FH

Association of Pediatric Program Directors

Coordinators' Executive Committee

Annual Update
&
Holiday Celebration

Friday, December 16, 2022

Presented by the CEC

Your CEC : 2022-2023



Francisco A. Hernandez, MBA
System Director, GME
Tower Health
Francisco.Hernandez@towerhealth.org
Chair



Cassandra Shorter, BS
Program Manager
Baylor College of Medicine
CShorter@bcm.edu
Chair-Elect



Melissa Bales, C-TAGME
Fellowship Coordinator
Indiana University School of Medicine
melbales@iupui.edu
Past-Chair



Lindsey Gurganious, MHA
Baylor College of Medicine
Business Operations Supervisor
lxgurgan@texaschildrens.org
At-Large Member Year 3



Tina Cochran, C-TAGME
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tmcochran@iu.edu
At-Large Member Year 2



Kiley Alpert, C-TAGME
Atlantic Health/Goryeb Children's Hospital
Program Coordinator
Kiley.Alpert@atlantichealth.org
At-Large Member Year 1

Association of Pediatric Program Directors

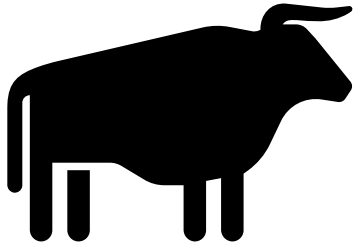
Format for Today's Virtual Café

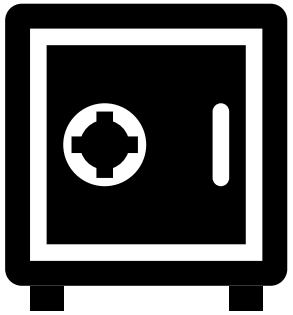
- Turn on video so we can see each other!
- Keep audio on mute, unless talking to avoid background noise
- If you have any questions/comments during our presentation:
  - Please use the Chat or Raise Hand feature
- This Virtual Café is being recorded
  - Will be available for viewing next week
- **Optional: *show us your children, family, partner, and pets*!**

Association of Pediatric Program Directors

Financial Disclosure

- None





Association of Pediatric Program Directors

Agenda

- CEC Annual Update
- Holiday Fun
  - Must be present to win
- Virtual Café Series
  - PC Survey Results & Next Steps
- New Release on…

WELCOME!

Association of Pediatric Program Directors

Learning Objectives

- Provide Annual Update to Program Coordinators
- Provide APPD Resources to Program Coordinators

Association of Pediatric Program Directors

Happy Holidays!















CEC Responsibilities

For a full list of responsibilities please click here!

Immediate Past Chair	• Support CEC as needed • Reports • Future Goals
Chair	• Meetings – Spring • Monthly Calls • Board Report – Bi-Annual
Incoming Chair	• Meetings – Fall • Share Warehouse • Assist the Chair and Immediate Past Chair as needed
At Large 3	• CoorCOMM • Assist the Chair as needed • APPD Connect
At Large 2	• Leader - Mentor Workgroup • Assist the Chair as needed
At Large 1	• Co-Leader Mentor Workgroup • Mentor Workgroup Minutes • Assist the Chair as needed

ASSOCIATION OF PEDIATRIC PROGRAM DIRECTORS

1. Ugliest Holiday Sweater



Jessenia Rodriguez

CEC Reminders

2023 APPD Member Award Nominations Now Open!

- Carol Berkowitz Award for Lifetime of Advocacy and Leadership in Pediatric Medical Education (award for Coordinators)
  - The deadline for nominations is: **February 12, 2023.** Click here to read more about this award**.**

APPD Committee Nominations:

- At-Large Member of the Board of Directors (three-year term, 2023-2026)
- One APPD Nominations Committee Member (two-year term, 2023-2025)
- One Chair-Elect of the Coordinators' Section Executive Committee (three-year term, 2023-2026)
- One At-Large Coordinators' Section Executive Committee Member (three-year term, 2023-2026)

Join a Learning Community!

- Assessment
- Behavioral and Mental Health
- Community Health and Advocacy Training
- Curriculum
- Educational Technology
- Faculty and Professional Development
- Healthcare Simulation in Pediatrics
- LGBTQA+
- Pediatric Global Health Educators
- Research and Scholarship
- Underrepresented in Medicine

Click here to learn more about the APPD LCs



Association of Pediatric Program Directors

Chair Goal Update

1. Continue to educate all APPD members about Program Coordinators (PCs) being part of the Leadership Team
2. Support the work groups of the APPD, including mentoring and communication, LEAPES, Regional Groups, and Learning Communities
3. Restart Regional Group Meetings – virtual or in-person
4. Build a robust Virtual Café Series for AY 2022-2023
5. Promote PC participation at Fall and Spring Meeting
6. Update PC Handbook and make available via APPD – external and internal website

Association of Pediatric Program Directors

2. Funniest Holiday Photo





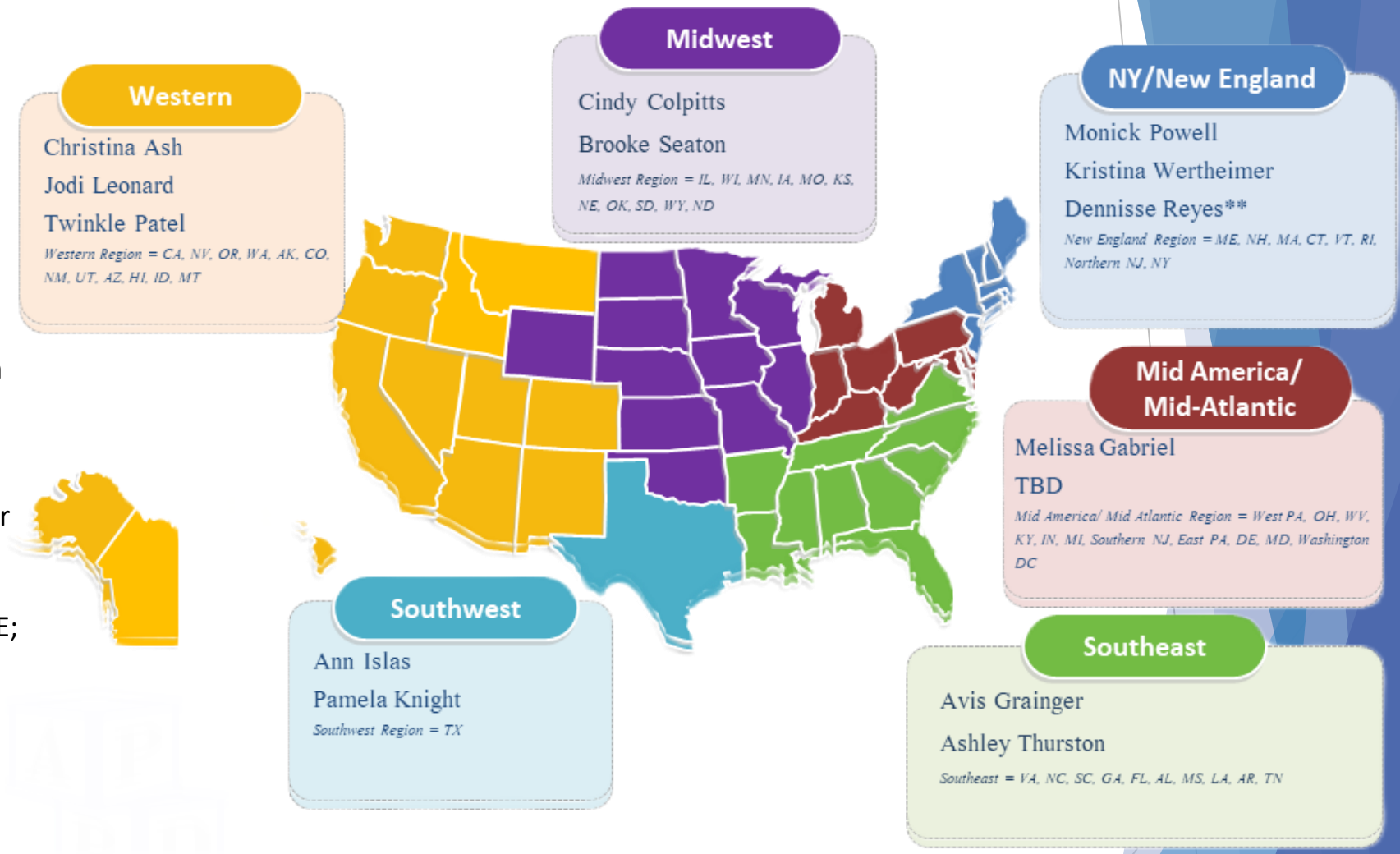
APPD Coordinators' Mentoring Regions

Goal 1: Support Mentor Leads

Goal 1 – Current State: Providing monthly resources to build regional communication from and providing platform to share ideas across regions

Goal 2: Establish a full cohort of Region Leads for each region (minimum of 2 and maximum of 4)

Goal 2 – Current State: New lead recruited for SE; actively looking for a 2nd Mid-America/Mid-Atlantic Co-Lead.



** = Mentor in final term and mentoring new Region Leaders

Mentor Workgroup Goal Update

Association of Pediatric Program Directors

3. Worst Holiday Gift



I got a book called "Coping with being adopted" from Santa while I was in high school. Was news to me...

ASSOCIATION OF PEDIATRIC PROGRAM DIRECTORS

Communication Workgroup (CoorCOMM) Goal Update

- Each member chose a section of their interest, which allows them creativity and ownership of their section(s)
- Added tags/anchor/sections – which takes your directly to your favorite section(s)
- New Sections
  - Monthly holidays section added
  - Multicultural Learning Corner
  - Added the “We want to hear from your section”
  - Added the Creative Corner
    - An area for short stories, poems, etc.
    - Coordinators can submit pictures, that might be featured at the top of the CoorCOMM
- Overall, the new improvements that we have made to CoorCOMM could not have been accomplished without an awesome team:
  - Kiley Alpert
  - Melissa Bales
  - Rachel Bills
  - Tina Cochran
  - Nancy Draffen Brown
  - Pamela Carpenter
  - Rosemary Haynes
  - Francisco Hernandez
  - Charlene Larson Rotandi
  - Lisa Mercado Foster
  - Cassandra Shorter – Lead

APPD CoorCOMM

October 2022



988 Suicide & Crisis LifelineThe resources and information on this page are designed to help states, territories, tribes, mental health and substance use disorder professionals, and others looking for information on understanding the background, history, funding opportunities, and implementation resources for strengthening suicide prevention and mental health crisis services.

Source: SAMHSA

CoorCOMM Content

APPD Connect | APPD Fall Meeting | ACGME | ABP
AAMC | Creative Corner | Diversity, Equity & Inclusion
Encouragement | In The News! | Medical Alphabet Soup
Mentor Workgroup | NRMP | Nutrition | Public Holidays
Share Warehouse | Technology | Virtual Café
We Want To Hear From You | Well-Being | Special Thanks

APPD CoorCOMM

August 2022

Introducing the New CEC for 2022-2023

Francisco A. Hernandez, MBA



Chair (2022 - 2023)
System Director, GME
Tower Health
Francisco.Hernandez@towerhealth.org

Cassandra Shorter, BS



Chair-Elect (2022 - 2023)
Program Manager Pediatric Residency
Baylor College of Medicine - Houston Texas Children's Hospital
cshorter@bcm.edu

Melissa Bales, C-TAGME



Past Chair (2022 - 2023)
Fellowship Coordinator, Pediatric Clinical Care; Fellowship Coordinator, Pediatric Cardiac Intensive Care; Program Coordinator, Morris Green Physician Scientist Development Program
Indiana University School of Medicine
MelBales@iupui.edu

APPD CoorCOMM

April 2022





It has been a pleasure these last 12 months producing the CoorCOMM with the help of an amazing team **Melissa Bales, Rachel Bills, Pamela Carpenter, Nancy Draffen Brown, Francisco Hernandez, Charlene Larson Rotandi, Brooke Steinbronn and our newest member Lisa Mercado-Foster.** I wouldn't have been able to do this without them, so I want to say **THANK YOU** to each and every one of you for your support and dedication.

I would also like to say **THANK YOU** to those that contributed with your pictures, recipes, tips for well-being, etc. It is you that makes the CoorCOMM so spectacular. I am going to miss communicating with each of you via CoorCOMM but remember I am just an email away - **cshorter@bcm.edu** please feel free to reach out to me at anytime.

I will continue to be part of the APPD Family once you have been with someone over 7 years, it's hard to get them out of your system, so you haven't seen the last of me yet. This is only the beginning of new opportunities with APPD.

This is not Good Bye - But See You Soon - Love You All
Cassandra Shorter, BS
Lead, CEC Communications Workgroup

APPD CoorCOMM

January 2022







"How To Be More Tree" by Essential Life Lessons for Perennial Happiness

4. Worst Holiday Story

1. On Christmas in 2016 our little family gathered to celebrate. Some of us were in the kitchen on one end of the apartment and others in the living room on the other end. In the middle of the apartment is the dining room, where we had our buffet of appetizers, Christmas treats, and festive advent wreath (5 candles surrounded by greenery). At some point my husband HEARD the crackling of something burning. He looked down the hall and saw the reflection of flames in the framed photos on the dining room wall. He sounded the “fire!” call to those of us in the kitchen. I grabbed the fire extinguisher and my daughter grabbed the Brita water pitcher, which she threw on the fire while I fumbled with the fire extinguisher. She succeeded in putting out the fire, and spared our buffet from being sprayed with fire extinguisher contents, so we only lost a little food. We still used the scorched advent wreath base today – but usually skip the greens now 😊

I can’t find the original photo from 2016, but here’s a fbpost screenshot, plus a pic of the wreath being used today.

Lisa Selph

4. Worst Holiday Story - Photo



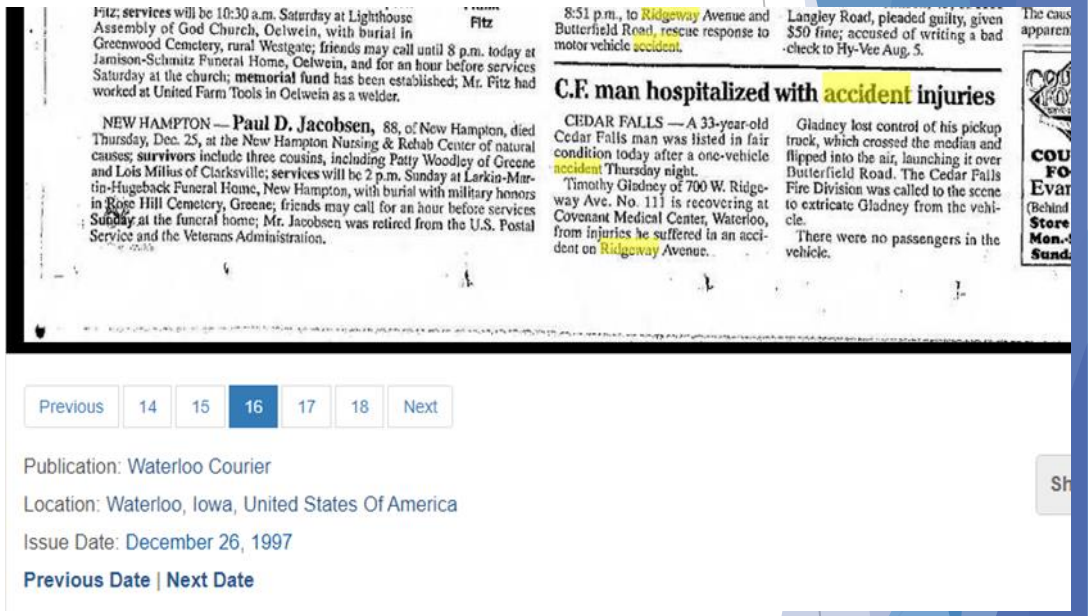


Lisa Selph

Association of Pediatric Program Directors

5. Best Holiday Story

I saved someone's life on Christmas Eve 1997. My husband and I were driving home after our family get together. I noticed some brake lights on a service road that was no longer in use. Something in my gut said to call 911. This was before cell phones were in everyone's pocket, so we stopped at the closest gas station and returned to the area of the service road to see what had happened. As we pulled up into a nearby driveway a string of emergency vehicles approached. We watched for a bit as a police officer went down the service road. He came running back up and started waving for the ambulance to pull ahead. It turned out to be a car that had lost control on the icy road, hit the curb, passed through a field, and crashed in the ditch of the service road. The man had been in his truck for 5 hours. He had left work and was going home to be at his family's gathering. They had been out looking for him when they got the call. The officer told me that the man had a huge gash across his forehead and lost a lot of blood. He was unconscious and his pulse was really weak. If I hadn't called when I did he wouldn't have survived. The day after Christmas we saw a short article in the paper about the accident. We found out who the man was and went to the hospital to check on him. The family heard us asking about him at the nurse station and ran up to thank us. They took us to meet him and his wife, and it turned out to be one of my husband's customers. I think of that man and his family every Christmas Eve. Here's a screenshot of the article about his accident.



Fitz; services will be 10:30 a.m. Saturday at Lighthouse Assembly of God Church, Oelwein, with burial in Greenwood Cemetery, rural Westgate; friends may call until 8 p.m. today at Jamison-Schmitz Funeral Home, Oelwein, and for an hour before services Saturday at the church; memorial fund has been established; Mr. Fitz had worked at United Farm Tools in Oelwein as a welder.

NEW HAMPTON — Paul D. Jacobsen, 88, of New Hampton, died Thursday, Dec. 25, at the New Hampton Nursing & Rehab Center of natural causes; survivors include three cousins, including Patty Woodley of Greene and Lois Milius of Clarksville; services will be 2 p.m. Sunday at Larkin-Martin-Hugeback Funeral Home, New Hampton, with burial with military honors in Rose Hill Cemetery, Greene; friends may call for an hour before services Sunday at the funeral home; Mr. Jacobsen was retired from the U.S. Postal Service and the Veterans Administration.

8:51 p.m., to Ridgeway Avenue and Butterfield Road, rescue response to motor vehicle accident.

Langley Road, pleaded guilty, given $50 fine; accused of writing a bad check to Hy-Vee Aug. 5.

C.F. man hospitalized with accident injuries

CEDAR FALLS — A 33-year-old Cedar Falls man was listed in fair condition today after a one-vehicle accident Thursday night.

Timothy Gladney of 700 W. Ridgeway Ave. No. 111 is recovering at Covenant Medical Center, Waterloo, from injuries he suffered in an accident on Ridgeway Avenue.

Gladney lost control of his pickup truck, which crossed the median and flipped into the air, launching it over Butterfield Road. The Cedar Falls Fire Division was called to the scene to extricate Gladney from the vehicle.

There were no passengers in the vehicle.

Previous 14 15 16 17 18 Next

Publication: Waterloo Courier

Location: Waterloo, Iowa, United States Of America

Issue Date: December 26, 1997

Previous Date | Next Date

Gina Finical

Share Warehouse

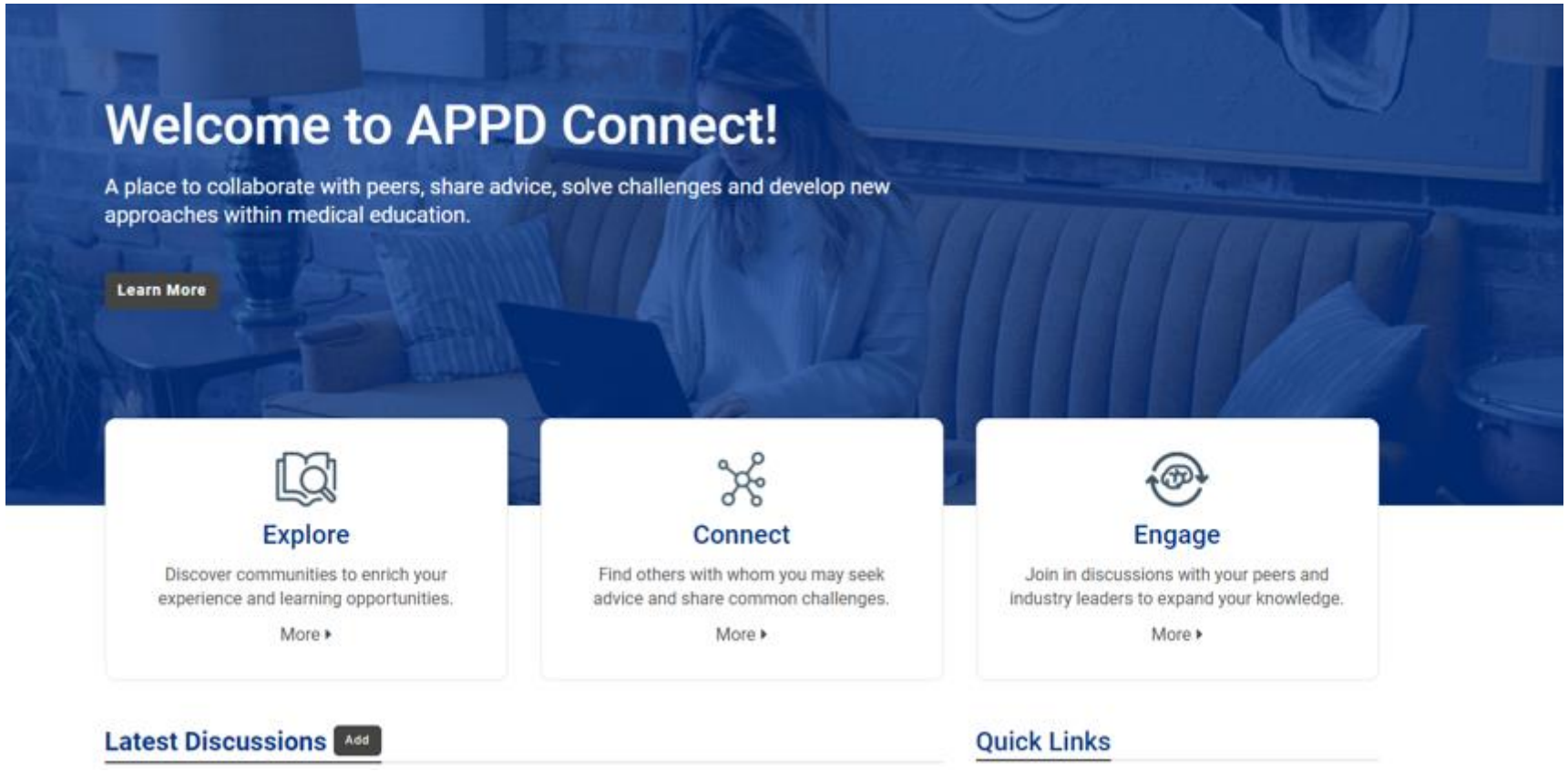
Leadership • Innovation • Collaboration • Scholarship • Engagement • Diversity, Equity, and Inclusion



https://www.appd.org/resources-programs/share-warehouse/

Association of Pediatric Program Directors

APPD Connect Discussion Boards



Virtual Cafés: 2022- 2023

3rd Friday of the Month | 2pm ET

Date	Topic
April 15, 2022	ONTPC (Organization of Neonatal-perinatal Training for Program Coordinators)
June 17, 2022	Creating a Program Community/ PC Community – True Colors Workshop
July 15, 2022	Well-Being for All
August 19, 2022	Social Media
September 16, 2022	Coordinator Professionalism
November 18, 2022	Scholarly Oversight Committee and Ob/Gyn Mentoring Program for Residents/Fellows
December 16, 2022	Coordinators' Executive Committee Annual Update / Holiday Celebration
January 20, 2023	Anti Racism Workgroup: How to go from a Bystander to an Upstander
February 17, 2023	Program Coordinator Journal Club

Note: Virtual Cafés are cancelled during the Fall and Spring Meeting month

Association of Pediatric Program Directors

Upcoming Virtual Café!

Friday, January 20, 2023 | 2pm ET
Anti Racism Workgroup
Cassandra Shorter, BS

Friday, February 17, 2023 | 2pm ET
Program Coordinator Journal Club
Pamela Knight, C-TAGME

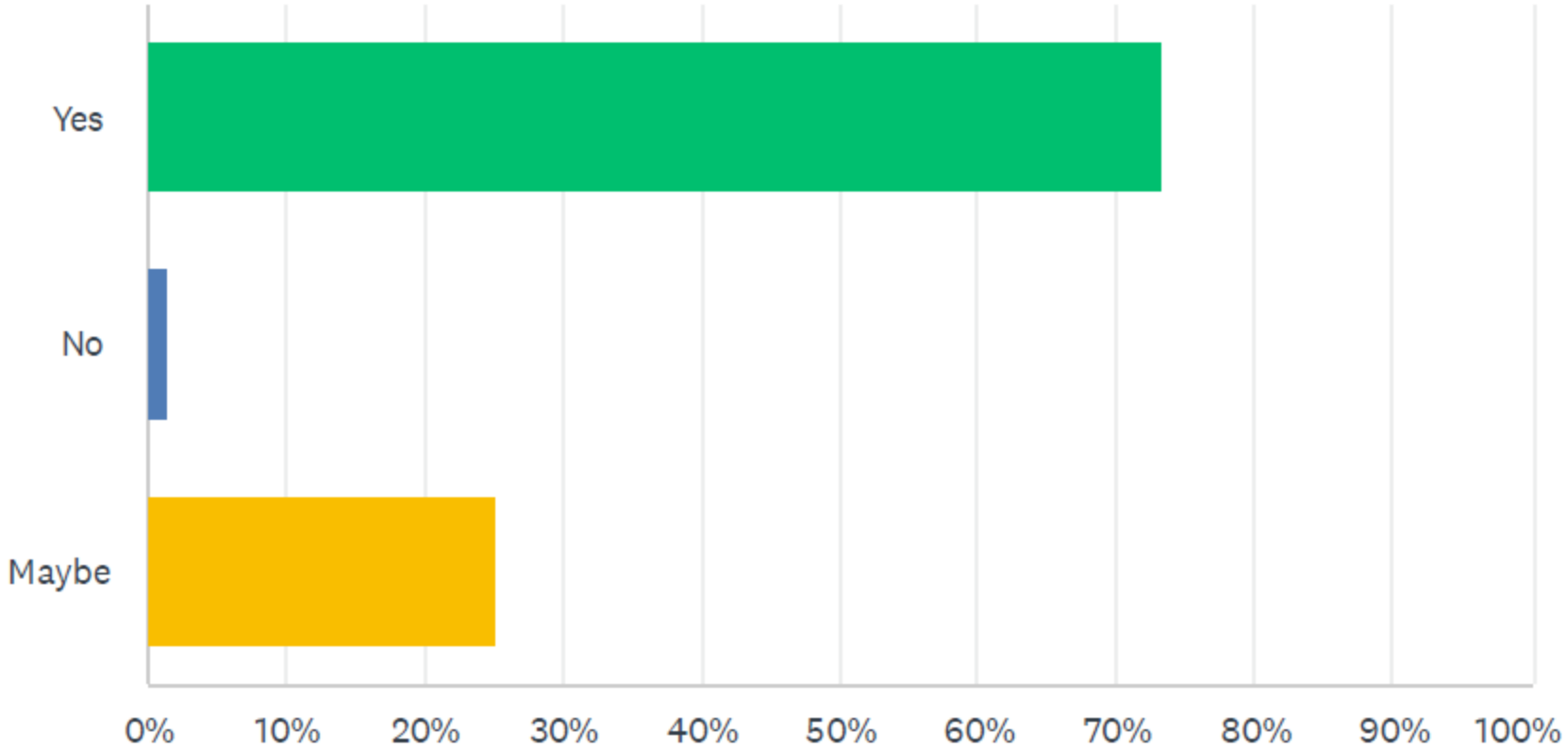
Association of Pediatric Program Directors

PC Virtual Café Series – Survey Results

September – November 2022

Q1 Are you interested in attending a Virtual Café?

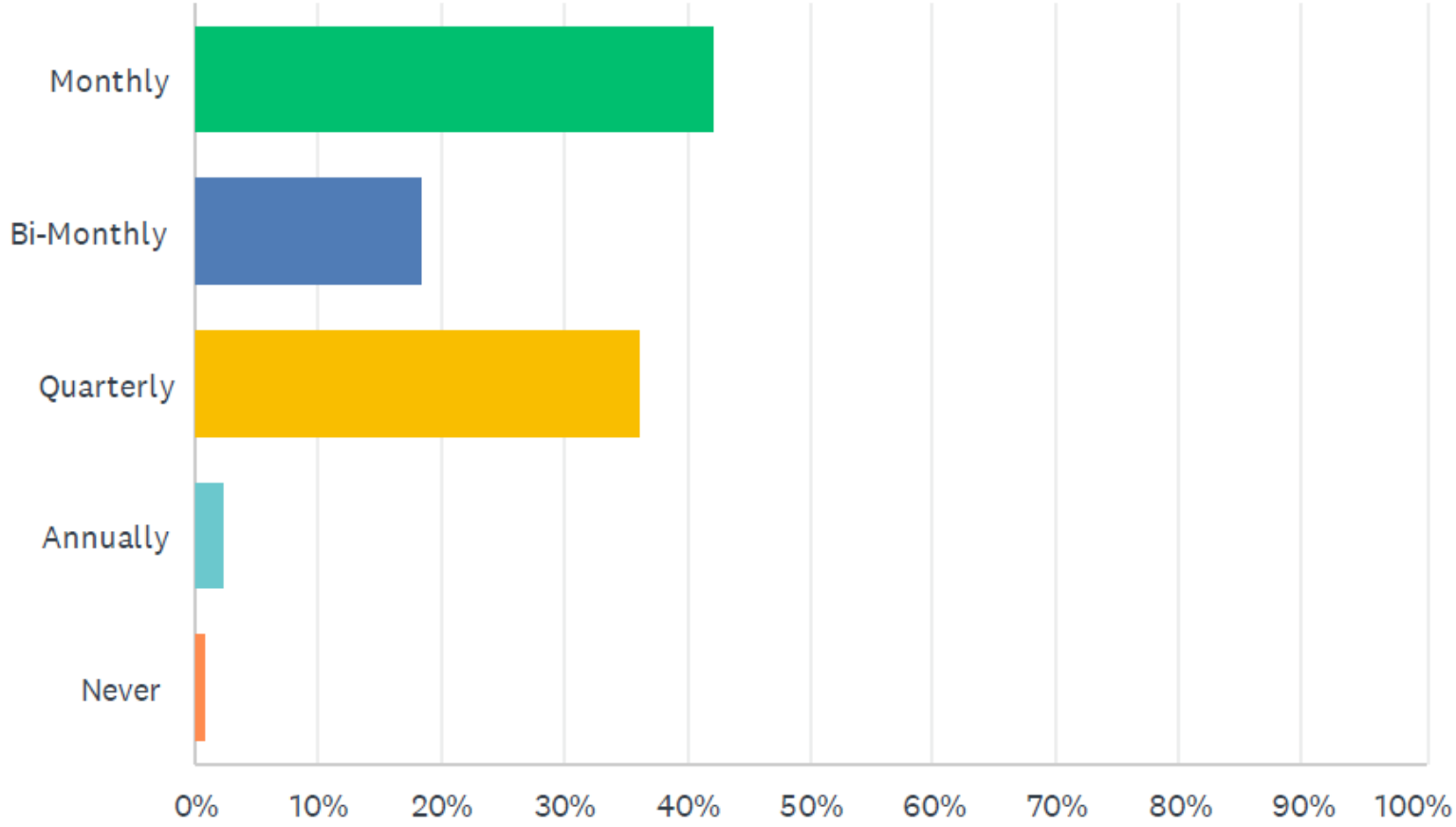
Answered: 131 Skipped: 0



PC Virtual Café Series – Survey Results

Q2 How often should we meet for a Virtual Café?

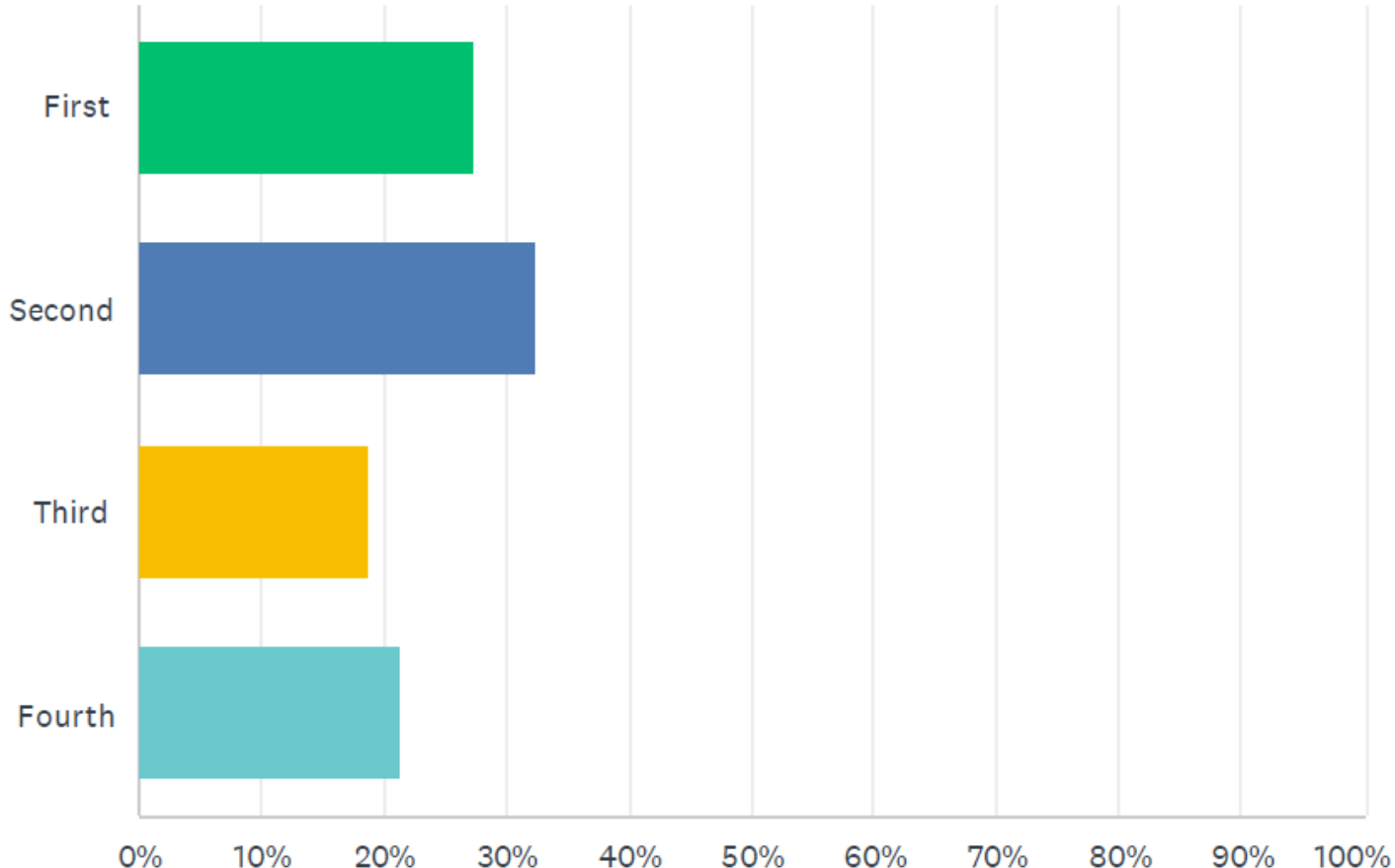
Answered: 130 Skipped: 1



PC Virtual Café Series – Survey Results

Q3 Please select the recurrent pattern for a Virtual Café

Answered: 117 Skipped: 14

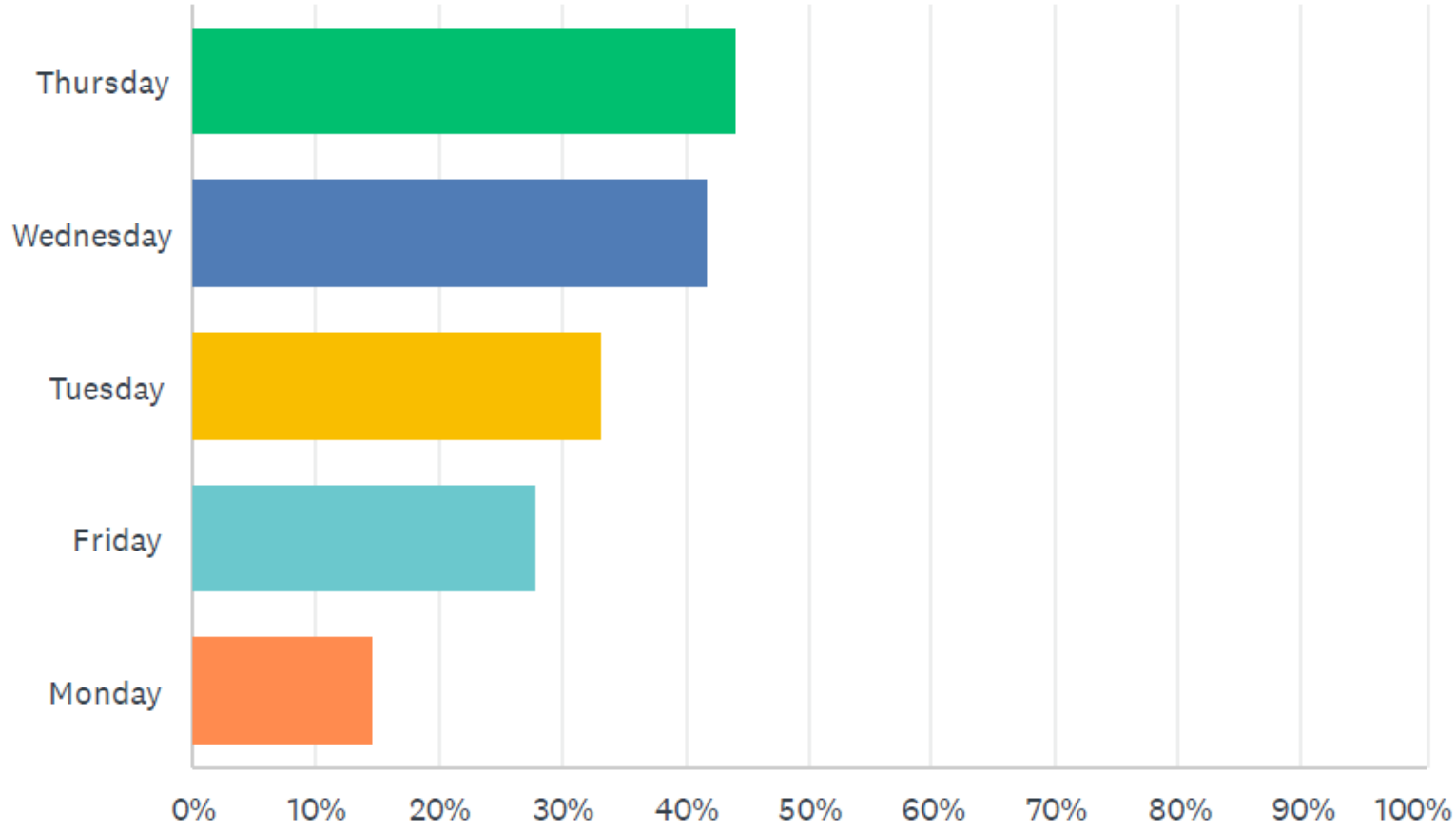


Association of Pediatric Program Directors

PC Virtual Café Series – Survey Results

Q4 Please select the best day of the week for a Virtual Café

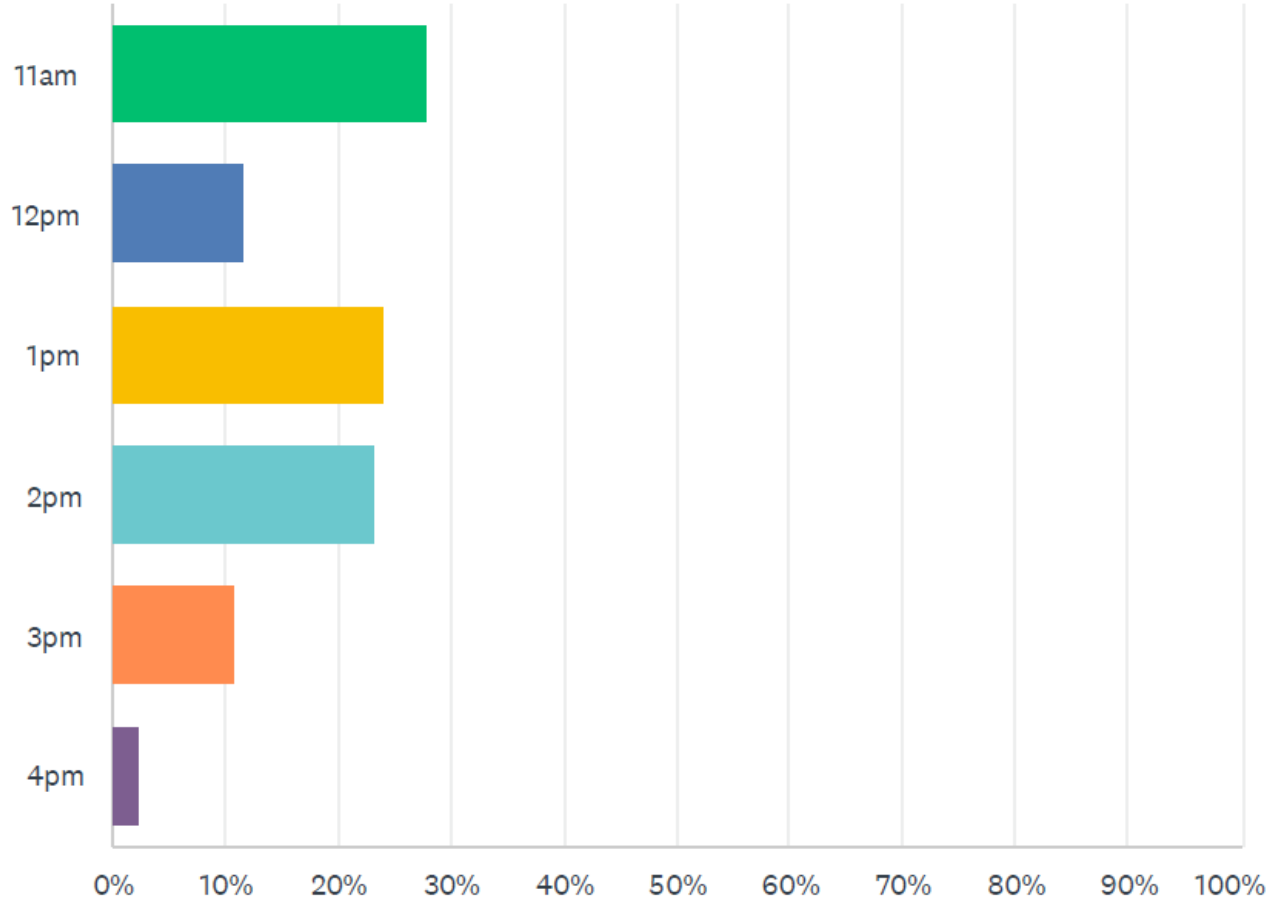
Answered: 129 Skipped: 2



PC Virtual Café Series – Survey Results

Q5 Please select a time of day - time listed below are in EST

Answered: 129 Skipped: 2



PC Virtual Café Series – Survey Results

Q6 What future topics do you wish to see during a Virtual Café?

Responses				
Recruitment (ERAS, Scheduling,	Annual Program Evaluations	Clinical Competency Committee	Information Technology	Protected time for PC
ACGME ADS Update	Orientation Onboarding	GME Centralization vs Decentralization	Timeline of Events	PC Commitment Bargain for Support
TAGME	Fellowship Coordinator Role	File Organization and Management Best Practices	Social Media	Resident assessment
National GME Conversation – Sharing Challenges	Faculty Development and Engagement	Managing Struggling Trainees	PC Journal Club	PC Research
Evaluations	Starting a Peds Group meet-up/check-in	Professional Development for PC	Stress Coping Skills Personality Types	PC Scholarly Activity
Work Hours Finance Support for PCs	ABP Leave Requirements	Wellness in Action (not a lesson) for us to attend	Time Management	Documentation Strategies
J-1 Visa	Diversity, Equity and Inclusion	TAGME	Leadership Development	Work-Life Balance

PC Virtual Café Series – Survey Results

Q7 Please comment on how we can improve our Virtual Café series:

Answered: 23 Skipped: 108

Comments				
Enjoyed the Virtual Cafés	Interesting topics	More interactive: games/polls/trivia	Change the day/time Friday is a horrible time	Facts Oriented
Sharing the Recording	You guys always do a great job	I love them all! No complaints	Record and send out	Maybe 30 minutes long
Having a forum with seasoned coordinators	You are doing a fantastic job, I just need to protect the time to log-in!	Invite guest speakers, interactive meetings	Offer them quarterly – once in person and one virtually	I love this series! The topic are super helpful
Remove from Friday afternoon	More interaction and breakout rooms	There are too many events; I can barely get my work done	N/A	Not sure, I am new to Virtual Café

PC Virtual Café Series – Survey Results

Q7 Please comment on how we can improve our Virtual Café series:

Answered: 23 Skipped: 108

To be honest, I don't attend these anymore unless there's a really relevant topic on something new like the supplemental ERAS application. I attend so many meetings in person and virtually that I just can't do one more that's not a requirement for me to be there or that will have relevant/important information for my job. I love and encourage professional development but doing it virtually isn't very engaging, and I can't focus on the speaker or content when there's so much work to do. Virtual Cafes were a great idea when the pandemic hit for many reasons, but those reasons may no longer be issues now that we're 3 years into this new way of working and connecting.

Association of Pediatric Program Directors

What do WE do next?

FH

PC Virtual Café Series Next Steps

NEW! Starting in April 2023:

Quarterly | 2nd Thursday | 11am ET

April 13, 2023
July 13, 2023
October 12, 2023
January 11, 2024
April 11, 2024

Are you interested in presenting at our Virtual Café?

- Diversity and Inclusion
  - Anti-Racism programs
  - LGBTQA+ projects
  - Gender issues in the workplace
  - Generational learner needs
- Career advancement / development
  - How to create scholarship – writing an abstract, creating a poster, submitting a publication
  - Professionalism
  - Communication techniques – difficult conversations, dealing with conflict, active listening
  - Year in the Life of a PC
  - Career Trajectory
  - Experiences with APPD Learning Communities – how to get involved
- Recruitment best practices
- Creating a budget – excel/PeopleSoft/etc
- Creating usable and relevant evaluations and assessment tools
- Technology
  - New Innovations IRIS report
  - EPIC/EMR online training
  - New and useful Apps
  - Learning Management Systems (Canvas, Blackboard, etc)
  - ERAS – filters, stats, etc
  - New Innovations – creating CCC teams or completing semi-annual reviews
  - Microsoft Word Programs (excel, outlook, word, publisher, Teams)
  - ITE prep
- Creating a Program Community
  - Hosting Social Events
  - Retreats
  - Wellness programs
  - Team building Activities - PC to PC, PD to PC, etc
- ACGME PREP
  - Self-Study
  - Site Visit
  - WebADS updates

Seeking speakers! Please email:

Francisco.Hernandez@towerhealth.org

Association of Pediatric Program Directors

NEW Release!



Association of Pediatric Program Directors

Reminder!

APPD 2023 Annual Spring Meeting

Association of Pediatric Program Directors

March 28-31, 2023

Atlanta Marriott Marquis

Atlanta, GA



Future Meetings Save the Date!

APPD 2024 Annual Spring Meeting

APPD 2023 Annual Fall Meeting

In-Person

September 21 - 22, 2023

Renaissance Arlington Capital View Hotel

Arlington, Virginia



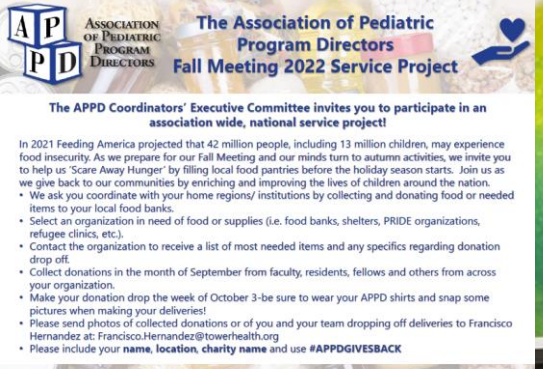
April 16-19, 2024

Sheraton Grand Chicago

Chicago, IL

Service Project!

FH











Little Free Library
Charter #109168
1216 Margaret Street
Saint Paul, MN

Emily Danich
Program Coordinator
Department of Pediatrics
Global Pediatrics Program
University of Minnesota

Books:
Last Stop on Market Street by Matt de la Peña

The Kite Runner by Khaled Hosseini

The Year We Learned to Fly by Jacqueline Woodson

Little Leaders Bold Women in Black History by Vashti Harrison

Thank you!

Innovate. Inspire. In-Person.





2022-2023 Upper Level Residents

UT Health San Antonio Pediatrics

Association of Pediatric Program Directors

2022 Book Drive





SAT4 Amazon Donations



Chief Resident and NICU Fellow



Program Director and Housestaff



Program Coordinators

















Association of Pediatric Program Directors

- Contact the CEC
- Regional Meetings
- Mentoring Workgroup
  - Monthly Calls
- Communication Workgroup (CoorCOMM)
- Grassroot Forum for Coordinators
  - Fall Meeting and Spring Meeting
- APPD LEAPES
  - Requirements must be met
- Virtual Cafés for Program Coordinators
- Virtual Cafés for APPD Members
- Learning Communities
- APPD Connect



Association of Pediatric Program Directors

Remember, the CEC is here to support YOU!



From:

YOUR Coordinators' Executive Committee