

An Annual Educational Retreat: Utilizing structured small group discussions to satisfy a myriad of RRC requirements

In this Workshop, participants will be introduced to the ways in which a structured Annual Educational Retreat may be utilized to emphasize the importance of many of the non-biomedical aspects of post-graduate training in pediatrics, including cultural competency, professionalism, and communication skills, as outlined below.

In addition to helping to fulfill many RRC requirements, an Educational Retreat may provide an opportunity for programs to assist residents in focusing on arenas that complement the education they receive in the clinical setting while concurrently fostering a spirit of self-reflection and professional development.

The Workshop will include an introduction to the Educational Retreat, and the details of each of the small group sessions, as below:

1. A review for the residents of the “alphabet soup” of pediatric organizations (i.e., the ABP vs the AAP vs the RRC, etc).
2. “Name that Competency!” An interactive fun patient presentation to reinforce the ways in which residents utilize each of the competencies in daily practice, and the ways in which they’re evaluated.
3. Utilizing the Web- An interactive forum at the computer to reinforce the importance of documenting procedures; accessing key policies and procedures; accessing the *Core Curriculum* with goals and objectives for each required and elective rotation, and an introduction to web-based pediatric resources.
4. A Cultural Competency session using a simulated patient with subsequent small group discussion.
5. Helping us to be better teachers for one another, and better providers of feedback (utilizing the “One Minute Preceptor”)
6. A case-based small group discussion on professionalism
7. A small group discussion highlighting strategies to improve communication skills.