



Forum for Fellowship Directors

Friday, May 5, 2017

Hilton San Francisco Union Square

333 O'Farrell Street | San Francisco | CA | 94102

(just prior to PAS)

Join us in San Francisco, where the APPD will present a one-day intensive session geared toward pediatric subspecialty directors.

The Association of Pediatric Program Directors serves pediatric programs by leading the advancement of education to ensure the health and well-being of children.

Registration Information

APPD attendees are required to pay a registration fee set by the APPD to attend the APPD program. Registrations received by April 28th are eligible for the early registration fee of \$175. Onsite registration will be available and the fee will be \$200. Contact the APPD at info@appd.org for further information.

Contact Information

For APPD registration and program information:

Association of Pediatric Program Directors
6728 Old McLean Village Drive ~ McLean, VA 22101
Phone: 703-556-9222 ~ Email: info@appd.org
URL: www.appd.org

Contact for housing and PAS registration information:

PAS Program Office ~ 3400 Research Forest Dr., Ste. B-7 ~ The Woodlands, TX 77381
Phone: 346-980-9717 ~ Email: info@pas-meeting.org
URL: www.pas-meeting.org

APPD Educational Objectives

- Acquire new tools to develop a leadership curriculum for fellows
- Enhance your ability to recognize and remediate the struggling learner
- Increase your effectiveness in mentoring trainees in quality improvement
- Incorporate principles of wellness and resiliency into your and your program's daily life

Program Planning Committee

Geoffrey Fleming, MD, Fellowship Program Director, Vanderbilt University School of Medicine/Monroe Carell, Jr. Children's Hospital, Nashville, TN

Jennifer Kesselheim, MD, MEd, MBE, Associate Fellowship Program Director, Dana Farber Cancer Institute, Boston, MA

Katherine Mason, MD, Super Fellowship Program Director, Rainbow Babies & Children's Hospital, Cleveland, OH

Kathleen McGann, MD, Vice Chair of Education, Duke University Medical Center, Durham, NC

Angela Myers, MD, MPH, FAAP, FPIDS, Director, Pediatric Infectious Diseases Fellowship Program, Children's Mercy Hospital, Kansas City, MO

Pnina Weiss, MD, Director, Subspecialty Resident Education, Yale University School of Medicine, New Haven, CT

Program Schedule

8:00-8:10am Welcome / Opening Remarks / Continental Breakfast

8:10-10:00am Workshop 1: DEVELOPMENT OF LEADERSHIP CURRICULUM FOR SUBSPECIALTY FELLOWS

Susan Hathaway, PhD, MAEd, Angela Myers, MD, MPH, FAAP, FPIDS, John Rosen, MD, Children's Mercy Hospital, Kansas City, MO
The proposed workshop is an interactive session directed at pediatric fellowship program directors exploring an interdisciplinary curriculum aimed at leadership education of fellows. Leadership skills and related competencies are paramount for physician leaders, but are infrequently taught in a specific manner. Rather, this learning is often expected to occur naturally during the course of training. The ACGME and several medical specialty societies recognize the utility of leadership skills and specifically recommend incorporation of leadership training into postgraduate medical curricula. Improved clinician leadership skills lead to improved outcomes for patients and health care organizations, and result in better organizational understanding and loyalty. Despite this clear call to action, implementation of leadership training in an organized manner with engagement of adult learners remains difficult in post-graduate medical education. To achieve these aims of leadership training, a core curriculum was developed for our institution's medicine, surgery, and psychology fellows. This interdisciplinary course was created by ten faculty members from a variety of disciplines who mentor trainee cohorts and facilitate a wide range of educational activities. Faculty members reflect on their own experiences related to specific topics and participate in classroom activities. This workshop provides discussion of the course and extensive audience participation through interactive activities related to the course's conceptual framework of "inner", "outer", and "other". Participants will be provided additional curriculum ideas and activities beyond those presented. Sample activities will include hands-on exercises, questions and answers, small and large group discussion, interactive lectures, and participatory group level exercises. Participants will spend time at the end developing a strategy to incorporate leadership curriculum into their own program or into the core curriculum for their institution.

10:00-10:15am Break

10:15-11:30AM Workshop 2: THE DIFFICULT LEARNER: BEST PRACTICES IN RECOGNITION TO REMEDIATION

Michael Anderson, MD, UCSF Benioff Children's Hospitals / UCSF School of Medicine, San Francisco, CA; Christine Barron, MD, Brown University, Providence, RI; Katherine Mason, MD, Case Western Reserve University, Cleveland, OH

Fellowship Directors work hard to optimize the success of their trainees through meticulous program management, careful curricular design, clinical supervision, academic mentoring and many other means. Yet the problem of the struggling learner is pervasive in medical education. FDs commonly report the experience of having a learner that doesn't meet expectations, performs sub-optimally or suffers from externally or self-imposed challenges to achieving excellence. Having even one such learner consumes significant time and resources and can be stressful and demoralizing to the learner, their peers, the faculty, the director and the program as a whole.

After completing this workshop the participant will

- 1.) be familiar with some best practices for the early identification of difficult learners
- 2.) be able to implement a systematic process for the evaluation of a struggling learner
- 3.) design and document a clear remediation plan that can direct learner efforts and subsequent evaluations and
- 4.) have access to resources that may prove helpful when trying to improve the performance and well being of a difficult learner.

This workshop will include a didactic review of key concepts from the literature combined with small group interactive work to generate new ideas for best practices and the development of rigorous but flexible approaches to remediating difficult learners in fellowship training and beyond.

11:30-11:45am Pick Up Lunch / Break

11:45-1:00pm Grassroots Session – Updates from the CoPS, ABP and ACGME (includes working lunch courtesy of APPD)

Update from the Council of Pediatric Subspecialties (CoPS)
Melvin Heyman, MD, Executive Committee Chair, CoPS

Update from the American Board of Pediatrics (ABP)
Gail McGuinness, MD, Executive Vice President, ABP

Update from the ACGME
Caroline Fischer, MBA, Executive Director, RC for Pediatrics, Physical Medicine and Rehabilitation, ACGME

1:00-2:30pm

Workshop 3: A PRACTICAL APPROACH TO QUALITY IMPROVEMENT FOR FELLOWSHIP PROGRAM DIRECTORS

Heather S. McLean, MD, FAAP, Kathleen W. Bartlett, MD, FAAP, Duke University Medical Center, Durham, NC

Quality Improvement is a required component of both pediatric fellowship training and faculty Maintenance of Certification (MOC) with the American Board of Pediatrics (ABP). Pediatric fellowship program directors may feel unprepared to mentor trainees through the quality improvement process or help them distinguish research from quality improvement. This workshop is designed to provide an introduction to quality improvement methodology, tips for mentoring trainees through quality improvement, and suggestions for combining Annual Program Evaluation and Improvement (APEI) activities with QI to meet fellow and faculty QI requirements.

Opening Activity: Solicit audience response related to prior experience in quality improvement.

- Objective 1 Define Quality Improvement in Healthcare: Brief didactic presentation to define healthcare quality, QI, Institute of Medicine aims, and distinguish QI from research.
- Objective 2 Illustrate and practice elements of the Institute of Healthcare Improvement (IHI) Model for Improvement: Facilitators will guide participants through a QI scenario to illustrate the steps of the IHI Model for Improvement including writing a SMART aim statement, defining measures, performing root cause analysis, developing a PDSA cycle and creating a run chart. Facilitators will use a combination of large group discussion and small group breakout sessions to allow participants to practice each of these steps.
- Objective 3 Identify Common pitfalls in QI: Large group case discussion of QI pitfalls from real-life trainee QI projects.
- Objective 4 Utilize QI approach for APEI. Facilitators will provide an example of how program improvement can be approached with a QI framework to meet both ABP MOC and ACGME fellowship requirements.
- Objective 5 Provide QI resources and toolkits. A list of resources that can be used to build or enhance a QI curriculum will be provided.

Wrap-Up. Participants will set 3 goals to implement or enhance QI for their fellowship program.

2:30-2:45pm

Break

2:45-4:15pm

Workshop 4: BECOMING THE MINDFUL GME LEADER: STRATEGIES FOR SUCCESS

John D Mahan, MD, Pediatric Residency and Pediatric Nephrology Fellowship Program Director, Nationwide Children's Hospital, Columbus, OH; Hilary McClafferty, MD, Director Pediatric Integrative Medicine in Residency, University of Arizona and, Immediate Past Chair of the AAP Section on Integrative Medicine Executive Committee; Pnina Weiss, MD, Director of Pediatric Fellowships, Yale University

Physician health and wellness is of major importance because of the high prevalence of burnout in practitioners and trainees and negative effects on patients and health care systems. The ACGME has specified that "self-care is an important component of professionalism; it is a skill that must be learned and nurtured in the context of other aspects of residency training." This interactive workshop will 1) define the value of sleep and demonstrate methods to assess for fatigue, 2) outline the dynamic relationship between burnout and resilience and methods to promote resilience and wellness, and 3) demonstrate mindfulness techniques and methods which can be used by you and your colleagues.

4:15-4:30pm

Wrap Up / Evaluations



APPD Forum for Fellowship Directors
Registration Form

Name _____ Degree _____

Program _____ Title _____

Subspecialty _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____ E-mail _____

First name for Badge: _____

Emergency Contact Name: _____ Phone: _____

Dietary Restrictions: None Gluten Free Peanut Allergy Vegetarian
 Other (please describe): _____

Registration Fee

Received By April 28th: \$175.00 _____
Onsite: \$200.00 _____

TOTAL AMOUNT ENCLOSED: _____

Payment by CHECK is preferred. APPD must pay a fee to process each credit card charge.

Check or Money Order (made payable to APPD)

Credit Card (Visa/Mastercard)

Credit Card Number: _____ - _____ - _____ - _____ 3-digit CSC _____

Expiration Date: _____ Signature: _____

Return form and payment by mail by **April 28th, 2017** to:

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McLean VA 22101-3906
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Info@APPD.org * www.APPD.org