Association of Pediatric Program Directors

20th Annual
Fall Meeting

September 22-24, 2016

Renaissance Arlington Capital View
Arlington, Virginia

Final Program

CME CREDITS AVAILABLE!
This activity has been approved for AMA PRA Category 1 Credit(s)™.
Welcome to the 2016 APPD Fall Meeting

Welcome to the 20th annual APPD Fall Meeting! In addition to celebrating the past 20 years of learning and working together, we have a program packed with important information for the present and future. We will discuss how GME programs can address violence against minorities in our communities, how we can build resilience and well-being in our faculty and trainees, what’s ahead for the health care of children who may be impacted by the results of the upcoming presidential election, and many other important and timely topics. You are invited to contribute to these discussions and learn from your colleagues. We welcome you and look forward to your participation and feedback.

APPD 2016 Fall Meeting Program Executive Planning Committee

R. Franklin Trimm, MD, Program Chair
APPD President
University of South Alabama Pediatrics Residency Program

Pamela Carpenter, BA, C-TAGME
APPD Coordinators’ Executive Committee
University of Utah, Primary Children’s Hospital

Katherine Mason, MD
APPD Fellowship Directors’ Executive Committee
Rainbow Babies & Children's Hospital

Brian Lurie, MD, MPH, FAAP
APPD Associate Program Directors’ Executive Committee
Goryeb Children's Hospital Atlantic Health

Betty Staples, MD
APPD Board of Directors
Duke University Medical Center

Javier Gonzalez del Rey, MD, MEd
APPD President-Elect
Cincinnati Children's Hospital Medical Center

APPD Management Team

Laura Degnon, CAE
Executive Director
Laura@appd.org

Rosemary Haynes
Association Manager
Rosemary@appd.org

Kathy Haynes Johnson
Associate Director
Kathy@appd.org

Daglyn Carr
Association Administrator
Daglyn@appd.org

Association of Pediatric Program Directors (APPD)
6728 Old McLean Village Drive ~ McLean, VA 22101
703-556-9222 ~ info@appd.org
www.appd.org
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Attendees</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Registration Opens</td>
<td></td>
</tr>
<tr>
<td>7:30-8:30am</td>
<td>Continental Breakfast</td>
<td>ALL</td>
</tr>
<tr>
<td>8:30-9:00am</td>
<td>Welcome to the APPD Fall Meeting and Intro to APPD</td>
<td>ALL</td>
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<tr>
<td>9:00-11:30am</td>
<td>Program Organization 101: Basics of Day-to-Day Program Leadership</td>
<td>ALL</td>
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<tr>
<td>11:45am-1:00pm</td>
<td>Lunch (provided by APPD) / Networking Opportunity</td>
<td>APD, PD, FPD, OKP</td>
</tr>
<tr>
<td>1:00-3:00pm</td>
<td>Key Stakeholders - Updates from ABP, ACGME, APPD, and CoPS</td>
<td>ALL</td>
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<tr>
<td>3:00-3:15am</td>
<td>Wellness Break</td>
<td>ALL</td>
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<tr>
<td>3:15-4:45pm</td>
<td>Section Specific Programming</td>
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<tr>
<td></td>
<td>Associate Program Directors' Session</td>
<td>APD</td>
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<tr>
<td></td>
<td>Categorical Program Directors' Session</td>
<td>PD</td>
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<td></td>
<td>Fellowship Program Directors' Session</td>
<td>FPD</td>
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<td></td>
<td>Categorical/Fellowship Program Coordinators' Session</td>
<td>PC, FC</td>
</tr>
<tr>
<td>5:00-5:45pm</td>
<td>Federal Election Update: What's at Stake for Child Health Policy</td>
<td>ALL</td>
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<tr>
<td>7:00-9:00pm</td>
<td>20th Anniversary Celebration of the APPD Fall Meeting</td>
<td>ALL</td>
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**Friday, September 23**

<table>
<thead>
<tr>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>8:00-8:30am</td>
<td>Continental Breakfast</td>
<td>ALL</td>
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<tr>
<td>8:30am-12:00pm</td>
<td>Everyday Leadership Skills for All Team Members</td>
<td>ALL</td>
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<tr>
<td>12:00-4:00pm</td>
<td>Lunch / Grab &amp; Go to Section-Specific Sessions</td>
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<tr>
<td></td>
<td>Associate Program Directors and Categorical Program Directors - Joint Session</td>
<td>PD, APD</td>
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<td></td>
<td>Fellowship Program Directors' Session</td>
<td>FPD</td>
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<tr>
<td></td>
<td>Categorical Program Coordinators and Fellowship Program Coordinators - Joint Session</td>
<td>PC, FC</td>
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<tr>
<td>4:00-4:15pm</td>
<td>Wellness Break</td>
<td>ALL</td>
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<tr>
<td>4:15-5:15pm</td>
<td>Silence is Not the Answer: Activism, Advocacy, and Leadership in the Era of Black Lives Matter and the Role of the Medical Educator</td>
<td>ALL</td>
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<tr>
<td>5:15-5:30pm</td>
<td>Wellness Break</td>
<td>ALL</td>
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<tr>
<td>5:30-6:30pm</td>
<td>Networking Reception</td>
<td>ALL</td>
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**Saturday, September 24**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</tr>
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<tbody>
<tr>
<td>8:00-8:30am</td>
<td>Continental Breakfast</td>
<td>ALL</td>
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<tr>
<td>8:30am-11:45pm</td>
<td>Wellness and Resiliency</td>
<td>ALL</td>
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**Session Codes**

*Please pay special note to the session codes below and throughout this program. These codes indicate the track each session is targeting and the attendees who would most benefit from the session. You may, however, attend other sessions which are not focused specifically toward your position at the program. Please let us know if you have any questions or concerns.*

- **Categorical Program Directors** ......................... PD
- **Associate Program Directors** ............................ APD
- **Fellowship Program Directors** ........................... FPD
- **Categorical Program Coordinators** ..................... PC
- **Fellowship Program Coordinators** ........................ FC
- **Other Key Personnel** ..................................... OKP
President
R. Franklin Trimm, MD (2016 - 2018)
University of South Alabama

Secretary-Treasurer
John D. Mahan MD (2016 - 2019)
Nationwide Children's Hospital/Ohio State University

Executive Director - Laura Degnon, CAE
Associate Director - Kathy Haynes Johnson

At-Large Board Members
Rebecca Blankenburg MD, MPH (2016 - 2019)
Stanford University/Lucile Packard Children's Hospital
Grace Caputo, MD, MPH (2015 - 2018)
Phoenix Children's Hospital/Maricopa Medical Center
Betty Staples, MD (2014 - 2017)
Duke University Medical Center

APPD Executive Committees

Associate Program Directors’ Executive Committee
Glenn Rosenbluth, MD (2016 - 2017), Chair
University of California, San Francisco
Megan Aylor, MD (2016 - 2017), Chair-Elect
Oregon Health Sciences University
Maneesh Batra, MD, MPH (2016 - 2017), Past Chair
University of Washington/Seattle Children's
Goryeb Children's Hospital Atlantic Health
Sara Mulfater, MD (2015 - 2018)
University of Louisville
Sydney Primis MD (2016-2017)
Carolinas Medical Center

Coordinators’ Executive Committee
Charlene Larson Rotandi, AB, AA (2016-2017) - Chair
Stanford University
Pamela Carpenter, BA, C-TAGME (2016-2017) - Chair-Elect
University of Utah
Teresa Flournoy, MBA, C-TAGME (2016-2017) - Past Chair
University of Kansas School of Medicine
Michelle Brooks (2015-2018)
Stanford University
Amy Gaug, BA (2016 - 2019)
University of Minnesota
Rachel Laws, MBA (2016 - 2017)
Children's Mercy Hospital

Fellowship Program Directors’ Executive Committee
Angela Myers, MD, MPH (2016 - 2017) - Chair
Children’s Mercy Hospital
Pnina Weiss, MD (2016 – 2017) - Chair-Elect
Yale University School of Medicine
Geoffrey Fleming, MD (2016 - 2017) - Past Chair
Vanderbilt University School of Medicine
Jennifer Kesselheim MD, MEd, MBE (2016-2019)
Dana Farber Cancer Institute
Katherine Mason, MD (2015-2018)
Rainbow Babies & Children's Hospital
Kathleen McGann, MD (2013 - 2017)
Duke University Medical Center

APPD Nomination Committee
Dena Hofkosh, MD, MEd (2016 - 2018)
University of Pittsburgh School of Medicine
University of North Carolina
Duke University Medical Center

APPD Council of Task Force Chairs
www.appd.org/activities/taskforce.cfm
Rebecca Blankenburg MD, MPH, (2016-2019), Chair CoTFC
Stanford University/Lucile Packard Children's Hospital

Assessment Task Force
Mark Vining, MD, Chair
University of Massachusetts
Caroline Rassbach, MD, Vice Chair
Stanford University

Curriculum Task Force
Helen Barrett Fromme, MD, MHPE, Vice Chair
University of Chicago
Nicole Paradise Black, MD, MEd, Vice Chair
University of Florida

Faculty and Professional Development Task Force
Marsha Anderson, MD, Chair
University of Colorado
Erin Giudice, MD
University of Maryland

Learning Technology Task Force
Emily Borman-Shoap, MD, Chair
University of Minnesota
Pamela Carpenter, BA, C-TAGME, Vice Chair
University of Utah

Research and Scholarship Task Force
Su-Ting Li MD, MPH, Chair
University of California (Davis) Health System
Erika Abramson, MD, Vice Chair
New York Presbyterian - Weill Cornell
APPD Leadership

APPD Council of Regional Chairs
www.appd.org/activities/regions.cfm
J. Auxford Burks, MD (2014-2017), Chair, CoRC
Albert Einstein College of Medicine, Jacobi Medical Center

Mid-America Region
Kimberly Boland, MD (2015 - 2018)
University of Louisville
Sue Poynter Wong, MD (2015 - 2018)
Cincinnati Children's Hospital Medical Center
Maria Ramundo MD (2015 - 2018)
Children's Hospital Medical Center of Akron
Nancy Phuong (2015 - 2018)
MetroHealth Medical Center

Mid-Atlantic Region
Dewesh Agrawal, MD (2014-2017)
Children's National Medical Center
Meredith Carter, MD (2014-2017)
Inova Children's Hospital
Children's National Medical Center

Midwest Region
Jason Homme, MD (2013 - 2017)
Mayo School of Graduate Medical Education
Eyad Hanna, MD, MME (2015-2018)
University of Iowa Children's Hospital
Sarah Braet, MBA (2016-2019)
Children's Mercy Hospital
Children's Mercy Hospital
Heidi M. Sallee, MD Program Director Chair-Elect (2017-2020)
SLU/SSM Cardinal Glennon Children's Hospital

New England Region
Tufts Medical Center
Yale New Haven Medical Center

New York Region
Maria Fareri Children’s Hospital
Yakhira Encarnacion-Patterson, MPH (2014-2017)
Maimonides Infants and Childrens’ Hospital of Brooklyn

Southeast Region
Kenya McNeal-Trice, MD (2016 - 2019)
University of North Carolina
Jennifer Crotty, MD, FAAP (2016 - 2019)
Vidant Medical Center/East Carolina University

Southwest Region
Tammy Camp, MD (2014-2017)
Texas Tech University Health Science Center
Cindy Jon, MD (2014-2017)
University of Texas Medical School at Houston
Mary Matus (2016-2019)
University of Texas Austin Dell Medical School Pediatrics

Western Region
Sean Elliott, MD (2015 - 2017)
University of Arizona
Lynne C. Huffman, MD (2015 - 2017)
Stanford University
Joyce Soprano, MD (2015-2017)
University of Utah
Sylvia Yeh, MD (2015-2017)
Los Angeles County-Harbor UCLA Medical Center
University of Utah

Pediatric Education Groups (PEGs)
www.appd.org/activities/PEGs.cfm

Pediatric Global Health Educators PEG
Mike Pitt, MD, Co-Leader
University of Minnesota
Christiana Russ, MD, Co-Leader
Boston Children's Hospital

Lesbian-Gay-Bisexual-Transgender-Queer/Questioning- Ally (LGBTQA) PEG
Brian Lurie, MD, Co-Leader
Goryeb Children's Hospital Atlantic Health
Michelle Brooks, Co-Leader
Stanford University

Healthcare Simulation in Pediatrics PEG
Sharon Calaman, MD, Co-Leader
St. Christopher's Hospital for Children
Ariel Frey-Vogel, MD, Co-Leader
Boston Children's Hospital

Under Represented Minorities in Pediatric Graduate Medical Education PEG
Patricia Poitevien, MD, MSc, Co-Leader
NYU School of Medicine / Bellevue Hospital Center
Aisha Davis, MD, Co-Leader
Children’s National Medical Center

APPD 2017 Annual Spring Meeting Program Chairs

Cindy Ferrell, MD
APPD Program Chair
Oregon Health Science University

Andrea Asnes, MD
APPD Program Co-Chair
Yale-New Haven Medical Center

Lynn Garfunkel, MD
APPD Past Program Chair
University of Rochester / Rochester General Hospital
APPD Leadership in Educational Academic Development (APPD LEAD)

APPD LEAD is a nationally recognized program that provides a unique opportunity for pediatric academic leaders in medical education to engage and learn from seasoned program directors, pediatric educators, and other national leaders in pediatrics. The LEAD curriculum focuses on organizational leadership, competency-based curriculum development, faculty development, residency and fellowship program administration, scholarship and career development. The curriculum is paced over three educational conferences, with additional group activities, readings and project work expected between conferences. www.appd.org/ed_res/LEAD.cfm

APPD LEAD Council Members / Faculty
Su-Ting Li, MD, MPH, Chair
University of California (Davis) Health System
Susan Bostwick, MD, MBA
New York Presbyterian Hospital/Cornell Campus
John Frohna, MD, MPH
University of Wisconsin
Hilary Haftel, MD, MHPE
University of Michigan
Richard Shugerman, MD
Seattle Children’s Hospital/University of Washington
Rebecca Swan, MD
Vanderbilt University School of Medicine
Linda Waggoner-Fountain, MD, MEd
University of Virginia

APPD Longitudinal Educational Assessment Research Network (LEARN)

LEARN is the APPD’s Longitudinal Educational Assessment Research Network. APPD LEARN provides infrastructure for multicenter, collaborative research projects by and for Pediatric residency programs. http://learn.appd.org LEARN’s mission is to conduct meaningful educational research that advances the training of future Pediatricians by developing and promoting participation and collaboration in research by program directors for the purpose of improving the health and well-being of children. Our vision is to advance exemplary pediatric education through collaborative educational research by Pediatric program directors. APPD LEARN pursues its mission through the following interconnected activities:

• Managing a collaborative research network of Pediatric Programs working together to conduct multi-site studies of educational methods and instruments
• Maintaining an online repository of educational research study materials, raw data, and findings for dissemination to APPD members and collaborators
• Promoting learning opportunities to enhance educational research participation and scholarship by Program Directors
• Providing expert consultation for research conducted within APPD LEARN
• Communicating regularly with the APPD membership and the larger medical education community about activities, opportunities, and outcomes
• Exploring, conducting, and coordinating research with other organizations and initiatives across a continuum of medical and non-medical education

APPD LEARN STAFF
Alan Schwartz, PhD, Director
University of Illinois at Chicago
Beth King, MPP
APPD LEARN Program Manager
Marina Seyon
APPD LEARN Program Assistant
MEETING PROGRAM

7:00 am  
Registration Opens  
*Registration Desk*

7:30-8:30am  
Continental Breakfast  
*Ballroom Foyer*

8:30-9:00am  
Welcome & Introduction to APPD  
*Salons 1-4*  
R. Franklin Trimm, MD, APPD President, Pediatric Residency Director, University of South Alabama

9:00-11:30am  
PROGRAM ORGANIZATION 101:  
Basics of day-to-day program leadership for PDs, APDs, Coordinators, FPDs <ALL>  
*Salons 1-4*  
Michelle Holloway Nichols, MD, University of Alabama at Birmingham; Amy Gaug, University of Minnesota; Geoffrey Fleming, MD, Vanderbilt University School of Medicine; Brian Lurie, MD, MPH, Goryeb Children’s Hospital of Atlantic Health System; Pamela Carpenter, C-TAGME, University of Utah Primary Children’s Hospital

This session is designed for all program leaders (PDs, APDs, Coordinators, FPDs) who are new to their roles and those wanting a refresher about the important activities of GME program leadership, including the annual cycle for both core programs and fellowships. Potential topics may include Match and Recruitment, Reporting to the governing bodies (ACGME, ABP), Trainee Assessment, and Program Evaluation. Attendees will have numerous opportunities for Q&A with the presenters and other program experts, plus participation in problem solving discussions and the exploration of specific questions and topics.

9:00-9:10  Welcome to session; Intro to presenters
9:10-10:10  Year in the Program
10:10-11:10  Intro to Organizations /“Alphabet Soup”
11:10-11:30  Panel Discussion (Q&A)

11:45am-1:00pm  
Lunch (provided by APPD in the *Ballroom Foyer*)

**Networking Opportunity**  <PD> <APD> <FD> <OKP>  
*Pick up lunch and go to Salons 1-4*

**Coordinators’ Lunch**  <PC> <FC>  
*Pick up lunch and to go Studio B (PCs) and Studio D (FCs)*

This session will give coordinators an opportunity to converse separately based on type of program (Fellowship vs. Residency) for a Q&A session with seasoned and new coordinators. Fellowship and Residency Coordinators will be split into separate rooms. Attendees will have an opportunity to ask questions in previous sessions and learn from each other. The session will be led by the Coordinators’ Executive Committee: Charlene Larson Rotandi, AB, AA, Stanford University; Teresa Beacham, MBA, C-TAGME, University of Kansas School of Medicine; Pamela Carpenter, BA, C-TAGME, University of Utah; Michelle Brooks, Stanford University; Rachel Laws, MBA, Children’s Mercy Hospital; Amy Gaug, BA, University of Minnesota.
Thursday, September 22, 2016, continued

1:00-3:00pm  Key Stakeholders – Updates from the ABP, ACGME, CoPS, and APPD  <ALL>

**Salons 1-4**

1:00-1:05pm  Brief Intro to afternoon, Franklin Trimm, MD, APPD President
1:05-2:25pm  Key Stakeholders Updates
   1:05-1:25pm  American Board of Pediatrics (ABP), Gail McGuinness, MD, Executive Vice President, American Board of Pediatrics
   1:25-1:50pm  Accreditation Council for Graduate Medical Education (ACGME), Suzanne Woods, MD, FAAP, FACP, Chair RC for Pediatrics; Caroline Fischer, MBA, Executive Director, Accreditation Standards, ACGME Review Committee
   1:50-2:00pm  Council of Pediatric Subspecialties (CoPS), Robert Spicer, MD, Chair
   2:00-2:05pm  Update on Status of Delay in Fellowships’ Start Date, Richard Mink, MD, MACM, Director, Pediatric Critical Care Medicine Fellowship, Harbor-UCLA Medical Center
   2:05-2:25pm  Key Stakeholders Q&A
2:25-3:00pm  APPD Updates
   2:25-2:30pm  APPD LEARN, Alan Schwartz, PhD, APPD LEARN Director
   2:30-2:35pm  APPD LEAD, Su-Ting Li, MD, APPD LEAD Council Chair
   2:35-2:40pm  APPD View pages in Academic Pediatrics, Robert Vinci, MD, Associate Editor
   2:40-2:50pm  Vision 2020 - APPD Strategic Plan Summary, Franklin Trimm, MD, APPD President
   2:50-3:00pm  APPD Q&A

3:00-3:15pm  Wellness Break

**Ballroom Foyer**

3:15-4:45pm  Section-Specific Group Sessions

Participants will work in section-specific groups to delve more deeply into specific topics of interest, using tools to maximize the structure and organization of their own programs.

**Associate Program Directors  <APD>**

**Salons 5-7**

Michelle M. Barnes, MD, University of Illinois at Chicago, Children’s Hospital of the University of Illinois; Brian Lurie, MD, MPH, Goryeb Children’s Hospital Atlantic Health System; Sydney Primis, MD, Carolinas Medical Center, Levine Children’s Hospital; Glenn Rosenbluth, MD, University of California/San Francisco

In addition to covering topics from Program Organization 101, Associate Program Directors will have the opportunity to network and discuss APD-specific faculty development needs, including career advancement, negotiations for multiple roles, time management and conflict resolution. After brief introductions, participants will partake in both large and small group discussions covering important topics from the APD handbook and beyond. The session will be led by members of the Associate Program Directors’ Executive Committee, Associate Program Directors’ Grassroots Forum Leaders (APD SIG), and other senior Associate Program Directors.

**Categorical Program Directors  <PD>**

**Studio D**

Optimizing the Efficiency of your CCC: Tips for Transforming Your CCC into a Well-Oiled Machine!

Sue Poynter-Wong, MD, MEd, Cincinnati Children’s Hospital Medical Center; Rebecca Blankenburg, MD, MPH, Stanford University; Amanda Osta, MD, University of Illinois College of Medicine at Chicago; and Kimberly Boland, MD, University of Louisville

Join us for an interactive discussion regarding the success of the clinical competency committee concept. Areas of focus will include the pre-work and information gathering that happens prior to the CCC meeting, the structure of the CCC and activities that occur during the meeting, and how the information regarding Milestones is delivered to the residents after the CCC meets. Best practices, lessons learned, and ideas for innovating your own CCC will be shared by program directors of small, large, and medium residency programs in both small and large group forums.

**Fellowship Program Directors  <FPD>**

**Fellowship Directors Session with Key Stakeholders**

**Studio E**

In this session, representatives from the ACGME, ABP and CoPS will present and discuss recent, new, evolving and proposed initiatives that have direct impact on fellowship training. To facilitate discussion, registered attendees will be asked to submit questions prior to the conference via an email survey.
Thursday, September 22, 2016, continued

**Categorical Program Coordinators and Fellowship Program Coordinators**  <PC, FC>
**Studio B**

*DK Sujlana, CAPM  Director, ERAS Program Relations, Introduced by Charlene Larson Rotandi, AB, AA, Stanford University*

During this session, a representative from the Electronic Residency Application Service (ERAS®) will review the web-based Program Director Work Station (PDWS®). The presentation will include a demonstration of the program and will provide an opportunity for participants to ask questions of the ERAS representative.

**4:45-5:00pm**  
**Wellness Break**  
**Ballroom Foyer**

**5:00-5:45pm**  
**Federal Election Update: What’s At Stake for Child Health Policy**  
**Salons 1-4**

*Mark Del Monte, JD, Chief Public Affairs Officer of the American Academy of Pediatrics*

**7:00-9:00pm**  
**20th Anniversary Celebration of the APPD Fall Meeting: Keynote Dinner and Address**  
**Salons 1-4**

*Robert J. Vinci, MD, Chief, Department of Pediatrics, Director, Pediatric Emergency Department, Director of Pediatric Clinic Services, Boston Medical Center, Professor of Pediatrics, Boston University School of Medicine, Program Director, Boston Combined Residency Program in Pediatrics*

Wonderful 20th Anniversary festivities (and surprises!) have been planned. Please join your fellow attendees for the celebration, including networking opportunities, great food, and inspiration in the form of the Keynote Address. The Keynote Speaker this year will be Dr. Bob Vinci!

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**Friday, September 23, 2016**

**8:00-8:30am**  
**Continental Breakfast**  
**Ballroom Foyer**

**8:30am-12:00pm**  
**Everyday Leadership Skills for All Team Members**  
**Salons 1-4**

*Aditee Narayan, MD, MPH, Duke University School of Medicine; Glenn Rosenbluth, MD, UCSF Benioff Children’s Hospital; Bruce Herman, MD, University of Utah School of Medicine; Erin L. Giudice, MD, University of Maryland School of Medicine; Pamela Carpenter, BA, C-TAGME, University of Utah; Charlene Larson Rotandi AB, AA, Stanford University School of Med-Dept of Peds; Erika Abramson, MD, MS, Weill Cornell Medicine; Marsha Anderson, MD, University of Colorado School of Medicine*

This half day session highlights leadership skills that can be used by anyone, regardless of their educational role (PDs, APDs, FDs, PCs, CRs, & other educational leaders). This session will include exercises that will help you better understand & engage your supervisor, colleagues, and co-workers to become a more effective leader and better manager of talent in your group.

8:30-9:30  
Harnessing the power of your team's color palette

9:30-9:45  
Wellness Break

9:45-10:45  
Leading people across the generational spectrum

10:45-11:00  
Wellness Break

11:00-12:00  
Leading from the Middle

**12:00-4:00pm**  
**Lunch / Grab & Go to Section-Specific Sessions**  
**Associate Program Director / Categorical Program Directors - Joint Session <APD, PD>**  
**Salons 1-4**

12:00-12:30  
Lunch/Break

12:30-1:30  
Meet the Professor - APPD Mentoring Session for PDs and APDs  
**APPD Mentoring Leadership Committee of the Faculty and Professional Development Task Force - Drs. Megan Aylor, Aditee Narayan, Erika Abramson, Michelle Barnes, Kimberly Gifford, Bruce Herman, Lauren Nassetta, and Marsha Anderson**
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>1:00-1:05</td>
<td>Wellness Break</td>
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<tr>
<td>1:10-1:15</td>
<td>Structuring your Annual Program Improvement Plan for MOC IV Credit</td>
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<td></td>
<td>Ann Burke MD, Wright State University</td>
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<td>1:15-1:30</td>
<td>Wellness Break</td>
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<tr>
<td>1:30-1:45</td>
<td>Navigating the APD/PG relationship - how to make it the best it can be</td>
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<td>Casey Hester, MD, University of Oklahoma Health Sciences Center; Brian Lurie, MD, MPH, FAAP, Goryeb Children's Hospital Atlantic Health; Sydney Primis, MD, Carolinas Medical Center, Levine Children's Hospital; Sara Multerer, MD, University of Louisville</td>
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**Fellowship Program Directors' Session <FPD>**

**Salons 5-7**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>12:15-12:45</td>
<td>Structuring your Annual Program Improvement Plan for MOC IV Credit</td>
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<td>Ann Burke MD, Wright State University</td>
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<tr>
<td>12:45-1:00</td>
<td>Grassroots Session for FDs</td>
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<tr>
<td>1:00-1:15</td>
<td>Wellness Break</td>
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<tr>
<td>1:15-2:00</td>
<td>Late Breaking Updates: Delayed Fellowship Start Date, Subspecialty Pediatric Investigators’ Network (SPIN) Update</td>
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<td>Richard Mink, MD, MACM, Harbor-UCLA Medical Center</td>
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<tr>
<td>2:00-2:30</td>
<td>Burnout - Another Hidden Curriculum? Fellowship Directors Interactive Workshop</td>
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<td>Facilitated by the APPD Fellowship Directors’ Executive Committee</td>
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<tr>
<td>2:30-4:00</td>
<td>Angela Myers, MD, MPH, Geoffrey Fleming, MD, Vanderbilt University; Kathleen McGann, MD, Pnina Weiss, MD, Katherine Mason, MD, Jennifer Kesselheim, MD, MEd, MBE</td>
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<td></td>
<td>We will start this session with a brief assessment of the participants’ experience of burnout in their role as fellowship director. Voluntary discussion of these results will help to inform and direct the breakout sessions. We will touch upon evidence based data on burnout in fellowship trainees and faculty as well as the broader spectrum of medical education. Small groups will allow for a deeper focus on practices, tools and resources to identify, mitigate and resolve burnout in our fellowship programs.</td>
</tr>
</tbody>
</table>

**Categorical Program Coordinators / Fellowship Program Coordinators - Joint Session <PC, FC>**

**Studio B**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00-1:00</td>
<td>Mentor Program Introduction</td>
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<td></td>
<td>Michelle Brooks, Stanford University</td>
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<td></td>
<td>In continuation of our mentoring program, this lunch meeting will be an opportunity for mentor groups to interface. It will also provide an update for plans for 1:1 mentoring. New coordinators or those without a mentoring group will have the opportunity to become part of a supporting mentor group.</td>
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<tr>
<td>1:00-1:15</td>
<td>Workshop 1: Time Management</td>
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<td>Teresa Beacham, MBA, C-TAGME, University of Kansas School of Medicine; Rachel Laws, MBA, Children’s Mercy Hospital</td>
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<td></td>
<td>Not enough hours in the day? Feel like you will never get it all done? This interactive workshop will offer ideas to change the way you think and work! These helpful tips will help you overcome procrastination and live a less stressful professional and personal life.</td>
</tr>
<tr>
<td>1:15-2:15</td>
<td>Wellness Break</td>
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<tr>
<td>2:15-3:30</td>
<td>Workshop 2: Tech Check</td>
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<td></td>
<td>Pamela Carpenter, BA, C-TAGME, University of Utah</td>
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<td></td>
<td>This interactive workshop will be an overview of various technology tools that you can use to help make life more manageable, including the latest trends in educational technology. Bring your iPad or laptop so you can bookmark and save programs as we demonstrate!</td>
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<tr>
<td>3:15-4:00</td>
<td>Final Thoughts/Wrap-up</td>
</tr>
</tbody>
</table>

**4:00-4:15pm**

**Wellness Break**

**Ballroom Foyer**

**4:15-5:15pm**

**Silence is Not the Answer: Activism, Advocacy, and Leadership in the Era of Black Lives Matter and the Role of the Medical Educator <ALL>**

**Salons 1-4**

As Dr. Martin Luther King Jr. said, “Our lives begin to end the day we become silent about the things that matter.” Recently we have witnessed horrific events on our own soil, clear acts of racism, homophobia, and transphobia. These events raise questions for our trainees, for ourselves, and for our profession. What is our role as medical educators to address these concerns on a personal, program, institutional, community, and national level? How do these recent events contribute to the health disparities faced by the diverse patients we care for? Through larger
discussion, small group activities, and self-reflection, we hope to begin to answer these questions together, start to conceptualize approaches to these concerns within our programs, and identify ways for our organization and its members to confront racism, homophobia, and transphobia.

5:30-6:30pm  Networking Reception <ALL>
*Ballroom Foyer*

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### Saturday, September 24, 2016

**8:00-8:30am**  Continental Breakfast
*Ballroom Foyer*

**8:30am-11:45am**  Wellness and Resiliency <ALL>
*Salons 1-4*

- **8:30-9:30** Sleep Deprivation in Your Trainees and YOU
  
  *Pnina Weiss, MD, Director of Pediatric Fellowships, Associate Professor, Section of Pediatric Pulmonary and Sleep Medicine, Yale University School of Medicine*
  
  How does sleep deprivation and fragmentation affect you and your trainees? The ACGME requires that you educate all faculty members and trainees: 1) to recognize the signs of fatigue and sleep deprivation and 2) in fatigue mitigation processes. Are you doing it? Adequately? This session will provide an evidence-based approach to sleep deprivation, fatigue and fatigue mitigation processes. The effect of work hour restrictions on resident wellness and education and patient care will be addressed, including recent data which has galvanized some programs to call for rescinding the restrictions. The session will provide you with educational tools that you can use in your program.

- **9:30-10:30** Wellness: Priorities for GME Leaders
  
  *Hilary McClafferty, MD, University of Arizona, Chair of the AAP Section on Integrative Medicine Executive Committee, Leader of the Physician Wellness Special Interest Group at the AAP, Author, AAP clinical report “Physician Health and Wellness”*

**10:30-10:45** Wellness Break

**10:45-11:45**  The Mindful GME Leader: Strategies for Success

*Hilary McClafferty, MD, University of Arizona and John Mahan, MD, Nationwide Children’s Hospital*

An interactive workshop demonstrating mindfulness activities (mindful movement, eating), meditation, relaxation techniques, and autogenic training using activities. The session will also include an introduction to apps and available online module to complement coursework.

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### CME Information

**Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Amedco and the Association of Pediatric Program Directors (APPD). Amedco is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation Statement**

Amedco designates this live activity for a maximum of 19.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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### APPD Photo Release

By registering for this APPD Meeting, attendees consent to be photographed during the course of the meeting, with the understanding that these images will be used in APPD documents and publications only. If anyone prefers to not have their photo used by APPD, please contact info@appd.org. We also request that you notify the photographer at the time a photo is being taken in which you may be included.

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### Insurance

APPD cannot accept responsibility for personal losses, accidents, or damages to participants and/or accompanying persons. Participants are therefore strongly advised to obtain personal insurance to cover any eventuality that may occur during the Conference.
The APPD Share Warehouse is a unique opportunity for members to collectively share and use content that supports the mission of pediatric residency education. The APPD Share Warehouse is a virtual, web-based, collaborative project that provides a place for APPD members to browse, search, use, and share resources, including policies, curricula and evaluation tools. It’s a perfect place to submit workshop materials, poster presentations, and resources for Task Forces and PEGs. Learners, leaders, and all team members will benefit from a rich repository of information and practical applications for our diverse needs.

The APPD Share Warehouse is emblematic of our community of members: innovative, collaborative, and scholarly. Learning together from our shared work cultivates great new solutions and ignites innovation. Members may share their work and report its use as part of their portfolio of scholarship. Explore the APPD Share Warehouse and submit materials to the site. And let us know how we can adapt the site to meet your needs. When we share and innovate together, all members benefit.

Share Warehouse Design and Editorial Team
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Emily Borman-Shoap, MD
*University of Minnesota*

Abhay Dandekar, MD, Former Share Warehouse Team Leader
*Kaiser Permanente Northern California*

Ashweena Gonuguntla, MD
*MIchigan State University*

Robert Lee, DO, MS
*Winthrop University Hospital*

Tara McKinley, MA
*University of Louisville*

Michelle Miner, MD
*Southern Illinois University*

Sydney Primis, MD
*Carolinas Medical Center*

Visit the APPD SHAREWAREHOUSE at
[www.appd.org/sharewarehouse](http://www.appd.org/sharewarehouse)
Membership
Membership in the APPD is through the accredited core pediatric residency program. The greatest benefits of APPD are in connections, networking and personal relationships. APPD serves you in your personal growth, career development, program improvement, and service to faculty, trainees, and, most importantly, to the children who need medical care. If you are not a member, please contact your residency program director or coordinator and ask to be included!

Task Forces
The APPD has five main task forces which focus on Assessment, Curriculum, Faculty and Professional Development, Learning Technology, and Research and Scholarship. APPD members are welcome to join a task force - there is no additional fee, requirement, or specific skill needed. Join a task force during the APPD Annual Spring Meeting, or contact one of the leaders for ongoing activities between meetings to get involved.

Regions
In addition to the national organization, pediatric programs in APPD are divided into regions. These regional groups have leadership opportunities, meetings and activities which are a vital part of the APPD.

Pediatric Education Groups (PEGs)
New focus groups have been added within APPD and would welcome your interest and involvement. Currently, there are four APPD Pediatric Education Groups (PEGs) including Pediatric Global Health Educators PEG, LGBTQA PEG, Healthcare Simulation in Pediatrics PEG, and Under Represented Minorities in Pediatric GME PEG. Contact the APPD office for more information (info@appd.org).

WiFi Information
Wifi Access is provided by APPD throughout the meeting space. Passcode: APPD2016

Live-Streaming / Recording Prohibited
The use of live-streaming devices and other recording devices during the APPD Meeting is prohibited.

Hotel Floor Plan
2017 Annual Meeting

Adventures in Pediatric Medical Education: Small World, Big Impact

April 5-8, 2017
Hilton Anaheim ~ Anaheim, California*
(Includes MPPDA Annual Meeting on April 4-5, 2017)

Workshop and Poster Abstract Submissions now being accepted:
www.appd.org/WS_Submission/abstract

DEADLINE: October 17, 2016

Extended Deadline for Poster Abstract Submissions by Primary Authors who are Students, Residents, Chief Residents, or Fellows (“Trainee as Lead Author”): January 15, 2017

Visit www.APPD.org for details as they become available.

Association of Pediatric Program Directors
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* Home of Disneyland