We know many residencies and medical schools are grappling with how to modify learning to adapt to the consequences of this pandemic including elective cancellations, social distancing guidelines, and the possibility of quarantine electives. The Andrew Weil Center for Integrative Medicine at the University of Arizona is offering up to 12 hours of online learning, at no cost, for any residents or medical students needing to add content to their learning experience due to COVID-19. This 12-hour course includes evidence-based curriculum covering non-pharmacologic approaches to pain, physician well-being, and nutrition essentials for physicians.

If you would like any of your residents or medical students to take advantage of this online, self-paced curriculum, it will be available until the end of June 2020. The course includes a dashboard that will enable PDs or designated residency and medical school faculty to monitor learner progress with the modules in order to document the completion of the content.

Please email Jim Kimbrough to learn more or enroll residents: jkimbrough@email.arizona.edu

May we all weather this public health crisis safely.