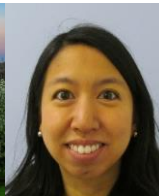


# Boston Children's Hospital Adolescent Medicine Fellowship Program

<https://dme.childrenshospital.org/graduate-medical-education/trainings-programs/division-of-adolescent-young-adult-medicine-fellowship-training/>

- 2-3 medical fellows per year
- Years 1 & 2
  - Outpatient: 4-5 sessions per week when not on call; primary and specialty care, community health, virtual and in-person visits
  - Inpatient: on call for 1wk at a time, weeks split between 1<sup>st</sup> and 2<sup>nd</sup> year fellows, nurse answering service overnight and on weekends, NP, at-home call, resident teaching, primary service and consultative care
  - Specialty care: eating disorder, repro endo, bone health, LARC, HIV, media overuse, chronic fatigue, substance use, sports med, gyn, gender affirming care
  - Academics: LEAH in Year 1, Current Opinions review, summer research experience resulting in abstract & manuscript in Year 2, lots and lots of amazing conferences
- Year 3 (“the icing on the cake year”)
  - Outpatient Clinic: continuity care (1.5 clinics per week, on average)
  - Inpatient: 1-3 call weeks per year with graduated independence
  - Academics: determined by fellow choice of track (MPH/MS, med ed, policy, QI, research, global health)



Coordinator: Jennifer Liu Goluszka, [jennifer.liugoluszka@childrens.harvard.edu](mailto:jennifer.liugoluszka@childrens.harvard.edu)

APD: Jessica Addison, MD, MS, [jessica.addison@childrens.harvard.edu](mailto:jessica.addison@childrens.harvard.edu)

PD: Sarah Pitts, MD, [sarah.pitts@childrens.harvard.edu](mailto:sarah.pitts@childrens.harvard.edu)

# NewYork-Presbyterian Hospital Columbia University Irving Medical Center

## ADOLESCENT MEDICINE @ NYP-COLUMBIA

The Section of Adolescent Medicine in the Division of Child and Adolescent Health at the New York-Presbyterian Morgan Stanley Children's Hospital sponsors an ACGME-accredited fellowship program designed to prepare young physicians for careers as leaders in the field of academic adolescent health care.

### LOCATIONS FOR TRAINING

- NYP-Morgan Stanley Children's Hospital
- Columbia University Undergraduate Medical Practice
- Columbia University Faculty Practice
- Weill Cornell Medicine
- NY State Psychiatric Institute



## ADOLESCENT MEDICINE @ NYP-COLUMBIA

### FELLOWSHIP YEAR 1

This year is focused on clinical training where fellows spend three sessions weekly providing ambulatory care. Over the year, time is spent in the Young Men's Clinic, Weill Cornell adolescent practice, and psychiatry inpatient and outpatient practices.

### FELLOWSHIP YEAR 2

This year is devoted to building and advancing research skills while strengthening teaching and clinical skills. 50% of fellows' time is protected for research.

### FELLOWSHIP YEAR 3

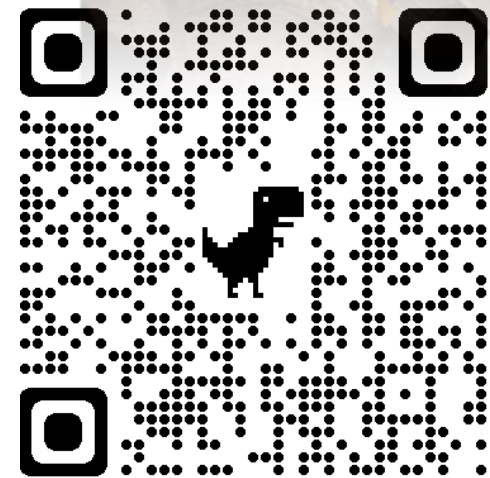
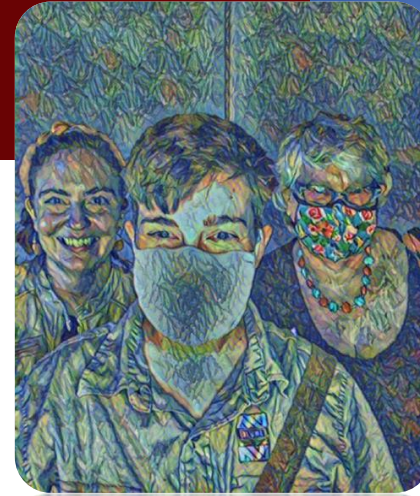
The third-year is devoted to advancing, research, scholarship, teaching, and development for launching a career in adolescent medicine. 50-70% time is dedicated to research and scholarship endeavors.

## CURRICULUM OVERVIEW BY YEAR



# Indiana University Adolescent Medicine Fellowship

- Large, vibrant, multidisciplinary division
- 1-2 fellows per year
- Pediatrics, family medicine, internal medicine, med-peds
- **Training:**
  - Children's hospital consult service & subspecialty clinics
  - Community health centers (FQHC)
  - Research, Clinical, Education tracks
  - MS or MPH
  - LEAH Program
  - Individualized career goals
- **Program Contacts:**
  - Director: Mary A Ott, MD, MA ([maott@iu.edu](mailto:maott@iu.edu))
  - Coordinator: Lyn Terrell, C-TAGME ([lynterre@iu.edu](mailto:lynterre@iu.edu))



# Children's Hospital at Montefiore/Albert Einstein Adolescent Medicine Fellowship Program

- 1 Fellow per year/cycle
- **Structure:**
  - 1<sup>st</sup> year: 4-5 weeks of inpatient service, 5 clinic sessions/week, school health
  - 2<sup>nd</sup> & 3<sup>rd</sup> year: 6-7 weeks of inpatient service, 2-3 clinic sessions/week, electives
- **Rotation Sites/Types:**
  - **Main Hospital/Site:** Children's Hospital at Montefiore, Bronx, NY
    - Inpatient & Consults
    - Gynecology & Reproductive Care (including Medically Complex Youth)
    - Long-Acting Reversible Contraception Clinic (staffed by Adolescent Medicine faculty)
    - Young Men's Health
    - Gender-Affirming Care
    - Eating Disorders
    - Obesity Management
  - Community Sites: school-based health (middle/high school and college campuses)
- **Other Fellowship Information:**
  - Serves NYC area (Bronx, Brooklyn, Manhattan, Queens), Westchester and Yonkers, Rockland County, Dutchess County, Northern NJ
  - Mainly urban, minority, underserved population
  - Other opportunities for fellows include MS (Clinical Research Training Program through Albert Einstein), MPH (through Albert Einstein), Innovation Biodesign Training Program (through Montefiore/Einstein), "Instructor of Pediatrics" (post-graduation position for research and career development)

## Contacts

- **Program Director:** Elizabeth Alderman, MD ([ealderma@montefiore.org](mailto:ealderma@montefiore.org))
- **Assistant Program Director:** Leslie Rosenthal, MD, MS ([lrosenthal@montefiore.org](mailto:lrosenthal@montefiore.org))





# Cohen Children's Medical Center

## Northwell Health<sup>SM</sup>

### Adolescent Medicine Fellowship Program

**Program Director:** Nadia Saldanha, MD

**Associate Program Director:** Ariel Nunez, MD

**Division Chief:** Martin Fisher, MD

### Current Fellows:

3<sup>rd</sup> year- Rashi Kabra, MD

2<sup>nd</sup> year- Gail Gutman, MD

1<sup>st</sup> year- Caroline Shank, MD



- **Fellows per year: 1 (3 total)**
- **Structure**
  - 1/3 research time spread over the three-year fellowship with time increasing each year
  - Clinical time spread over three years
- **Rotation Sites**
  - *Main Site:* Cohen Children's Medical Center
  - *Continuity Clinic:* Primary Care, Gynecology, Eating Disorder, Weight Management
  - *Community Sites:* School Based Health Centers, Local School District, Psychiatric Group Home, Merchant Marine Academy (College Health)
  - *Electives:* Dermatology, Sports Medicine, Transgender Care, HIV Clinic, Behavioral and Developmental Pediatrics, Women's Bleeding Disorder Clinic

**Located on the border of Nassau County and Queens**

- **Diverse patient population**
- **Easy access to all boroughs of NYC**



**Collaborative, Inclusive, and Collegial  
Work Environment**

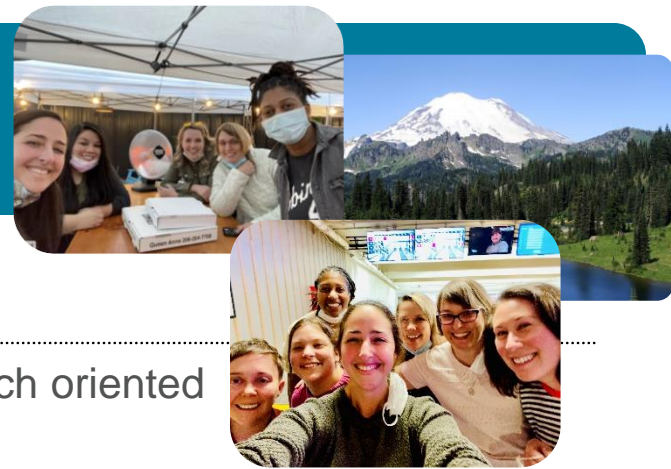
**Professional and Personal  
Life Balance**

**Patient-Centered Multidisciplinary  
Team Approach**





# Seattle Children's Adolescent Fellowship



- **Structure:**

- First year is clinically focused, years 2-3 more research oriented

- **Rotation sites/types:**

- At Seattle Children's: Inpatient Consults, Continuity Clinic, Gynecology, Sports Medicine, Gender Care
- In the community: School-Based Health, Kaiser Permanente HMO Teen Clinic, Juvenile Detention, Echo Glen (includes Behavioral/Substance), Homeless Youth Clinic

- **Other information:**

- LEAH Program
- Serves a 4-state region (Washington, Alaska, Montana, Idaho)
- Diverse population economically, in terms of race/ethnicity, and rural/urbanicity
- Opportunity to obtain MPH or MS, gain excellent research and teaching skills
- Partnerships with multiple T32 fellowships for research-bound fellows
- See each fellow as an individual, tailor second and third year to specific goals



**Seattle Children's**  
HOSPITAL • RESEARCH • FOUNDATION

**UW Medicine**  
SCHOOL OF MEDICINE



# Stanford Medicine Adolescent Medicine Fellowship Program

## Structure:

- 1-2 fellowship slots offered per year (total program of 4 fellows)
- Training is 60% clinical activities, 40% research

## Rotation types:

- Teaching and Consultation Service
- Teen and Young Adult Clinic, Eating Disorders Clinic, Gender Clinic, Adolescent Gynecology Clinic, Healthy Weight Clinic, Psychiatry Clinic, and additional subspecialty clinic and community opportunities
- Comprehensive Care Program (inpatient Eating Disorder Unit)

## Other fellowship information:

- Serves the San Francisco Bay Area with an extensive referral base throughout California
- Population served is diverse, suburban, and includes medically underserved teens
- Other opportunities for fellows:
  - Fellows can apply for the Master's Tuition Program (MTP) to support the cost of an approved MS program
  - Comprehensive Fellows' College program based in the Pediatric department
- Though grant application is encouraged, fellowship funding is guaranteed for the 3-year program

## Contact information:

- Website: <https://med.stanford.edu/adolescent.html>
- Program Contacts:
  - Jennifer Carlson, MD, Program Director – [carlson2@stanford.edu](mailto:carlson2@stanford.edu)
  - Rachel Goldstein, MD, Associate Program Director - [rachelg2@stanford.edu](mailto:rachelg2@stanford.edu)
  - Lauren Goddi, Program Coordinator - [lgoddi@stanford.edu](mailto:lgoddi@stanford.edu)





# University of Alabama at Birmingham (UAB) Adolescent Medicine Fellowship Program

## Primary and Subspecialty Care

- Adolescent primary care
- Eating disorders
- Substance abuse
- Gender health
- Adolescent gynecology
- Menstrual disorders
- HIV management
- Juvenile justice
- College health
- Sports medicine
- Psychiatry
- Endocrinology
- Weight management

## Leadership Education in Adolescent Health (LEAH)

Advocacy Training

Community Engagement

Core Fellowship Curriculum

Fellows Research Roundtable

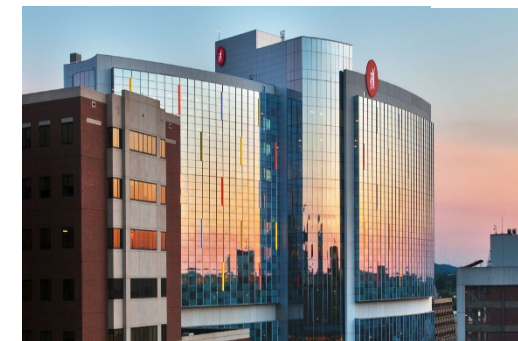
Mini Quality Academy

Mini Health Disparities Academy

Health Equity Scholars Program

Graduate Degree and Certificate Programs

- Public Health
- Healthcare Quality and Safety
- Healthcare Simulation
- Business Administration
- Mentoring and Leadership
- Applications of Mixed Methods Research
- Research Communication



Primary training site: Children's of Alabama, the only free-standing children's hospital in the state







# **University of Colorado School of Medicine Adolescent Medicine Fellowship Anschutz Medical Campus**

## **Strengths:**

- \* Comprehensive Family Planning (LARC training)
- \* Transgender Medicine
- \* Eating Disorders
- \* Mental Health
- \* Violence Prevention
- \* POTs/fatigue
- \* Primary Care

- \* 4-5 fellows (total)
- \* Anticipate 2 new fellows for 2023
- Strong record of fellows working in academia
- \* Contacts:

[Eric.sigel@childrenscolorado.org](mailto:Eric.sigel@childrenscolorado.org) PD

[Jennifer.woods@childrenscolorado.org](mailto:Jennifer.woods@childrenscolorado.org) APD

[Margaret.swift@childrenscolorado.org](mailto:Margaret.swift@childrenscolorado.org) PC



# UIC/Stroger Adolescent Medicine Fellowship Program



Karen Bernstein, MD, MPH  
*Program Director*



Karen Simpson, MD  
*Associate Program Director*



## Program Highlights

- 3 year ACGME fellowship that includes robust clinical curriculum and opportunities for scholarship and advocacy

### **Program Culture**

- Intimate program setting which allows for strong collaborative relationships between faculty and fellows and flexibility in tailoring curriculum to meet educational goals

### **Institution Culture**

- Minority serving institution with a focus on diversity in an urban setting
- Mission-driven program caring for a largely vulnerable patient population
- Funding support to present research at national meetings

### **Geographic Culture**

- Both UIC and Stroger are located in the heart of Chicago with a thriving cultural scene, vibrant street art and an amazing selection of restaurants
- Chicago provides outdoor activities, sports entertainment, parks, festivals and restaurants in all 4 seasons

## Curricular Highlights

- Clinical experiences: school-based health centers, adolescent psychiatry inpatient, joint med-psych outpatient, eating disorders, juvenile detention clinics, adolescent gynecology, family planning, sports medicine, obesity treatment, trauma, violence prevention and gender affirming care.
- Continuity Clinics: CCHHS Adolescent and Young Adults Clinic, UIC Adolescent Clinic, and opportunities for additional longitudinal experiences in 2<sup>nd</sup> and 3<sup>rd</sup> year
- Weekly Collaborative Didactic Lectures twice a week
- Scholarly Research Mentorship
- Board Preparation

### **Career Preparation:**

- 10% Non-Academic Positions
- 90% Academic Positions

## **Faculty:**

- Felicia Scott-Wellington, MD
- Sadhana Dharmapuri, MD
- Jonathan Klein, MD, MPH

### **Program Coordinator:**

Adriana Gasca

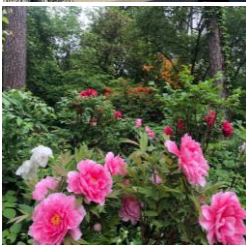
### **More Information:**

Email: [agasca2@uic.edu](mailto:agasca2@uic.edu)

[Adolescent Medicine Fellowship](#) | [Chicago Medicine \(uic.edu\)](#)

# University of Michigan/Mott Children's Hospital Adolescent Medicine Fellowship Program

- 1 fellow/year, funding for a total of 3 fellows
- Structure:
  - Clinical time vs. Research Time: allotted clinical and research time each year with increasing research time year by year
- Rotation Sites/Types:
  - Main Hospital/Site: C.S. Mott Children's Hospital/University of Michigan
  - Inpatient care: Adolescent Medicine Consult Service
  - Outpatient Clinics at Mott Hospital: Adolescent/Young Adult Clinic, Pediatric/Adolescent Gynecology Clinic, Ypsilanti Pediatric Clinic for Adolescent Primary Care experience, Pediatric Sports Medicine Clinics (including NeuroSport Clinic for concussion care), Pediatric/Adolescent Gender Services Clinic, U-M Addiction Treatment Services Program, Comprehensive Eating Disorders Program
  - Community Sites: The Corner Health Center in Ypsilanti (serving youth 12-25 and their children) both for Adolescent Medicine Clinic and Adolescent Gynecology Clinic, and School Based Health Clinics (Regional Alliance for Healthy Schools—Ann Arbor, Ypsilanti and Flint)
- Other Fellowship Information:
  - Serves patients from Ann Arbor, Ypsilanti, Toledo & Detroit areas, and more rural areas surrounding Ann Arbor
  - Other opportunities for fellows: Scholars program participation which range from 9 months to 2 years in Med Ed, Healthcare Equity, Patient Safety and Quality, and Healthcare Administration
  - Friendly, collegial small division, flexibility in tailoring your training to your career goals, add a wealth of research collaboration opportunities within the institution
  - Cool things about Ann Arbor: all the college sports you could dream off, great music/arts/dining, rated #2 in Livability's 2021 "best places to live in America," 25 minutes to the Detroit airport and 45 minutes to Detroit arts/sports/dining
- Contacts:
  - Program website: <https://medicine.umich.edu/dept/pediatrics/divisions/adolescent-medicine/adolescent-medicine-fellowship-program> and <https://medicine.umich.edu/dept/pediatrics/education/fellowships>
  - Program Director/Associate Program Director: Katie Miller and Alana Otto, [ktmil@med.umich.edu](mailto:ktmil@med.umich.edu) and [alanako@med.umich.edu](mailto:alanako@med.umich.edu)
  - Fellows: Becca Warwick, [warwicre@med.umich.edu](mailto:warwicre@med.umich.edu), Jess Jary, [jaryj@med.umich.edu](mailto:jaryj@med.umich.edu), Bernie Stoody, [denejay@med.umich.edu](mailto:denejay@med.umich.edu)







University of California  
San Francisco

# Adolescent Medicine Fellowship

## **Fellowship Structure:**

- 1 to 3 Fellows per year
- Between 35% and 55% research time per year, increasing annually

## **Core Rotation Sites/Types:**

- Benioff Children's Hospital/Clinics
- Teen Clinic: Combined Primary, Acute and Subspecialty care
- Inpatient Eating Disorder Primary Service / Consult Service

## **Clinical Electives:**

- Addiction Medicine (YoSUP)
- Gender Care (CAGC)
- Family Planning (NewGen and UCSF Adolescent Gyn)
- Psychiatry (Langley Porter)
- Sports Med (UCSF Sports Med)
- FQHC Satellite Site(s): Benioff Children's Hospital Oakland
- Community: SFGH, UC Berkeley Student Health, Juvenile Justice

## **Scholarly Opportunities:**

- Extensive research opportunities
- Formal training/course work in medical education and research

## **Other Fellowship Information:**

- Diverse urban population
- Regular formal support groups to promote wellness
- Great weather, 60-70s year round
- Access to outdoors / vibrant city
- Housing stipend

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**Program Director:** Marissa Raymond-Flesch, MD, MPH, [Marissa.Raymond-Flesch@ucsf.edu](mailto:Marissa.Raymond-Flesch@ucsf.edu)

**Assistant Program Director:** Matthew Meyers, MD, MPH, [Matthew.Meyers@ucsf.edu](mailto:Matthew.Meyers@ucsf.edu)

# University of Rochester Adolescent Medicine Fellowship

- Nurturing environment that highly values our fellows and their feedback, **emphasizes personal and team wellness**, embraces diversity, and participates in antiracism initiatives.
- One of the **first adolescent medicine fellowship programs**; UR is the home of the biopsychosocial model
- Location: urban, suburban and rural settings; culturally and geographically diverse patient population
- We provide **strong interprofessional clinical training** in our hospital-based subspecialty clinic on gender health, eating disorders, and reproductive health.
- **Flexible, individualized curriculum** allowing fellows to choose and create their own electives and participate in individualized pathways in QI, advocacy, ethics, or health policy.
- **Scholarly activity & QI Projects**: Option to pursue your own interests or work with a faculty member on a ongoing project
- **95% Tuition Waiver** for advanced degree programs such as MPH, Masters of Health Professions, MBA

## Program Contact Information:

Program Director: Susan "Shellie" Yussman, MD, MPH

[Susan\\_Yussman@URMC.Rochester.edu](mailto:Susan_Yussman@URMC.Rochester.edu)



# UPMC Children's Hospital of Pittsburgh Adolescent Medicine Fellowship



Orquidia Torres, MD, MS  
Program Director  
torresoa2@upmc.edu



Loreta Matheo, MD  
Associate Program Director  
Loreta.Matheo@chp.edu



Mary Zandier  
Program Coordinator  
zandierm3@upmc.edu



- **1-2 fellows per year**
  - Flexible & individualized schedule
- **Diverse clinical focus at a top Children's Hospital**
  - Comprehensive sexual and reproductive health
  - Gender affirming care
  - Complex mental health (integrated behavioral health team)
  - Eating disorders
  - Addiction medicine
  - Primary care
  - Special populations (youth experiencing homelessness, justice-involved youth)
  - Inpatient consults
  - Care for a diverse population from a 300-mile radius
- **Funding for advanced degrees and training**
  - Certificate or Masters in Medical Education or Clinical Research
  - PhD in Clinical and Translational Science
  - Physicians for Reproductive Health Leadership Training Academy (optional)

<https://www.pediatrics.pitt.edu/divisions/adolescent-and-young-adult-medicine/education-and-training/adolescent-medicine-1>



## Program Culture

- We are a program for independent learners interested in research, medical education, advocacy, and leadership

## Institution Culture

- UPMC is committed to serving the community and shaping the health system through clinical and technological innovation, research, and education

## Geographic area/Culture

- We are in Pittsburgh, Pennsylvania, a city with small town charm and one of America's "most livable" cities.



# *The University of Texas Medical School at Houston*

Our program's mission is to provide a diverse clinical and educational experience in adolescent medicine. Our program has a very strong primary care focus, but also the flexibility to allow fellows to find their niche within the field.

- Located in one of the largest medical centers in the world
- MD/MPH or MS degree offered
- 50% clinical/research split
- Dedicated to serving medically underserved
- One fellow every other year

Fellowship Director: Rebecca M. Beyda, MD, MS

[Rebecca.M.Beyda@uth.tmc.edu](mailto:Rebecca.M.Beyda@uth.tmc.edu)

Fellowship Coordinator: Kim Maxcey

[kimberlie.i.maxcey@uth.tmc.edu](mailto:kimberlie.i.maxcey@uth.tmc.edu)

<https://med.uth.edu/pediatrics/adolescent-medicine/fellowship/>



**UTHealth**  
The University of Texas  
Health Science Center at Houston

**McGovern**  
Medical School

# Strengths of UT Southwestern at Children's Health in Dallas, Texas

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## CLINICAL

- LARC procedures
- Gender care
- Consult clinic
- Even split to schedule
  - 18wks of call per year
  - Call = phone
- Moveable “parts” to the schedule
- One main physical location
- Breadth of faculty within the division

## SCHOLARSHIP

- Program Director is a researcher
- Mentorship by PhDs in Population Data Sciences and UTHSCH SPH
- Potential for advanced training degrees
- Several university initiatives
- DEI opportunities