**BACKGROUND**

- Human trafficking is a rapidly growing multi-billion-dollar criminal industry around the world\(^1\).
- Majority of victims are domestic children that are runaways or from neglected or abusive homes\(^1\).
- It has been reported that up to 50% of trafficking victims present for medical care while in captivity, but less than 10% of doctors are educated to be able to recognize and help potential victims\(^2\).

\(^1\)United Nations Office on Drugs and Crime
\(^2\)Baldwin, 2011, Health and Human Rights 13:1(36-49)

**GOAL**

Create a curriculum specifically for healthcare providers to increase their awareness of human trafficking in the healthcare setting and understand their role in managing potential victims.

**PROGRAM OBJECTIVES**

Develop a 1 hour training session that could standardize the education of healthcare professionals on the issue of human trafficking.

**EDUCATIONAL STRATEGIES**

- 45-minute: PowerPoint Didactic
- 15-minute: Interactive Practice Case Studies

**LEARNING OBJECTIVES**

- Improve awareness and knowledge on the issue of human trafficking
- Recognize the important role that a provider has with trafficking victims
- Identify red flags seen in potential victims
- Integrate resources into practice to help identified victims

**IMPLEMENTATION**

- Lecturers who were either faculty, resident, or medical student were trained to give the didactic
- Residency programs from different subspecialties (pediatrics, internal medicine, emergency medicine, ob-gyn, psychiatry, and family medicine) were contacted for permission to give training session
- Sessions were given during a noon conference or didactic setting at different hospitals in the Texas Medical Center
- Collaborators: Doctors For Change, Baylor College of Medicine Pediatric Residency Program
- Barriers:
  - Having trained lecturers
  - Time commitment to give training sessions
  - Consistent follow up of attendees

**LEARNER ASSESSMENT**

- Pre- and post-surveys measuring knowledge, attitude, and experience with human trafficking
- Results: *(see graph overleaf)*
  - Improvement in knowledge
  - Increase in level of comfort to screen for potential victims
  - Increase in level of confidence to provide care and resources for identified victims

**PROGRAM EVALUATION**

- A 6-month follow-up survey sent to attendees to assess experience with human trafficking victims
- Results:
  - 10 victims were identified and were provided appropriate resources

**LESSONS LEARNED**

- There is a lack of awareness about human trafficking issue among healthcare providers
- Prior to our training, majority of providers have never received any formal education on the topic but all believed that it is needed
- The training session directly helped physicians identify trafficking victims in the medical center
- There is a need at many other institutions for a human trafficking curriculum that can be easily adapted
A CURRICULUM ON HUMAN TRAFFICKING FOR HEALTHCARE PROFESSIONALS

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SUMMARY OF DIDACTIC CONTENT

1. Definition, background, and scope of human trafficking domestically and internationally
2. Role of healthcare professionals in caring for trafficking victims
3. High-risk populations for trafficking and how they are targeted and conditioned by perpetrators
4. Common clinical presentations of victims including red flags
5. Sample screening questions to ask suspected trafficking victims
6. Steps to take with a victim including history, physical exam, documentation, consultations, reporting, and referral
7. Review all the resources available to help victims

EXAMPLE OF SURVEY QUESTIONS

1. Where do the majority of human trafficking victims in the United States come from
2. Identify which of the following are red flags for trafficking in a clinical encounter
3. Identify which of the following constitutes a high-risk population for recruitment into human trafficking
4. What is the national human trafficking hotline number
5. Which of the following cases are examples of trafficking victims

EXAMPLE OF SURVEY QUESTIONS

1. With your current knowledge, how comfortable are you at screening for suspected victims?
2. With your current knowledge, how confident are you at providing care and resources to an identified human trafficking victims?