# **Association of Pediatric Program Directors**



Fall Virtual Meeting

October 14-16, 2020

**Final Program** 

**CME & MOC PART 2 CREDITS AVAILABLE!** 

This activity has been approved for AMA PRA Category 1 Credit(s) TM. Category 1 Credit(s)  $^{TM}$ .

## A P P D

### 24th Annual Fall Meeting

October 14-16, 2020

#### Welcome to the 2020 APPD Fall Meeting



Becky Blankenburg, MD, MPH APPD President

Welcome to our first virtual APPD Fall Meeting! We are excited to have the opportunity to come together virtually to learn and share about a variety of topics including engaging programs in anti-racism work and supporting interactive learning in a virtual environment. We will have updates from our key stakeholders, and opportunities to connect with colleagues. We hope that these three days will be full of meaningful educational experiences for all attendees.

While we will miss seeing you in person, the past months have taught us that, although it is not the same, we can collaborate with colleagues, meet friends, and learn valuable information for your program virtually. It has also reinforced what an incredible community we have within the APPD. We look forward to a fantastic meeting.



Megan Aylor, MD APPD Secretary-Treasurer Program Chair, APPD 2020 Fall Meeting

#### **APPD 2020 Fall Meeting Program Executive Planning Committee**

Megan Aylor, MD, Program Chair APPD Secretary-Treasurer Oregon Health & Science University

Ross Myers, MD

APPD Associate Program Directors' Executive Committee
UH Rainbow Babies & Children's Hospital

Katherine Mason, MD

APPD Fellowship Directors' Executive Committee Hasbro Children's Hospital/Brown University Linda Waggoner-Fountain, MD, MEd

APPD Board of Directors

University of Virginia Children's Hospital

Melissa Bales, C-TAGME

APPD Coordinators' Executive Committee Indiana University School of Medicine

#### **APPD Management Team**

Laura Degnon, CAE
Executive Director
Laura@appd.org

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Beth King

APPD LEARN Program Manager

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**Dennis West**APPD LEARN Research Assistant
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APPD is managed by Degnon Associates, Inc.



## **24th Annual Fall Meeting**

## October 14-16, 2020

All times are listed in Eastern Daytime Time.

	Wednesday, October 14, 2020	Credit Hours
11:00-11:15am	Welcome & Introductory Remarks	
11:15am-1:30pm	Program Organization 101: Basics of Day-to-Day Program Leadership	2.25
	Learning Community Breakouts	2.25
1:30-1:45pm	Break	
1:45-3:15pm	Table-to-Able - see page 8 for topics in each session	1.5
3:15-3:30pm	Break	
3:30-4:00pm	Updates from Accreditation Council for Graduate Medical Education (ACGME)	0.5
	Thursday, October 15, 2020	
11:00am-12:00pm	Welcome, Updates from Association of Pediatric Program Directors (APPD), Updates from American Board of Pediatrics (ABP)	1.0
12:00-12:15pm	Break	
12:15-2:30pm	Hot Topic – What's that, DEAR? Approaches and techniques to address microaggressions and white fragility in the workplace	2.25
2:30-2:50pm	Break	
2:50-4:00pm	Keynote - Diversity, Equity, and Inclusion	1.0
	Friday, October 16, 2020	
11:00-11:30am	Welcome, Supporting International Medical Graduate (IMG) Residents, Longitudinal Educational Assessment Research Network (LEARN)	0.5
11:30-11:40am	Break	
11:40am-1:00pm	Section Specific Programming	
	Associate Program Directors' Session	1.25
	Coordinators' Session (Categorical and Fellowship)	1.25
	Fellowship Program Directors' Session	1.25
	Categorical Program Directors' Session	1.25
1:00-1:15pm	Break	
1:15-2:15pm	Hot Topic – Optimizing Virtual Recruitment in the Year of COVID	1.0
2:15-2:30pm	Break	
2:30-3:50pm	Hot Topic — Innovative Educational Strategies to Optimize Your Distanced Learning Environment	1.25
3:50-4:00pm	Wrap Up	

#### **APPD Leadership**

#### **President**

Rebecca Blankenburg, MD, MPH (2020 - 2022)

Stanford University

#### **Secretary-Treasurer**

Megan Aylor, MD (2020 - 2022) Oregon Health & Science University

#### **President-Elect**

Patricia Poitevien, MD, MSc (2020 - 2022) Hasbro Children's Hospital and Brown University

#### **Past-President**

Javier Gonzalez del Rey, MD, MEd (2020 - 2022) Cincinnati Children's Hospital Medical Center

Executive Director - Laura Degnon, CAE
Associate Director - Diana Kane, CAE

#### **At-Large Board Members**

John G. Frohna, MD, MPH (2018 - 2021)

University of Wisconsin

Heather McPhillips, MD, MPH (2020-2023)

University of Washington – Seattle Children's Hospital

Linda Waggoner-Fountain, MD, MEd (2019-2022)

University of Virginia Children's Hospital

#### **APPD Nomination Committee**

Javier Gonzalez del Rey, MD, MEd (2020-2022) Chair Cincinnati Children's Hospital Medical Center Casey Hester, MD (2020-2022) University of Oklahoma Health Sciences Center Catherine Michelson, MD (2019-2021) Children's Hospital/Boston Medical Center

## APPD Executive Committees Associate Program Directors' Executive Committee

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University of Washington, Seattle Children's' Hospital
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Stanford University
Monique M. Naifeh, MD, MPH (2020-2023)
University of Oklahoma Health Sciences Center

## **Coordinators' Executive Committee**Beth Payne Wueste, MAEd, C-TAGME (2020 - 2021) Chair

University of Texas Health Science Center at San Antonio
Melissa Bales, C-TAGME (2020 - 2021) Chair-Elect
Indiana School of Medicine
Amy Gaug, C-TAGME (2020 - 2021) Past Chair
University of Minnesota
Francisco Hernandez, BAHSA, MBAHM (2018 - 2021)
Jersey Shore University Medical Center
Lindsey Gurganious, BSHA (2020 - 2023)
Baylor College of Medicine, Texas Children's Hospital
Cassandra Shorter, BS (2017 - 2022)
Baylor College of Medicine (Houston)

#### **Chief Residents' Executive Committee**

Blair Dickinson, MD, MS Co-Faculty Lead Mentor St. Christopher's Hospital for Children
Jay Homme, MD Co-Faculty Lead Mentor Mayo Clinic
Alisa Acosta, MD (2020-2024) Faculty Mentor Baylor College of Medicine
Sophia Goslings, MD (2020-2024) Faculty Mentor University of South Alabama
Cheryl Taurassi, MD (2020-2024) Faculty Mentor Cohen Children's Hospital
Eric Zwemer, MD (2020-2024) Faculty Mentor University of North Carolina Hospitals

#### **Chief Residents**

Margarita Corredor, MD (2020-2021) Past Chair *Mayo Clinic*Abraham Khorasani, MD (2020-2021) Past At-Large Member *University of Connecticut* 

Ana Clara Mauro, MD, MPH, Chair
University of Illinois at Chicago
Jonathan Lebowitz, MD, Vice Chair
NYU Grossman School of Medicine
Caroline Wang, MD, MBA, Secretary
University of California, Davis
Annie Gula, MD, Member-at-Large
Children's Hospital of Philadelphia
Claire Hailey, MD, Member-at-Large
University of Chicago Medicine, Comer Children's Hospital
Kristen Lancaster, MD, Member-at-Large
UT Southwestern

#### Fellowship Program Directors' Executive Committee

Jennifer Kesselheim, MD, MEd, MBE (2020-2021) Chair Children's Hospital/Boston Medical Center
Christine Barron, MD (2020-2021) Chair-Elect Brown University

Katherine Mason, MD (2020-2021) Past-Chair Brown University/Hasbro Children's Hospital
Meredith Bone, MD (2019-2022)

McGaw Medical Center of Northwestern University
Jennifer Duncan, MD (2018-2021)

Washington University/St. Louis Children's Hospital
Hayley Gans, MD (2020-2023)

Stanford Children's/Stanford Pediatrics

#### **APPD Leadership**

#### **APPD Council of Regional Chairs**

www.appd.org/networking-groups/regions/ Jason (Jay) Homme, MD Chair (2017 - 2021) Mayo School of Graduate Medical Education

#### **Mid-America Region**

Sue Poynter Wong, MD, MEd (2018 - 2021)
Cincinnati Children's Hospital Medical Center/
University of Cincinnati College of Medicine
Keith Ponitz, MD (2020-2023)
Case Western Reserve University/University
Hospital Case Medical Center/Rainbow Babies
Edith Reynolds (2018-2021)
University of Toledo College of Medicine

#### **Mid-Atlantic Region**

Brooke Bokor, MD (2019-2020) Children's National Medical Center David Rappaport, MD (2017-2020) duPont Hospital for Children

#### **Midwest Region**

Keith Mather, MD (2020-2023)

University of Oklahoma
School of Community Medicine
Daniel Sklansky, MD (2018-2021)
University of Wisconsin
Cindy Colpitts (2019-2022)
University of Nebraska Medical Center College of
Medicine / Creighton University
Jolynn Hora (2019-2022)
University of Iowa Children's Hospital

#### **New York Region**

Stephen Barone, MD (2020 - 2023)

Zucker School of Medicine at Hofstra/Northwell at
Chen Children's Medical Center

Winchelle Morival, MPH (2019 - 2020)

Harlem Hospital Center/Columbia University

#### **Northeast Region**

Carol Lynn O'Dea, MD (2020-2023)

Dartmouth-Hitchcock Medical Center

Stewart Mackie, MD (2020-2022)

Baystate Children's Hospital

Marianne Custer, BS (2017-2020)

Connecticut Children's Medical Center

#### **Southeast Region**

Whitney Browning, MD (2020-2021)

Vanderbilt University Medical Center

Bindya Bagga, MD (2020-2021)

University of TN Health Science Center

Kenya McNeal-Trice, MD (2020-2021)

University of North Carolina Hospitals

Jennifer Crotty, MD, FAAP (2020-2021)

East Carolina University

#### **Southwest Region**

Tammy Camp, MD (2017-2020)

Texas Tech University Health Science Center

Alisa Acosta, MD, MPH (2017-2020)

Texas Children's Hospital

Dawn Larson (2020-2023)

Texas Tech University (Amarillo)

## Western Region Vasudha Bhavaraju, MD (2019-2021)

Phoenix Children's Hospital /

Maricopa Medical Center
Megan Christofferson (2019-2021)
Stanford University
Rachel Cramton, MD (2019-2021)
University of Arizona
Lynne Huffman, MD (2019-2021)
Stanford University
Laura Kester, MD, MPH (2019-2021)
University of California Davis Medical Center
Sylvia Yeh, MD (2019-2021)
Los Angeles County-Harbor UCLA Med Center



#### **Council of Learning Community Chairs**

www.appd.org/networking-groups/learningcommunities/ Patricia Poitevien, MD, MSc, Chair (2019-2022) Hasbro Children's Hospital and

#### Assessment

**Brown University** 

Jennifer DiPace, MD, Chair (2019-2021) New York Presbyterian Hospital – Cornell Campus Mackenzie Frost, MD, Vice Chair (2019-2021) University of Texas Southwestern Medical School

#### **Behavioral and Mental Health**

Sue Poynter Wong, MD, MEd, Chair (2020-2022) Cincinnati Children's Hospital Medical Center Eliza Beth Chawla, MD, Vice Chair (2020-2022) Georgetown University Hospital

#### **Community Health and Advocacy Training**

Michelle Barnes, MD, Chair (2020-2022)

University of Illinois

College of Medicine at Chicago

Rosemary Hunter, MD,

Vice Chair (2020-2022)

Vanderbilt University

#### Curriculum

Christine Skurkis, MD, Chair (2020-2022)

Connecticut Children's Medical Center

Michael Weisgerber, MD, MS,

Vice Chair (2018-2020)

Medical College of Wisconsin

#### **Educational Technology**

Michelle Miner, MD, Chair (2019-2021) Southern Illinois University School of Medicine Amy Gaug, C-TAGME, Vice Chair (2019-2021) University of Minnesota

#### **Faculty and Professional Development**

Jerri Rose, MD, Chair (2020-2022)

Case Western Reserve University

Erika Friehling, MD, Vice Chair (2020-2022)

Children's Hospital of Pittsburgh of UPMC

#### **Healthcare Simulation in Pediatrics**

Amanda Rogers, MD, Chair (2019-2021)

Medical College of Wisconsin

Sofia Aliaga, MD, MPH,

Vice Chair (2019-2021)

University of North Carolina

#### LGBTQA+

Beth Payne Wueste, MAEd, C-TAGME, LSSBB, Chair (2019-2021) University of Texas Health Science Center at San Antonio

Anna Dusseau, BHCA, Vice Chair (2019-2021) Children's Hospital Medical Center of Akron

#### **Pediatric Global Health Educators**

Heather Crouse, MD, Chair (2019-2021)

Baylor College of Medicine (Houston)

Jennifer Watts, MD, MPH,

Vice Chair (2019-2021)

Children's Mercy Kansas City

#### **Research and Scholarship**

Monique Naifeh, MD, Chair (2020-2022) University of Oklahoma Health Sciences Center Sabrina Ben-Zion, MD, Vice Chair (2020-2022) Akron Children's Hospital

#### Underrepresented Minorities in Pediatric Graduate Medical Education

Emma Omoruyi, MD, MPH, Chair (2020-2022)

McGovern Medical School

Tye Winters, DO, Vice Chair (2020-2022)

Goryeb Children's Hospital



## APPD Leadership in Educational Academic Development (APPD LEAD)

www.appd.org/resources-programs/educational-resources/appd-lead/

APPD LEAD is a nationally recognized program that provides a unique opportunity for pediatric academic leaders in medical education to engage and learn from seasoned program directors, pediatric educators, and other national leaders in pediatrics. The LEAD curriculum focuses on organizational leadership, competency-based curriculum development, faculty development, residency and fellowship program administration, scholarship and career development. The curriculum is paced over three educational conferences, with additional group activities, readings and project work expected between conferences.

Interested in applying? Please watch for APPD LEAD Cohort 10 announcements in early 2022.

#### **APPD LEAD Council Members / Faculty**

Rebecca Swan, MD, Chair

Vanderbilt University School of Medicine

Marsha Anderson, MD

University of Colorado

Bruce Herman, MD

University of Utah

Richard Mink, MD, MACM Harbor-UCLA Medical Center

Richard Shugerman, MD

Seattle Children's Hospital/University of Washington

Robert Vinci, MD

Boston Medical Center

Ingrid Walker-Descartes, MD, MPH, MBA

Maimonides Infants & Children's Hospital of Brooklyn



#### APPD Longitudinal Educational Assessment Research Network (LEARN)

http://learn.appd.org

APPD LEARN provides infrastructure for multicenter, collaborative research projects by and for Pediatric residency programs.

LEARN's mission is to conduct meaningful educational research that advances the training of future Pediatricians by developing and promoting participation and collaboration in research by program directors for the purpose of improving the health and well-being of children. Our vision is to advance exemplary pediatric education through collaborative educational research by Pediatric program directors. APPD LEARN pursues its mission through the following interconnected activities:

- Managing a collaborative research network of Pediatric Programs working together to conduct multi-site studies of educational methods and instruments
- Maintaining an online repository of educational research study materials, raw data, and findings for dissemination to APPD members and collaborators
- Promoting learning opportunities to enhance educational research participation and scholarship by Program Directors
- Providing expert consultation for research conducted within APPD LEARN
- Communicating regularly with the APPD membership and the larger medical education community about activities, opportunities, and outcomes
- Exploring, conducting, and coordinating research with other organizations and initiatives across a continuum of medical and non-medical education

#### **APPD LEARN Advisory Committee**

Teri Turner, MD, Chair
Sue Poynter, MD, MEd
Su-Ting Li, MD, MPH
Erika Abramson, MD
Rebecca Blankenburg, MD, MPH
Patty Hicks, MD, MHPE, PMAC
David Turner, MD, ABP
Richard Mink, MD, SPIN network
Alan Schwartz, PhD, APPD LEARN Director
Beth King, MPP, APPD LEARN Program Manager
Laura Degnon, CAE, APPD Executive Director (ex officio)



#### APPD Leadership Empowerment for Advancing Pediatric Education Specialists (APPD LEAPES)

www.appd.org/resources-programs/educational-resources/appd-leapes/

APPD LEAPES is a 9-month advanced, longitudinal and hybrid course which provides outstanding training for administrators aspiring to develop the knowledge and skills needed to become leaders in medical education.

#### The program features

- Three educational conferences with over 32 hours of educational content
- A curriculum focusing on leadership, educational scholarship, career development, program management, and program development
- A nationally recognized council and subject matter experts with significant teaching and professional experience in program leadership and medical education
- · Peer group activities and support
- A mentored workshop abstract, presentation, and educational project for home institution
- Certificate given at the completion of all program-required elements

#### **APPD LEAPES Council**

Michelle Brooks, C-TAGME - Chair Stanford Children's/Stanford Pediatrics

Melissa Bales, C-TAGME Indiana University School of Medicine

Pamela Carpenter, MEd, C-TAGME University of Utah

Amy Gaug, C-TAGME University of Minnesota

Becky Blankenburg, MD, MPH Associate Chair of Education Stanford University

Heather McPhillips, MD, MPH Pediatric Residency Program Director University of Washington – Seattle Children's

Laura E. Degnon, CAE
Executive Director, Association of Pediatric Program Directors

## APPD AIM Scholars Program Advancing Inclusiveness in Medical Education

Lahia Yemane, MD Chair, URM in Peds GME LC Associate Program Director, Stanford

Emma Omoruyi, MD, MPH Vice-Chair, URM in Peds GME LC Associate Program Director, UTHSC Houston

The AIMS Scholars Program's objective is to expose Underrepresented Minorities (URM) in Pediatric Graduate Medical Education, to the APPD community and careers in pediatric medical education, earlier in their training with the goal of increasing diversity in pediatric medical education leadership.

The program, which typically correlates with the APPD Annual Spring Meeting, features an overview of careers in medical education, panel discussions and networking. Scholars are paired with a faculty mentor who is a member of the <a href="URM">URM</a> in Peds GME learning community.

Those eligible for the program are 2nd year categorical pediatric residents or 3rd year residents in a combined pediatrics program in good standing at a residency program that is a member of APPD.

#### **MISSION**

To ensure the health and well-being of all children, we serve pediatric programs by leading the advancement of medical education, the development of a diverse workforce, the cultivation of an inclusive clinical learning environment, and promotion of educational innovation and research.

#### **VISION**

Exemplary pediatric education.



#### **VALUES**

The leadership is governed by these principles:

- ✓ Leadership
- ✓ Scholarship
- ✓ Innovation
- ✓ Collaboration
- ✓ Engagement
- ✓ Diversity, Equity and Inclusion

### 24th Annual Fall Meeting

October 14-16, 2020

#### Wednesday, October 14, 2020

All times are listed in Eastern Daytime Time.

#### 11:00-11:15am

#### **Welcome & Introductory Remarks**

Dr. Becky Blankenburg, APPD President and Dr. Megan Aylor, Fall Meeting Chair

#### 11:15am-1:30pm

#### Program Organization 101: Basics of Day-to-Day Program Leadership

This session is designed for all program leaders (PDs, APDs, Coordinators, FPDs) who are new to their roles and those wanting a refresher about the important activities of GME program leadership, including the annual cycle for both core programs and fellowships. Potential topics may include Match and Recruitment, Reporting to the governing bodies (ACGME, ABP), Trainee Assessment, and Program Evaluation. Attendees will have numerous opportunities for Q&A with the presenters and other program experts. Led by Christine Barron, MD, Brown University, Pamela Carpenter, M.Ed, C-TAGME, University of Utah, Kathleen Donnelly, MD. Lurie Children's Hospital of Chicago, Jennifer Duncan, MD, Washington University/B-JH/SLCH, Michele Holloway Nichols, MD, University of Alabama Medical Center, Brian Lurie, MD, MPH, FAAP, Carolinas Medical Center/Levine Children's Hospital Consortium, Ross Myers, MD, University Hospital Rainbow Babies & Children's Hospital, Kris Rooney, Lehigh Valley Health Network/University of South Florida College of Medicine, Chelsey Sandlin, MD, Louisiana State University, David Stagliano, MD, National Capital Consortium.

#### **Learning Community Breakouts**

An APPD Learning Community is a group of APPD members who share learning interests and goals and who communicate regularly to collaborate on learning projects. These communities may serve as a platform for cohort-based interdisciplinary approaches to deeper learning and sharing as well as work on common projects to develop new innovations and define effective methods to meet their shared goals.

- Assessment Learning Community
- Behavioral & Mental Health Learning Community
- Community Health & Advocacy Training Learning Community
- Curriculum Learning Community
- Educational Technology Learning Community
- Faculty & Professional Development Learning Community
- Healthcare Simulation in Pediatrics Learning Community
- LGBTQA+ Learning Community
- Pediatric Global Health Educators Learning Community
- Research & Scholarship Learning Community
- · Underrepresented Minorities In Pediatric Graduate Medical Education Learning Community

#### 1:30-1:45pm

#### **Break**

#### 1:45-3:15pm

#### **Table to Able Breakouts**

Participants will join faculty experts to receive guidance on topics specific to their role as educators and program leaders. Faculty experts will facilitate discussion and share their expertise. There will be two separate breakout sessions, please attend the one you chose at registration. *Led by Sharon Calaman, MD, CHSE, New York University.* 

#### 1:45 - 2:30 PM ET

#### Sub-session 1A

- Telemedicine optimization and best practices for trainees
- Learner in difficulty/remediation: Fellowship
- Learner in difficulty/remediation: Residency
- Faculty Development for your Fellowship program
- Scholarly Activity in your Fellowship Programs
- Scholarly Activity in your Residency Programs
- Coordinator development opportunities: LEAPES
- Coordinator development opportunities: TAGME
- Meet the Board

#### Wednesday, October 14, 2020

All times are listed in Eastern Daytime Time.

#### 1:45-3:15pm Table to Able Breakouts, continued

#### 1:45 - 2:30 PM ET

#### Sub-session 1B

- Effective use of social media
- Creating visual abstracts to highlight scholarly work in a virtual environment
- Creating Inclusive Spaces
- Faculty Development for your Residency program
- Recruitment Season Strategies
- Continuity Clinic
- Canvas, a Learning Management System
- LEARN- Longitudinal Educational Assessment Research Network

#### Sub-session 1C

- Action Strategies for Wellness
- Program nuts & bolts: Streamlining your CCCs, PECs & APEs
- Virtual interviewing strategies and platforms (Zoom, Teams, etc.)

#### 2:30-3:15 PM ET

#### Sub-session 2A

- Effective use of social media
- Learner in difficulty/remediation: Residency
- Creating Inclusive Spaces
- Faculty Development for your Fellowship program
- Faculty Development for your Residency program
- Recruitment Season Strategies

#### Sub-session 2B

- Telemedicine optimization and best practices for trainees
- Learner in difficulty/remediation: Fellowship
- Creating visual abstracts to highlight scholarly work in a virtual environment
- Scholarly Activity in your Fellowship Programs
- Scholarly Activity in your Residency Programs
- Action Strategies for Wellness
- Program nuts & bolts: Streamlining your CCCs, PECs & APEs
- Continuity Clinic
- Virtual interviewing strategies and platforms (Zoom, Teams, etc.)
- Canvas, a Learning Management System
- LEARN- Longitudinal Educational Assessment Research Network
- Coordinator development opportunities: LEAPES
- Coordinator development opportunities: TAGME
- Meet the Board

#### 3:15-3:30pm Break

#### 3:30-4:00pm Updates from the Accreditation Council for Graduate Medical Education (ACGME)

Susie Buchter, MD, Chair, Review Committee for Pediatrics and Caroline Fischer, MBA, Executive Director, Review Committee for Pediatrics

Update from the Accreditation Council of Graduate Medical Education (ACGME) with Q&A

#### Thursday, October 15, 2020

All times are listed in Eastern Daytime Time.

11:00am-12:00pm

#### Welcome

Dr. Megan Aylor, Fall Meeting Chair

#### **Association of Pediatric Program Directors (APPD) Update**

Dr. Becky Blankenburg, APPD President

#### American Board of Pediatrics (ABP) Update

Suzanne K. Woods, MD, Executive Vice President, Credentialing and Initial Certification, The American Board of Pediatrics

12:00-12:15pm

#### **Break**

12:15-2:30pm

## Hot Topic – What's that, DEAR? Approaches and techniques to address microaggressions and white fragility in the workplace

Microaggressions are "brief and commonplace daily verbal, behavioral, or environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative racial slights and insults towards people of color" (Sue et al. 2007). Members of marginalized groups, including trainees, staff, patients, and families, experience daily microaggressions that have short- and long-term adverse impacts. Intertwined with racial microaggressions is the concept of white fragility, defined by DiAngelo as "a state in which even a minimum amount of racial stress becomes intolerable, triggering a range of defensive moves", thus inhibiting constructive dialogue and action. Creating an inclusive environment and advocating for equity require awareness of microaggressions and white fragility. In this interactive workshop, presenters will begin by outlining how we teach the history of race and racism in the United States and define microaggressions and white fragility within the curriculum in our residency program. We will review and discuss examples in small groups. Participants will learn how to use strategies derived from dialectical behavioral therapy (DBT) to interrupt microaggressions and address white fragility, such as "DEAR" (Describe, Express, Ask/Assert, Reinforce) and "PAUSE" (Pause, Acknowledge, Understand, Self-Reflection, Embrace & Explore). The session will conclude with a review of our Responding to Microaggressions toolkit. Led by Paul Homer, MD, University of Washington, Sahar N. Rooholamini MD, MPH, University of Washington, Mollie Grow MD, MPH, University of Washington, Courtney Gilliam MD, University of Washington, Jessica McDade MD, University of Washington, Aleksandra Olszewski MD, Olszewski University of Washington, Maneesh Batra MD MPH, University of Washington, Celeste Quitiquit Dickason MD, University of Washington, Elena Griego MD, University of Washington, Heather McPhillips, MD MPH, University of Washington, Tara Wenger, MD, PhD, University of Washington, Roberto Montenegro, MD, PhD, University of Washington.

2:30-2:50pm

#### **Break**

2:50-4:00pm



#### **Keynote Address on Diversity, Equity, and Inclusion**

William A. McDade, MD, PhD, Chief Diversity and Inclusion Officer, ACGME

Dr. McDade is the Chief Diversity and Inclusion Officer leading the ACGME's internal and external diversity and inclusion activities. He focuses on national initiatives to diversify and include underrepresented groups throughout the medical education continuum with the goal of providing physicians with the knowledge and skills required to serve the American public in humanistic environments where clinician and patient well-being is promoted.

#### Friday, October 16, 2020

All times are listed in Eastern Daytime Time.

#### 11:00am-11:30pm

#### Welcome

Dr. Megan Aylor, Fall Meeting Chair

#### **Supporting International Medical Graduate (IMG) Residents**

Led by Rana Chakraborty, MD, MSc, FRCPCH, FAAP, D.Phil (Oxon), Department of Pediatric and Adolescent Medicine, Senior Associate Consultant, Professor of Pediatrics, Immunology, and Obstetrics and Gynecology, Mayo Clinic Alix School of Medicine.

#### Longitudinal Educational Assessment Research Network (LEARN) Update

Dr. Alan Schwartz, APPD LEARN Director

#### 11:30-11:40am

#### Break

#### 11:40am-1:00pm

#### **Section Specific Programming**

Participants will breakout into section-specific groups to delve more deeply into specific topic of interest, using tools to maximize the structure and organization of their own programs

- Associate Program Directors
- Coordinators
- Fellowship Program Directors
- Program Directors

#### 1:00-1:15pm

#### Break

#### 1:15-2:15pm

#### **Hot Topic - Optimizing Virtual Recruitment in the Year of COVID**

This session will be an open format to share the wins and challenges of a virtual recruitment season. From basic tips on virtual platforms to best practices of sharing a program online, scheduling formats, provision of dyssynchronous materials to applicants, real time interview tips and evaluations, the panelists will participate in open dialogue focusing on what they have learned to date during their own interview seasons. Experienced coordinators and FPD's will offer insight into the lived experience of having already started their virtual interview season, with the opportunity for questions and comments from the meeting attendees. *Led by Ross Myers, MD, UH Rainbow Babies & Children's Hospital, Katherine Mason, MD, Hasbro Children's Hospital/Brown University, Melissa Bales C-TAGME, Indiana University School of Medicine.* 

#### 2:15-2:30pm

#### Break

#### 2:30-3:50pm

## Hot Topic – Innovative Educational Strategies to Optimize Your Distanced Learning Environment Due to the COVID-19 pandemic, many programs have converted educational conferences to a virtual format. Join leaders from the Curriculum and Educational Technology Learning Communities as they share best practices and innovative educational strategies for online learning. Led by Amy Gaug C-TAGME, University of Minnesota, Michelle Miner, MD, Southern Indiana University, Christine Skurkis, MD, Connecticut Children's Hospital, Michael Weisgerber, MD, Medical College of Wisconsin.

#### 3:50 - 4:00pm

#### Wrap Up

#### **Member Involvement in APPD**

#### Membership - www.appd.org/about/membership-information/

Membership in the APPD is through the accredited core pediatric residency program. The greatest benefits of APPD are in connections, networking and personal relationships. APPD serves you in your personal growth, career development, program improvement, and service to faculty, trainees, and, most importantly, to the children who need medical care. If you are not a member, please contact your residency program director or coordinator and ask to be included!

#### Regions - www.appd.org/networking-groups/regions/

In addition to the national organization, pediatric programs in APPD are divided into regions. These regional groups have leadership opportunities, meetings and activities which are a vital part of the APPD.

#### Learning Communities - www.appd.org/networking-groups/learning-communities/

An APPD Learning Community is a group of APPD members who share learning interests and goals and who communicate regularly to collaborate on learning and projects. These communities may serve as a platform for cohort-based, interdisciplinary approaches to deeper learning and sharing, as well as work on common projects to develop new innovations and define effective methods to meet their shared goals. Learning Communities will facilitate valuable contributions to the ongoing work of APPD, including mentoring programs, survey review, etc. as well as assisting with many new projects. Leaders from several Learning Communities will be at information tables during the Networking Reception to provide more information.

#### **APPD Share Warehouse**

The APPD Share Warehouse is a unique opportunity for members to collectively share and use content that supports the mission of pediatric residency education. The APPD Share Warehouse is a web-based collaborative project that provides a place for APPD members to browse, search, use, and share resources, including policies, curricula and evaluation tools. It's a perfect place to submit workshop materials, poster presentations, and resources for APPD Learning Communities. Learners, leaders, and all team members will benefit from a rich repository of information and practical applications for our diverse needs.

The APPD Share Warehouse is emblematic of our community of members: innovative, collaborative, and scholarly. Learning together from our shared work cultivates great new solutions and ignites innovation. Members may share their work and report its use as part of their portfolio of scholarship. Explore the APPD Share Warehouse and submit materials to the site. And let us know how we can adapt the site to meet your needs. When we share and innovate together, all members benefit.

#### **Share Warehouse Design and Editorial Team**

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Visit the APPD SHAREWAREHOUSE at www.appd.org/resources-programs/share-warehouse/

#### **CME / MOC Part 2 Credit**

#### **Satisfactory Completion**

Learners must complete an evaluation form to receive a certificate of completion. You must attend the entire webinar as partial credit is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.



#### **Accreditation Statement**

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Association of Pediatric Program Directors. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **Physicians**

Amedco LLC designates this live activity for a maximum of 12.5 *AMA PRA Category 1 Credits* $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### MOC Part 2

We are pleased to offer credit hours towards the American Board of Pediatrics Maintenance of Certification Part 2; more specific information to soon follow.

#### **Live-Streaming / Recording Prohibited**

The use of live-streaming devices and other recording devices during the APPD Meeting is prohibited.

#### APPD 2021 Annual Spring Meeting March 23-26, 2021

#### **Program Chairs**

Adam Wolfe, MD, PhD, Program Chair Baylor College of Medicine (San Antonio)

Brian Lurie, MD, MPH, FAAP, Program Co-Chair Carolinas Medical Center/Levine Children's Hospital

Adam Rosenberg, MD, Past Program Chair University of Colorado/Children's Hosp of Colorado

Abstract Submissions for Enhanced Learning Sessions (ELS) (workshops, debates, innovative educational opportunities, etc.):

- Opens early November
- Due early December

**Poster Abstract Submissions:** 

- Opens early December
- Due *early January*

Visit www.APPD.org for details as they become available. Registration opens in January!