

Additional Resources:

American Academy of Pediatrics Clinical Report: Physician Health and Wellness, October 2014
<http://pediatrics.aappublications.org/content/134/4/830.full.html>

The Healer's Art

<http://www.rachelremen.com/learn/medical-education-work/the-healers-art/>

ePhysicianHealth.com

<http://ephysicianhealth.com/>

Comprehensive, online physician health and wellness resource designed to help physicians and physicians in training be resilient in their professional and personal lives.

The Center for Compassion and Altruism Research and Education
Stanford School of Medicine

<http://ccare.stanford.edu/tag/ccare/>

UC San Diego Health System

Compassion Cultivation Training

<http://health.ucsd.edu/specialties/mindfulness/programs/compassion-programs/Pages/compassion-training.aspx>

Emory-Tibet Partnership

Emory University

Cognitively-Based Compassion Training

<http://www.tibet.emory.edu/cbct/>

“Mindfulness in Medicine: Improving clinician and community health”

University of Wisconsin School of Medicine and Public Health

Department of Family Medicine

<https://www.fammed.wisc.edu/mindfulness>

“Stress Resilience in Virtual Environments (STRIVE)”

USC Institute for Creative Technologies

<http://ict.usc.edu/prototypes/strive/>

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