Quarterly Newsletter

3

In This Issue:

- 1. Professional Development Opportunities
- 2. APD Spotlight
- 3. Share Warehouse Spotlight
- 4. Learning Communities

APD Executive Committee

5. Wellness Corner

Check out the APPD monthly bulletin to stay informed: APPD May Bulletin

Professional Development Opportunities (<u>adapted</u> from APD Handbook)

Leadership in Educational Academic Development (APPD LEAD): Click here for more info: APPD LEAD

 Provides a unique opportunity for pediatric academic leaders in medical education to engage and learn from seasoned program directors, pediatric educators, and other pediatric national leaders. The curriculum focuses on organizational leadership, competency-based curriculum development, faculty development, residency and fellowship program administration, scholarship and career development. The curriculum is paced over three educational conferences, with additional group activities, readings and project work expected between conferences.

Masters in Medical Education Programs

 Click on the link for a list of programs: http://www.faimer.org/resources/mastersmeded.html



Save the Dates

October 11-12, 2018
APPD Fall Meeting
Philadelphia, PA

March 26-29, 2019
APPD Spring Meeting
New Orleans, Louisiana

Wellness Corner

Interested in a good book?
Check out these websites:

New York Times Best Seller List: https://www.nytimes.com/books/best-sellers/

The Week: 19 Best Books of 2018

http://www.theweek.co.uk/92018/best-books-2018-19-new-novels-and-non-fiction-books-to-look-out-for-this-year

Need Vacation Ideas?

US News 2018 Best Summer Vacations Rankings

https://www.usnews.com/info/blogs/pressroom/articles/2018-04-19/us-newsreleases-the-2018-best-summer-vacationsrankings

Travel + Leisure: The 50 Best Places to Travel in 2018

http://www.travelandleisure.com/tripideas/best-places-to-travel-in-2018#wallawalla-washington

Page 1 of 3

Advancing Pediatric Educator Excellence (APEX) Teaching Program:

Click here for more info: APEX Program

- Co-sponsored by the AAP Section on Hospital Medicine and the Academic Pediatric Association and endorsed by the Society of Hospital Medicine
- Ideal participants are pediatric hospitalists seeking to advance their clinical teaching skills
- Program anchored by sequential PHM conferences (pre-conference workshops for 2 consecutive years). In between these two workshops, learners participate in online activities, elective workshops, and clinical teaching observations
- A local mentor should be identified

Academic Pediatric Association (APA) Educational Scholars Program:

Click here for more info: APA Educational Scholars Program

- 3 year program that targets faculty who wish to build their skills in educational scholarship
- Applicants must be or become a member of the APA
- Requirements include: 1) enlisting support of your department; scholars expected to commit 10% FTE, 2) attending three instructional sessions at the PAS meeting, 3) formal review of PAS presentations (or an equivalent professional meeting), 4) develop an Educator Portfolio, 5) conduct a mentored educational project, and 6) scholars are responsible for finding their own mentors

APA Quality and Safety Improvement Scholars Program:

Click here for more info: APA Quality and Safety Improvement Scholars Program

- Offered to members of the APA who want a Certificate of Excellence in Quality and Safety Improvement Science
- Curriculum include yearly participation in the Quality Improvement Science pre-course, additional scheduled sessions for the group at PAS, periodic didactic webinars, ongoing collaborative learning, and completion of a mentored improvement project
- Scholars will be matched with a national expert in the field of quality and safety who will serve as an advisor during their three years in the program. Scholars also must identify a local mentor from their own institution.

Harvard Macy Faculty and Fellow courses:

Click here for more info: www.harvardmacy.org

- Program for Educators in Health Professions
- A Systems Approach to Assessment in Health Professions Education
- Leading Innovations in Health Care & Education
- Become a Digital Citizen Technology in Health Care Education
- Program for Post-Graduate Trainees: Future Academic Clinician Educators

Page 2 of 3

APD Spotlight: Dr. Carrie Rassbach

Carrie is an APD for the Stanford Pediatrics Residency Program and Director of the Pediatric Hospital Medicine Fellowship Program at Lucile Packard Children's Hospital. Carrie also serves as the Chair of the Assessment Learning Community. She oversees the Stanford Pediatric Residency Coaching Program which aims to improve assessments of learners and facilitate clinical skill development, reflective practice, feedback, and goal setting. Carrie coauthored a manuscript published in Academic Medicine in March highlighting the outcomes of the coaching program.

Rassbach CE, Blankenburg R. **A novel pediatric residency coaching program: Outcomes after one year.** Academic Medicine. 2018 Mar 1;93(3):430-4.



Curriculum: Using Small Group Learning and Deliberate Practice to Foster Personal and Professional Development and Improve Resiliency and Wellness During Residency

Authors: Drs. Amy Sass and Adam Rosenberg

Approach: Five-3 hour, required sessions for pediatric residents each year

Topics covered:

Unconscious Bias

Emotional Intelligence/ Dealing with Ambiguity in Medicine Reducing Stress and Building Resiliency in Residency Making a Mistake in Medicine and Surviving Conflict Management Wellness in Practice

Ethics of Non-beneficial Care HeartMath for Resiliency

Shared Decision Making

Difficult Conversations: Death and Dying

Check out the Share Warehouse

Newsletter Ideas or Feedback for APD Executive Committee?

Please click on the link: Newsletter Ideas



Get Involved: APPD Learning Communities

Learn about each of the learning communities listed below by clicking here:

APPD Learning Communities

Assessment

Behavioral and Mental Health

Community Health and Advocacy Training

Curriculum

Faculty and Professional Development

Healthcare Simulation in Pediatrics

Educational Technology

LGBTOA+

Pediatric Global Health Educators

Research and Scholarship

Underrepresented Minorities in Pediatric Graduate Medical Education

Page 3 of 3