Pediatric Milestones: Lessons Learned and What's Next

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Topics for Discussion

- Milestones Background a recap
- How the Milestones Were Developed
- Data for Pediatrics
- Current and Prospective Research
- Milestones 2.0



Milestones Background – What?

- Description of the performance levels residents are expected to demonstrate for skills, knowledge, and behaviors in the six competency domains
- Framework of observable behaviors
- One indicator of a program's educational effectiveness



Milestones Background – What?

- What do they know? (Medical Knowledge)
- What can they do? (Patient Care)
- How do they conduct themselves?
 (Interpersonal and Communication Skills,
 Practice-based Learning and Improvement,
 Professionalism, and Systems-based Practice)



Milestones Background – Why?

- Fulfill the promise of the Outcome Project
- Increased use of educational outcome data in accreditation
- ACGME accountability to public
- Support the educational process



Milestones Background – How are they used?

ACGME

- Accreditation continuous monitoring of programs; lengthening of site visit cycles
- Public Accountability report at a national level on competency outcomes
- Community of practice for evaluation and research, with focus on continuous improvement

Residency Programs

- Guide curriculum development
- More explicit expectations of residents
- Support better assessment
- Enhanced opportunities for early identification of under-performers

Milestones

Certification Boards

 Potential use – ascertain whether individuals have demonstrated qualifications needed to sit for Board exams

Residents

- Increased transparency of performance requirements
- Encourage resident self-assessment and self-directed learning
- Better feedback to residents



Milestone Development – Who?

Working Group

- Review Committee
- Certification Boards
- Program Directors
- Residents/ Fellows
- Specialty Societies

Advisory Group

Leaders within the specialty community



Milestone Development – How?

Milestone Description: Template				
Level 1	Level 2	Level 3	Level 4	Level 5
What are the expectations for a beginning resident?	What are the milestones for a resident who has advanced over entry, but is performing at a lower level than expected at midresidency?	What are the key developmental milestones midresidency? What should they be able to do well in the realm of the specialty at this point?	What does a graduating resident look like? What additional knowledge, skills & attitudes have they obtained? Are they ready for certification?	Stretch Goals – Exceeds expectations
Comments:				
Comments:				

Milestone Development – How?

- Each specialty began the same way with a review of available documents:
 - Program Requirements
 - Certification Exam Outlines
 - Competency Statements created by specialty groups
 - National Curricula
 - Milestones created by other specialties



Milestone Development – How?

- Brainstorming of topics that were important to resident education
- Drafting, rejecting, redrafting, etc
- Development of what the Working Group believed was a near final product
- Review by the Advisory Group and Review Committee
- Survey of Program Directors
- Final edits and publication



FUN FACT – Number of Volunteers

There were 916 volunteers who created all the milestones!



That is 3 times as many current RRC members that are serving at the ACGME

FUN FACT – Number of Meetings

It took about 100 meetings to create the milestones!



Lightning strikes the earth approximately 100 times every second!



FUN FACT – Number of Institutions Represented

There were representatives from over 250 different institutions!

There are 250 toothpicks in a standard box





FUN FACT – Number of Volunteer Hours

It took over 1500 volunteer hours to create all the milestones!



It takes 1500 flight hours to become a certified pilot



FUN FACT – Number of Milestone Threads

There were 1916 milestone threads created!



There are over 1900 types of edible insects in the world

VALIDITY



Validity of Milestones Data

- Evidence of progression in NAS*
 - to support CBME
 - comprehensive approach to competencies
 - "entrustability"
 - how do we know this is working?
 - CQI approach
- Assessment validity framework
 - validity depends on research and CQI model

^{*}Nasca et al. The Next GME Accreditation System: Rationale and Benefits. N Engl J Med, 366:1051-6;2012.

Milestone Database

- Dec 2013 = 5 specialties
- June 2014 = 8 specialties
- Dec 2014 = 90 specialties
- June 2015 = 96 specialties
- Dec 2015 = 140 specialties
- June 2016 = all specialties reporting Academic Year-End



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Milestones

How do we know we're improving?

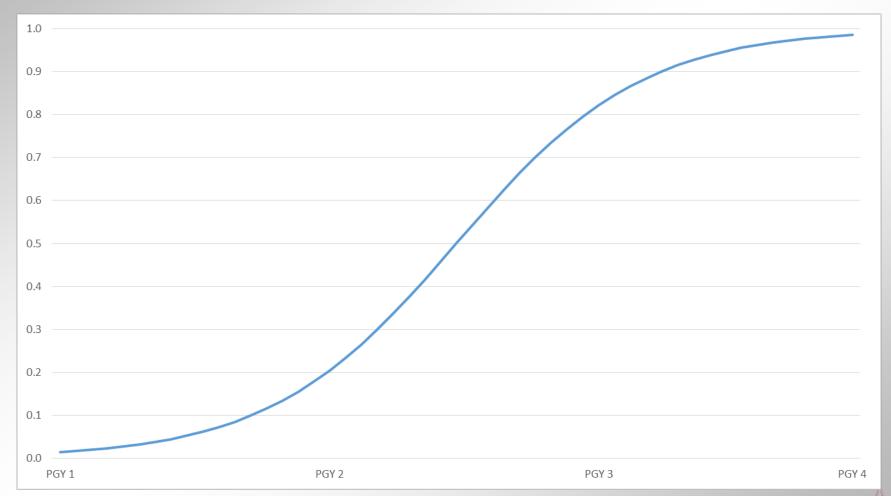


Data Extraction and Analysis

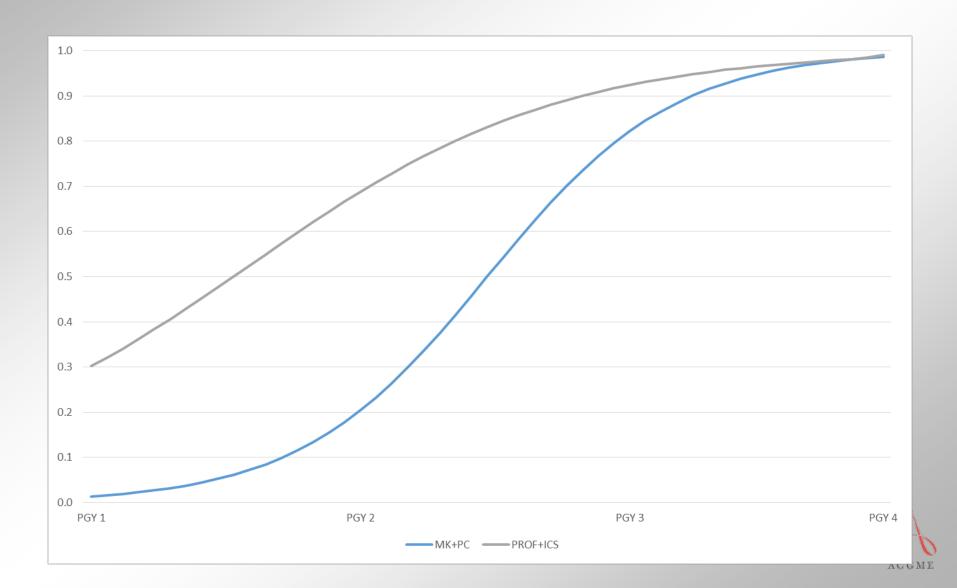
- For each resident (across all PGY-levels), we determined whether they had attained the recommended Level 4 (or higher) for all subcompetencies within a core competency.
- Then we determined the percentage of residents within a specialty who attained Level 4 across all programs.
- For Pediatrics, we looked at Level 3 and Level 4



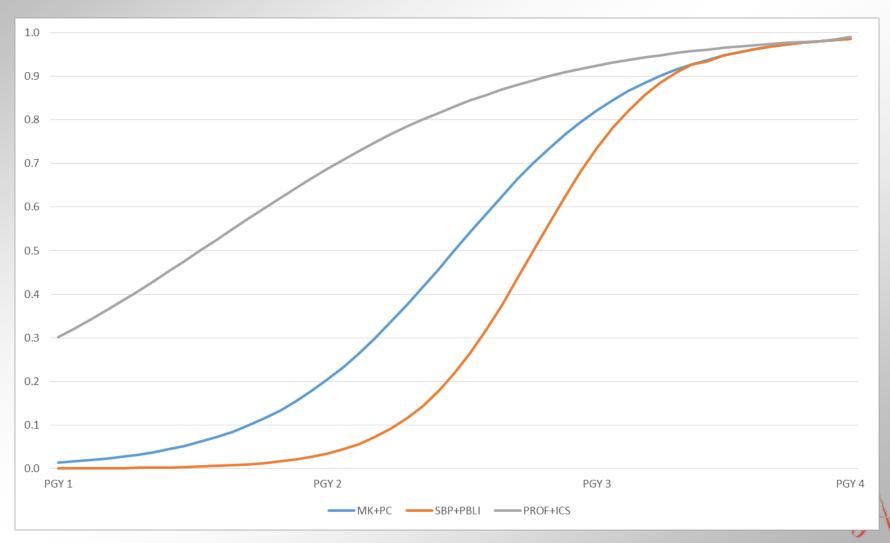
Learning Curves (theoretical)



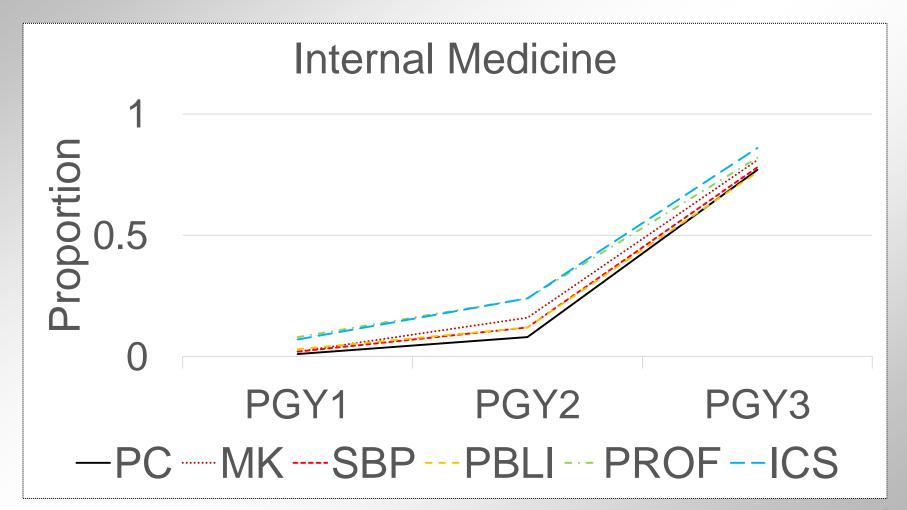
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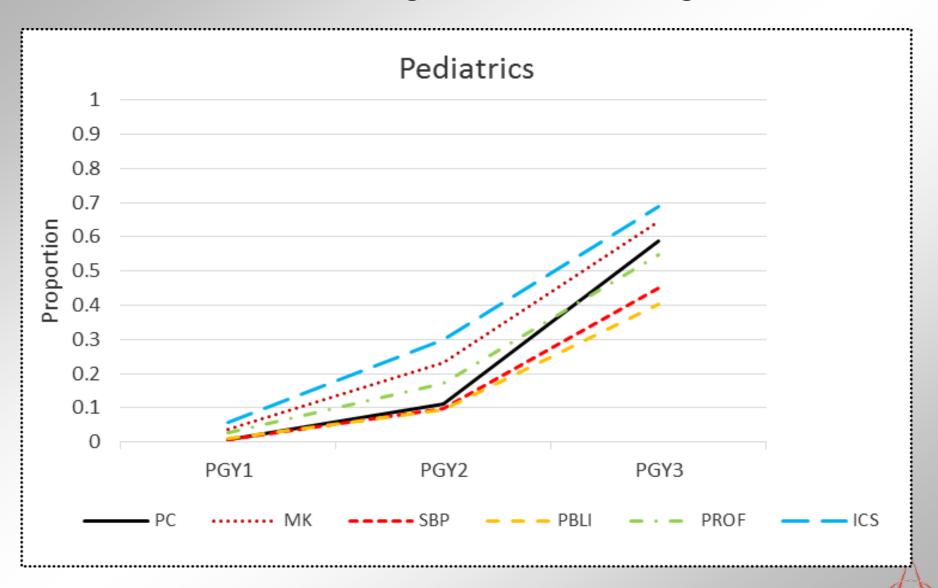


Residents Attaining Level 4 or Higher

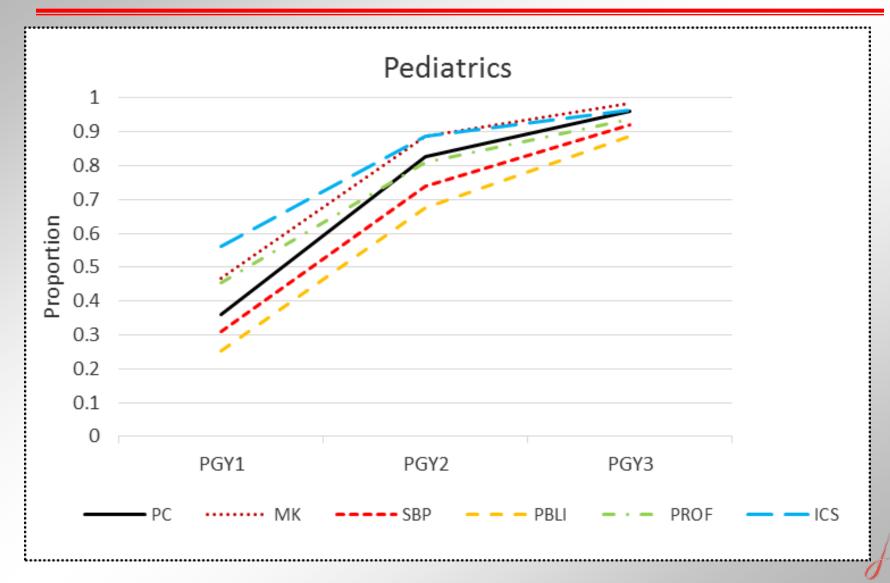




Residents Attaining Level 4 or Higher



Residents Attaining Level 3 or Higher



RESEARCH



Advisory Groups:

Analytic

- John Norcini (FAIMER)
- Reed Williams (SIU/IU)
- Rachel Yudkowski (UIC)
- Ara Tekian (UIC)

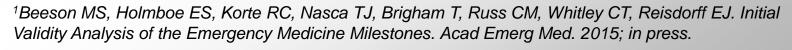
CCC

- Karen Hauer (UCSF)
- Kathy Andolsek (Duke)
- Jamie Padmore (Medstar Washington)
- David Berg (Yale)



Selected Research Projects in Progress

- Emergency Medicine initial validity study
 - Factor structure supported three factor design of EM certification (in press)¹
 - Expected correlation between ITE and MK milestones
- Exploring ITE and milestones associative studies with ABFM and ABPeds
- Neurosurgery PD and resident survey of first year experience
- Hauer IM CCC experience studies





Osteopathic-based Programs

- Milestone Reporting
- Osteopathic Recognition



What's Next? Milestones 2.0

- Data, comments and suggestions are continually being monitored
- Competency Crosswalk for Interpersonal and Communication Skills, Practice-based Learning and Improvement, Professionalism, and Systems-based Practice



What's Next? Milestones 2.0

 Milestones Summit with representatives from the ABMS Member Boards, AOA Certifying Boards and ACGME Review Committees

Development will begin late 2016



Where do I find...?





Milestone Resources

Milestone Webpage:

http://www.acgme.org/acgmeweb/tabid/430/ProgramandInstitutionalAccreditation/NextAccreditationSystem/Milestones.aspx

Milestone FAQs:

http://www.acgme.org/acgmeweb/Portals/0/MilestonesFAQ.pdf

Clinical Competency Committee Guidebook:

http://www.acgme.org/acgmeweb/Portals/0/ACGMEClinicalCompetencyCommitteeGuidebook.pdf



We are here to help

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