Association of Pediatric Program Directors

WELCOME! THANK YOU FOR BEING HERE!

DROP THIS IN THE CHAT:

Rising chiefs: What are you most excited about for chief year?

Graduating chiefs: What are you more excited about for your next adventure?

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WELCOME FROM THE CHIEF RESIDENT EXECUTIVE COMMITTEE (CREC)!

PURPOSE

The Committee is formed to represent the interests of the Chief Resident members of the APPD, including, but not limited to:

- Chief Resident professional development as educators, administrators, leaders, and clinicians
- Resident education
- Resident wellness

CREC LEADERSHIP

Faculty Leads



Blair Dickinson, MD, MS
St. Christopher's Hospital for Children



Jay Homme, MD
Mayo Clinic

Faculty Mentors



Alisa Acosta, MD
Baylor College of Medicine



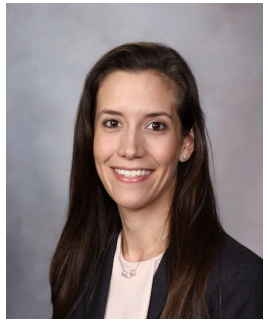
Eric Zwemer, MD
UNC Health



Sophia Goslings, MD
University of South Alabama



Cheryl Taurassi, MD
Cohen Children's Medical Center



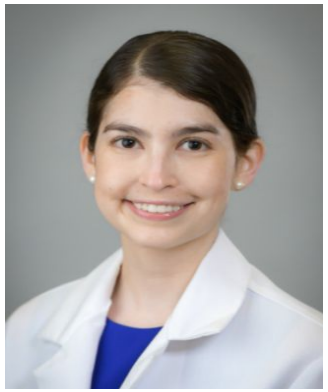
Margarita Corredor, MD
University of Rochester Medical Center

APPD CREC 2021-2022



Chair: Leah Heidenreich, MD

Former Chief Resident
Mayo Clinic



Vice Chair: Sarah Soffner, MD, MPH

Former Chief Resident
UT Southwestern



Secretary: Shawnice Kraeber, MD

Former Chief Resident
Kaiser Permanente NorCal



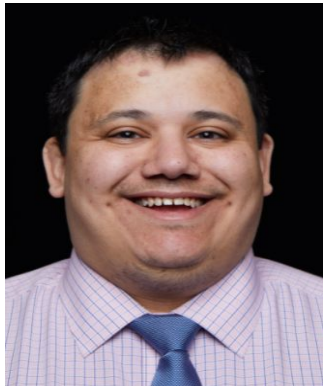
Member-at-Large: Samara Jinks-Chang, MD, MPH

Former Chief Resident
Seattle Children's Hospital



Member-at-Large: Molly Mack, MD

Former Chief Resident
Univ. of Pittsburgh Medical Center



Member-at-Large: Robert Trevino, MD, PhD

Former Chief Resident
Univ. of Illinois - Peoria

APPD CREC 2022-2023



Chair: Zuri Hudson, DO

Chief Resident
Children's Mercy Hospital



Vice Chair: Ryan Lion, MD
Chief Resident
Stanford University



Secretary: Libby Ireson, MD

Chief Resident
Cincinnati Children's Hospital Medical Center



Member-at-Large: Taylor Olian, DO

Chief Resident
Jersey Shore University Medical Center



Member-at-Large: Matthew Present, MD

Chief Resident
Univ. of Rochester Medical Center



Member-at-Large: Kristin Sundy-Boyles, MD

Chief Resident
Nationwide Children's Hospital

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APPD CREC VIRTUAL CAFE

Breathing Easy: High Flowing into Chief Year with a Seamless Transition

April 26, 2023

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OBJECTIVES

- Describe the importance of a chief hand-off process
- Review key components of chief hand-off
- Brainstorm and troubleshoot common pitfalls in the hand-off process

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Overview: The Chief Handoff

- Importance of Transitions
- What to cover
- Sample Timeline



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Overview: The Chief Handoff

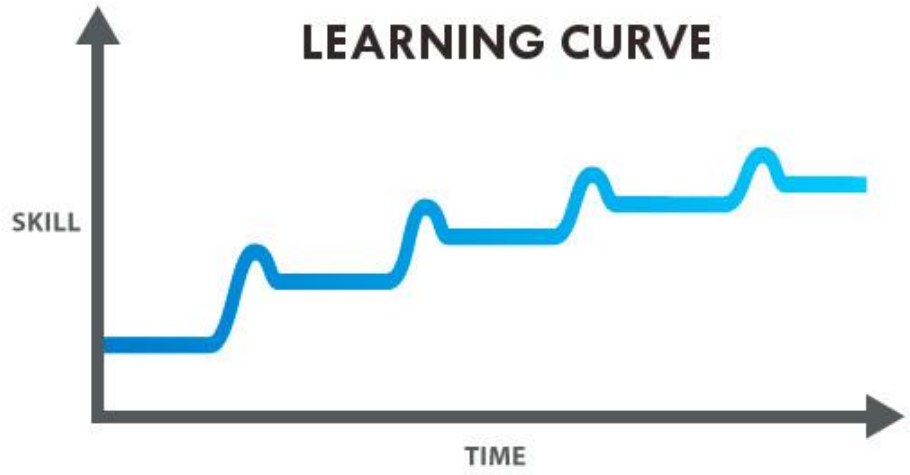
- **Importance of Transitions**
- What to cover
- Sample Timeline



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Importance of Transitions

- Much of Chief Year is on the job training
- Good Transition Plan
  - ↑ learning curve
  - ↓ anxiety
  - ↓ re-work
- Some projects/plans continue
  - Keep the ball moving
  - Elevate chief roles



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Importance of Transitions

- Time for new ideas
  - ↑ time for innovations
  - ↑ likelihood of success
- Making it look easy
  - Your stress is contagious
  - First impressions



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Overview: The Chief Handoff

- Importance of Transitions
- **What to cover**
- Sample Timeline



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What to Cover

C

H

I

E

F

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What to Cover

C - Communication

H

I

E

F



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What to Cover

C

H – Handbook

I

E

F



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Sample Chief Handbook Topics

- Absences / Leave
- Chiefly Duties (lectures, recruitment, handoff, projects)
- Communication
- Policies (ACGME and program-specific)
- Resources
- Scheduling

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What to Cover

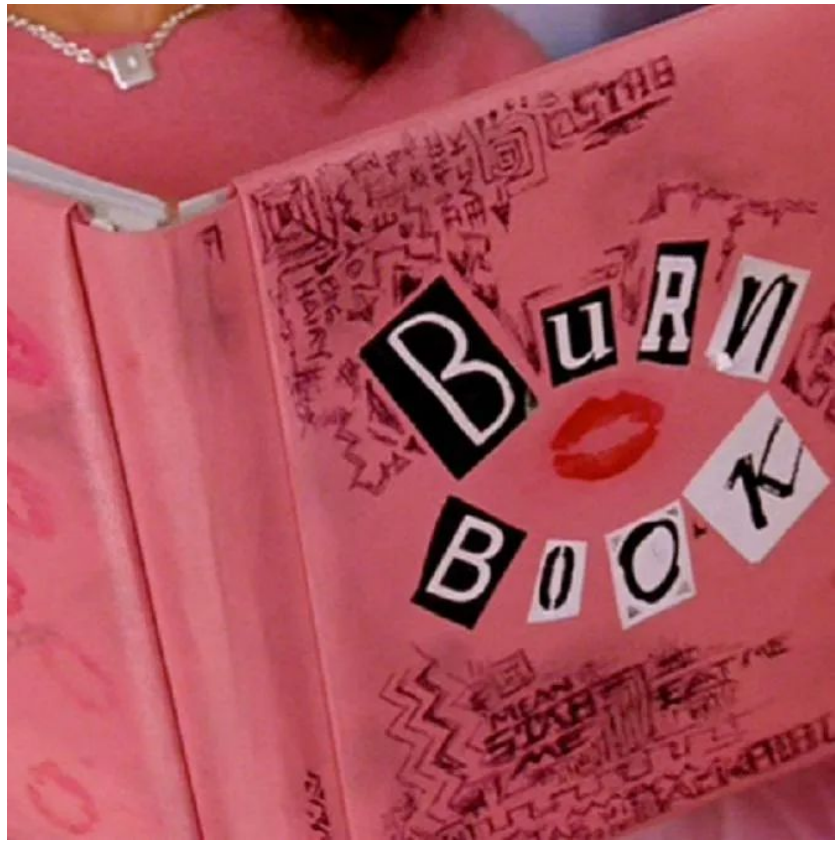
C

H

I – Issues

E

F



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What to Cover

C

H

I

E – Expectations/goals

F



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What to Cover

C

H

I

E

F – Future directions



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Overview: The Chief Handoff

- Importance of Transitions
- What to cover
- **Sample Timeline**



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So… It's April and we haven't started…

- Don't Panic!
- Start with the same basics:
  - Assign roles
  - Identify Personal and Professional Goals - individual and team
  - Note deadlines for Master Block Schedule and early blocks
  - Meet with PD to discuss goals and expectations
  - Update and share handoff materials



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Sample Timeline

- April - orientation and goal deadline for block schedule
- **May** - hand off roles and teach skills
  - Call and clinic scheduling
  - Administrative tips
  - Facilitating lectures
  - Project handoffs



Sample Timeline

- April - orientation and goal deadline for block schedule
- **June** - rising chief(s) take over
  - Hand over committee roles
  - Last minute learner handoff
  - Clean out desk, CELEBRATE



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Sample Timeline

- April - goal deadline for block schedule
- May-June - rising chief(s) take over
- **July -** new regime
  - Intern Orientation
  - Chief year begins in full!



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Take-home Points

- Transition Plan = Value
- Transition Plan Requires a Plan
- Transitions In & Transitions Out
- Develop a Plan for Your Chief Year



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Sample Stand Work/Handoff

Chief Standard Work

Scheduling:

July	August	September	October	November	December
[] ITE reminders to residents [] Get Office rotation schedule from Ross and PCs [] Plan chiefs conferences	[] PL2 retreat [] M/P ITE [] Resident-run committee sign-up	[] M/P Med ITE [] M/P Retreat [] CAPS [] Holiday Block Requests	[] Boards! [] Holiday Block Schedule [] Recruitment starts [] PL1 class elects AAP delegate [] PL1 retreat		
January	**February**	**March**	**April**	**May**	**June**
[] Schedule & send email reminder PL2 NRP/BLS/PALS renewal [] Email Peds Neuro about Neurology Retreat [] Email visiting resident programs and ask about graduation [] Renew WebOnCall (see section below)	[] Pick Roast Date & Place [] Remind PL3s to start plan retreat	[] Match Day [] Rising chiefs email Welcome to new interns [] Double check PL3 staffing for 6/30-7/1	[] Review & Release Master Schedule [] Schedule Professor Rounds (release with master schedule) [] Priority Care Retreat [] Plan Roast [] Send email for graduation award nominations to residents [] Send nominations to Susan Hathaway [] Schedule ITE with July schedules	[] PL3 Retreat [] Plan chief month [] Schedule DoP and resident M&M for upcoming academic year (get dates from PC's)	[] Graduation [] Decide which graduation awards chiefs present [] ITE emails to residents with details [] Chief month [] Send "Advocacy Appetizer" invites to Drs. Rao and Hubbard for Housestaff for the year

Task Checklist:

Daily Tasks:
[] Morning huddles: Resident huddle 0700, Inpatient Tier 2 huddle 0830, DSU 0910

Weekly Tasks	Monthly Tasks
Board Studying (July – October) [] Take your half day each week and leave the office. Study! Emails can wait.	***Scheduling*** [] Request Sheets

Quick Tips for Graduating Chiefs

Create an organized plan including everything you need to cover

Update chief guide / handbook with instructions for specific tasks

Provide access to restricted folders / inboxes

Quick Tips for Rising Chiefs

Define clear roles

Set aside structured time for goal setting

Keep your notes/information in one, centralized place

Quick Tips for All Chiefs

Include program administrators/leadership in hand-off meetings when relevant

Provide warm hand-off/introductions to faculty and staff who work closely with chiefs

Balance a gradual transition with protecting time for residents who have not yet graduated

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Breakout Rooms

- Small (<50 residents)
- Large (>50 residents)
- Solo/3rd year chief residents

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CREC PROGRAMMING FOR CHIEF RESIDENTS

- Virtual Chief Cafes
- APPD Spring Meeting
  - Forum for Chief Residents
  - Grassroots Session for Chief Residents
- Chief Resident Peer Mentorship Network
  - UIM Chief Collective
- New programming, based on your feedback and ideas!

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Are you a rising chief interested in joining CREC?

Apply to join CREC!

- Call for applications go out **May 1st**





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KEEP IN TOUCH!

PLEASE JOIN THE APPD CREC CHIEF RESIDENT PEER MENTORSHIP NETWORK! MEET OTHER CHIEF RESIDENTS, DISCUSS COMMON CHALLENGES, AND BRAINSTORM SOLUTIONS!

Chief Resident Peer Mentorship Network