

DEVELOPING “SIPS” AND “GULPS” WORKSHOP
APPD ANNUAL MEETING
MAY 1, 2009

WORKSHEET

ASSIGNED COMPETENCY: _____

SCENARIO (Provide a brief description including the setting, who is involved and what the presenting issue is):

INSTRUCTIONS TO RESIDENT: (Be explicit about the tasks the resident is to complete.)

Creating Instructions for the Standardized Patient

In the list below, create a set of instructions for the SP. You must give sufficient information for the SP to ensure that they are able to provide a consistent performance. This includes directions as to the specific goal of the station, tasks that they may be asked to perform by the resident and how they should respond, affect they should portray, the content they can reveal and any content that requires a specific trigger (e.g., “the resident must specifically ask you about any concerns of domestic violence in order for you to reveal that you are terrified of your partner.”)

Creating a Checklist for your SIP or GULP

List the 15-20 measurable actions that you expect the resident to perform in completing the task. Discuss whether the action is necessary or desirable. (Make sure that each item is truly observable and make it specific. For example, is it okay if the resident listens to the lungs in any position, or are they required to place the stethoscope in each of 6 specific positions to hear all “lobes” of the lung?)

PREPARATION WORKSHEET

WHAT RESOURCES ARE NECESSARY WITHIN YOUR PROGRAM TO DO THIS?
(Consider space, equipment, personnel, time, etc)

WHAT BARRIERS EXIST THAT MIGHT HINDER THIS PROCESS?

IDENTIFY SEVERAL SOLUTIONS TO THE BARRIERS?

LIST 2-3 SPECIFIC ACTIVITIES THAT YOU CAN PLAN TO HELP INCORPORATE SIPS
AND GULPS IN YOUR PROGRAM?

CREATE AN IDEA AND ACRONYM FOR A “CHUG”?