

## **Professional Development**

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## How did you get here?





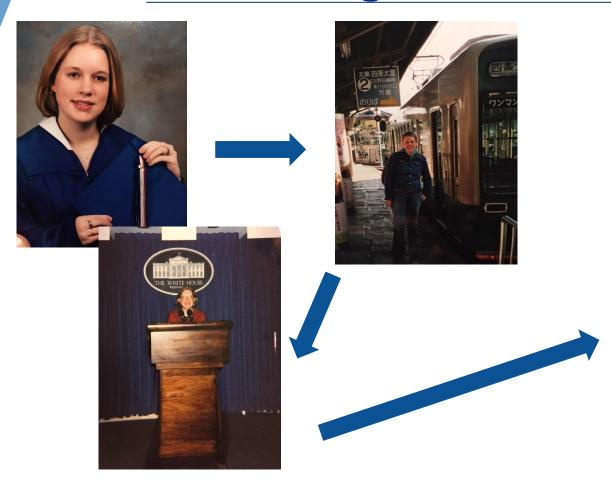




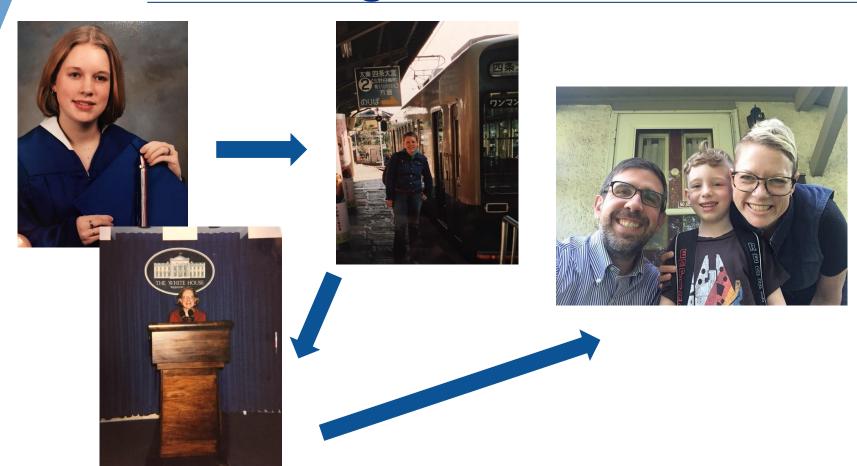














### **Professional Development**

The process of obtaining the skills, qualifications, and experience that allow you to make progress in your career.

**Macmillan Dictionary** 



### **Professional Development**

Learning how to do something new and stretch myself. Anything that makes me a stronger employee or benefits my program or department.



### Why do it?

- stay relevant
- engage yourself
- challenge yourself



#### How to's

- say yes
- make it personal
- ask
- be OK with being uncomfortable



### My examples

- technology
- going to conferences
- presenting at conferences
- becoming published (possibly coming soon)
- joining committees



#### **Pamela**

- Educational Research using my program(s)
- Mentoring others in their career development
- Quality Improvement projects
- Curriculum development





#### Charlene

Collaboration with PDs/APDs/PCs locally and nationally

- Scholarship
- Assessments
- Program Improvement
- Faculty Development

Leadership roles locally and nationally/Grassroots organizing

- Coordinators' Council
- APPD Coordinators' Executive Committee
- TAGME Committees (Applications and outcomes)

Manuscripts/Book Chapters/Invited Talks!



#### **Michelle**

Saying "Yes!"
Accomodater type- Thomas-Kilmann

QI/PI- so much of what we do is process improvement!

Mentoring

Finding your passion- community



### **Tammy**

Collaboration - across areas and roles

- → Department
- → Interdivisional
- → College of Medicine
- → GME
- → Across Campus
- → Affiliates



Insert yourself and don't be afraid to be at the table Feel the Fear and do it anyway!



### **Common Barriers**

- \$\$\$
- support
- time
- no clear direction



#### Resources

- people
- events
- webinars
- structured learning



## Thank you!

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