Agenda

• Introduction
  • Inform coordinators about the history, present and future of the Mentoring Work Group
  • Next Steps
• Ice Breaker
• Lighting Rounds
• Time for meeting and reconnecting with your groups!
  • Mentor/Mentee session by Regions
• Wrap-up
APPD Mentoring Timeline

- 1998-2012: Traditional mentoring dyads
- 2012-2015: Peer Mentoring Groups introduced
- 2016: Mentoring Work Group formed
- 2017: Introduced 1:1 mentoring in addition to the peer mentoring groups that already existed
- 2019: Mentoring Work Group launches new re-envisioned mentoring structure
  - Regional Mentor Leaders: to facilitate ongoing group mentorship
  - Assign 1:1 mentorship based on region
  - Identify regional experts to share knowledge and expertise with others in regional
    - Monthly conference call
Meet your Regional Mentors!
Mid-America: IN, KY, MI, OH, WV, West PA

Children's Hospital Medical Center of Akron/NEOMED

Children's Hospital of Michigan

Cincinnati Children's Hospital Medical Center/University of Cincinnati College of Medicine

Henry Ford Hospital

Hurley Medical Center/Michigan State University

Michigan State University

Spectrum Health/Michigan State University/Helen DeVos Children's Hospital

St. John Hospital and Medical Center

Temple University Children's Medical Center

University of Kentucky College of Medicine

University of Louisville

University of Michigan

Western Michigan University Homer Stryker MD School of Medicine

William Beaumont Hospital

Gretchen Shawver, BS
Fellowship Coordinator
Stanford University School of Medicine
Mid-America: IN, KY, MI, OH, WV, West PA cont

CAMC/West Virginia University (Charleston Division)
Case Western Reserve University (MetroHealth)
Case Western Reserve University/University Hospital Case Medical Center/Rainbow Babies
Cleveland Clinic Foundation
Indiana University School of Medicine
Marshall University School of Medicine
Mercy St. Vincent Medical Center
Nationwide Children’s Hospital/Doctors Hospital
Nationwide Children’s Hospital/Ohio State University
St. Vincent Hospital and Health Care Center
University of Toledo
UPMC Medical Education
Western Reserve Care System/NEOUCOM
West Virginia University
Wright State University
Mid-Atlantic: DE, East PA, MD, Southern NJ, Washington DC

Albert Einstein Healthcare Network

Children’s Hospital of Philadelphia

Children’s National Medical Center

Cooper Medical School of Rowan University/Cooper University Hospital

Crozer-Chester Medical Center

Georgetown University Hospital

Howard University

Johns Hopkins University

Monmouth Medical Center

National Capital Consortium

Sinai Hospital of Baltimore

University of Maryland

Gretchen Shawver, BS
Fellowship Coordinator
Stanford University School of Medicine
Mid-Atlantic: DE, East PA, MD, Southern NJ, Washington DC, cont’

Geisinger Health System

Inova Fairfax Medical Campus/Inova Children’s Hospital

Lehigh Valley Health Network/University of South Florida College of Medicine

Naval Medical Center (Portsmouth)

Penn State Milton S. Hershey Medical Center

Sidney Kimmel Medical College at Thomas Jefferson University/duPont Hospital for Children

St. Christopher’s Hospital for Children

Walter Reed Army Medical Center
Midwest: IA, IL, KS, MN, MO, NE, OK, SD, WI

Advocate Christ Medical Center
Advocate Lutheran General Hospital
Central Iowa Health System (Iowa Methodist Medical Center)
John H. Stroger Jr. Hospital of Cook County
Loyola University
McGaw Medical Center of Northwestern University
Mount Sinai Hospital Medical Center of Chicago
Rush University Medical Center
Southern Illinois University
University of Chicago
University of Illinois College of Medicine at Chicago
University of Illinois College of Medicine at Peoria
University of Iowa Hospitals and Clinics
University of Kansas School of Medicine
University of Kansas (Wichita)

Melissa Bales
Fellowship Coordinator
Riley Hospital for Children at Indiana University Health

Francisco Hernandez, MBA
GME Program Coordinator
Children’s National Medical Center
Midwest: IA, IL, KS, MN, MO, NE, OK, SD, WI, cont’

Catholic Health Partners

Children's Mercy Hospital

Cook County Hospital

Marshfield Clinic-St. Joseph's Hospital

Mayo Clinic College of Medicine (Rochester)

Medical College of Wisconsin Affiliated Hospitals

Oklahoma State University Center for Health Sciences Program

St. Louis University School of Medicine

University of Minnesota

University of Missouri-Columbia

University of Nebraska Medical Center College of Medicine

University of Oklahoma Health Sciences Center

University of Oklahoma School of Community Medicine (Tulsa)

University of South Dakota

University of Wisconsin

Washington University/B-JH/SLCH Consortium

Melissa Bales
Fellowship Coordinator
Riley Hospital for Children at Indiana University Health

Francisco Hernandez, MBA
GME Program Coordinator
Children’s National Medical Center
New England: CT, MA, ME, NH, RI, VT

Albany Medical Center
Bridgeport Hospital/Yale University (Bridgeport)
Brown University
Children's Hospital/Boston Medical Center
Dartmouth-Hitchcock Medical Center
Maine Medical Center
Massachusetts General Hospital
Tufts Medical Center
UMMS-Baystate
University of Connecticut
University of Massachusetts
University of Vermont Medical Center
Yale-New Haven Medical Center

Ashley Sultini, BS
Pediatric Residency Coordinator
Ascension St. John Children’s Hospital
New York: Northern NJ, NY

Atlantic Health Program
Bronx-Lebanon Hospital Center
Brookdale University Hospital and Medical Center
Brooklyn Hospital Center
Harlem Hospital Center
Jersey Shore University Medical Center
Newark Beth Israel Medical Center
Rutgers New Jersey Medical School
Rutgers Robert Wood Johnson Medical School
St. Joseph’s University Medical Center
Winthrop-University Hospital

Ashley Sultini, BS
Pediatric Residency Coordinator
Ascension St. John Children’s Hospital
New York: Northern NJ, NY, cont’

Hofstra Northwell School of Medicine at Cohen Children’s Medical Center

Icahn School of Medicine at Mount Sinai

Icahn School of Medicine at Mount Sinai (Elmhurst)

Maimonides Medical Center/Infants and Children’s Hospital of Brooklyn

Nassau University Medical Center

New York Methodist Hospital

New York Presbyterian Hospital (Columbia Campus)

New York Presbyterian Hospital (Cornell Campus)

New York University School of Medicine

SUNY Health Science Center at Brooklyn

University at Buffalo

Westchester Medical Center

Ashley Sultini, BS
Pediatric Residency Coordinator
Ascension St. John Children’s Hospital
New York: Northern NJ, NY, cont'

Flushing Hospital Medical Center

Hackensack University Medical Center

Jacobi Medical Center/Albert Einstein College of Medicine

Lincoln Medical and Mental Health Center

Montefiore Medical Center/Albert Einstein College of Medicine

New York Medical College (Metropolitan)

Richmond University Medical Center

SUNY Upstate Medical University

St. Barnabas Hospital

St. Peter's University Hospital

Staten Island University Hospital

Stony Brook Medicine/University Hospital

University of Rochester

Woodhull Medical and Mental Health Center

Ashley Sultini, BS
Pediatric Residency Coordinator
Ascension St. John Children’s Hospital
Southeast: AL, AR, FL, GA, LA, MS, NC, SC, TN, VA

Emory University

Jackson Memorial Hospital/ Jackson Health System

Medical College of Georgia

Miami Children's Health System/Nicklaus Children's Hospital

University of Alabama Medical Center

University of Arkansas for Medical Sciences

University of Florida College of Medicine-Jacksonville

University of Florida

University of Florida (Orlando)

University of Florida (Pensacola)

University of South Alabama

University of South Florida Morsani

Cassandra Shorter, BS
Pediatrics Academic Administrator
Baylor College of Medicine - Houston

Brooke Steinbronn
Pediatric Residency Coordinator
University of Rochester
Southeast: AL, AR, FL, GA, LA, MS, NC, SC, TN, VA, cont’

Carolinas Medical Center
Duke University Hospital
Hospital Episcopal San Lucas-Ponce School of Medicine
Keesler Medical Center
Louisiana State University
Medical Center of Central Georgia/Mercer University SOM
Memorial Health-University Medical Center/Mercer University School of Medicine (Savannah)
Morehouse School of Medicine
Tulane University
University of Mississippi Medical Center
University of North Carolina Hospitals
Vidant Medical Center/East Carolina University
Wake Forest University School of Medicine

Cassandra Shorter, BS
Pediatrics Academic Administrator
Baylor College of Medicine - Houston

Brooke Steinbronn
Pediatric Residency Coordinator
University of Rochester
Southeast: AL, AR, FL, GA, LA, MS, NC, SC, TN, VA, cont’

Caguas Regional Hospital/San Juan Bautista Medical Center

East Tennessee State University

Eastern Virginia Medical School

Medical University of South Carolina

Greenville Health System/University of South Carolina

Palmetto Health/University of South Carolina School of Medicine

Ramon E. Betances Hospital-Mayaguez Medical Center

San Juan City Hospital

University of Tennessee

University of Tennessee College of Medicine at Chattanooga

University of Tennessee/Knoxville

University of Virginia

Vanderbilt University

Virginia Commonwealth University Health System
Southeast: AL, AR, FL, GA, LA, MS, NC, SC, TN, VA, cont’

Broward Health Medical Center
Carilion Clinic-Virginia Tech Carilion School of Medicine
Emory University/Sibley Heart Center Cardiology
Florida Hospital for Children
Florida Hospital Medical Center
Johns Hopkins All Children’s Hospital
Louisiana State University (Shreveport)
Memorial Healthcare System
Nemours Children’s Hospital Program
Our Lady of the Lake
Palm Beach Consortium for Graduate Medical Education
San Juan Bautista Medical Center

Cassandra Shorter, BS
Pediatrics Academic Administrator
Baylor College of Medicine - Houston

Brooke Steinbronn
Pediatric Residency Coordinator
University of Rochester
Southwest: TX

Baylor College of Medicine (Houston)

Baylor College of Medicine (San Antonio)

Driscoll Children's Hospital

San Antonio Uniformed Services Health Education Consortium

Texas A&M College of Medicine-Scott and White

Texas Tech University (Amarillo)

Texas Tech University (Lubbock)

Texas Tech University Health Sciences Center Paul L. Foster School of Medicine (El Paso)

University of Texas at Austin Dell Medical School Pediatric Program

University of Texas Health Science Center at Houston

University of Texas Health Science Center School of Medicine at San Antonio

University of Texas Medical Branch Hospitals

University of Texas Southwestern Medical School
Western: AK, AZ, CA, CO, HI, NM, NV, OR, UT, WA

Charles R. Drew University

Children's Hospital of Los Angeles

Kaiser Permanente Southern California (Los Angeles)

Kaiser Permanente Medical Group (Northern California)

Loma Linda University Health Education Consortium

Los Angeles County-Harbor UCLA Medical Center

Naval Medical Center (San Diego)

Phoenix Children's Hospital

University of Arizona

University of California (Davis) Health System

University of California (San Francisco)/Fresno

University of Southern California/LAC&USC Medical Center

White Memorial Medical Center

Charlene Larson Rotandi, C-TAGME
Senior Fellowship Coordinator
Stanford University
Western: AK, AZ, CA, CO, HI, NM, NV, OR, UT, WA, cont’

Cedars-Sinai Medical Center

Children's Hospital-Oakland

Children's Hospital of Orange County

Stanford University

Tripler Army Medical Center

UCLA Medical Center

University of California (Irvine)/CHOC

University of California (San Diego)

University of California (San Francisco)

University of Colorado

University of Hawaii

University of Nevada School of Medicine (Las Vegas)
Western: AK, AZ, CA, CO, HI, NM, NV, OR, UT, WA, cont’

Madigan Healthcare System

Oregon Health and Science University

Tucson Hospitals Medical Education Program

University of New Mexico

University of Utah

University of Washington

Valley Children’s Healthcare Program-Pediatrics

Charlene Larson Rotandi, C-TAGME
Senior Fellowship Coordinator
Stanford University
1. **Time Management** – schedule your meetings into your calendar along with different tasks that you must complete. Allocating time for each task will ensure that you manage your time efficiently.

2. **Event Planning** – ensure to meet with the team that will be assisting you at an event, and ensure to provide tasks/roles to each personnel. Setting specific guidelines/expectations will inform everyone what will be expected of them during an event (i.e.: graduation).

3. **Annual Residency Program Cycle** – focus on writing down what is expected in the program monthly. In one academic year you will have a clear outline of what is coming next, and it will eliminate surprises if you missed completing a task.
   a. **Bonus: Budget and Payroll** – work with your administrators to learn what is the budget in the program. Build an excel worksheet to track the expenses in the program.
Mentoring Tips

Monthly communication with mentees, either one-on-one or as a group.
Encouragement: Be positive when providing guidance and constructive feedback.
Needs Assessment: What are the goals for the Mentor/Mentee relationship?
Time: Be available! Not only for questions and advice, but also for finding helpful resources.
Opportunities for Learning and Growth:
   Work with Mentee to help them achieve professional goals.
Relationship: Put the relationship above the mentoring; find common ground as people.
Questions?

• Get involved!
• New email for mentoring concerns, ideas, or questions:
  • appd.mentor.workgroup@gmail.com
• APPD webpage:
  • https://www.appd.org/activities/mentoring_programs.cfm
• Mentoring in-take survey:
  • https://stanfordmedicine.qualtrics.com/jfe/form/SV_9EKo2AaV6LkoU9n
Don’t Forget!

Make sure to exchange contact information while you chat.
Regions

- Mid-America / Mid-Atlantic – Gretchen Shawver
- Midwest – Melissa Bales & Francisco Hernandez
- New England / New York – Ashley Sultini
- Southeast – Cassandra Shorter & Brooke Steinbronn
- Southwest – Michele Bialkowski
- Western – Charlene Rotandi
Ice Breaker!

BLUE – FAVORITE BOOK

ORANGE – FAVORITE ACTIVITY

RED – SOMETHING THAT MAKES YOU HAPPY

BROWN – SOMETHING YOU DO WELL

GREEN – SOMETHING YOU COULD NOT LIVE WITHOUT

YELLOW – FAVORITE FOOD
Lightening Rounds!

- GET READY
- GET READY
- GET READY!
Thank You!