

STANDARDIZED PATIENT SCENARIO 2

Non-English speaking mother with jaundiced 4 day old presents for follow up.

Character: Mrs. Maria Rodriguez (Spanish speaking mother); Mrs. Zdenka Kriva (Slavic speaking mother); Mrs. Mrinal Iyengar (Hindi speaking mother).

Mom (caregiver) is a 27 year old G1 P1 who presents with her **4 day old** old infant girl, Maria (Hispanic infant)/Adelka (Czechoslovakian infant)/Anika (Indian infant) for a follow-up visit after discharge from the newborn nursery.

Chief Concern

The infant is jaundiced and mom's breastmilk is not in yet.

Mom's Opening Statement (with concern in voice): "They told me to bring her back today to get checked out for her yellow jaundice." "They told me to give you this.." [hand the resident a copy of the Newborn Discharge summary]

(Mom's mood reflects that she is very happy about her new baby and is bonding well with the baby but she is very concerned about the jaundice and what it might do to the baby. She is very committed to breastfeeding because she knows it is best for the baby but she is worried that her she doesn't have enough milk for the baby and this is making the baby jaundiced.)

Background

The infant developed "yellow jaundice" while in the nursery on day of life #2 and required 24 hours of phototherapy.* The baby was discharged home yesterday afternoon. Mom was instructed to bring her to the Pediatric Clinic the next day to be checked.

(* Phototherapy= blue green lights are shined on the baby's skin to break down the bilirubin so it gets excreted into the urine. The baby is usually placed naked under the lights, except for a protective wrap around the eyes,).

Birth History

Unremarkable pregnancy. Delivered vaginally at 36 weeks at [local hospital]. She denies any infections or other problems. Birth weight: 7 lbs 11 oz.

Mom breastfed the infant while in the newborn nursery. The infant had a rough time latching on because her head was so small compared to mom's breast. Plus, mom's nipples are a slightly flat. The nursery nurse gave mom a nipple shield to use to help her get the infant latched on. This seemed to help quite a bit. The infant was latching on fairly well before they were discharged from the hospital yesterday.

She passed her newborn hearing screen. She received her first hepatitis B immunization.

Development

Responds to comfort and feeding, moves all her arms and legs symmetrically
She is meeting her developmental goals.

Feeding

Mom is still having a bit of a hard time getting her latched to the breast. She works with her for about 2-3 minutes at the start of each feed to get her latched on properly. Once the infant latches she'll suck for about 10-15 minutes. She usually nurses on each breast at each feed. Mom is getting her to the breast about 5 times a day (about every 4-5 hours). Mom does not feel like her milk has come in yet (her breast have not yet had the "filling" sensation). Mom does not feel full before feeds and then empty after. She can hear the infant sucking and swallowing during feeds.

Elimination

The infant is making about 5 wet diapers in a day. She has only had one stool since being discharged from the hospital yesterday evening (~ 8 hours ago).

Sleep

Mom nurses the infant in her bed. When she is done feeding, mom places her in a bassinet which is right next to the bed. Mom's bed has a firm mattress and she makes sure not to cover the infant with any heavy bedding while she is nursing her. At night the infant sleeps for about 3-4 hours at a stretch. During the daytime, she takes 3-4 hour naps in her pack-n-play. She is put to sleep on her back at all times.

Social Hx/Safety Issues

Mom and dad recently migrated to the United States in July 2007. They moved to [your city] so that dad could start a residency in Physical Medicine and Rehabilitation (PM&R) at [local academic medical center].

Professionally she is an accountant but she plans to stay at home with the infant for at least 6 months. She had planned to find a job when they first moved but then they found out that they were expecting their first baby.

The infant lives with mom and dad who are married.

They live in a 2-bedroom apartment in [your city]. The apartment has working smoke and carbon monoxide alarms. Neither parent smokes. They only drink alcohol on social occasions. There is no illicit drug use. There is no domestic violence. The infant rides in a rear-facing infant car seat.

Mom doesn't really know anybody in the area yet but her mother is coming this weekend to visit for 3 months to help with the new baby.

What info will the learner have before s/he meets the SP?

They will be told that they are seeing a 4-day old infant for a follow-up visit for jaundice. They will be given a description of the infant's physical exam findings. You will give them a copy of the Newborn Nursery discharge summary & bilirubin lab values, at the start of the visit.

What if the learner pretends to do the exam on the doll?

Just go with it.

What if the learner doesn't take this seriously?

You still take it seriously.