  • Fellows: Natasha Nguyen natashng@med.umich.edu, Becca Warwick, warwicre@med.umich.edu, Jess Jary, jaryj@med.umich.edu
University of Rochester Adolescent Medicine Fellowship

- Nurturing environment that highly values our fellows and their feedback, **emphasizes personal and team wellness**, embraces diversity, and participates in antiracism initiatives.

- One of the **first adolescent medicine fellowship programs**; UR is the home of the biopsychosocial model

- Location: urban, suburban and rural settings; culturally and geographically diverse patient population

- We provide **strong interprofessional clinical training** in our hospital-based subspecialty clinic on gender health, eating disorders, and reproductive health.

- **Flexible, individualized curriculum** allowing fellows to choose and create their own electives and participate in individualized pathways in QI, advocacy, ethics, or health policy.

- **Scholarly activity & QI Projects**: Option to pursue your own interests or work with a faculty member on an ongoing project

- **95% Tuition Waiver** for advanced degree programs such as MPH, Masters of Health Professions, MBA

"Our program places great emphasis on educating fellows who are not only good clinicians, but also good teachers, good communicators, engaged members of society, advocates, and well-balanced humans.”

- Former Fellow

Learn more about our [Program](#) Learn more about [Rochester, NY](#)