

STANDARDIZED PATIENT SCENARIO 1

Non-English speaking mother with jaundiced infant presents for 2 month check-up

Mrs. Maria Rodriguez (Spanish speaking mother)/ Mrs. Nazha El-Khwad (Arabic speaking mother)/Mrs. Mrinal Iyengar (Hindi speaking mother)

Mom (caregiver) is a 27 year old G1 P1 who presents with her 2 month old infant girl*, Anna-Marie (Hispanic infant)/Jasmine (Arabic infant)/Anika (Indian infant), for a routine well child check-up.

Chief Concern

She is concerned today because she decided to stop breastfeeding her infant 2 days ago. Mom wants to know if it is ok for her to start breastfeeding again.

Mom's Opening Statement (with concern in voice): "I stopped nursing my baby because the doctor put me on medicine and I wasn't sure if it was safe"

(your mood is sad and downcast when you talk to the learner)

Background

Her obstetrician diagnosed her with post-partum depression and started her on Zoloft. She started taking the medicine 2 days ago and she wasn't sure if it was safe to continue nursing. She has been pumping her milk and throwing it away because worried it might harm your baby -- stunt her growth and development-- so now using formula.

OB Visit 2 days ago:

Two days ago, Mom went to the OB for a follow up check up and told the OB (female) that you couldn't sleep at all. Noticed that you were crying all the time and really didn't have much of an appetite. You even had thoughts about hurting yourself and your baby but you did not seriously consider it or make a plan to kill yourself or your baby.

OB recommended counseling but you haven't made an appt yet. Transportation is difficult because you and hubby have one car. You usually take the bus but difficult with the baby.

You feel a bit overwhelmed with this new responsibility. You seem to feel sad and tired all the time and this makes you feel guilty because you should be happy about your new baby. You've been feeling this way ever since you got home from the hospital and realized that you were alone with this new baby. Your extended family lives back home and they are too far away to help you. Your husband thinks you're just tired and tells you to get some more sleep. He tries to be supportive but you don't want to burden him because he's working hard to support your family. You haven't really talked to anybody about how you are feeling.

OB did not address the issue of Zoloft and breastfeeding and Mom too upset to think about asking. You tried to call the OB but couldn't get through so you thought you'd ask the pediatric doctor since you knew you had this appt today.

Birth History

Unremarkable pregnancy. Delivered vaginally at 38 weeks at [name of local Hospital]. She denies any infections or other problems. She breastfed the infant in the newborn nursery. Infant did well with nursing. Birth weight: 7 lbs 14 oz. She passed her newborn hearing screen. She received her first hepatitis B immunization.

Development

Responds to comfort and feeding, seems to see and hear well, smiles back when she is smiled at (social smile), moves all her arms and legs symmetrically
She is meeting her developmental goals. She's got a fairly pleasant temperament and is mostly a happy-go-lucky baby.

Feeding

She was nursing approximately every 2-3 hours for 25-35 minutes on each breast. For 2 days, she has been getting Similac Advance with Iron. She takes about 2-3 ounces every 3 hours. She spits up a lot more with the formula and seems to be more gassy and fussy.
At today's visit the infant weighs: 11 lbs 9 oz. Mom has a double-electric breast pump from WIC.

Sleep

The infant sleeps with the parents in the parents' bed at night. She sleeps for about 3-4 hours at a stretch. There is a bassinet available in the parent's bedroom. During the day time, she takes 2-3 hour naps in her pack-n-play. She is put to sleep on her stomach "because she doesn't like to sleep on her back."

Social Hx/Safety Issues

Recently migrated to the United States 6 months ago. Moved to [your city].

They moved to the US to seek a better life for their new family. Mom plans to go to school for nursing when the baby is about 6 months old.

Infant lives with mother and father who are married.

Dad is employed full time at a hardware store –works 10-12 hour days. Mom is home full time for now. They live in a 1 bedroom apartment in [your city]. The apartment has working smoke alarms. Dad smokes... "but never inside the apartment." Mom does not smoke. They only drink alcohol on social occasions. There is no illicit drug use. There is no domestic violence. The infant rides in a rear-facing infant car seat.

Mom doesn't really know anybody in the area yet.

What info will the learner have before s/he meets the SP?

They will be told that they are seeing a 2 month old infant with no medical problems for a routine 2 month well child check-up.

What if the learner pretends to do the exam on the *doll?

Just go with it.

What if the learner doesn't take this seriously?

You still take it seriously.