Association of Pediatric Program Directors

Fall Meeting

September 27-29, 2017

Renaissance Arlington Capital View
Arlington, Virginia

Preliminary Program

CME CREDITS AVAILABLE!
This activity has been approved for AMA PRA Category 1 Credit(s)™.
## APPD 2017 Fall Meeting Schedule-At-A-Glance
### September 27-29, 2017
Renaissance Arlington Capital View | Arlington, Virginia

### Wednesday, September 27, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30-8:30am</td>
<td>Registration and Continental Breakfast</td>
<td>ALL</td>
</tr>
<tr>
<td>8:30-9:00am</td>
<td>Welcome to the APPD Fall Meeting and Intro to APPD</td>
<td>ALL</td>
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<tr>
<td>9:00-11:30am</td>
<td>Program Organization 101: Basics of Day-to-Day Program Leadership</td>
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<td>APD, PD, FPD, OKP</td>
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<tr>
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<td>Coordinators’ Mentoring Lunch Session</td>
<td>PC, FC</td>
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<tr>
<td>1:00-3:00pm</td>
<td>Key Stakeholders Updates</td>
<td>ALL</td>
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<td>Wellness Break</td>
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<tr>
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<td>Section Specific Programming</td>
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<td>Associate Program Directors’ Session</td>
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<td>Fellowship Program Directors’ Grassroots Session</td>
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### Session Codes

Please pay special note to the session codes below and throughout this program. These codes indicate the track each session is targeting and the attendees who would most benefit from the session. You may, however, attend other sessions which are not focused specifically toward your position at the program. Please let us know if you have any questions or concerns.

- **Categorical Program Directors** ......................... PD
- **Categorical Program Coordinators** ..................... PC
- **Associate Program Directors** .......................... APD
- **Fellowship Program Coordinators** ...................... FC
- **Fellowship Program Directors** .......................... FPD
- **Other Key Personnel** ................................. OKP

www.appd.org
Wednesday, September 27, 2017

PRELIMINARY MEETING PROGRAM

7:30-8:30am  Registration and Continental Breakfast

8:30-9:00am  Welcome & Introduction to APPD
R. Franklin Trimm, MD, APPD President, Pediatric Residency Director, University of South Alabama

9:00-11:45am  Program Organization 101
This session is designed for all program leaders (PDs, APDs, Coordinators, FPDs) who are new to their roles and those wanting a refresher about the important activities of GME program leadership, including the annual cycle for both core programs and fellowships. Potential topics may include Match and Recruitment, Reporting to the governing bodies (ACGME, ABP), Trainee Assessment, and Program Evaluation. Attendees will have numerous opportunities for Q&A with the presenters and other program experts, plus participation in problem solving discussions and the exploration of specific questions and topics. Presenters: Pamela Carpenter, MEd, C-TAGME, Program Manager, Education Enterprise, University of Utah; Geoffrey Fleming, MD, Fellowship Program Director, Vanderbilt University; Kelly Laurent, PhD, Fellowship Coordinator, Children’s Mercy Hospital; Brian Lurie, MD, MPH, FAAP, Faculty General Pediatrics Director Outpatient Clinic, Carolinas Medical Center; and Michelle Holloway Nichols, MD, Program Director, University of Alabama Medical Center

11:45am-1:00pm  Lunch (provided by APPD) / Networking Opportunity  <PD> <APD> <FD> <OKP>

Coordinators’ Mentoring Lunch Session  <PC> <FC>
In continuation of our mentoring program, this lunch meeting will be an opportunity for new coordinators to network and receive on-the-spot mentoring from seasoned coordinators, in a small group setting. This session will be led by the Coordinators’ Executive Committee.

1:00-3:00pm  Key Stakeholders – Updates from the ABP, ACGME and AAP  <ALL>
Updates from the ABP, ACGME and AAP - including Q&A with attendees.

3:00-3:15pm  Wellness Break

3:15-4:45pm  Section-Specific Group Sessions
Participants will work in section-specific groups to delve more deeply into specific topics of interest, using tools to maximize the structure and organization of their own programs.

Associate Program Directors  <APD>
Associate Program Directors will have the opportunity to network and discuss APD-specific faculty development needs, including project development, career advancement, balancing multiple roles, time management, conflict resolution, and more. After brief introductions, participants will partake in both large and small group discussions covering topics of importance to the APD role. The session will be led by members of the Associate Program Directors’ Executive Committee, Associate Program Directors’ Grassroots Forum Leaders (APD SIG), and other senior Associate Program Directors.
3:15-4:45pm  

**Coordinators’ Session <PC, FC>**

**3:15pm-4:15pm  Coordinators’ Executive Committee Overview and General Information**
During this session, attendees will have the opportunity to ask questions. We will also divide into program specific groups and discuss timely topics applicable specifically to Fellowship or Residency Programs and draw on the experience of all present. This session will be led by the Coordinators’ Executive Committee.

**4:30pm-5:00pm  AAP (American Academy of Pediatrics): Setting up EQIPP for Residents in your program**
Charlette Blackful, Manager, E-Learning Content; Lori Morawski, Manager of Quality Improvement Programs; and Amanda Hernandez, Resident Membership Database Specialist

Presenters will demonstrate how coordinators can utilize PediaLink to set up EQIPP for Residents in their program and will guide them through each step of the process of creating groups, assigning faculty, and more.

**Fellowship Program Directors <FPD>**

Representatives from key stakeholders, including representatives from the ACGME, ABP, AAP and CoPS (Council of Pediatric Subspecialties) will present and discuss recent, new, evolving, and proposed initiatives that have direct impact on fellowship training. This is an excellent opportunity to gain more in depth knowledge about critical issues that affect you and your program! This session will be led by the Fellowship Directors’ Executive Committee.

**Categorical Program Directors Session <PD>**

*Session leaders: Javier Gonzalez del Rey, MD, MEd and Rebecca Blankenburg, MD, MPH*

**3:15pm-4:00pm  Time Management: Use It or Lose It**

Time management is an essential skill required for a successful career as a Pediatric Program Director. Technology, if used incorrectly, can actually make us inefficient and “unfocused”. During this interactive session, participants will be able to understand different barriers and common mistakes, incorporated in daily routines, that affect productivity. Attendees will be able to walk though a “typical” day, identify distractions, personal barriers, and potential solutions, which will then allow them to complete an action plan to take home and become more effective and productive leaders. At the end of this session, participants will be able to:
1. Identify key elements for effective time management
2. Describe personal barriers and strength in managing time
3. Develop a personal grid for effective and efficient personal time management.

**4:15pm-5:00pm  The Art of Negotiations: Win – Win vs. Compromise**

During this interactive session, participants will be introduced to basic concepts in communication and conflict management as the first step prior to introduction of Win-Win Concept. Using real educational, administrative, and clinical cases, attendees will be then introduced to concept such as BATNA (Best Alternative to Negotiate Agreement) and the Meeting Objective / Goal Approach. At the end of this workshop, participants should have a clear understanding of the difference between Win-Win vs Compromise applied to education, administration, and clinical practice.

At the end of this session, participants will be able to:
1. List essential elements of communication (verbal / non verbal) and conflict management.
2. Discuss the differences between Win-Win vs Compromise and apply techniques to lead groups or individual interactions to a win-win outcome.
3. Develop negotiations techniques / BATNA and specific rules for coming to agreement.

5:00-5:15pm  

**Wellness Break**

5:15-6:00pm  

**Beyond Repeal: What’s Next in Federal Advocacy for Child Health**

*James D. Baumberger, MPP, Assistant Director, Department of Federal Affairs, American Academy of Pediatrics*

6:30-8:30pm  

**Keynote Dinner and Address**

*Character Is Plural: Be Who You Needed When You Were Younger*

*Linda Waggoner-Fountain, MD, MEd, Program Director, The University of Virginia*
8:00-8:30am  Continental Breakfast

8:30am-12:00pm  Hot Topic: Addressing New ACGME Requirements - Well-Being & Fatigue Mitigation <ALL>

The 2017 Common Program Requirements place increased emphasis on the well-being of physician trainees. In this session, we will provide strategies for programs to implement that target key content areas. We will review the literature on sleep and physician performance, and highlight practical tips for fatigue risk management planning, including work hours management. We will also review approaches to reduce burnout and enhance resilience and to provide second victim support and self-care for all team members. This interactive session will include presentations, break-out groups to discuss successful models and brainstorm new approaches, and large-group report-outs to share best practices. Faculty: Glenn Rosenbluth, MD, Associate Program Director, University of California (San Francisco); Mark Atlas, Fellowship Director, Hofstra Northwell School of Medicine at Cohen Children’s Medical Center; Pinna Weiss, MD, Director, Subspecialty Resident Education, Yale-New Haven Medical Center; Ndidi Unaka, MD, MEd, Associate Director, Cincinnati Children’s Hospital Medical Center/University of Cincinnati College of Medicine; Pamela Carpenter, MEd, C-TAGME, Program Coordinator, Stanford University; John Mahan, MD, Program Director, Nationwide Children’s Hospital/Ohio State University

12:15-2:45pm  Lunch / Grab & Go to Section-Specific Sessions

Categorical Program Directors/ Associate Program Directors Joint Session

12:30pm-1:30pm  Meet the Professor - APPD Mentoring Session for Program Directors and Associate Program Directors

APPD Mentoring Leadership Committee of the Faculty and Professional Development Task Force - Drs. Megan Aylar, Aditee Narayan, Erika Abramson, Michelle Barnes, Kimberly Gifford, Bruce Herman, Lauren Nassetta, and Marsha Anderson
Participants will join faculty experts to receive guidance on topics specific to their role as educators and program leaders. Topics include: skills development in education research, curriculum, assessment, learning technology, quality improvement, program management, work/life balance and others. Grab your boxed lunch and enjoy the company of wonderful APPD colleagues. Open to all Associate Program Directors and Program Directors.

1:30pm-2:45pm  APDs and PDs will continue to meet to discuss other issues of importance to the program and the individual. (More details on this session available soon!)

Coordinators’ Session <PC, FC>

12:15pm-1:15pm  ERAS (Electronic Residency Application Service) Update

Patrick Fritz Director, ERAS and Gary Lee Sr. Specialist, ERAS
This presentation will provide an overview of the ERAS Program Directors Workstation (PDWS), including updates and enhancements from the previous season. It will also provide a demo of the Interview Scheduler module, its core functions, and discuss frequently asked questions. There will be time to respond to participant questions.

1:30pm-2:00pm  What kind of professional development opportunities are there for a Program Coordinator?

Amy Gaug, Senior Residency Program Administrator, University of Minnesota
This will be a discussion regarding opportunities that seasoned coordinators have found in their roles as coordinators. Attendees should leave this with ideas and goals for their own future development.

2:15pm-2:45pm  Technology Review

Pamela Carpenter, MEd, C-TAGME, University of Utah
This interactive workshop will be an overview of various technology tools that you can use to help make life more manageable, including the latest trends in educational technology. Bring your smartphone, tablet, or laptop so you can bookmark and save programs as we demonstrate!
12:15-2:45pm  Fellowship Program Directors  
This session will be led by the Fellowship Directors' Executive Committee.

12:15pm - 12:30pm  CoPS Update (Council of Pediatric Subspecialties)  
Debra Boyer, MD, CoPS Executive Committee

Planning for Your Professional Success! <FPD>  
This is an interactive workshop that will focus on identifying and developing the skills and opportunities for your advancement and promotion in the arenas of scholarship, leadership and professional growth.

12:30pm - 1:30pm  Turning Education into Scholarship: Seeking Credit for What You Are Already Doing  
You work hard at teaching, developing curriculum and scholarship; make it count! The first session is an interactive workshop focusing on turning your educational work into meaningful scholarship. The workshop will provide resources and tips for development and dissemination of scholarship.

1:45pm - 2:45pm  Beyond Program Directorship: Considering Career Development Options  
You have demonstrated leadership by becoming a program director. What next? The second session will provide a panel presentation focusing on the range of career options for medical educators, such as super-fellowship director, vice chair of education, journal editor, president of subspecialty organization. Panelists will share their experiences and practical advice about how to get there from here!

2:45-3:00pm  Wellness Break

3:00-5:30pm  Hot Topic: Match Frenzy – What is Known and What is Needed <ALL>  
This session is designed for all program leaders (PDs, APDs, Coordinators, FPDs) wanting to improve the recruitment process. Leaders from medical student, residency, and fellowship education will share current data on matched and unmatched residents and fellows, and reasons for why they do not match. In addition, innovations and best practices for recruitment will be shared. Participants will then brainstorm processes for improving recruitment and matching both at their own programs and nationally!  
Faculty: Robert Vinci, MD, Department Chair, Children’s Hospital/Boston Medical Center; Sherilyn Smith, MD, Clerkship Director, University of Washington; Becky Blankenburg, MD, MPH, Program Director, Stanford University; Amy Gaug, Senior Program Administrator, University of Minnesota; Christine Barron, MD, Fellowship Director, Brown University; Brian Lurie, MD, MPH, FAAP, Faculty General Pediatrics Director Outpatient Clinic, Carolinas Medical Center

5:30-6:30pm  Networking Reception <ALL>
Friday, September 29, 2017

8:00-8:30am  Continental Breakfast

8:30am-12:00pm  Hot Topic: Preparing for Your Program’s Self-Study/Site Visit <ALL>
This session is designed for all program leaders (PDs, APDs, Coordinators, FPDs) wanting to gain knowledge and hands on experience in how to prepare their programs for the ACGME Self-Study / Site Visit process. During this interactive workshop, attendees will receive key information about different steps and process directly from ACGME Leadership. Program directors who have already participated in a self-study assessment, will share best practices to have a successful site visit. Participants are encouraged to bring their questions, current data, AIMS, and whatever they would like to receive feedback on during small group discussions. Faculty: Ingrid Philibert, PhD, MBA, Senior Vice President, Department of Field Activities, Accreditation Council for Graduate Medical Education (ACGME); John Frohna, MD, MPH, Program Director and Vice Chair of Education, University of Wisconsin; Michele Brooks, C-TAGME, Program Coordinator, Stanford University; Tammy Bleeker, Assistant Director, Education & Training, University of Florida; Sara Multerer, MD, Program Director, University of Louisville

2017 Executive Planning Committee

R. Franklin Trimm, MD, Program Chair
APPD President
University of South Alabama Pediatrics Residency Program

Amy Gaug, BA
APPD Coordinators’ Executive Committee
University of Minnesota

Katherine Mason, MD
APPD Fellowship Directors’ Executive Committee
Hasbro Children’s Hospital and Brown University

Glenn Rosenbluth, MD
APPD Associate Program Directors’ Executive Committee
University of California at San Francisco

Rebecca Blankenburg MD, MPH
APPD Board of Directors
Stanford Children's / Stanford University

Javier Gonzalez del Rey, MD, ME
APPD President-Elect
Cincinnati Children's Hospital Medical Center
Headquarters Hotel

Renaissance Arlington Capital View ■ 2800 South Potomac Ave ■ Arlington, Virginia 22202

The Renaissance Arlington Capital View is a luxury hotel located in the Crystal City area of the Washington DC suburbs. Perfectly situated less than one mile from Ronald Reagan Washington National Airport (DCA), this hotel is also near the Pentagon and in sight of the U.S. Capitol Building. The special APPD room rate is $239 per night and includes access to the beautiful fitness center and indoor pool. Reservations should be made by going to:

Renaissance Arlington Capital View - Online Reservations
- or -
by calling 703-413-1300. Be sure to tell them you are with the APPD Meeting.

All reservations should be received by the hotel no later than 6:00pm on September 4, 2017; rooms subject to availability (note that our room block usually sells out early).

Transportation

The hotel offers a complimentary, scheduled shuttle to and from Reagan National/DCA airport. (Call 703-413-1300 to find out when the next shuttle is running.) Estimated cab fare to and from DCA Airport is approximately $10 (one way). The Dulles International Airport (IAD) is 30 miles away from the hotel and no shuttle service is offered. Cab fare to and from IAD is approximately $50 (one way). If you are traveling by train to DC’s Union Station, you may catch a metro/subway train from there. Board the red line metro (toward Shady Grove) at Union Station, change to blue line at Metro Center (blue line toward Franconia-Springfield), depart train at Crystal City Station. Hotel is .8 mile from station. On-Site parking is $9/hour and $30/daily. Valet parking is $35/daily.

Registration Information

APPD Fall Meeting Registration Fee
$545 (received by September 5)    $595 (received after September 5 and onsite)

Fall Meeting registration includes continental breakfasts on Wednesday/Thursday/Friday, lunches on Wednesday and Thursday, the Keynote Dinner on Wednesday evening, and a networking reception on Thursday evening. Wifi access will also be provided in the meeting rooms, courtesy of APPD.

Register ONLINE for the APPD Fall Meeting: https://www.appd.org/fallreg

Cancellation Policy and Fees

APPD reserves the right to cancel any sessions due to lack of enrollment or other factors. Cancellation Fees: All registration cancellations by participants must be received in writing. A $25 administrative fee will be assessed for all cancellation requests received by September 5, 2017. A $50 administrative fee will be assessed for all cancellation requests received between September 6, 2017 and September 20, 2017. Cancellations received after September 20, 2017 will not be eligible for a refund. All reimbursements will be processed following the meeting.

APPD Photo Release

By registering for this APPD Meeting, attendees consent to be photographed during the course of the meeting, with the understanding that these images will be used in APPD documents and publications only. If anyone prefers to not have their photo used by APPD, please contact info@appd.org. We also request that you notify the photographer at the time a photo is being taken in which you may be included.

Insurance

APPD cannot accept responsibility for personal losses, accidents, or damages to participants and/or accompanying persons. Participants are therefore strongly advised to obtain personal insurance to cover any eventuality that may occur during the Conference.
Advance Registration

(Please print clearly)

Name: __________________________________________ Degree: __________ Title: __________________________

First name for Badge: __________________________ Subspecialty (if applicable): ______________________

First time at APPD meeting? ☐ Yes ☐ No
How long at your current position? ____________ years _________ months

How long at a Peds Residency/Fellowship Program? ______ years _________ months

Program Name: __________________________________ Number of residents/fellows at your program per year: _____

Address: __________________________________________________________________________________________

Phone: __________________________ Fax: __________________________ Email: ________________________________

Emergency Contact information (name/phone number): __________________________________________________

Dietary restrictions: ☐ Gluten Free ☐ Peanut ☐ Vegetarian ☐ Other (please describe): __________________________

_____________________________________________________________________________________________________

How did you hear about this meeting? __________________________________________________________________

Please indicate which track you will follow:

☐ Categorical Directors (PD) ☐ Fellowship Directors (FPD) ☐ Associate Program Directors (APD)
☐ Categorical Coordinators (PC) ☐ Fellowship Coordinators (FC) ☐ Other Key Personnel (OKP) – follows PD track

Fall Meeting registration includes continental breakfasts on Wednesday/Thursday/Friday, lunches on Wednesday and Thursday, the Keynote Dinner on Wednesday evening, and a networking reception on Thursday evening. Wifi access will also be provided in the meeting rooms, courtesy of APPD.

Is this your first time attending the Fall Meeting? ☐ Yes ☐ No

Will you attend the “Program Organization 101” session on Wednesday morning, September 27th? ☐ Yes ☐ No

Will you arrive in time for lunch at 11:45am on Wednesday, September 27th? ☐ Yes ☐ No

Will you attend the Keynote Dinner on Wednesday evening, September 27th? ☐ Yes ☐ No

Would you prefer a Vegetarian meal option for the Keynote Dinner? ☐ Yes ☐ No

It is important that you check the box for attending the Wednesday Keynote Dinner ONLY if you are definitely planning to be there.

Received By September 5  ☐ Yes ☐ No  Received After September 5 ☐ Yes ☐ No

Fall Meeting Registration Fee: $545.00  ☐ Yes ☐ No $595.00  ☐ Yes ☐ No

Total Enclosed: _________

Payment Information: Payment by CHECK is preferred. APPD must pay a fee to process each credit card charge.

☐ Check or Money Order (made payable to APPD) ☐ Credit Card (Visa/Mastercard only)

Credit Card Number: __________________________________________ Exp Date: __________ Signature: __________________________

Return form and payment (checks made out to APPD) by mail to:

Association of Pediatric Program Directors
6728 Old McLean Village Drive * McLean VA 22101-3906
(703) 556-9222 * Fax (703) 556-8729 * Info@APPD.org * www.APPD.org

Office Use
Received _________ Check # __________ Amount __________