



EDITOR'S COLUMN

*Annamaria Church, MD
Wellington, Florida*

I am sad as I compose my last "Editor's Column" as the Communications Director for the APPD. I find it unbelievable that my term on the Board will end in May. I remember Ed Zalneraitis contacting me to let me know I was elected to the Board. Three years sounded like such a long time. The 2008 Hawaii meeting seemed to be in the far distant future. However, the time has flown by and now comes to an end.

My involvement with the APPD and time on the Board has been a wonderful opportunity to grow and develop as a medical educator as well as to network with other educators. In addition to meeting and interacting with a fantastic group of individuals, I have learned so much. I am in awe of many of the directors and the work that they do.

I recently began working part-time in a private pediatrician's office. When explaining to the receptionist what a program director does, she commented "All that medical school just to teach?" Although I tried to explain the fun of watching residents grow and become pediatricians and knowing you had a part in that growth, she just didn't get it. The APPD is a network of people who do get it, who understand the joys as well as the frustrations. Each and every one of you puts in an incredible amount of time and effort into developing excellent pediatricians. I encourage you to deepen your involvement with the APPD. It is an opportunity to share your techniques, learn new methods and interact with people who understand what you do.

See you in Hawaii!

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PRESIDENT'S COLUMN

*Robert McGregor, MD
St. Christopher's Hospital for Children, Philadelphia*

Unlikely inspiration – Learn how to Pause

For those of you who know me, I usually draw my inspiration from raucous sports figures or aggressive Covey-type leadership manuals and eschew the "touchy-feely." I have been under the delusion that processes and result have taken precedence over people in most aspects of my career to date. With the untimely passing of Harvey Aiges (see obituary notice page 3 in this issue), I was startled and realize that perhaps only with loss can I appreciate what is important. Harvey was a friend, a mentor and facilitator. When he would challenge me as he facilitated the old APA Program Director's SIG, I was actually afraid of him at first! He was my first real life encounter with a bold and sometimes boisterous New Yorker. Harvey had the firm but loving ability to nurture and kick-start at the same time using his quick wit... and could he entertain? Oh boy! Just ask Ken Roberts! I guess I might be getting soft as I am aging (and, no, not so gracefully). I have started to try to pause and recognize that the events and moments which have given me the most involved sharing the experience with someone else – an inquisitive learner, a wise advisor or a peer stuck in the muck with me. Maybe I just have the blues...the "blues brothers" missing a brother blues...."



As the cold finally hit the North East today (10 degrees without the wind-chill), I reached for a cup of tea instead of my usual Diet Coke and found a box of "Tension Tamer" tea, ornately decorated with touchy-feely stuff I usually skip in my "forever trying to be more efficient" mode. My 3 p.m. meeting was cancelled, my last batch of applicant folders reviewed and, with nothing immediately pressing, I read the stupid box, including a quote from Sarah Ban Breathnach, *Simple Abundance: A Daybook of Comfort and Joy*, 1996 Warner Books, Inc., "Harmony is the inner cadence of contentment we feel when the melody of life is in tune. When somehow we are able to strike the right chord – to balance the expectations of our families and our responsibilities in the world on the one hand with our inner needs for spiritual growth and personal expression on the other... Usually, when the distractions of daily life deplete our energy, the first thing we eliminate is the thing we need the most: quiet reflective time. Time to dream, time to think, time to contemplate what's working and what's not, so that we can make changes for the better...Learn how to pause."

PRESIDENT, continued on page 2

INSIDE:
Remembering Bob Holm and Harvey Aiges
Task Force Reports ~ 2008 Spring Meeting
Regional Happenings ~ News from the MPPDA
Update from the AAP Residents Section ~ Coordinators' Corner

Together we have stayed the ACGME's continuity log mandate – YEAH, the results we worked so hard for! But as I reflect back – the best part of that process was getting to know and work with amazing people like Patty Hicks, Jerry Rushton and David Leach. Now we are moving to be proactive and make recommendations to the ACGME but, again, the process of interacting with John Olsson, the APA continuity SIG leadership, Adam Pallant, Julia McMillan, and Dena Hofkosh add to the richness.

We have planned our strategic course with great help from Carol Berkowitz, Carol Carraccio and a cast of other present and former APPD constituents and have been able to move many of our action items forward within our time line for exciting growth and networking. Our Past President Ted Sectish is moving our professional development Leadership academy concept, and may well crosslink with the AAP and APA and many other members of FOPO, taking the reins and meshing many of our strategic goals with that of the entire FOPO (AMSPDC, SPR, APS, APA, AAP, ABP, and us). We have a chance to interface with the ABP as we move forward with John Frohna and our shared Professionalism resources. With Mary Ottolini and the APA we are looking to push forward an educational summit to develop additional focused educational activities for our members. With Bill Raska and our COMSEP colleagues, we will have our first-ever combined APPD and COMSEP meeting in May 2009, with a day of shared workshop activities to finally break down the parallel educational silos which exist in so many of our institutions. Ken Roberts forced my initial meeting with Bill at an "APA scholars" reunion and I am glad he did. Our effort to facilitate professional scholarship is being jump-started as Ann Burke and the Share Warehouse team have launched our innovative educational repository, complete with educational credit tracking for folks using your submitted ware. You will soon learn more about L.E.A.R.N. as Patty Hicks outlines some very doable collaborative work during our Hawaii meeting. Soon we will be able to announce another exciting linkage which will provide a vehicle to publish our meeting abstracts in a peer reviewed journal...stay tuned – no names dropped here until the deal is sealed! There are dozens more people who should be recognized and I know I have missed as many of you as I have named; processes and results, but more importantly, the people.

Our numbers have grown remarkably since our humble beginnings almost 25 years ago. Bob Holm started things with a dinner for fewer than 50 members the night prior to the PAS meeting. We now have 2000 plus members, our two and half day meeting before PAS, as well as a very successful two day Fall Meeting. Our largest member group – the Associate Program Directors (APDs) have begun to organize with the help of Nancy Spector, Keith Mann and Monica Sifuentes

and I expect our relationship with Vicky Norwood and the CoPS contingency to blossom as well. Thanks! We will continue to foster professional development for our membership but, recognizing that we cannot be all things to all people, this too will need ongoing strategy.

The Task Forces and Regional Chairs are getting more active and productive. We are now expecting bi-annual reports from these groups and exploring ways to insure involvement by all membership groups. The Task Forces will have a chance to highlight their collaborative efforts with the COMSEP folks next year! Special thanks to all those directors and coordinators who have stepped up and led a relatively new charge!

This will likely be the last Presidential column for this guy. Seems like just yesterday when I took over the podium in San Francisco as the APPD masses revolted about the continuity case log. That challenging moment mobilized what turned out to be two of the most valuable years of my personal and professional development. In retrospect, I couldn't have asked for a better jump start. I want to take this moment to thank everyone in this great organization for challenging me, supporting me and contributing to outstanding on-going agendas. I have every reason to be optimistic about the future of our organization. This board (many already named), including communications director Annie Church and visionary thinker and treasurer, Joe Gilhooly, have been a real asset to me in our strategic planning process and regular board function. You have elected an incredible board of directors, including the coordinators section, and President-Elect Susan Guralnick, another real New Yorker, will serve us most capably (and bring her Yankee fervor to attempt to replace my Steeler nation fanaticism). We are in most capable hands moving forward!

Special thanks to our outstanding board of directors and our oh so reliable and capable APPD staff - Kathy Haynes Johnson and consultant George Degnon. Extra-special thanks to our executive director, Laura Degnon, without whom this presidency would have been but another task to efficiently manage. I know many of you admire her talents and expertise, but few of us have been so fortunate to interact weekly with her wise and endless energy. That will be the part I think I miss the most.

The area of the Strategic plan which we have developed least is the part about garnering financial support to promote innovations and best practices in educational programming. As I retire to "Past-President," I have agreed to help Carol Berkowitz who has graciously accepted our invitation to be Chair of our new "Development Committee." So you will still be hearing from me....get your check books ready! LOL! Pause and reflect on that one! Aloha!



2008 Annual Spring Meeting
April 30 - May 3
Honolulu, HI



REMEMBERING BOB HOLM

Kenneth Roberts, MD, Moses Cone Health System



Robert Stephen Holm, MD
1940-2007

Bob Holm, the first secretary-treasurer of the APPD, died on September 12, 2007, at age 67. He was a professor of pediatrics at Michigan State. In addition to his service to the APPD, Bob had been president of the American

Academy of Pediatrics Michigan chapter and a founding member of the Michigan Council for Maternal and Child Health. He was passionate about serving children with special needs and about resident education.

Bob Holm left private practice in 1979 to direct a small community-based pediatric residency program expecting that teaching good diagnosis and management would allow the program to succeed. He came to realize that such small programs were outside the mainstream and sought help from the AAP to organize these programs. He was unsuccessful initially, but, by a fortunate coincidence, he was substituting for someone at an AAP Executive Committee Meeting in 1985 when the American Board of Pediatrics made the same suggestion. He wheedled an appointment to the organizing committee of the new Association of Pediatric Program Directors and became secretary-treasurer of the fledgling organization. With the help of his wife Carol and his teenage daughter, surveys were sent and tabulated, dues were collected, and arrangements were made for the first meeting. When the term limits for Bob as secretary-treasurer were reached, the Board agreed to his staying on as Executive Secretary which he did until 1996. During that first decade of the APPD, it is fair to say that he and Carol held the organization together. He organized the Board's planning meetings and, with Carol, made all the arrangements for the Annual Meetings: meeting rooms, AV equipment, programs, name tags, meals, snacks, and all the other details that let the speakers and discussion leaders do their jobs.

In 2004, the APPD established the Robert S. Holm, MD, Award "for Leadership and Support of Pediatric Program Directors." In preparation for presenting the first award, I asked Bob how he would like to be known by members of the audience who didn't already know him. He responded that he would like to be remembered as "someone who saw the value of collaboration between the academic centers and the communities and who tried to do something to make that happen when it was not a popular stand to take." His legacy is a thriving, inclusive APPD.

A TRIBUTE TO HARVEY W. AIGES, MD

Steven P. Shelov, MD, Maimonides Medical Center



We have all lost a beloved and true friend. Harvey Aiges has left us this past February. Harvey was truly a soul mate of mine, as he was of most program directors. We began our friendship in 1974 when we were both Chief Residents at the dual Departments of Pediatrics of the Albert Einstein College of Medicine. He was at the widely heralded Jacobi Hospital, home of pediatric giants such as Lewis Fraad, Katie Lobach, Henry Barnett, Abe Rudolph, Arnold Einhorn and numerous others. I was across the river at the young program at Montefiore Medical Center, under the wise leadership of Laurence Finberg and Michael Cohen. We exchanged residents, talked curriculum, bragged about which program was better, and bonded.

Mostly we talked about how we loved to teach, and how we loved to be with the residents and medical students. We went separate paths after residency, he to GI, I to General Academic Pediatrics. But we stayed grounded in education and our trainees. We cycled back together in many different ways. I handed him the New York City Program Director group after some years of working together to improve program and resident/faculty communication. We created the APA special interest group together, and he brought me into the APPD. We loved seeing each other at the annual meeting. We always had time to kibbitz, to have a drink or dinner, and always to laugh. We both took life sometimes too seriously, even thought we knew we shouldn't.

But his love of his residents was paramount. He lived with them and for them; his life revolved around them and their needs, their hopes, their excitements and disappointments. He defined the term "mentor," as all his students and former residents would say to this day. He leaves a lovely wife and daughter bereft at his early passing. He leaves his friends and colleagues alone as well. His spirit, dynamic enthusiasm, humor and warmth will always be a resonating force for me. Menches like him come along very rarely, and it will be many a year until we find one again like Harvey. If you see him, he'll probably be wearing a Mets uniform.

(Dr. Aiges served as chairman of pediatrics at Nassau University Medical Center, and former vice chairman of pediatrics and director of residency training at Schneider Children's Hospital in New Hyde Park, NY, and North Shore University Hospital in Manhasset, NY. From 1980 until 2002, Dr. Aiges had been the Pediatric Program Director at North Shore Uni-

TASK FORCE REPORTS

Curriculum Task Force

Susan Bostwick, MD, New York Presbyterian Hospital (Cornell)

Karin Hillenbrand, MD, East Carolina University School of Medicine

The Curriculum Task Force is continuing to work with our colleagues at COMSEP on developing a curriculum for the medical student fourth year subinternship experience. We hope to present this curriculum at both the COMSEP and APPD meetings this year. The input of our task force was requested by the AAP for their e-learning program and by the ABP for their curriculum on Professionalism. For each of these we had productive conference calls of our task force members and our recommendations were submitted to the AAP and ABP. In addition, members of our task force are representing us to groups working on curricula for Pain Management in Children, Children with Special Health Care Needs and Epidemiology. We look forward to presenting updates on the above curricular efforts in May in Hawaii.

Evaluation Task Force

J. Marc Majure, MD, Duke University

The Evaluation Task Force has had a busy year. Suzette Caudle, MD (Carolinas Medical Center, Charlotte, NC) agreed to serve as Vice Chair for the Task Force. Several projects are in the initiation stage. The first will be to gather a database of “experts in the field.” While you will be hearing more about this in the near future, if you have a particular skill in designing, validating, or implementing evaluation schemes, please send your information and particular interest to Dr. Majure (majur001@mc.duke.edu) or Dr. Caudle (suzette.caudle@carolinashealthcare.org). A conference call will be scheduled soon to discuss this and other projects with which the Task Force is currently involved. To be sure that you are on the notification list for this call, please send us your interest and current email address. Finally, we look forward to getting together at the Spring Meeting in Hawaii where we will share our progress and continue to organize our efforts for the coming year.

Faculty Development Task Force

Surendra K. Varma, MD, Texas Tech University (Lubbock)

1. The first ever APPD pre-conference workshop was held prior to the 2007 Annual meeting. The speaker was Dr. Fred McCurdy from Texas Tech. He presented two excellent workshops on professional development: Getting to Know You: Career Planning Basics; and Principled Bar-

gaining: The Ways and Means for Effective Mediation, Negotiation and Conflict Resolution. The session was well attended and we hope to continue this professional development series next year.

2. A mentoring program that matches experienced PD's with new PD's and Associate PD's was implemented and is now operational. Mentors are expected to make contacts during the spring meeting and then stay in touch throughout the year as needed or desired.
3. Faculty Development for Community Faculty – Tara Williams from MetroHealth Medical Center presented their program for local faculty development entitled “Mini Faculty Development Series” that was incorporated into their monthly faculty meetings. Tara has developed a faculty development needs assessment survey and a seminar feedback form. Further information is available from Tara at twilliams2@metrohealth.org
4. Reports from COMSEP members - Recently, Task Force members from APPD and COMSEP (Council on Medical Student Education in Pediatrics) have attended each others' meetings in order to see how the two groups can work together across the continuum of medical education. COMSEP members at APPD gave their summaries of what they have seen and heard. We hope to collaborate on projects in the future.
5. Educator's Portfolio – The Task Force discussed one collaborative project which would involve the development of a joint COMSEP-APPD Educator's Portfolio to be used as a file system to store one's best educational work and to be used for academic promotion. Kathleen McGann from Duke and Cliff Yu/Joe Loprieto from USU will further explore this idea.
6. The APPD Share Warehouse is up and running on the APPD website. The site has great ideas for faculty and PDs on curriculum and evaluation. APPD Faculty Development Task Force members were encouraged to browse these resources.
7. Dr. McCurdy and Dr. Yu are working with COMSEP (Rashmi Srivastava) on a workshop at the APPD Meeting in Honolulu. The workshop will address Educator's Portfolios.



2008 SPRING MEETING ~ APRIL 29 - MAY 3

HONOLULU, HAWAII

MENTORING: THE DEVELOPMENT OF OTHERS

MEETING SCHEDULE

TUESDAY, APRIL 29	THURSDAY, MAY 1	FRIDAY, MAY 2	SATURDAY, MAY 3
<p>2:00 pm – 6:00 pm APPD Board Meeting</p> <p>2:00 pm – 7:00 pm Coordinators TAGME Exam</p>  <p>WEDNESDAY, APRIL 30</p> <p>8:00 am - 12:00 noon APPD Board Meeting</p> <p>12:30 pm – 2:30 pm Grassroots Forum for Program Directors (formerly know as Program Directors SIG)</p> <p>Coordinators' Assembly</p> <p>Special Interest Group (SIG) for Associate Program Directors</p> <p>2:30 pm – 3:00 pm Break</p> <p>3:00 pm – 4:00 pm Poster Session with Exhibits</p> <p>4:00 pm – 5:00 pm Keynote Speaker</p> <p>5:00 pm – 6:00 pm Mentoring Reception (Open only to participants in mentoring program)</p>	<p>8:00 am – 9:30 am Regional breakfasts</p> <p>9:30 am – 11:30 am Task Force Meetings</p> <p>Coordinators Task Force Meetings</p> <p>11:30 am – 1:30 pm Lunch On Own (Council of Regional Chairs and Council of Task Force Chairs luncheons)</p> <p>1:30 pm – 3:10 pm Plenary Session</p> <p>3:10 pm – 4:00 pm Interactive Panel Discussion (Q&A)</p> <p>4:00 pm – 5:00 pm APPD's L.E.A.R.N. Pilot Project on Procedural Competency</p>	<p>8:30 am – 10:30 am Workshop Session I</p> <p>10:30 am – 11:00 am Break</p> <p>11:00 am – 1:00 pm Workshop Session II</p> <p>1:00 pm – 2:30 pm Lunch on Own (Board Meeting and Lunch)</p> <p>2:30 pm – 4:30 pm Workshop Session III</p> <p>4:30 pm – 5:30 pm Controversies (Debrief from Grassroots Forum – Next Steps)</p>	<p>8:00 am – 1:00 pm Coordinators Session</p> <p>8:00 am – 5:00 pm Forum for Chief Residents</p> <p>Forum for Fellowship Directors</p> <p>9:00 am – 12:00 pm Forum for Directors of Small Programs / Affiliate Chairs</p>  <p>www.paradisecovehawaii.com</p> <p>LUAU BUFFET Saturday, May 3, 2008</p> <p><i>Join us for an unforgettable & unique experience into Hawaii's culture</i></p> <p>Visit www.appd.org and click the Annual Meetings tab. For more information, see page 19 of the Tentative Schedule on-line.</p> <p><i>Space is limited to first 50 paid registrants so don't delay!</i></p>
<p>PLAN TO ATTEND. . .</p> <p>APPD MENTOR/MENTEE RECEPTION <i>(OPEN ONLY TO PARTICIPANTS IN MENTORING PROGRAM)</i></p> <p>WEDNESDAY, APRIL 30, 5:00-6:00 P.M. HILTON HAWAIIAN VILLAGE HOTEL</p> <p>IMPORTANT NOTE: IF YOU WOULD LIKE TO SERVE AS A MENTOR, OR WISH TO BE A MENTEE, PLEASE INDICATE THIS ON THE ANNUAL MEETING REGISTRATION FORM WHICH CAN BE FOUND ON PAGE 20 OF THE ON-LINE MEETING SCHEDULE.</p>			

Association of Pediatric Program Directors
Annual Spring Meeting ~ April 30 - May 3, 2008 ~ Honolulu, HI
ADVANCE REGISTRATION

Name _____ Degree _____ Title _____
 Name for Badge _____ Subspecialty (if applicable) _____
 First time attending an APPD meeting? Yes No Length of Time in Pediatric Residency _____ years _____ months.
 Do you wish to get involved in our Mentoring Program? Yes No If yes, as a Mentor or Mentee? (circle one)
 Program Name _____
 Address _____
 Phone _____ Fax _____ Email _____

Please check all sessions you plan to attend

WEDNESDAY, APRIL 30

12:30pm - 2:30pm
 Coordinators Assembly
 Grassroots Forum for Program Directors
 SIG for Associate Program Directors

3:00pm - 4:00pm
 Poster Session

4:00pm - 5:00pm
 Keynote Address

5:00pm - 6:00pm
 Mentoring Reception
(open to participants in Mentoring Program)

THURSDAY, MAY 1

8:00am - 9:30am
 Regional Breakfast Meetings—please select one
 New England Mid-America
 Mid-Atlantic Midwest
 New York Southwest
 Southeast Western

9:30am - 11:30am
 Task Force Meetings—select one
 Evaluation Curriculum
 Learning Technology Research
 Faculty Development

Coordinators Task Force Meetings—select one
 Professional Development Tools
 Management/Supervision

1:30pm - 3:00pm
 Plenary Session

3:00pm - 4:00pm
 Interactive Panel Discussion

4:00pm - 5:00pm
 L.E.A.R.N. Pilot Project

FRIDAY, MAY 2

Please review program for workshop descriptions. Space is limited. Choices will be assigned on a first come basis.

8:30am - 10:30pm Workshops I
 First Choice _____ Second Choice _____

11:00pm - 1:00pm Workshops II
 First Choice _____ Second Choice _____

2:30pm - 4:30pm Workshops III
 First Choice _____ Second Choice _____
 _____NRMP Workshop 24 for Fellowship Directors
(included in full registration or one-day Saturday registration)

4:30pm - 5:30pm
 Controversies (Debrief from Grassroots Forum)

SATURDAY, MAY 3

8:00am - 1:00pm
 Coordinators Session

8:00am - 5:00pm
 Forum for Fellowship Directors
 Forum for Chief Residents

9:00am - 12:00pm
 Forum for Directors of Small Programs/
 Affiliate Chairs

REGISTRATION FEES

APPD Member: \$390 (by April 2) \$450 (on-site)
 Non-Member: \$450 (by April 2) \$550 (on-site)
 Resident Registration: \$160
 Presenting-Only: \$160*
 Resident Presenting-Only: Fee waived
 Forum for Fellowship Directors
 One Day Only Member Rate: \$150
(includes registration for NRMP Workshop 24 on Friday)
 Forum for Fellowship Directors
 One Day Only Non-Member Rate: \$250
(includes registration for NRMP Workshop 24 on Friday)
 Paradise Cove Luau *(please indicate no. of tickets in each category):*
 _____ \$101.00 Adults
 _____ \$88.00 Youth (ages 13-18)
 _____ \$75.00 Children (ages 4-12)

(3 & under free if no seat or plate will be used)
 SPACE LIMITED TO FIRST 50 PAID REGISTRANTS

TOTAL AMOUNT ENCLOSED \$ _____
(APPD does not accept credit cards.)
 * For non-members presenting a workshop, but not attending other sessions at the APPD Annual Meeting, the presenting-only fee is \$160.00 per person to a maximum of \$450/workshop for all presenters.

Important: Please note that ALL presenters are expected to register and pay for the meeting.

Special Offer for APPD Members: The (4th) person registering from the same program is free if received by April 2. *(All 4 must be APPD members and the first 3 must pay the FULL registration fee.)*

This form may be reproduced. Only one registrant per form. APPD Tax ID#: 54-2015821. Return form and payment (checks made out to APPD) by mail to:

Association of Pediatric Program Directors
 6728 Old McLean Village Drive
 McLean VA 22101-3906

Meeting confirmations will be sent in March / April 2008

APPD CANCELLATION POLICY

All requests must be received in writing. A \$25 administrative fee will be assessed for all cancellation requests received prior to April 2, 2008. A \$50 administrative fee will be assessed for all cancellation requests received between April 2, 2008 and April 25, 2008. Cancellations received after April 25, 2008 will not be eligible for a refund. All reimbursements will be processed following the meeting.

MENTORING PROGRAM

The mentoring program has been developed to support program directors and program coordinators. Mentees are defined as program directors/coordinators who have had their role for less than three years. Our goal is to pair the new and relatively new program directors/coordinators with more experienced individuals to serve as mentors.

CME

If registered through APPD, CME credit for the APPD program is included in your registration fee. No additional fee will be required to receive CME credit for attending the APPD sessions or the joint PAS/APPD sessions.

For APPD Office Use Only:

Date Received _____
 Check # _____
 Amount _____

REGIONAL HAPPENINGS

Mid-Atlantic Region

Clifton E. Yu, MD, National Capital Consortium Pediatric Residency

The APPD Mid-Atlantic Region held its fourth annual Fall Meeting on September 26, 2007 at the National Capital Area Medical Simulation Center which is located on the campus of the Walter Reed Army Institute of Research (WRAIR) in Silver Spring, Maryland. We had a great turn out of close to 50 participants representing 13 programs throughout the Mid-Atlantic region. The morning consisted of a variety of presentations on unique projects as diverse as ILP's for chief residents, longitudinal resident retreat curricula, novel approaches to the semi-annual review, and electronic curricula for community based continuity clinics.

In the afternoon, tours and demonstrations were given at the simulation center at WRAIR as well as the simulated delivery room at the Bethesda Naval Hospital.

In addition to our meeting, several programs within our region have continued to participate in our educational research collaborative on projects in such areas as direct observation of residents, as well as use of "public" search engines by pediatric residents for clinical and evidence based medical information.

For those of us in the region lucky enough to make it out to Honolulu, we look forward to our next get together in the Spring!

Midwest Region

Jay Nocton, MD, Medical College of Wisconsin

The Midwest Region had its second annual regional teleconference on January 17, 2008 with program directors, associate program directors, coordinators, and chief residents from multiple programs throughout our region participating in a conference that lasted approximately 90 minutes and involved a great deal of interesting discussion. Thank you to all of those participating, and in particular to Tara Shirley, our regional coordinator chair, for all of her help with organizing this conference.

During the teleconference, two topics were presented and discussed:

1. Measuring and documenting professionalism. Stacy McConkey, MD, Program Director at the University of Iowa led a discussion regarding how our programs can better evaluate and document professionalism. Most of the discussion centered on resident compliance with completing the administrative tasks required of them, and utilizing these require-

ments as a measure of professionalism. The residency program at the University of Iowa has developed a metric that assigns points for the completion of specific tasks such as completing an individual learning plan, maintaining procedure logs, completing a QI project, etc. This system not only allows a measurable evaluation of professionalism, but also serves as a means of motivating residents to complete the administrative tasks on time. Stacy and her colleagues presented preliminary data showing that resident scores on this metric appear to correlate with another measure of professionalism, the 360 evaluation. There was a great deal of discussion regarding the reward and/or penalty for those with suboptimal scores on the metric. Specifically, it is apparent that we all have difficulty defining threshold criteria for when to restrict a resident from either progressing to the next level, or fulfilling the professionalism requirement to be board eligible.

2. Teaching procedures to residents. Jay Nocton, MD, Program Director at the Medical College of Wisconsin led a discussion regarding how programs are teaching procedures. The RRC requirements for procedures were reviewed, and it is clear that in most programs where ancillary staff perform procedures, residents are often not able to receive sufficient training and/or experience with some procedures. In particular, phlebotomy, intravenous line placement, and bladder catheterization are performed in most programs primarily by ancillary staff, giving residents little opportunity for either initial training or maintenance of skills. The Medical College of Wisconsin program has partnered with the nursing education leadership at Children's Hospital of Wisconsin to adapt the nursing intravenous line curriculum for the residents. It is now mandatory that all residents complete a web-based curriculum as well as participate in a hands-on workshop to learn how to place intravenous lines. The group shared some of the additional approaches that have worked for specific procedures within their own programs. It was agreed that it would be beneficial to develop similar approaches to provide residents with sufficient training in some of the other procedures performed primarily by ancillary staff.

The Midwest Region will be holding their next meeting on the morning of April 30, 2008 in Honolulu immediately prior to the APPD meeting. Topics for this meeting will be determined after surveying our membership. I look forward to seeing everyone there!

New England Region

Edwin Zalneraitis, MD, University of Connecticut

The NPPD held its fall meeting at the Brown University Program at Hasbro Children's Hospital in Providence, Rhode Island. The meeting began with a mini workshop on: Working with Residents Experiencing Difficulty. This was an interactive session facilitated by Ed Zalneraitis.

The Chief Residents were lead by Drs. Kristin Burns and Jeremy Kern, the Brown Program Chief Residents, in a discussion of selected issues. These included duty hour compliance, medical documentation and the electronic medical record, the Chief Resident role in helping residents experiencing problems and inpatient rounding and work flow. They also addressed their individual progress in their Chief Resident year. The Coordinators met to discuss Task Force Committees of the APPD, automating scheduling, an ERAS update and the coordinators role in dealing with residents experiencing difficulties.

The Program Directors and Clerkship Directors met to discuss resident notes and the electronic medical record. The difficulties of using “cut and paste” in the electronic record was a special discussion in this regard. Resident research and scholarship requirements were discussed, as were balancing efficiency with education in the clinical setting, multi-source evaluations and an update of the R3P project. RRC discussion included procedure logs, innovation, review cycles and citations. There was a discussion of documenting the continuity experience through numbers of weeks and patients vs. through criterion-based skills. The role of residents in medical student teaching was a common issue for clerkship and residency directors.

The NPPD members updated their membership database and made plans to meet in the spring at the Bay State Medical Center Program in Springfield, Massachusetts.

Southeast Region

*Mark Bugnitz, MD and Karen Ariemma
University of Tennessee*

It’s been a busy year in the Southeast Region as recruiting has just come to an end for most programs. Surveying the membership, it appears that applicant numbers were steady or increased across the region.

A majority of the members in the Southeast region participated in a conference call on November 1, 2007 to discuss topics of mutual concern or interest. Hot topics for that discussion included faculty development, how to credential for procedures (i.e. numbers versus proof of competence), how to address the issue of good residents with low in-training exam scores, and the topic that never goes away how we are all dealing with duty hour restrictions. There was lively discussion for nearly an hour. If anyone would like the notes from this conference call, please email Karen Ariemma at kariemma@utm.edu.

In October we held a sub-regional meeting in Memphis at the Lebonheur Children’s Medical Center. Participants included

University of Arkansas, University of Alabama – Birmingham, LSU Shreveport, LSU New Orleans, Vanderbilt University, and University of Tennessee. We had a group meeting in the morning, then breakout sessions for program directors, coordinators and chief residents in the afternoon. Some of the topics discussed were resident and program compliance, recent RRC visits, Individual Learning Plans, faculty development, and mentoring. This is the third area meeting we have held and it was quite helpful to all involved.

Florida programs met in Orlando in the fall with all but one of the Florida programs able to attend. Hot topics there included Maternity/Paternity/Family Leave, shared positions, integrated curriculum, ACGME patient logs and procedures, NICU staffing and work hours, community continuity clinics, 360 evaluations, Program wide QI in education, and stress and fatigue.

We look forward to seeing everyone in Hawaii in April!

APPD Leadership

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HARVEY AIGES, continued from page 3

versity Hospital and an attending gastroenterologist in the department. Dr. Aiges graduated from New York Medical College and completed his residency in pediatrics at Bronx Municipal Hospital Center. From 1977 until 1979, Dr. Aiges completed his fellowship in pediatric gastroenterology at North Shore University Hospital and Cornell University Medical College. He served as Secretary-Treasurer of the APPD from 1998-2001.)

NEWS FROM THE MPPDA

LuAnn Moraski, DO, Medical College of Wisconsin

It's been a very busy and challenging time for med-peds programs this winter! I think I speak for all PDs in that we are looking forward to the time when accreditation isn't always the lead-off batter. But just like we know spring training's right around the corner, we know it's coming.

Accreditation for MP programs has now moved into the next phase - actual site visits. While somewhat complicated with a new revision of the program information form (live 2/08), reports from the first programs have been positive. Programs currently scheduled have been given specific instruction on completion of the new form vs. supplemental report, and we will obtain more feedback on what worked well and update all at the MPPDA Annual Meeting in New Orleans. Organized via MPPDA's accreditation committee, a program to have other PD's assist in PIF review prior to site visit is now operational and initial feedback has been very positive.

Despite a small decrease in the US applicant pool, recruitment numbers remain strong across the country, as does the interest in med-peds as a foundation for work in international health and/or combined fellowship training. Issues surrounding certification and recertification continue to resonate with current trainees and specialists. The American Board of Internal Medicine recently considered adoption of an additional specialty certificate in comprehensive generalist care. With a critical shortage of pediatric subspecialists and differential sequencing of fellowship application processes, we are closely watching the process of developing combined fellowship training programs as well as what MP residents are doing in terms of choosing categorical fellowships and maintenance of certification.

And finally, we are looking forward to our Annual Meeting in New Orleans this month. By focusing on sharing strategies and tools across MPPDA members, we hope to leave the day with new ideas and effective solutions to help our individual programs. Our 2009 meeting will again be held in conjunction with APPD, and while it isn't Hawaii, still looking ahead to further work together.

SAVE THE DATE

APPD Fall 2008 Meeting

September 18-19

The Westin Alexandria
Alexandria, VA

** CME credits will be offered for the first time!!**

AAP RESIDENTS SECTION

Jennifer Linebarger, MD, University of Rochester Medical Center

This letter is coming to you from 20 executive committee members of the AAP Section on Residents who convened this past weekend. Needless to say, we think there are a lot of important things happening within our section and the AAP as a whole, but we selected three key projects to tell you about here.

For the past 5 years, the Section on Residents has been petitioning for a **unified fellowship application timeline**. We are pleased to announce that the Council of Pediatric Subspecialties (formed 2 years ago) released a Process Recommendation in November 2007. It encourages pediatric fellowship directors to utilize the electronic application service (ERAS) and suggests that each subspecialty use a common-date match process. We are excited to see forward movement with this issue and hope that the application process will become more straightforward for everyone involved.

Another ongoing project within our section is an **annual advocacy project**. For the 2007-2008 academic year the project focuses on mental health. Each program delegate attending the National Conference & Exhibition received a CD with mental health materials for presentation and distribution, and it can be accessed online at <http://www.aap.org/sections/ypn/r/advocacy/>. Our hope is that this information is shared with all the residents in your program... perhaps as a noon conference. (You can think of it as addressing the mental health and advocacy components of the RRC requirements.)

If your **program delegate** is graduating (or if you never identified one), now is the time to consider and select a resident for the 2008-2009 academic year. Selection of the program delegate is very important to us because they serve as the voice of residents within the AAP for both communication up the AAP leadership ladder and for disseminating information at the program level. More information on their role and expectations can be found online at http://www.aap.org/sections/ypn/r/resident/delegate_info.html. You can also have them contact me (Jennifer_Linebarger@URMC.Rochester.edu) with any questions or concerns about the position.

There are many resident-related activities within the AAP besides those mentioned here – I would like to direct you and your residents to our website (the YoungPeds Network), especially our “What’s New” section (updated at least monthly!). We will also have a presence at the upcoming meeting in Hawaii, so if you would like to hear more, we will be there!



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COORDINATORS' CORNER

OR...SPEAK HAWAIIAN IN ONE EASY LESSON!!

Marlene Keawe, University of Hawaii

So the APPD Fall Meeting is pau, and we're planning for the pa'ina at the Spring Meeting? YES, it's in Hawaii! What a wonderful place to meet! So let's get accustomed to some of the words you'll hear, then you won't feel like a malihini.

The Hawaiian language does not follow traditional English rules of pronunciation. For example, the word "kāne," meaning "man," is not pronounced like "cane." Here are some tips:

- a** - sounds like "a" in "father," as in "aloha"
- e** - sounds like the "e" in "lei"
- i** - pronounced as a long vowel, sounds like "ee" in "glee"
- o** - as in "oh"
- u** - pronounced like long vowel "u," as in "hula"

- aloha** - love, welcome, goodbye
- holoholo** - to walk or stroll for pleasure
- kama'āina** - commonly referred to as a person born and raised in Hawaii, or long time Hawaii resident
- kāne** - man
- keiki** - child
- kökua** - help, cooperation (*the APPD needs your kokuu for the meeting presentations*)

- mahalo** - thank you
- makai** – referring to direction towards the sea (*Hilton Hawaiian Village is makai of Kalia Road*)
- mauka** – referring to direction towards the mountain (*Ala Moana Shopping Center is mauka of Ala Moana Boulevard*)
- malihini** – visitor (*opposite of kama'aina above*)
- 'ohana** - family, extended family (*the 'ohana will entertain us*)
- 'ono** – delicious (*poi is so 'ono when eaten with kalua pig*)
- pau** - finished; Pau hana means quitting time for work.
- pä'ina** – party (*YEAH!!*)
- wahine** – woman

So join us in Honolulu at the Spring meeting for an exciting experience into the Hawaiian culture. Be sure you sign up to be a mentor or mentee, and participate in the welcome reception on mentoring. The speaker and entertainment will be unmatched. Mai po'ina 'oe (Don't forget) to sign up for the luau on Sat, May 3rd. Space is limited and in high demand.