

# Speed Chiefting

APPD FORUM FOR CHIEF RESIDENTS

MARCH 20, 2018

# Agenda

- ▶ **Introduction**
- ▶ **Small group discussion at tables**
- ▶ **Report-outs**
- ▶ **Wrap-up**

# Topics for discussion

- ▶ **Mediating conflict**
- ▶ **Scheduling**
- ▶ **Chiefs as Teachers and Administrators**
- ▶ **Resident Education**
- ▶ **Professional Development**
- ▶ **Wellness**

# Logistics

- ▶ **Separate into groups at tables**
- ▶ **6 discussion topics**
  - ▶ **12 minutes each table**
  - ▶ **Graduating chiefs rotate after each small group discussion**
- ▶ **Large group for report-outs and wrap-up**

# Tables

- ▶ **Don't sit with anyone from your own program!**
- ▶ **Solo Chiefs** at separate table. Get comfortable, you won't be rotating!
- ▶ **3<sup>rd</sup> Year Chiefs** at separate table. Get comfortable, you won't be rotating!

# Tables

- ▶ **Current Chiefs**, please sit at the numbered tables.
  - ▶ Each table should have:
    - ▶ At least 1 Chief going into Fellowship and
    - ▶ At least 1 Chief going to primary care (without fellowship)
    - ▶ You will rotate numerically. (i.e. 1 → 2 → 3 → 4...)
- ▶ **Rising Chiefs**, please sit at the numbered tables either:
  - ▶ a number **BELOW** your current Chiefs' table number OR
  - ▶ a number >7 ABOVE your current Chiefs' table number
  - ▶ For example, if your current Chief is seated at table 10, sit either tables 1-9 or at table 18 or higher.



**Ready. Go!**

# Mediating Conflict

- ▶ **Between residents**
- ▶ **Between residents and faculty**
- ▶ **Between a resident and yourself/co-chief**
- ▶ **Between yourself and faculty**
- ▶ **Between yourself and your PD/chair**



# Scheduling

- ▶ **Factors to consider in order to prioritize requests**
- ▶ **Sudden schedule changes that impact other residents**
- ▶ **Managing inappropriate requests**

# Chiefs as Teachers and Administrators

- ▶ **New role of attending and preceptor**
- ▶ **Being expected to “know it all”**
- ▶ **Engaging learners**
- ▶ **Your role at the hospital level**

# Resident Education

- ▶ Chief rounds/chief conferences
- ▶ Balancing with other didactic/education sessions
- ▶ Changing your conference/didactic sessions/structure
- ▶ Evaluations by residents

# Professional Development

- ▶ **Prioritizing your own professional goals**
- ▶ **Finding time for your professional needs (i.e. fellowship application, job interview, etc.)**
- ▶ **Working with your PD and co-chief**

# Wellness

- ▶ **Protecting free time**
- ▶ **Balancing with your co-chief**
- ▶ **Maintaining friendships with residents**
- ▶ **Promoting resident wellness, self wellness**

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**Speed chiefting:**

wrap-up

# Wrap Up

- ▶ **Mediating conflict**
- ▶ **Scheduling**
- ▶ **Chiefs as Teachers and Administrators**
- ▶ **Resident Education**
- ▶ **Professional Development**
- ▶ **Wellness**



# Thank you!!

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