SPEED CHIEFING
WRAP-UP

APPD Forum for Chief Residents
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Mediating Conflict

- Between residents
  - Sometimes residents just want their needs heard, not addressed
  - Have discussions face-to-face whenever possible
  - Present a unified front as chief residents/PD
  - Having involved parties work together
  - Timely mediation
  - Everyone has their own perspective
  - Assuming the best of the involved parties

- Between residents and faculty
  - Encouraging direct and timely feedback
  - Identifying what has already been done
  - Empowering residents
Mediating Conflict

- Between a resident and yourself/co-chief
- Between yourself and faculty
- Between yourself and your PD/chair
Scheduling

• Factors to consider in order to prioritize requests
  • Identify what residents are willing to work in order to get their requests

• Sudden schedule changes that impact other residents
Scheduling

• Managing inappropriate requests

• Managing a Jeopardy/Call-in system

• Requests are not mandatory changes

• Be careful what you ask for

• Sticking to deadlines

• Being transparent and consistent
Chiefs as Teachers

• New role of attending and preceptor
  • Be open to plans different from your own that are medically appropriate

• Being expected to “know it all”
  • It’s ok not to
  • Identify faculty mentors for advice/guidance
  • You are still learning
  • You can still stay “I don’t know”

• Engaging learners
  • Having learners teach each other
Resident Education

• Chief rounds/chief conferences
  • “It’s always been done this way” doesn’t mean it’s perfect
  • Have a back-up plan for cancellations
• Balancing with other didactic/education sessions

• Changing your conference/didactic sessions/structure
  • Adding “Wellness hours” to conferences
Resident Education

- Evaluations by residents
Professional Development

• Prioritizing your own professional goals
  • Making time for your research projects
  • Fellowship interviews

• Finding time
  • Consider taking time at home for your projects

• Working with your PD and co-chief

• Board preparation
  • Working with you co-chiefs to get each other study time
Work-Life Balance

• Protecting free time
  • Put things on your calendar
  • Reminding residents of how to contact you after hours

• Balancing with your co-chief

• Maintaining friendships with residents
  • Establish ways for residents to discuss work with you
THANK YOU!!