Speed Chiefing

APPD FORUM FOR CHIEF RESIDENTS
MARCH 20, 2018
Agenda

- Introduction
- Small group discussion at tables
- Report-outs
- Wrap-up
Topics for discussion

- Mediating conflict
- Scheduling
- Chiefs as Teachers and Administrators
- Resident Education
- Professional Development
- Wellness
Logistics

- Separate into groups at tables
- 6 discussion topics
  - 12 minutes each table
  - Graduating chiefs rotate after each small group discussion
- Large group for report-outs and wrap-up
Tables

- Don’t sit with anyone from your own program!
- **Solo Chiefs** at separate table. Get comfortable, you won’t be rotating!
- **3rd Year Chiefs** at separate table. Get comfortable, you won’t be rotating!
Current Chiefs, please sit at the numbered tables.

- Each table should have:
  - At least 1 Chief going into Fellowship and
  - At least 1 Chief going to primary care (without fellowship)
  - You will rotate numerically. (i.e. 1 → 2 → 3 → 4...)

Rising Chiefs, please sit at the numbered tables either:

- a number **BELOW** your current Chiefs’ table number OR
- a number >7 ABOVE your current Chiefs’ table number
- For example, if your current Chief is seated at table 10, sit either tables 1-9 or at table 18 or higher.
Ready. Go!
Mediating Conflict

- Between residents
- Between residents and faculty
- Between a resident and yourself/co-chief
- Between yourself and faculty
- Between yourself and your PD/chair
Scheduling

- Factors to consider in order to prioritize requests
- Sudden schedule changes that impact other residents
- Managing inappropriate requests
Chiefs as Teachers and Administrators

- New role of attending and preceptor
- Being expected to “know it all”
- Engaging learners
- Your role at the hospital level
Resident Education

- Chief rounds/chief conferences
- Balancing with other didactic/education sessions
- Changing your conference/didactic sessions/structure
- Evaluations by residents
Professional Development

- Prioritizing your own professional goals
- Finding time for your professional needs (i.e. fellowship application, job interview, etc.)
- Working with your PD and co-chief
Wellness

- Protecting free time
- Balancing with your co-chief
- Maintaining friendships with residents
- Promoting resident wellness, self wellness
Speed chiefing: wrap-up
Wrap Up

- Mediating conflict
- Scheduling
- Chiefs as Teachers and Administrators
- Resident Education
- Professional Development
- Wellness
Thank you!!

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